Birth weight, household smoking, and the risk of wheezing in one million

adolescents: a retrospective cohort study

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Birth weight and environmental tobacco smoke (ETS) has been reported as a risk factor for

childhood respiratory health. The combined effect of birth weight and ETS on adolescence

wheezing remains less well known. The aim is to examine the independent and combined

effects of birth weight and ETS on the prevalence of wheezing in adolescents. A retrospective

cohort study of national survey of allergic among 1,018,031 junior high school students has

been in progress in Taiwan during 1995 and 1996. Questionnaire responses by parents were

used to ascertain disease status and adolescents' exposure. The logistic regression models

were used to assess the effects of interests on the prevalence of wheezing. The risk of

wheezing increased linearly with increasing amount of household cigarettes per day. Low

birth weight (LBW, <2.5 kg) compared with normal birth weight (2.5–4.0 kg) was associated

with an increased risk of wheezing (multivariate odds ratio = 1.07, 95% CI: 1.003–1.137).

Furthermore, we detected an interaction between birth weight and ETS on adolescence

wheezing. LBW had significant adverse effects on wheezing among adolescents with high

household cigarettes exposure (OR = 2.77, 95% CI: 1.58–4.85) than the normal birth weight.

A significant dose-response association between ETS exposure and the prevalence of

wheezing was clearly demonstrated. We concluded that LBW and ETS exposure had

significant adverse effects on respiratory health in adolescents.

Key words: birth weight; household smoking; wheezing; adolescent