

Manuscript Number: FCT-D-11-01541R1

Title: Identification of novel mechanisms of silymarin on the carbon tetrachloride-induced liver fibrosis in mice by nuclear factor- κ B bioluminescent imaging-guided transcriptomic analysis

Article Type: Full Length Article

Keywords: Liver fibrosis; Silymarin; Nuclear factor- κ B; Bioluminescent imaging; DNA microarray; Cytochrome c oxidase

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Order of Authors: Chia-Cheng Li; Chien-Yun Hsiang; Shih-Lu Wu; Tin-Yun Ho

Abstract: In this study, we applied bioluminescent imaging-guided transcriptomic analysis to evaluate and identify the therapeutic potentials and novel mechanisms of silymarin on carbon tetrachloride (CCl₄)-induced liver fibrosis. Transgenic mice, carrying the luciferase genes driven by nuclear factor- κ B (NF- κ B), were given with CCl₄ and/or silymarin. In vivo NF- κ B activity was evaluated by bioluminescent imaging, liver fibrosis was judged by Sirius red staining and immunohistochemistry, and gene expression profiles of silymarin-treated livers were analyzed by DNA microarray. CCl₄ enhanced the NF- κ B-dependent hepatic luminescence and induced hepatic fibrosis, while silymarin reduced the CCl₄-induced hepatic luminescence and improved CCl₄-induced liver fibrosis. Microarray analysis showed that silymarin altered the transforming growth factor- β -mediated pathways, which play pivotal roles in the progression of liver fibrosis. Moreover, we newly identified that silymarin downregulated the expression levels of cytoskeleton organization genes and mitochondrion electron-transfer chain genes, such as cytochrome c oxidase Cox6a2, Cox7a1, and Cox8b genes. In conclusion, the correlation of NF- κ B-dependent luminescence and liver fibrosis suggested the feasibility of NF- κ B bioluminescent imaging for the evaluation of liver fibrosis progression and therapeutic potentials. Moreover, our findings suggested that silymarin might exhibit anti-fibrotic effects in vivo via altering the expression of genes involved in cytoskeleton organization and mitochondrion electron-transfer chain.

Response to Reviewers: Reviewer #2

1. Preparation of silymarin before oral administration should be stated in the MM section.

We have stated the preparation of silymarin in the "Materials and Methods" section (page 5, 2nd paragraph). The statement is described as follows.

Silymarin was purchased from Sigma (St. Louis, MO) and suspended in distilled water to a final concentration 20 mg/ml.

2. The author should describe the results shown by H&E staining in Figure 3. Where are the necrotic sites in Figure 3A?

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For Sirius red staining quantification, 8 sections per group (10 fields per section) were examined and quantified. For immunohistochemical staining quantification, 8 sections per group (3 fields per section) were examined and quantified. We have supplemented these information in the "Figure Captions" section (pages 25-26).

4. For the PCR protocol, MIQE guidelines for publishing qPCR data have been issued see Clinical Chemistry 55:4 (2009) <http://www.ncbi.nlm.nih.gov/pubmed/19246619>. According to these guidelines, some info is currently missing in the present manuscript such as:

(a)-was the efficiency of the PCR reaction measured?

(b)-Was a DNase treatment step added to remove chromosomal DNA, or any internal control added (eg. no reverse transcriptase control)?

(c)-Was the suitability of GAPDH as a reference gene tested?

(d) Which program was used to design the primers? Was primer specificity tested?

(a) We performed the serial dilution test to measure the efficiency of PCR. Briefly, a 4-log dilution range was generated using 10-fold serial dilutions of the DNA with four concentration points at 10⁸, 10⁷, 10⁶, and 10⁵ copies/μl. Quantitative PCR was performed as followed: 10 min at 95°C, and 40 cycles of 15 sec at 95°C, 1 min at 60°C using 2× Power SYBR Green PCR Master Mix (Applied Biosystems) and 200 nM of forward and reverse primers. Each assay was run on an Applied Biosystems 7300 Real-Time PCR system in triplicates. We have supplemented these information in the "Materials and Methods" section (page 8, lines -3~-1).

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6. Could you explain why there was a basal NF- κ B activity at the lower part of the abdomen?

Transgenic mice used in this study contained luciferase genes driven by NF- κ B-responsive elements. Therefore, the luciferase activity reflected the NF- κ B trans-activity. When transgenic mice were injected intraperitoneally with D-luciferin and imaged, a diffuse luminescence was detected throughout the body and an intense signal was emitted at the lower part of the abdominal region (Fig. 1(A)). Ex vivo imaging showed that strong bioluminescent signals were detected in testis and prostate gland, which were located at the lower part of the abdominal region. Previous study has shown that NF- κ B play an important role during the development of sperm cells (Lilienbaum, A., Sage, J., Mémet, S., Rassoulzadegan, M., Cuzin, F., and Israël, A. 2000. NF- κ B is developmentally regulated during spermatogenesis in mice. *Dev Dyn* 219: 333-340). Therefore, these findings indicated that basal endogenous NF- κ B activities in testis and prostate gland were strong, and the strong basal NF- κ B activity at the lower part of the abdominal region was originated from these organs.

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Figure 1 shows that administration of CCl₄ significantly induced the NF- κ B-dependent bioluminescent signal in the abdominal region, while oral administration of silymarin significantly suppressed the CCl₄-induced luminescent intensity in the abdominal region and the suppression displayed a time-dependent manner. Therefore, we sacrificed mice on week 12 after CCl₄ administration. H&E staining and Sirius red staining showed that pathological characteristics and the proportion of the hepatic fibrotic area were ameliorated and decreased by silymarin. These findings suggested that silymarin improved the CCl₄-induced liver fibrosis on week 12 after CCl₄ administration.

8. This study has shown that the TGF beta signaling pathway is involved. In order to validate the result stated in no. 7, I propose that alpha SMA should be evaluated at mRNA and protein expression level. We evaluated the expression levels of TGF- β 1, α -SMA, and NF- κ B by quantifying TGF- β 1, α -SMA, and NF- κ B-positive regions in livers. Liver sections were immunostained with antibodies, and the proportions of TGF- β 1, α -SMA, and NF- κ B-positive areas were calculated as areas occupied with brown color/area of whole tissue. Data showed that the proportions of TGF- β 1, α -SMA, and NF- κ B-positive areas were increased in CCl₄ group and decreased in silymarin group. These findings indicated that CCl₄ induced the expression of TGF- β 1, α -SMA, and NF- κ B, while silymarin inhibited the CCl₄-induced TGF- β 1, α -SMA, and NF- κ B expression. We have supplemented these information in the "Materials and Methods" section (page 7, 1st paragraph), "Results" section (page 11, 2nd paragraph), and "Figure 4".

