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Environment and Health – Bridging South, North, East and West

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P-3-07-03 Frequency components of measured road traffic noise and the prevalence of hypertension in Taichung, Taiwan

	Information			
Duration		- min.		
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Presentation as Poster				
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Abstract

Background Epidemiological studies have reported the association between hypertension and road traffic noise exposure, but the association between noise frequency characteristics is unclear. Alms This study investigated the association between exposure to different frequency components of road traffic noise and the prevalence of hypertension in central Taiwan. Methods We recruited 820 residents living near main roads for more than 3 years. Frequency components of traffic noise and traffic flow rates were measured simultaneously in 2008. Multiple logistic regressions were conducted to estimate odds ratios (ORs) for hypertension, adjusting for potential confounders. Results The high-exposure group (3 median value) at 63 Hz, 125 Hz and 1000 Hz had ORs for hypertension of 2.14 (95% confidence interval [CI]: 1.06-4.31), 2.51 (95% CI: 1.21-5.21) and 1.99 (95% CI: 1.01-3.93), respectively, compared to the low-exposure group (< median value). There was an increasing trend in the prevalence of hypertension by exposure to road traffic noise at 63, 125 and 1000 Hz in all subjects and in men. Subjects exposed to ³ 51 decibels (dB) at 125 Hz had an OR of 3.59 (95% CI: 1.23-10.45) compared to those exposed to < 47 dB. Conclusions Exposure to road traffic noise at low and medium frequencies may be associated with hypertension, and exposure to noise at 125 Hz may have the largest effect on hypertension.

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