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Euphol from Euphorbia tirucalli selectively inhibits human gastric cancer cell 2 growth through the induction of ERK1/2-mediated apoptosis

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ABSTRACT

Gastric cancer is one of the most common malignancies worldwide, and the main cause of cancer-related death in Asia. The present study assessed the anticancer effects of euphol, a triterpene alcohol with antiinflammatory and antiviral activities on human gastric cancer cells. Euphol showed higher cytotoxicity activity against human gastric CS12 cancer cells than against noncancer CSN cells. In addition, it upregulated the pro-apoptotic protein BAX and down-regulated the prosurvival protein Bcl-2, causing mitochondrial dysfunction, possibly by caspase-3 activation. The anti-proliferative effects of euphol were associated with the increased p27kip1 levels and decreased cyclin B1 levels. Inhibition of ERK1/2 activation by PD98059 reversed euphol-induced pro-apoptotic protein expression and cell death. Taken together, these findings suggest that euphol selectively induced gastric cancer cells apoptosis by modulation of ERK signaling, and could thus be of value for cancer therapy.

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1. Introduction

Gastric cancer is one of the most common malignancies world-43 wide, accounting for nearly half of cancer-related mortality (Shah 44 and Kelsen, 2010). Chemotherapy is the treatment of choice for 45 gastric cancer, but the currently available therapeutic drugs for 46 the treatment of gastric cancer have limited efficacy (Zhang 47 48 et al., 2006). Combination chemotherapy is often associated with toxic side effects. Therefore, new agents that selectively target 49 gastric cancer cells are urgently needed. 50

Recent studies have shown that the mitogen-activated protein 51 kinase (MAPK) pathway may modulate cancer cell apoptosis and 52 proliferation (Kim and Choi, 2010). The MAPK pathway is well-53 studied molecular targets for chemotherapeutic drug development, 54

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and several related clinical trials have been completed in patients with metastatic and local cancer (Dangle et al., 2009). Extra-cellular signal-regulated kinase 1/2 (ERK1/2) belongs to one of the subgroups of MAPKs and important in a variety of signaling pathways that regulate multiple cellular processes. ERK1/2 mediates gene and protein expression changes in response to extracellular stimuli (Tibbles and Woodgett, 1999). The involvement of ERK1/2 in the regulation of cell proliferation has been extensively described (Ballif and Blenis, 2001). However, in some cell models, activation of ERK1/2 is associated with the induction of apoptosis (Lu et al., 2009; Wang et al., 2000).

Apoptosis is a form of cell death that can be triggered by several external or internal signals. The loss of mitochondrial membrane potential is the hallmark of the intrinsic apoptosis pathway. Mitochondria modulate the caspase-apoptosis cascade by regulating the translocation of cytochrome *c* from the mitochondrial innermembrane space to the cytosol. Pro-apoptotic proteins, such as Bcl-2-associated X protein (BAX), can directly interact with the mitochondrial permeability transition pore complex. BAX displaces this complex from its inhibitory interaction with the pro-survival protein, B-cell lymphoma 2 (Bcl-2), disrupting the mitochondrial membrane potential and leading to the permeabilization of the mitochondrial membrane and the activation of the cytochrome

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Abbreviations: BAX, Bcl-2-associated X protein; Bcl-2, B-cell lymphoma 2; ERK1/2, extra-cellular signal-regulated kinase 1/2; IC50, 50% inhibitory concentration; FITC, fluorescein isothiocyanate; MAPK, mitogen-activated protein kinase; PBS, phosphate buffered saline; p-ERK1/2, phosphorylated extra-cellular signalregulated kinase 1/2.

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The cytotoxicity of euphol was assessed using a WST-1 cell proliferation kit (Roche. Applied Science, Basel, Switzerland). The cells were seeded for 72 h at a concentration of 5×10^4 cells/well in culture medium containing various amounts of uphol (2, 5, 10, 20, 40, and 60 µg/mL) in 96-well microplates. The reduction of the tetrazolium salt of the reagent to a formazan product by cellular dehydrogenases was detect by the generation of a yellow-color, which was measured at 440 nm with a microplate ELISA reader.