Dear Dr. Delaney,

We would like to thank you for considering our article, as well as the referee for their critical reading and constructive remarks. We have revised our manuscript (FCT-D-11-01541) according to reviewers' comments. Our point-by-point reply to reviewers' comments is described in the "Response to Reviewers" section.

We thank you for your consideration of this matter and hope that our manuscript will be acceptable for publication in Food and Chemical Toxicology.

Yours sincerely,

Tin-Yun Ho

Reviewer #2

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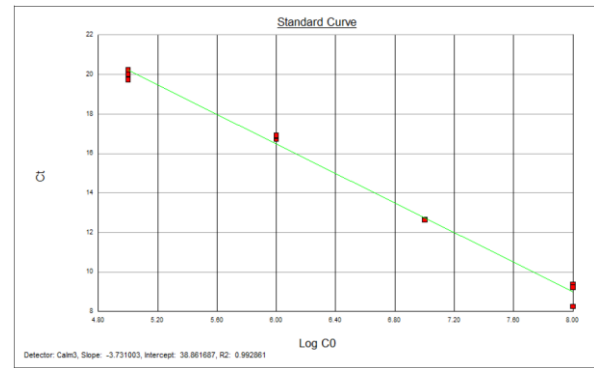
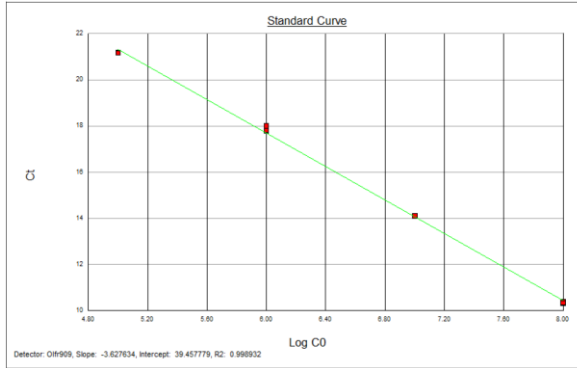
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Results of serial dilution test are followed.

Gene	Slope	Intercept	R2
A	-3.62	39.45	0.99
B	-3.73	38.86	0.99

Gene A Gene B



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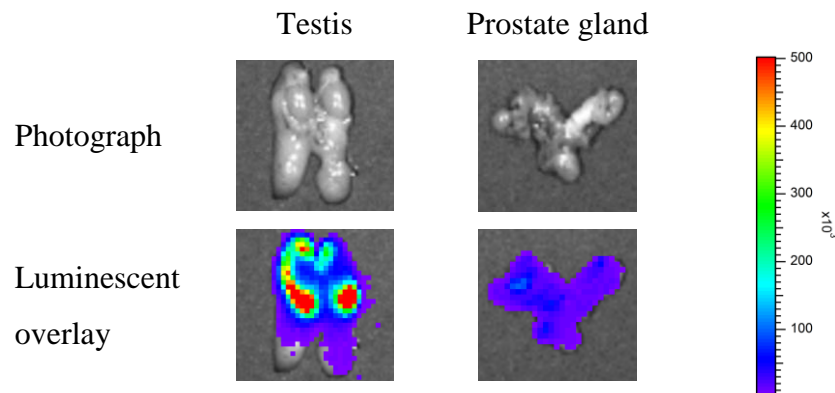
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Food and Chemical Toxicology
Conflict of Interest Policy

Supplement:
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Author name: Chia-Cheng Li, Chien-Yun Hsiang, Shih-Lu Wu, Tin-Yun Ho

Declarations

Food and Chemical Toxicology requires that all authors sign a declaration of conflicting interests. If you have nothing to declare in any of these categories then this should be stated.

Conflict of Interest

A conflicting interest exists when professional judgement concerning a primary interest (such as patient's welfare or the validity of research) may be influenced by a secondary interest (such as financial gain or personal rivalry). It may arise for the authors when they have financial interest that may influence their interpretation of their results or those of others. Examples of potential conflicts of interest include employment, consultancies, stock ownership, honoraria, paid expert testimony, patent applications/registrations, and grants or other funding.

Please state any competing interests

None

Funding Source

All sources of funding should also be acknowledged and you should declare any involvement of study sponsors in the study design; collection, analysis and interpretation of data; the writing of the manuscript; the decision to submit the manuscript for publication. If the study sponsors had no such involvement, this should be stated.

Please state any sources of funding for your research

None

Signature (a scanned signature is acceptable, but each author must sign)

Chia-Cheng Li
Chienyun Hsiang
Shih-Lu Wu
Tin-Yun Ho

Print name

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Identification of novel mechanisms of silymarin on the carbon tetrachloride-induced liver fibrosis in mice by nuclear factor- κ B bioluminescent imaging-guided transcriptomic analysis

Chia-Cheng Li^a, Chien-Yun Hsiang^b, Shih-Lu Wu^c, Tin-Yun Ho^{a,d,*}

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^b Department of Microbiology, China Medical University, Taichung 40402, Taiwan

^c Department of Biochemistry, China Medical University, Taichung 40402, Taiwan

^d Department of Nuclear Medicine, China Medical University Hospital, Taichung 40447, Taiwan

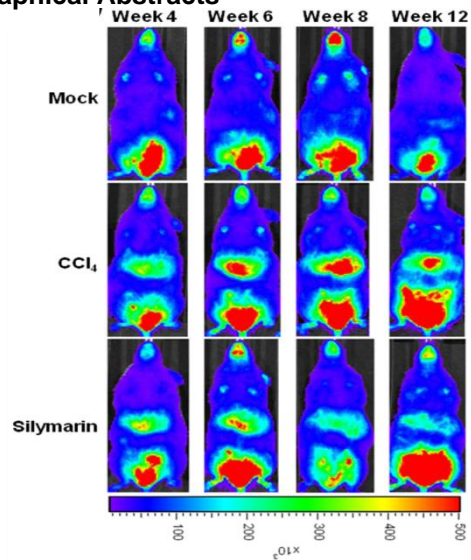
*Corresponding author. Prof. Tin-Yun Ho, Graduate Institute of Chinese Medicine, China Medical University, 91 Hsueh-Shih Road, Taichung 40402, Taiwan. Tel: +886-4 22053366-3302. Fax: +886-4-22053764. E-mail: cyhsiang@mail.cmu.edu.tw

Abbreviations: CCl₄, carbon tetrachloride; Cox, cytochrome *c* oxidase; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; H&E, hematoxylin and eosin; NF- κ B, nuclear factor- κ B; α -SMA, α -smooth muscle actin; TGF- β , transforming growth factor- β

Highlights

- > NF- κ B bioluminescent imaging for evaluation of liver fibrosis progression.
- > NF- κ B bioluminescent imaging for evaluation of therapeutic potentials of silymarin.
- > Silymarin exhibited anti-liver fibrotic activity in mice.
- > Silymarin altered expressions of genes involved in cytoskeleton organization.
- > Silymarin altered expressions of genes involved in mitochondrion respiratory chain.

