

下泌尿道症狀用藥選擇

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LUTS - International Continence Society 的分類

- 儲尿症狀 (Storage symptoms)
- 排尿症狀 (Voiding symptoms)
- 排尿後症狀 (Post Micturition Symptoms)
- 與性交相關的症狀 (Symptoms associated with sexual intercourse)
- 與骨盆腔器官脫垂相關的症狀 (Symptoms associated with pelvic organ prolapse)
- 生殖器官與下泌尿道疼痛 (Genital and lower urinary tract pain)
- 生殖泌尿疼痛症候群 (Genito-urinary pain syndromes and symptom syndromes suggestive of LUTD)

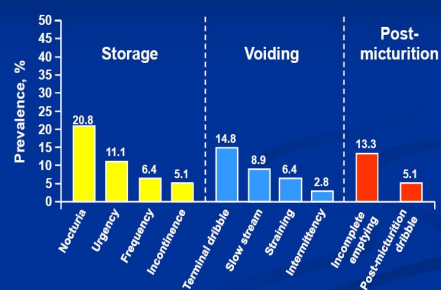
Lower Urinary Tract Symptoms Revisited: A Broader Clinical Perspective.

The term "lower urinary tract symptoms" (LUTS) was introduced to dissociate male urinary symptoms from any implied site of symptom origin, such as the prostate.

In conclusion, it is misleading to attribute individual symptoms to sex differences or to a specific underlying organ. LUTS are a non-sex-specific, non-organ-specific group of symptoms, which are sometimes age-related and progressive.

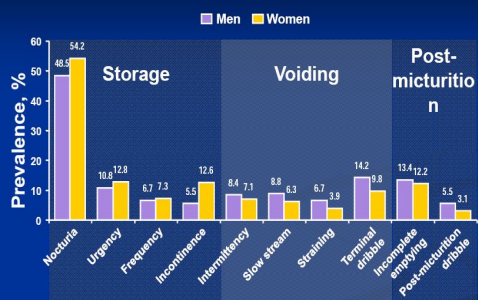
Chapple CR, Wein AJ, Abrams P, Dmochowski RR, Giuliano F, Kaplan SA, McVary KT, Roehrborn CG. *Eur Urol.* 2008

Prevalence of Individual LUTS in Men



Nocturia: waking to void ≥ 2 times per night.
Frequency: subject feels he/she urinates too often during the day.
Irwin DE et al. Abstract presented at EAU 2006. EPIC Study

Prevalence of Individual LUTS in Men and Women



Nocturia: waking to void ≥ 1 times per night
Frequency: subject feels he/she urinates too often during the day
Irwin DE, et al. Abstract presented at EAU 2006.