2.4. Detection of Annexin V-positive apoptotic cells

2.3. WST-1 cell cytotoxicity assay

Apoptotic cells were detected by Annexin V staining (BioVision, Mountain View,
CA, USA) according to the manufacture's instructions. Briefly, the cells were washed
with phosphate buffered saline (PBS) and resuspended with Annexin binding buffer
(Invitrogen). After treatment with annexin V-FITC (1:500) and propidium iodide
(PI), the cells were incubated for 15 min in the dark. Annexin V-positive apoptotic
cells (compared to unlabeled cells) were then analyzed by a FACScan flow cytome-
ter (Becton Dickinson, Mountain View, CA, USA).138
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2.5. Detection of mitochondrial transmembrane potential

The CS12 cells were pretreated with PD98059 ($13.4 \, \mu g/mL$) or vehicle (DMSO)146for 30 min and incubated with euphol ($20 \, \mu g/mL$) for 72 h. The cells were washed147with warm PBS and incubated with MitoTraker (Invitrogen) for 30 min at 37 °C in148the dark. The cells were washed with warm PBS again, and the fluorescence intensity was determined by means of a FACScan flow cytometer (Becton Dickinson).140

2.6. Caspase-3 activation assay

152 FITC-DEVD-FMK is cell permeable, nontoxic, and irreversibly binds to activated caspase-3 in apoptotic cells. Therefore, an anti-fluorescein isothiocyanate (FITC)-153 154 DEVD-FMK antibody was used to further confirm the role of the ERK1/2 MAPK path-155 way in the euphol-induced caspase-3 activation by flow cytometry. The CS12 cells were pretreated with PD98059 (13.4 μ g/mL) or vehicle (DMSO) for 30 min and then 156 157 incubated with euphol (20 µg/mL) for 72 h. The cells were washed with PBS and 158 incubated with FITC-DEVD-FMK (BioVision) for 30 min at 37 °C in the dark. The 159 cells were washed with warm PBS, and the fluorescence intensity was determined by means of a FACScan flow cytometer (Becton Dickinson) as described before 160 161 (Carvalho et al., 2008).

2.7. Western blotting

163 For ERK1/2 phosphorylation assays, CSN, CS12, AGS and MKN45 cells were treated with euphol (20 µg/mL) for 4, 24, 48, and 72 h. For apoptotic protein expression 164 165 level assays, the CS12 cells were pretreated with PD98059 (13.4 $\mu\text{g}/\text{mL})$ or vehicle 166 (DMSO) for 30 min and then incubated with euphol (10 or 20 μ g/mL) for 72 h. The 167 cells were lysed using a commercially available lysis buffer, M-PER mammalian pro-168 tein extraction reagent (Thermo Scientific, Rockford, IL, USA). Equal protein amounts were loaded onto 10% SDS-PAGE gels, and the separated proteins were transferred 169 to PVDF membranes, blocked with 5% nonfat dried milk in PBST buffer, and incu-170 bated with anti-phospho-ERK1/2 (Cell Signaling, Beverly, MA, USA), anti-ERK1/2 171 (Cell Signaling), anti-BAX (StressGen, Victoria, BC, Canada), anti-Bcl-2 (Stressgen), 172 173 anti-β-actin (Sigma-Aldrich, St. Louis, MO, USA), anti-p27 (Cell Signaling), or anticyclin B1 (Enzo Life Sciences, Farmingdale, NY, USA) primary antibody overnight. 174 175 After probing with a horseradish peroxidase-conjugated secondary-antibody (GE Healthcare, Piscataway, NJ, USA) and thoroughly washing the membranes, the 176 177 immunolabeled proteins were detected using an enhanced chemiluminescence kit 178 (GE Healthcare), followed by exposure to an X-ray film.

2.8. Statistical analyses

The results were expressed as means \pm SD. Statistical comparisons were performed with the Student *t*-test. The statistical significance was set at *P* < 0.05.

3. Results

3.1. Inhibition of gastric cancer CS12 cell proliferation by euphol

The antiproliferative effects of various concentrations of euphol 184 $(2, 5, 10, 20, 40 \text{ and } 60 \mu g/\text{mL})$ on CSN, CS12, AGS and MKN45 cells 185 are shown in Fig. 2. The results of the WST-1 assay demonstrated 186 that euphol inhibited the growth of CS12 cells and that of the commercially available AGS and MKN45 cell lines in a dose-dependent 188 manner. To examine whether the growth inhibitory effect of euphol 189 was mediated by apoptosis induction, the gastric cancer and 190

Fig. 1. Chemical structure of euphol.

c-caspase-dependent apoptosis pathway (Fulda et al., 2010; Tait
 and Green, 2010).