Graphical Abstracts



This work demonstrated the feasibility of NF- κ B bioluminescent imaging for the evaluation of liver fibrosis progression and therapeutic potentials.

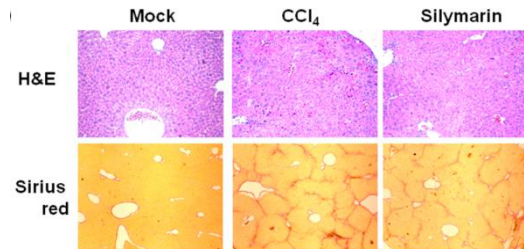
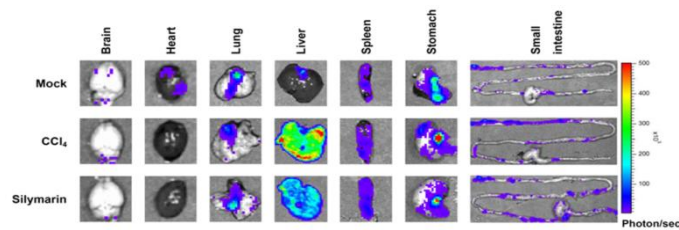


Table 2

Expression levels of silymarin-downregulated genes in CCl₄-treated liver.

Gene symbol	Description	Fold changes ^a
Acta1	Actin, alpha 1, skeletal muscle	-90.21±0.001
Myl1	Myosin, light polypeptide 1	-77.05±0.001
Tnni2	Troponin I, skeletal, fast 2	-49.39±0.001
Atp2a1	ATPase, Ca ²⁺ transporting, cardiac muscle, fast twitch 1	-48.46±0.001
Mylpf	Myosin light chain, phosphorylatable, fast skeletal muscle	-41.90±0.001
Mb	Myoglobin	-35.39±0.002
Cox6a2	Cytochrome c oxidase, subunit VI a, polypeptide 2	-28.43±0.003
Cox8b	Cytochrome c oxidase, subunit VIII b	-18.60±0.004
Eno3	Enolase 3, beta muscle	-8.17±0.009
Tnnt1	Troponin T1, skeletal, slow	-7.60±0.011
Tnnc1	Troponin C, cardiac/slow skeletal	-7.56±0.010
Cox7a1	Cytochrome c oxidase, subunit VIIa 1	-6.67±0.015
Eef1a2	Eukaryotic translation elongation factor 1 alpha 2	-4.64±0.022
EG433229	Predicted gene, EG433229, transcript variant 7	-4.06±0.016

^a Fold changes are mean ± standard error ($n=3$).

This work suggested that silymarin might exhibit anti-fibrotic effects *in vivo* via regulating TGF- β -mediated pathways and altering the expression of genes involved in cytoskeleton organization and mitochondrion electron-transfer chain.

Journal: Food and Chemical Toxicology

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Dear Editor,

Thank you for your useful comments and suggestions on the language and structure of our manuscript. We have modified the manuscript accordingly, and detailed corrections are listed below point by point:

1) Each bullet point provided in the Research Highlights should be within 85 characters (including spaces).

√ We have revised the bullet points provided in the Research Highlights. Each bullet point is within 85 characters (including spaces).

2) Please check the suggested reviewers instructions - there should be 4 reviewers of which 2 should be from a different country to the corresponding author. E-mail addresses containing hotmail, gmail, and yahoo accounts should not be used.

√ We have provided 4 suggested reviewers whose email addresses containing no hotmail and yahoo accounts.

The manuscript has been resubmitted to your journal. We look forward to your positive response.

Sincerely,

Tin-Yun Ho

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3 **Identification of novel mechanisms of silymarin on the carbon**
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10 Chia-Cheng Li^a, Chien-Yun Hsiang^b, Shih-Lu Wu^c, Tin-Yun Ho^{a,d,*}

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Abstract

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Keywords: Liver fibrosis, Silymarin, Nuclear factor- κ B, Bioluminescent imaging, DNA microarray, Cytochrome *c* oxidase

1. Introduction

Liver fibrosis is a pathological sequel of chronic inflammatory liver injury caused by various etiologies, such as hepatitis virus infection, autoimmune injury, alcohol, and toxins/drugs. Following hepatic inflammation and damage, hepatic stellate cells change to myofibroblast-like cells and produce a large amount of extracellular matrix like type I collagen. The accumulation of collagen in the hepatic parenchyma further leads to the fibrosis of liver (Bataller and Brenner, 2005; Lotersztajn et al., 2005). Production of proinflammatory cytokines, such as interleukin-1 β , tumor necrosis factor- α and interferon- γ , contribute to the progression of hepatic inflammation and sequential fibrosis (Luedde and Schwabe, 2011). The production of cytokines is further controlled by the transcription factor, nuclear factor- κ B (NF- κ B) (Baldwin, 1996). NF- κ B is an inducible nuclear transcription factor that consists of heterodimers of RelA (p65), c-Rel, RelB, p50/NF- κ B1, and p52/NF- κ B2. NF- κ B activity is activated by a large variety of stimuli, such as microbes, inflammatory cytokines, and physical and chemical stresses. When stimulated, NF- κ B binds to the NF- κ B-responsive element present in the promoters of inflammatory genes, resulting in the induction of gene expression and the inflammatory process. Accordingly, NF- κ B is a critical molecule involved in the regulation of inflammatory cytokine production and inflammation (Bonizzi and Karin, 2004; Karin and Ben-Neriah, 2000; Siebenlist et al., 1994). Moreover, controlling NF- κ B activation has become a pharmacological target, particularly in the chronic inflammatory disorders (Baeuerle and Baichwal, 1997).

