

The Clinical Application of the Conclusions from the Medical History and the Medical Classics on Emergent and Critical Patient Conditions - A Case from the Volunteering International Medical Services in Nepal

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More than often, the guidance for clinical diagnosis and treatment had been implicitly embedded in the medical classics. The structure of medical history development and related documents provides the most ideal research tools for the clinical practitioners to interpret and analyze the medical classics. For the practicing Chinese doctors, the medical classics and the medical history serve not only as the academic deliberations but as the approaches that can be tested and promoted in clinical application.

This thesis documents the Volunteering International Medical Services team's encounter with a Nepal patient who was in the critical state. The attending doctor had a successful turnaround of the patient's condition within a few short hours by applying the treatment documented in the medical classics. This case is an example that the patient significantly benefited from the treating approach referred from the medical classics. In addition, this case is a proof that the medical classics and history is the most important foundation of both the academic advances and the clinical evolution for the Chinese Medicine.

While we attempt progress in the development of the Chinese Medicine, it is very necessary that we continue to make connections among the medical classics, the medical history and the clinical practice.

Keywords: Medical classics and history, Emergent and critical patient, Classical Chinese medicine