80 The latex of Euphorbia tirucalli (Euphorbiaceae), which is native 81 to Madagascar, was used in indigenous medicine as a purgative and 82 a remedy for rheumatism, neuralgia, and toothache in Africa and 83 Asia (Rasool et al., 1989). In South Taiwan, its branches are boiled in water and used as one of ingredients of anticancer herbal drinks. 84 85 However, the milky latex of this plant is considered to be poisonous 86 (Lin et al., 2001) and possesses highly vesicant and irritant proper-87 ties toward the skin and mucous membranes (Furstenberger and 88 Hecker, 1977b). Studies have shown that the highly unsaturated 89 irritant phorbol esters were the main constituents responsible for 90 the toxicity of the latex (Furstenberger and Hecker, 1977a,b; Khan 91 et al., 1988; Lin et al., 2001; Yoshida et al., 1991).

92 Euphol is a euphane-type triterpene alcohol (Fig. 1). It is iso-93 lated from the dichloromethane extract of E. tirucalli, and exhibits 94 a variety of biological activities, such as anti-viral (Akihisa et al., 95 2002) and anti-inflammatory activities (Akihisa et al., 1997). In a 96 recent study, a topical application of euphol was shown to mark-97 edly suppress the tumor-promoting effect in 2-stage carcinogene-98 sis in mouse skin (Yasukawa et al., 2000). However, the 99 mechanisms underlying this effect and the potential antitumor 100 properties of euphol remain to be evaluated.

The results of the present study indicate that euphol has antiproliferative effects and selectively induces gastric cancer cell death in an ERK1/2-dependent manner. Moreover, euphol modulates the expression of cell cycle regulator proteins and promotes apoptosis by means of the mitochondrial apoptotic pathway.

106 2. Materials and methods

107 2.1. Isolation of euphol

The fresh aerial parts of E. tirucalli (Gildenhuys, 2006; Rasool et al., 1989) were 108 109 collected in the Tainan County, Taiwan, in August 2002 and identified by botanist 110 Dr. Ming-Hong Yen, Kaohsiung Medical University, Kaohsiung, Taiwan. The latex 111 of the fresh plant was collected drop by drop, and the remaining aerial parts of 112 the plant (15.0 kg) were extracted with MeOH. The evaporated latex MeOH extract 113 (5.9 g) was separated by column chromatography on a silica gel (300 g) with a gra-114 dient system of n-hexane/CHCl₃ (3:1, 2:1, and 1:1, at 800 mL each) and CHCl₃ 115 (1000 mL), yielding 20 fractions. Fractions of 7-9 (4.6 g) were combined and further 116 purified by a silica gel column (200 g) with *n*-hexane/CHCl₃ (3:1, 1500 mL), yielding 117 euphol (4.2 g) as the major constituent and triterpene.

118 2.2. Cell culture

119 The novel human gastric cancer cell line, KMU-CS12 (CS12) and human gastric 120 cell line, KMU-CSN (CSN) were established in our previous studies (Yang et al., 121 2007, 2009). CSN and CS12 cells were cultured in kerotinocyte-Serum-free medium 122 (Invitrogen, San Diego, CA, USA) supplemented with 10% fetal bovine serum, 123 N-acetyl-L-cysteine (360 µg/mL), and L-ascorbic acid 2-phosphate (51.2 µg/mL). 124 Human gastric adenocarcinoma AGS cells were obtained from the American Type 125 Culture Collection (ATCC, Rockville, MD, USA), and MKN45 (a poorly differentiated 126 human gastric adenocarcinoma) cells were obtained from the Health Science 127 Research Resources Bank (HSRRB, Osaka, Japan). The AGS and MKN45 cells were 128 grown in RPMI-1640 medium (Invitrogen) containing 10% fetal bovine serum.

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Fig. 2. Inhibitory effect of euphol on gastric cancer cell growth. The results of the WST-1 assays showing that euphol inhibited (A) CSN, (B) CS12, (C) AGS, and (D) MKN45 proliferation in a dose-dependent manner after 72 h of exposure to the drug. (E) The CSN, CS12, AGS, and MKN45 cells were treated with euphol (20 μg/mL) for 48 h. Euphol selectively induced apoptosis in 3 gastric cancer cells (CS12, AGS, and MKN45). The bars represent the mean ± SD of the 3 independent experiments (**P* < 0.01, compared with the CSN cells).