Silymarin, a flavonolignan mixture of milk thistle (*Silybum marianum*), is an important herbal hepatoprotective drug (Abenavoli et al., 2010). Silymarin possesses a variety of pharmacological activities, such as anti-inflammatory, immunomodulatory,

1 anti-oxidant, and anti-viral activities (Polyak et al., 2007; Saller et al., 2001; Shaker et
2 al., 2010). Silymarin exhibits hepatoprotective effects by altering cytoplasmic
3 membrane architecture and, in turn, preventing the penetration of hepatotoxic
4 substances, such as carbon tetrachloride (CCl₄), thioacetamide and D-galactosamine,
5 into cells (Abenavoli et al., 2010; Basiglio et al., 2009). It also possesses the
6 anti-fibrotic activity by retarding the activation of hepatic stellate cells (Chandan et al.,
7 2008). Although the pharmacological mechanisms of silymarin have been reported,
8 silymarin-altered hepatic gene expression profiles remained to be elucidated for the
9 identification of novel targets and mechanisms for silymarin-mediated protection in
10 the liver.
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24 Bioluminescence imaging is a sensitive and noninvasive technique for real-time
25 reporting and quantification of therapy efficacy in living animals (Hsu et al., 2010;
26 Wu et al., 2009). This technique has been used for the assessment of host responses to
27 biomaterials (Ho et al., 2007; Xiong et al., 2005)). It has also been applied for
28 imaging disease progression and diagnosis (Dothager et al., 2009; Ottobriini et al.,
29 2005). Microarray is a popular research and screening tool for differentially expressed
30 genes. Microarray-based gene expression patterns have been used to predict the
31 candidate biomarkers, predict the therapeutic efficacies of drugs, and recognize the
32 toxic potential of drug candidate (Baur et al., 2006; Lamb et al., 2006; Suter et al.,
33 2004). We have previously applied NF- κ B bioluminescent imaging-guided
34 transcriptomic analysis to assess the host responses to biomaterials and ionizing
35 radiation *in vivo* (Ho et al., 2007; Hsiang et al., 2009). In this study, we applied
36 NF- κ B bioluminescent image to evaluate both the progression of CCl₄-induced liver
37 injury and the therapeutic effects of silymarin. Microarray analysis was further
38 applied to globally elucidate the gene expression profiles of silymarin and to find
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1 novel mechanisms of silymarin on CCl₄-induced liver injury. Our data showed the
2 feasibility of NF-κB-dependent bioluminescent image on the assessment of disease
3 progression and therapeutic efficacies. Moreover, we newly identified that silymarin
4 exhibited anti-fibrotic effects *in vivo* via regulating transforming growth factor-β
5 (TGF-β)-mediated pathways and altering the expression of genes involved in
6 cytoskeleton organization and mitochondrion electron-transfer chain.
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19 **2. Materials and methods**

20 *2.1. Induction of liver fibrosis and silymarin treatment*

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Mouse experiments were conducted under ethics approval from the China Medical University Animal Care and Use Committee. Transgenic mice, carrying the NF-κB-driven luciferase genes, were constructed previously (Ho et al., 2007). CCl₄-induced liver fibrosis was performed as described previously (Sakaida et al., 2004). Silymarin was purchased from Sigma (St. Louis, MO) and suspended in distilled water to a final concentration 20 mg/ml. A total of 24 transgenic mice was randomly divided into three groups of eight mice: (1) mock, mice were intraperitoneally administered with 0.5 ml/kg olive oil twice a week for 12 weeks, (2) CCl₄, mice were intraperitoneally administered with 0.5 ml/kg 10% CCl₄ in olive oil twice a week for 12 weeks, and (3) silymarin, mice were intraperitoneally administered with 0.5 ml/kg 10% CCl₄ in olive oil twice a week for 12 weeks, and silymarin was given orally at a dose of 200 mg/kg once a day from week 5 to 12 after CCl₄ administration.

2.2. *In vivo and ex vivo imaging of luciferase activity*

1 For *in vivo* imaging, mice were anesthetized with isoflurane and injected
2 intraperitoneally with 150 mg luciferin/kg body weight. Five minutes later, mice were
3 placed face up in the chamber and imaged for 1 min with the camera set at the highest
4 sensitivity by IVIS Imaging System[®] 200 Series (Xenogen, Hopkinton, MA). For *ex*
5 *vivo* imaging, mice were anesthetized and injected with luciferin intraperitoneally.
6 Five minutes later, mice were sacrificed, and tissues were rapidly removed, placed in
7 the IVIS system, and imaged with the same setting used for *in vivo* studies. Photons
8 emitted from tissues were quantified using Living Image[®] software (Xenogen,
9 Hopkinton, MA). Signal intensity was quantified as the sum of all detected photon
10 counts from selected tissues and presented as photon/sec.
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27 *2.3. Quantitative analysis of liver fibrosis*

28 For detecting hepatic fibrosis, liver sections were stained with 0.1% Sirius red
29 (Sigma, St Louis, MO) in a saturated aqueous solution of picric acid (Panreac,
30 Barcelona, Spain). One hour later, slides were rinsed in two changes of acidified water
31 (0.5% glacial acetic acid in water), dehydrated in three changes of 100% ethanol,
32 cleared in xylene, mounted in a resinous medium, and then observed under a light
33 microscope. Sirius red-positive areas were measured using Image-Pro Plus (Media
34 Cybernetics, Bethesda, MD). The proportions of hepatic fibrotic area (%) were
35 calculated as areas occupied with red color/area of whole tissue.
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51 *2.4. Histological and immunohistochemical examination*

52 Parafilm-embedded liver tissues were cut into 5- μ m sections and stained with
53 hematoxylin and eosin (H&E). For immunohistochemistry, sections were
54 deparaffinized in xylene and rehydrated in graded alcohol. Endogenous peroxidase
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1 was quenched with 3% hydrogen peroxide in methanol for 15 min and the nonspecific
2 binding was blocked with 1% bovine serum albumin at room temperature for 1 h.
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4 Sections were incubated with antibodies against p65 (Chemicon, Temecula, CA),
5 TGF- β 1 (Santa Cruz, Santa Cruz, CA), or α -smooth muscle actin (α -SMA) (Santa
6 Cruz, Santa Cruz, CA) at 1:50 dilution overnight at 4°C and then incubated with
7 biotinylated secondary antibody (Zymed Laboratories, Carlsbad, CA) at room
8 temperature for 20 min. Finally, slides were incubated with avidin-biotin complex
9 reagent and stained with 3,3'-diaminobenzidine according to manufacturer's protocol
10 (Histostain[®]-Plus kit, Zymed Laboratories, Carlsbad, CA). TGF- β 1, α -SMA, and
11 NF- κ B-positive areas were measured using Image-Pro Plus (Media Cybernetics,
12 Bethesda, MD) to quantify the expression levels of TGF- β 1, α -SMA, and NF- κ B. The
13 proportions of TGF- β 1, α -SMA, and NF- κ B-positive areas were calculated as areas
14 occupied with brown color/area of whole tissue.
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32 33 34 *2.5. Total RNA isolation*

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36 Total RNA was extracted from livers using the RNeasy Mini kit (Qiagen, Valencia,
37 CA) and further treated with RNase-free DNase I (Qiagen, Valencia, CA) to remove
38 contaminating DNA. Total RNA was quantified using the spectrophotometer
39 (Beckman Coulter, Fullerton, CA), and samples with A260/A280 ratios greater than
40 1.8 were further evaluated using Agilent 2100 bioanalyzer (Agilent Technologies,
41 Santa Clara, CA). The RNA sample with a RNA integrity number greater than 8.0 was
42 accepted for microarray analysis
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53 54 55 56 *2.6. Microarray analysis*

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58 Microarray analysis was performed as described previously (Cheng et al., 2010).
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1 Briefly, fluorescent RNA targets were prepared from 5 μ g of total RNA using
2 MessageAmpTM aRNA kit (Ambion, Austin, TX) and Cy5 dye (Amersham Pharmacia,
3 Piscataway, NJ). Fluorescent targets were hybridized to the Mouse WG-6 Expression
4 Bead Chip (Immunina, San Diego, CA) and scanned by an Axon 4000 scanner
5 (Molecular Devices, Sunnyvale, CA). Number of replicates was three. The Cy5
6 fluorescent intensity of each spot was analyzed by genepix 4.1 software (Molecular
7 Devices, Sunnyvale, CA). The signal intensity of each spot was corrected by
8 subtracting background signals in the surrounding. We filtered out spots that
9 signal-to-noise ratio was less than 0 or control probes. Spots that passed these criteria
10 were normalized by the limma package of the R program using quantile normalization.
11 Normalized data were tested for differential expression using Gene Expression Pattern
12 Analysis Suite v3.1 (Montaner et al., 2006). Genes with fold changes ≥ 2.0 or ≤ -2.0
13 were further selected and tested enriched pathways on WebGestalt web site
14 (<http://bioinfo.vanderbilt.edu/webgestalt/login.php>) by hypergeometric test.
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36 2.7. *Quantitative real-time polymerase chain reaction (qPCR)*

37 The expression levels of cytochrome *c* oxidase genes (Cox6a2, Cox7a1, and Cox8b)
38 were validated by qPCR. RNA samples were reverse-transcribed for 2 h at 37°C with
39 High Capacity cDNA Reverse Transcription kit (Applied Biosystems, Foster City,
40 CA). qPCR was performed by using 1 μ l of cDNA, 2 \times SYBR Green PCR Master Mix
41 (Applied Biosystems, Foster City, CA), and 200 nM of forward and reverse primers.
42 The reaction condition was followed: 10 min at 95°C, and 40 cycles of 15 sec at 95°C,
43 1 min at 60°C. Each assay was run on an Applied Biosystems 7300 Real-Time PCR
44 system in triplicates. The efficiency of PCR was measured by the serial dilution test.
45 A 4-log dilution range was generated using 10-fold serial dilutions of the DNA with
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1 four concentration points at 10^8 , 10^7 , 10^6 , and 10^5 copies/ μ l. Fold changes were
2 calculated using the comparative C_T method. Primer sets used in this study were
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4 designed using Primer3 program (<http://frodo.wi.mit.edu/primer3/>). The specificities
5
6 of primer sets were analyzed by nucleotide BLAST
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8 (<http://blast.ncbi.nlm.nih.gov/Blast.cgi>). Each primer set was able to amplify a target
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10 DNA fragment from the respective gene with specificity. The primer set for each gene
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12 is followed: Cox6a2 forward, 5'-CAGAGAAGGACAGTGCCATTC-3'; Cox6a2
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14 reverse, 5'-GAAGAGCCAGCACAAAGGTC-3'; Cox7a1 forward,
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16 5'-CAATGACCTCCCAGTACACTTG-3'; Cox7a1 reverse,
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18 5'-CCAAGCAGTATAAGCAGTAGGC-3'; Cox8b forward,
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20 5'-TCCCAAAGCCCATGTCTCTG-3'; Cox8b reverse,
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22 5'-CATCCTGCTGGAACCATGAAG-3'; glyceraldehyde-3-phosphate dehydrogenase
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24 (GAPDH) forward, 5'-TCACCCACACTGTGCCCATCTATGA-3'; GAPDH reverse,
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26 5'-GAGGAAGAGGATGCGGCAGTGG-3'. Previous study has shown that the levels
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28 of GAPDH mRNA and protein in livers are consistent in mice given with CCl_4
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30 (Hellerbrand et al., 1999). Therefore, we used GAPDH gene as the reference gene in
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32 this study.
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43 2.8. *Statistic analysis*

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46 Data were presented as mean \pm standard error. Data were analyzed by one-way
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48 ANOVA and post hoc LSD test using PASW Statistics (SPSS) version 12. A *p* value
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50 less than 0.05 was considered as statistically significant.
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54 3. Results

55 3.1. *Silymarin exhibited a steady decrease of CCl_4 -induced NF- κ B activity in the liver*

1 Transgenic mice were given with CCl₄ and/or silymarin and imaged for the
2 NF-κB-driven luminescence on week 4, 6, 8, and 12. As shown in Fig. 1,
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4 administration of CCl₄ significantly induced the NF-κB-dependent bioluminescent
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6 signal in the abdominal region as compared with mock group. *Ex vivo* imaging
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8 displayed that CCl₄ specifically induced the luminescence in the liver (Fig. 2). Oral
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10 administration of silymarin significantly suppressed the CCl₄-induced luminescent
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12 intensity in the abdominal region and the suppression displayed a time-dependent
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14 manner. *Ex vivo* imaging also displayed that silymarin specifically reduced
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16 CCl₄-induced NF-κB-driven bioluminescence in the liver. These findings suggested
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18 that CCl₄ induced NF-κB activation in the liver with specificity, while silymarin
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20 displayed a steady decrease of CCl₄-induced NF-κB activity in the liver.
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29 *3.2. The decrease of NF-κB activity by silymarin in the liver was correlated with the* 30 *improvement of liver fibrosis* 31 32