191 normal cells were treated with euphol (20 µg/mL) and exposed to annexin V/PI staining.. As shown in Fig. 2E, the rate of apoptosis 192 was greater in the euphol-treated gastric cancer cells than in the 193 194 normal cells (P < 0.01). The euphol treatment significantly induced cell death in the gastric cancer CS12, AGS, and MKN45 cell lines 195 but not in the CSN cells. The IC₅₀ values for euphol in CSN, CS12, 196 AGS and MKN45 cells were 49.6, 12.8, 14.7 and 14.4 (µg/mL), 197 respectively. 198

199 3.2. Euphol induction of ERK1/2 phosphorylation in CS12 cells

The ERK1/2 MAPK pathway regulates many cellular activities, 200 especially cell proliferation and apoptosis (Ballif and Blenis, 201 2001; Wang et al., 2000). To examine the role of ERK1/2 MAPK sig-202 203 naling in the apoptosis of gastric cancer cells induced by euphol, the CS12, AGS, MKN45 and CSN cells were treated with $20 \,\mu g/mL$ 204 of euphol at various time points. As shown in Fig. 3B, the euphol 205 treatment induced ERK1/2 activation in a time-dependent manner 206 207 in the CS12 cells. Similar results were obtained in the AGS and 208 MKN45 gastric cancer cell lines (Fig. 3C and D). In addition, the accumulation of phosphorylated ERK1/2 was significantly in-209 creased after 72 h in the euphol-treated gastric cancer cell lines, 210 whereas no significant activation of ERK1/2 was observed in the 211 212 CSN cells (Fig. 3A) under the same treatment conditions. To confirm the involvement of ERK1/2 in the euphol-induced growth 213 214 inhibition, the CS12 cells were treated with the ERK1/2 inhibitor 215 PD98059. As shown in Fig. 3E and F, PD98059 had a mild inhibitory 216 effect on the euphol-induced apoptosis in this cell line, suggesting 217 that the ERK1/2 MAPK pathway may participate play a role in eup-218 hol-induced CS12 apoptotic cell death.

3.3. Role of ERK1/2 in the euphol-induced mitochondrial-dependentapoptosis pathway

The role of ERK1/2 in the euphol-induced apoptosis pathway and the expression profiles of pro-apoptotic and prosurvival proteins in the euphol-treated CS12 cells were examined by Western

blotting to measure the BAX and Bcl-2 protein expression levels. 224 225 The treatment of the cells with euphol for 72 h markedly upregulated the BAX expression and downregulated Bcl-2 protein expres-226 sion in a dose-dependent manner, and PD98059 reversed the 227 effects of euphol on the expression of the apoptosis-related protein 228 (Fig. 4A and B). The translocation of the pro-apoptotic protein BAX 229 to mitochondria may result in the loss of mitochondrial membrane 230 potential, and the induction of the caspase-mediated apoptosis 231 pathway (Fulda et al., 2010). As shown in Fig. 4C, a shift in the eup-232 hol-treated cells toward the left compared with the vehicle-treated 233 controls indicated that euphol (20 µg/mL) disrupted the mitochon-234 drial membrane potential, as assessed by flow cytometry. In con-235 trast, the pretreatment with PD98059 (13.4 μ g/mL) resulted in a 236 right shift of the MitoTracker fluorescent curves for the euphol-237 treated CS12 cells, indicating that the euphol-induced mitochon-238 drial dysfunction was ERK1/2-dependent. Fig. 4D shows a shift of 239 the euphol-induced FITC fluorescence to the right, which was 240 inhibited by PD98059, suggesting that euphol-induced apoptosis 241 in gastric cancer CS12 cells may be mediated by ERK1/2 regulation 242 of the mitochondrial apoptotic pathway. 243

3.4. ERK1/2 contributes to the antiproliferative effect of euphol

To examine the mechanisms underlying the antiproliferative effects of euphol in gastric cancer CS12 cells, the expressions of $p27^{kip1}$ and cyclin B1 were assessed by Western blotting. As shown in Fig. 5, euphol altered the expression of these cell cycle regulatory proteins by inducing $p27^{kip1}$ expression and inhibiting cyclin B1 expression. Furthermore, pretreatment with PD98059 markedly abolished the upregulation of $p27^{kip1}$ and downregulation of cyclin B1 in response to the euphol treatment.

4. Discussion

The present results demonstrate that euphol has antiprolifera-254tive activity against CS12 gastric cancer cells and its mechanism255of action involves the alteration of the expression of cell cycle256

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Fig. 3. Euphol-induced sustained ERK1/2 phosphorylation in gastric cancer cells. (A–D) The Western blot analyses of ERK1/2 phosphorylation. ERK1/2 level was used as internal control for phospho-ERK1/2. The euphol-induced ERK1/2 phosphorylation in the CS12, AGS, and MKN45 gastric cancer cells in a time-dependent manner. The sustained ERK1/2 activation was observed in the CS12, AGS, and MKN45 cells but not in the CNS cells. (E) The CS12 cells were pretreated with PD98059 (13.4 μ g/mL) or vehicle (DMSO) for 30 min and then incubated with euphol (20 μ g/mL) for 72 h. The percentage of apoptotic cells was quantified by flow cytometry. (F) Pretreatment with PD98059 reduced euphol-induced apoptosis. The bars represent the mean ± SD_of the 3 independent experiments (***P* < 0.01, compared with the euphol-treated cells).

regulatory proteins and the induction of apoptosis. The pretreat-257 ment with the ERK1/2 inhibitor PD98059 suppressed euphol-258 259 induced apoptosis, suggesting that the effect of euphol is participating mediated by an ERK1/2-associated pathway. Although ERK1/2 260 261 activation is generally related to cell proliferation and survival (Bal-262 lif and Blenis, 2001), increasing evidence indicates that ERK1/2 also 263 transmits death signals. Its role in the promotion of apoptosis 264 induced by anticancer drugs has been reported. The sustained 265 activation of ERK1/2 for a period of 1-72 h has been reported to pro-266 mote cell death in different cell types (Cagnol and Chambard, 2010). Long-term activation of the ERK1/2 pathway has been detected in 267 association with cisplatin-, apiginin-, gemcitabine-, and adriamy-268 cin-induced apoptosis in HeLa, prostate, and pancreatic cancer cells 269 270 (Wang et al., 2000; Zhao et al., 2006). Prolonged ERK1/2 activation 271 has been associated with cell growth arrest and cell death (Martin 272 et al., 2006; Martin and Pognonec, 2010; Tong et al., 2011). Previous 273 studies have shown that the activities of platinum-based chemo-274 therapeutic drugs are ERK1/2 dependent (Sheridan et al., 2010; 275 Wang et al., 2000). However, the sustained ERK1/2 activation 276 resulting in cell death remains poorly understood. Lu et al. (2009) demonstrated that ERK1/2 mediated the ubiquitination of the 277 proto-oncogene MDM2, induced by the medical plant hispolon, 278 279 indicating that it could be useful for the treatment of tumors with 280 constitutive ERK1/2 activation. In the present study, enhanced 281 ERK1/2 activation was observed in gastric CS12, AGS, and MKN45

cancer cells, but not in gastric CSN nontumorigenic cells, 72 h after 282 the addition of 20-µg/mL euphol. The sustained activation of the 283 ERK1/2 pathway in gastric cancer cells may play a significant role 284 in the induction of apoptosis and growth arrest by euphol. ERK1/2 285 activation is tightly regulated in normal cells by ERK-specific phos-286 phatases that ensure cellular homeostasis (Murphy and Blenis, 287 2006). However, the sustained activation of ERK1/2 triggers the 288 production of ROS, which further inhibit ERK-specific phosphatases 289 (Levinthal and Defranco, 2005). The dysregulation of ERK1/2 activa-290 tion thus induces the progressive accumulation of death-promoting 291 factors and cell death by apoptosis or necrosis. 292