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34 To evaluate the histological changes of liver and the degree of liver fibrosis, we
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36 stained the hepatic sections with H&E and Sirius red. Hepatic fibrosis is induced by
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38 the accumulation of collagen in the hepatic parenchyma (Bataller and Brenner, 2005).
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40 Sirius red is a strong anionic dye that has been used for the quantification of collagen
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42 in tissue sections for many years (Jimenez et al., 1985; Lopez-De Leon and Rojkind,
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44 1985). Therefore, Sirius red-positive area can be a direct marker for the degree of liver
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46 fibrosis. As shown in Fig. 3, no apparent pathological alternations were found in mock
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48 group. Sirius red-positive region in the mock group was appeared around the central
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50 vein but not in the hepatic parenchyma. CCl₄ damaged the lobular structure of liver,
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52 which was characterized by the infiltration of immune cells, hemorrhage, vacuolar
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54 degeneration, and necrosis of hepatocytes. Sirius red-stained areas were clearly
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appeared in the boundaries of liver lobules and the proportion of the hepatic fibrotic area was $3.86\pm 0.54\%$. In contrast, silymarin improved the histological changes induced by CCl_4 . The CCl_4 -induced hemorrhage and necrosis in livers were ameliorated by silymarin. Moreover, Sirius red-stained areas in the silymarin group were reduced as compared with CCl_4 group, and the proportion of fibrotic areas ($1.94\pm 0.29\%$) was significantly decreased by silymarin. These data suggested that silymarin improved the CCl_4 -induced liver fibrosis.

We further performed immunohistochemical staining to correlate the liver fibrosis with NF- κ B activity. Liver sections were immunostained with α -SMA antibody to detect the presence of myofibroblasts that produce collagen (Wells, 2005). Sections were also immunostained with antibody against TGF- β 1, a cytokine playing a pivotal role in the liver fibrosis (Lotersztajn et al., 2005). As shown in Fig. 4, there were many brown TGF- β 1-positive cells and α -SMA-positive myofibroblasts in the CCl_4 -treated liver. However, oral administration of silymarin decreased the number of brown cells in the liver. The proportions of TGF- β 1, α -SMA, and NF- κ B-positive areas were increased in CCl_4 group and decreased in silymarin group, suggesting that CCl_4 induced the expression of TGF- β 1, α -SMA, and NF- κ B, while silymarin inhibited the CCl_4 -induced TGF- β 1, α -SMA, and NF- κ B expression. Moreover, these findings suggested that silymarin ameliorated CCl_4 -induced liver fibrosis, which was coincident with aforementioned histological data. Immunostaining with antibody against p65 revealed that there were many brown p65-positive cells in the CCl_4 -treated liver. However, silymarin decreased the number of p65-positive cells in the liver. These data suggested that silymarin might improve CCl_4 -induced liver fibrosis via inhibition of NF- κ B, TGF- β 1, and α -SMA. Moreover, the correlation between NF- κ B activity, liver fibrosis, and bioluminescent imaging suggested the

1 feasibility of NF- κ B-dependent bioluminescent imaging for the evaluation of
2 therapeutic efficacy of drugs for hepatic fibrosis.
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7 *3.3. Analysis of gene expression profile of silymarin in the CCl₄-treated liver*

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9 We further analyzed the gene expression profile of silymarin-treated liver by DNA
10 microarray to identify the novel mechanisms of silymarin. In comparison with mock,
11 420 transcripts were upregulated and 439 transcripts were downregulated by 2-fold by
12 CCl₄. In comparison with CCl₄, the expressions of 67 transcripts, including 2
13 upregulated and 65 downregulated transcripts, were altered with fold changes ≥ 2.0 or
14 ≤ -2.0 by silymarin. These genes were further selected for pathway classification.
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16 Table 1 shows that 34 pathways were significantly altered by silymarin ($p < 0.01$). The
17 half of pathways was associated with metabolism, while others were related to
18 regulation of cellular process and signal transduction. TGF- β -associated pathways,
19 including TGF- β signaling pathway, TGF- β -induced apoptosis and TGF- β -mediated
20 pathway, were significantly regulated by silymarin. Because TGF- β 1 plays a pivotal
21 role in the progression of liver fibrosis, alteration of TGF- β -related pathways might
22 contribute to the improvement of CCl₄-induced liver fibrosis by silymarin. Silymarin
23 downregulated the expression levels of 65 genes in the CCl₄-treated liver. The genes
24 with fold changes ≤ -4.0 are shown in Table 2. The half of silymarin-downregulated
25 genes was associated with cytoskeleton organization and muscle contraction, while
26 three genes, including Cox6a2, Cox7a2 and Cox8b genes, were related to
27 mitochondrion electron-transport chain. These findings suggested that silymarin might
28 improve the CCl₄-induced liver fibrosis via regulation the expression of genes
29 involved in cytoskeleton organization and electron transport.
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3.4. Verification of expression levels of novel silymarin-regulated genes by qPCR

Microarray data showed that the expression of mitochondrial respiratory chain-related genes, including Cox6a2, Cox7a1 and Cox8b genes, were downregulated by silymarin. We further applied qPCR to validate the transcriptional expression levels of these genes. As shown in Table 3, the expression levels of Cox6a2, Cox7a1, and Cox8b genes in CCl₄ group were 496.21, 21.36, and 240.38-fold higher, respectively, as compared with mock group. However, CCl₄-upregulated gene expression was downregulated by silymarin, and the expression levels of Cox6a2, Cox7a1, and Cox8b genes in silymarin group were 9.84, 0.72, and 0.7-fold, respectively, as compared with mock group. The consistent data from qPCR and microarray indicated that silymarin downregulated the CCl₄-induced expression of Cox6a2, Cox7a1, and Cox8b genes.

4. Discussion

In this study, we found that silymarin exhibited a steady decrease of CCl₄-induced NF- κ B activity in the liver, and the decrease of NF- κ B activity by silymarin in the liver was correlated with the improvement of liver fibrosis. During a steady decrease of CCl₄-induced NF- κ B-dependent luminescence by silymarin, microarray analysis of liver showed that silymarin altered the TGF- β -mediated pathways. Moreover, we newly identified that novel target genes like Cox genes were downregulated by silymarin, which was evidenced by NF- κ B bioluminescence imaging-guided transcriptomic analysis. Bioluminescence imaging is a sensitive and noninvasive technique for real-time reporting disease progression and quantifying therapy efficacies in living animals. This technique has been used for monitoring tumor cell

1 trafficking, tumor targeting, and host-biomaterial interaction (Contag and Bachmann,
2 2002; Ho et al., 2007; Ottobriini et al., 2005; Xiong et al., 2005). It has also been used
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4 to predict hepatic tumor burden in mice (Sarraf-Yazdi et al., 2004). In previous studies,
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6 we have constructed the transgenic mice carrying the NF- κ B-driven luciferase gene
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8 and demonstrated the feasibility of NF- κ B-dependent bioluminescent imaging for
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10 assessing the host-biomaterials interaction, elucidating the host response to ionizing
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12 radiation, evaluating the therapeutic effects of vanillin in inflammatory bowel diseases,
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14 and analyzing the anti-inflammatory effects of *Antrodia camphorata* (Chang et al.,
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16 2011; Ho et al., 2007; Hseu et al., 2010; Wu et al., 2009). In this study, we applied
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18 bioluminescent imaging to evaluate the progression of CCl₄-induced liver damages.
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Liver injury induced by CCl₄ is the best-characterized mechanism of xenobiotic-induced hepatotoxicity and a commonly used model for the screening of anti-hepatotoxic and/or hepatoprotective drugs (Weber et al., 2003). CCl₄ is metabolized by cytochrome p450 system and converted to trichloromethyl and trichloromethyl peroxy radicals. The free radicals of CCl₄ bind covalently to macromolecules and cause lipid peroxidation, which results in the fatty infiltration of hepatocytes and the sequential liver damage and fibrosis (Comporti et al., 2009). CCl₄ has been used extensively to induce liver injury in various animal models for decades. The experimentally induced cirrhotic response by CCl₄ in rats and mice are similar to liver cirrhosis in human (Weiler-Normann et al., 2007). Traditionally, liver injury and liver fibrosis induced by hepatotoxic substances can be evaluated by histological changes and concentrations of alanine aminotransferase, aspartate aminotransferase, alkaline phosphatase, and γ -glutamyl transpeptidase in sera (Nanji et al., 2001; Sun et al., 2010; Tacke et al., 2005)). Because the sustained hepatic inflammation induced by various etiologies leads to liver fibrosis, and NF- κ B plays a critical role in regulating

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inflammatory responses (Luedde and Schwabe, 2011), we tried to apply NF- κ B transgenic mice to report the liver fibrosis induced by CCl₄. CCl₄ induced the NF- κ B-dependent luminescence in the liver with specificity and the NF- κ B activation was correlated with liver fibrosis, judged by Sirius red staining and immunohistochemical analysis. These findings indicated the feasibility of NF- κ B bioluminescent imaging on the reporting of liver fibrosis induced by CCl₄.

Silymarin is a well-known hepatoprotective agent for the treatment of liver diseases (Abenavoli et al., 2010). It possesses antioxidative, antilipid peroxidative, antifibrotic, membrane stabilizing, immunomodulatory, and liver regenerating activities (Polyak et al., 2007; Saller et al., 2001; Shaker et al., 2010). Silymarin offers a good protection in various models of experimental liver diseases. It has also been applied clinically for alcoholic liver diseases, liver cirrhosis, Amanita mushroom poisoning, and drug-induced liver diseases (Pradhan and Girish, 2006). In this study, bioluminescent imaging showed that oral administration of silymarin reduced the CCl₄-induced NF- κ B-dependent luminescent intensity in the liver with specificity. The correlation of the decreased NF- κ B activity and the improved liver fibrosis by silymarin, suggesting the feasibility of NF- κ B-dependent bioluminescent imaging for the evaluation of therapeutic effect of silymarin *in vivo*.

NF- κ B bioluminescent imaging-guided transcriptomic analysis was further applied for the evaluation of novel targets and mechanisms of silymarin-mediated protection in the liver. Previous studies indicated that the anti-fibrotic and anti-inflammatory effects of silymarin are associated with TGF- β 1 pathway (Ai et al., 2010). Silymarin suppresses the expression of profibrotic procollagen- α and TIMP-1 via downregulation of TGF- β 1 mRNA in rats with biliary fibrosis (Jia et al., 2001). Moreover, genes associated with oxidative stress, cell cycle, cytoskeletal network,

1 cell-cell adhesion, extracellular matrix, inflammation, and apoptosis are altered by
2 silymarin in pyrogallol-exposed liver (Upadhyay et al., 2010). In this study,
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5 microarray data showed that silymarin altered the TGF- β 1-associated pathways,
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7 including TGF- β signaling pathway, TGF- β -induced apoptosis and TGF- β -mediated
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9 pathway, in CCl₄-induced liver fibrosis, which were in agreement with previous
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11 reports. Furthermore, we newly identified that silymarin downregulated the
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13 expression levels of cytoskeleton organization genes and mitochondrion
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15 electron-transfer chain genes. It has been known that CCl₄ treatment induces the
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17 reorganization of cytoskeleton and, in turn, induces the differentiation of hepatic
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19 stellate cells into myofibroblast-like cells ((De Minicis et al., 2007). Silymarin
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21 downregulated the expression of cytoskeleton component genes, suggesting that
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23 silymarin might suppress the transformation of hepatic stellate cells via inhibiting
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25 cytoskeleton reorganization and thus ameliorate the fibrosis of liver. Progression of
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27 CCl₄-induced liver fibrosis is associated with free radicals production that results in
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29 the significant alternations in functional state of mitochondrial respiratory chain
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31 (Tanaka et al., 1987). The electron transporters are combined in four complex: NADH
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33 reductase, succinate reductase, cytochrome *c* reductase, and Cox (Boyer, 1997). Cox
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35 plays a crucial role in oxidative metabolism, acting as the terminal component of the
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37 mitochondrial electron-transport chain in which electrons are passed from cytochrome
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39 *c* to molecular oxygen (Boyer, 1997). Previous studies showed that CCl₄ treatment
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41 decreases the activity of NADH reductase and increases the activity of Cox in rats
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43 with CCl₄-induced liver fibrosis (Krahenbuhl and Reichen, 1992; Shiryaeva et al.,
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45 2008; Tanaka et al., 1987). Our data also showed that the expression levels of Cox
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47 genes were elevated by CCl₄. The decrease and damage of NADH reductase results in
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49 electron leakage to $\cdot\text{O}_2^-$ oxygen and superoxide anion production, which lead to the
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1 increased oxygen consumption by the respiratory chain of pathologic mitochondria.
2 Subsequently, the elevated activity of Cox by CCl₄ promotes the transfer of electrons
3 to molecular oxygen and drive the ATP production of the mitochondria (Shiryaeva et
4 al., 2008). In contrast, previous study indicated that silymarin inhibits the oxygen
5 consumption in mitochondria isolated from rats and increases the iron-reduced NADH
6 reductase activity to the basal level (Chavez and Bravo, 1988; Pietrangelo et al., 2002).
7 Moreover, our data showed that silymarin reduced the CCl₄-induced expression levels
8 of Cox genes to the basal levels as compared to mock. These findings suggested that
9 silymarin might counteract the mitochondrion electron-transfer chain alteration by
10 CCl₄, which might be associated with the improvement of CCl₄-induced liver fibrosis
11 by silymarin.
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31 **5. Conclusions**