Euphol is a cholesterol-like compound and therefore may possess toxic properties through its interaction with the plasma membrane and replacement of cholesterol. These effects should be investigated in future studies. Cholesterol is a key molecule in the cell membrane and is the main component of specialized lipid microdomains called lipid rafts, which are involved in the regulation of phosphorylation cascades (George and Wu, 2012). Depletion of cholesterol from the cell membrane alters signal transduction cascades and induces cancer cell death (Bionda et al., 2008). Cholesterol was reported to accumulate in a variety of tumor types (Freeman and Solomon, 2004), and high cholesterol levels in the cell membrane induced tumor cell proliferation through the lipid raft-AKT pathway (Zhuang et al., 2005). In addition, elevated levels of membrane cholesterol in cancer cells were

constitutive ERK1/2 activation. In the present study, enhanced ERK1/2 activation was observed in gastric CS12, AGS, and MKN45 tion, elevated levels of membrane cholesterol in cancer cells were Please cite this article in press as: Lin, M.-W., et al. Euphol from *Euphorbia tirucalli* selectively inhibits human gastric cancer cell growth through the induction of ERK1/2-mediated apoptosis. Food Chem. Toxicol. (2012), http://dx.doi.org/10.1016/j.fct.2012.05.029

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0 10 20 20 Euphol (µg/ml) в Α 6 ÷ PD98059 Ratio (BAX/Bcl-2) BAX 3 2 Bcl-2 n Euphol (µg/ml) 0 10 20 20 β-actin PD98059 С D Euphol+ Events PD98059 Events Euphol Vehicle Euphol+ Euphol PD98059 Vehicle Euphol Euphol 104 Activated caspase-3 fluorescence intensity Fluorescence intensity

Fig. 4. Role of ERK1/2 in the euphol-induced mitochondrial membrane potential loss and apoptotic-related protein expression. (A) The Western blot analyses of the expressions of BAX and Bcl-2 in the euphol-treated CS12 cells. Beta-actin was used as an internal control. (B) Quantification of the Bcl-2 and BAX protein expressions from the Western blot analyses. Euphol increased the BAX/Bcl-2 ratio in a dose-dependent manner; however, PD98059 decreased the ratio in the euphol-treated cells. (C) The mitochondria membrane potential was analyzed by flow cytometry. PD98059 reversed the euphol-induced mitochondrial membrane potential loss in the CS12 cells. (D) Caspase-3 activation was determined by flow cytometry, using an anti-FITC-DEVD-FMK antibody. Each bar is the mean \pm SD of the 3 independent experiments (**P < 0.01, compared with the control group).

correlated with apoptosis sensitivity induced by methyl-β-cyclodextrin, a cholesterol-depleting agent (Li et al., 2006). These findings suggest that differences in the potency of euphol between cancer and noncancer cells may be related to the membrane cholesterol content, lipid raft-related signal transduction and phosphatase regulation.

Euphol induced apoptosis in CS12 cells, as evidenced by annex-313 314 in V-binding assays, flow cytometric detection, and Western blotting. Because gastric cancer cells show higher phosphatidylserine 315 316 levels in the outer leaflet of the plasma membrane (Woehlecke 317 et al., 2003), inhibition of ERK1/2 only slightly reduced annexing V binding in our results. However, the pretreatment with 318 PD98059 markedly inhibited the downregulation of Bcl-2 in re-319 sponse to the euphol treatment, indicating that the ERK1/2 path-320 321 way may be involved in the antiproliferative effect of euphol. Moreover, euphol-induced apoptosis was associated with the 322 323 upregulation of BAX, loss of mitochondrial membrane potential, 324 and increased caspase-3 activity. BAX plays a critical role in the 325 breakdown of the mitochondrial potential by translocating to the 326 mitochondria in response to death stimuli (Tait and Green, 327 2010). The loss of mitochondrial membrane potential is associated 328 with mitochondrial dysfunction, which is linked to apoptosis (Green and Reed, 1998). Therefore, euphol may play a critical role 329 in the induction of apoptosis by altering the BAX/Bcl-2 ratio and 330 activating caspase signaling, resulting in apoptotic cell death. Tong 331 et al. (2011) demonstrated that the sustained activity of the ERK1/2 332 pathway modulates apoptosis by regulating the BAX/Bcl-2 ratio 333 334 and caspase activation. Euphol-induced gastric cancer cell apopto-335 sis may be mediated by a similar pathway leading to the activation 336 of the caspase cascade.

In the present study, the inhibition of gastric cancer cell prolif eration by euphol was found to be mediated by ERK1/2-dependent
 p27^{kip1} upregulation and cyclin B1 inhibition. These results were in
 agreement with those of previous studies on gastric, breast, and
 colon cancers (Guo et al., 2011; Lin et al., 2010; Ollinger et al.,
 2007; Park et al., 2011). Icaritin, a prenyl-flavonoid derivative from
 the genus *Epimedium*, induced sustained ERK1/2 phosphorylation

and the subsequent downregulation of Bcl-2 and cyclin B1 protein expressions in MDA-MB-453 and MCF7 breast cancer cells. It is interesting that an inhibitor of ERK1/2 activity abrogated icaritininduced G2/M cell cycle arrest and cell apoptosis (Guo et al., 2011). Cannabinoids were reported to reduce cancer cell proliferation by activating ERK1/2 signaling, inhibiting the survival AKT pathway and inducing p27^{kip1} expression, leading to gastric cancer cell cycle arrest (Park et al., 2011). P27^{kip1}, an important cell cycle regulatory protein and tumor suppressor, has been implicated in a variety of cellular processes, including the induction of cell cycle arrest and apoptosis (Said et al., 2001). Most important is that p27^{kip1} has been reported to promote apoptosis in gastric cancer (Zheng et al., 2005), and low p27^{kip1} levels may promote carcinogenesis associated with the *Helicobacter pylori* infection (Eguchi et al., 2004).

The cyclin B1 protein level has been shown to be a critical factor affecting survival, and cyclin B1 overexpression is correlated with the aggressiveness and metastatic potential of gastric cancer. Cyclin B1 overexpression was found in approximately 49% of gastric carcinomas (Begnami et al., 2010). Knockdown of cyclin B1 was shown to inhibit cancer cell proliferation in vitro and in vivo (Androic et al., 2008). A recent study provided evidence that the growth inhibitory and apoptosis induction effects of betulinic acid are mediated by targeting cyclin B1 protein downregulation in human gastric AGS cancer cells (Yang et al., 2010). Furthermore, null or low expression of p27^{kip1} in tumor cells in diffuse large B-cell lymphomas was reported to be strongly associated with increased expression of cyclin B1 (Bai et al., 2001). Knockdown of the tumor suppressor FHL1 in lung cancer cells also suppressed p27^{kip1} expression and elevated the expression of cyclin B1 simultaneously (Niu et al., 2011). In contrast, overexpression of cyclin B1 and downregulation of p27kip1 protein were suggested to result in tumor progression and development (Begnami et al., 2010; Kim, 2007).

Our results suggest that euphol may inhibit cancer cell growth and tumor development by inhibition of cyclin B1 expression and elevation of p27^{kip1} protein levels.

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Fig. 3. Note of ERC1/2 in the expressions of the cent cycle regulatory proteins in the euphol-treated cells. (A) PD98058 suppressed euphol-induced $p27^{kip1}$ protein expression but elevated cyclin B1 expression. Beta-actin was used as an internal control. (B) Quantification of the cyclin B1 protein expression from the Western blot analyses. Euphol inhibited cyclin B1 expression in a dose-dependent manner, and PD98059 reversed this effect in the euphol-treated cells. (C) Quantification of $p27^{kip1}$ protein expression from the Western blot analyses. Euphol increased the $p27^{kip1}$ expression in a dose-dependent manner, and PD98059 reversed this effect in the euphol-treated cells. Euphol increased the $p27^{kip1}$ expression in a dose-dependent manner, and PD98059 reversed this effect in the euphol-treated cells. Each bar is the mean ± SD of the 3 independent exprements (**P < 0.01, compared with the control group).

381 5. Conclusions

The present study demonstrated that euphol has antiprolifera-382 383 tive effects and selectively promotes apoptosis in human gastric cancer cells. The mechanism underlying the effect of euphol in-384 volves mitochondrial-dependent caspase-3 activation and growth 385 arrest through induction of p27^{kip1} and inhibition of cyclin B1 in 386 human gastric CS12 cancer cells. ERK1/2 participated in the eup-387 388 hol-induced apoptosis and growth inhibition. This study provides 389 a mechanistic insight and supports the premise that euphol is a 390 potentially promising agent for development as chemotherapy 391 against gastric cancer in humans. The specificity of euphol in targeting cancer cells may lead to the reduction of toxic side effects 392 393 in cancer patients.

394 Conflict of Interest

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Authors declare that there is no conflict of interest.

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