32 In conclusion, we applied for the first time the *in vivo* NF-κB bioluminescent
33 imaging and microarray analysis for the evaluation and identification of the
34 therapeutic potentials and novel mechanisms of silymarin in CCl₄-induced liver
35 fibrosis. The correlation of NF-κB bioluminescence and liver fibrosis suggested the
36 feasibility of NF-κB bioluminescent imaging on the evaluation of therapeutic
37 potentials of drugs for the treatment of liver fibrosis. Moreover, we newly identified
38 that silymarin exhibited anti-fibrotic effects *in vivo* via regulating TGF-β-mediated
39 pathways and altering the expression of genes involved in cytoskeleton organization
40 and mitochondrion electron-transfer chain.
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Conflict of Interest

The authors declare that there are no conflicts of interest.

Acknowledgments

This work was supported by grants from National Science Council, Committee on Chinese Medicine and Pharmacy at Department of Health (CCMP100-RD-048), and China Medical University (CMU100-S-16, CMU100-S-34, and CMU100-TS-14).

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Figure captions

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3 **Fig. 1.** NF- κ B-dependent bioluminescence in living mice. Transgenic mice were
4 administered with CCl₄ and/or silymarin, and imaged at indicated periods. (A) *In vivo*
5 imaging. The color overlay on the image represents the photon/sec emitted from the
6 animal, as indicated by the color scales. Photos are representative images ($n=8$). (B)
7 Quantification of photon emission from whole animal. Values are mean \pm standard
8 error ($n=8$). ### $p<0.001$, compared with mock. * $p<0.05$, ** $p<0.01$, compared with
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22 **Fig. 2.** NF- κ B-dependent bioluminescence in individual organs. Transgenic mice
23 were administered with CCl₄ and/or silymarin. Twelve weeks later, mice were
24 sacrificed and organs were subjected to image. (A) *Ex vivo* imaging. The color
25 overlay on the image represents the photon/sec emitted from the organ, as indicated
26 by the color scales. Photos are representative images ($n=8$). (B) Quantification of
27 photon emission from organs. Values are mean \pm standard error ($n=8$). ### $p<0.001$,
28 compared with mock. *** $p<0.001$, compared with CCl₄.
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41 **Fig. 3.** Histological examination of liver by H&E and Sirius red staining. (A)
42 Histological examination. Transgenic mice were administered with CCl₄ and/or
43 silymarin. Twelve weeks later, mice were sacrificed, livers were excised, and
44 sections were stained with H&E (100 \times magnification) or Sirius red (40 \times
45 magnification). Photos are representative images ($n=8$). (B) Quantification of liver
46 fibrosis by Sirius red stain. Results are expressed as fibrotic area (%), which was
47 calculated as areas occupied with red color/area of whole tissue. Values are mean \pm
48 standard error (8 sections/group and 10 fields/section). ### $p<0.001$, compared with
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mock. *** $p < 0.001$, compared with CCl₄.

Fig. 4. Immunohistochemical examination of liver. Transgenic mice were administered with CCl₄ and/or silymarin. Twelve weeks later, mice were sacrificed, livers were excised, and sections were immunostained with antibodies against TGF- β 1, α -SMA, and p65 (100 \times magnification). Quantification of TGF- β 1, α -SMA, and p65-positive areas (%) was shown at the bottom. Values are mean \pm standard error (8 sections/group and 3 fields/section). Photos are representative images ($n=8$).

Table1Pathway analysis of silymarin-altered genes with fold changes ≥ 2.0 or ≤ -2.0 .

Pathway	<i>p</i> value^a
Regulation of cellular process/ cell cycle and death	
TGF- β signaling pathway	2.75×10^{-7}
p53-mediated pathway	0.00171
Tight junction	0.00014
TGF- β -induced apoptosis	0.00261
Adherens junction	0.00494
TGF- β -mediated pathway	0.00976
Metabolism	
Urea cycle and metabolism of amino groups	2.49×10^{-5}
Citrate cycle	2.45×10^{-6}
Arginine and proline metabolism	0.00016
Galactose metabolism	0.00034
Biosynthesis of steroids	0.00049
Glycine, serine and threonine metabolism	0.00070
Glycolysis / Gluconeogenesis	0.00100
Butanoate metabolism	0.00098
Folate biosynthesis	0.00218
Pyruvate metabolism	0.00223
Fatty acid metabolism	0.00273
Bile acid biosynthesis	0.00273
Alanine and aspartate metabolism	0.00442
Glutathione metabolism	0.00544
Starch and sucrose metabolism	0.00601
Glycosaminoglycan degradation	0.00799
Glutamate metabolism	0.00921
Signal transduction	
Adipocytokine signaling pathway	8.26×10^{-5}
IL6 signaling pathway	0.00016
PPAR signaling pathway	0.00039
Insulin signaling pathway	0.00047
Vitamin D3 signaling pathway	0.00067
RANKL signaling pathway	0.00548
TNF signaling pathway	0.00629
IGF signaling pathway	0.00655
Chemokine signaling pathway	0.00709
EGF signaling pathway	0.00770
PTH/PTHrP signaling pathway	0.00840

^a *p* value was calculated on WebGestalt web site by hypergeometric test.

Table 2Expression levels of silymarin-downregulated genes in CCl₄-treated liver.

Gene symbol	Description	Fold changes ^a
Acta1	Actin, alpha 1, skeletal muscle	-90.21±0.001
My11	Myosin, light polypeptide 1	-77.05±0.001
Tnni2	Troponin I, skeletal, fast 2	-49.39±0.001
Atp2a1	ATPase, Ca ⁺² transporting, cardiac muscle, fast twitch 1	-48.46±0.001
My1pf	Myosin light chain, phosphorylatable, fast skeletal muscle	-41.90±0.001
Mb	Myoglobin	-35.39±0.002
Cox6a2	Cytochrome c oxidase, subunit VI a, polypeptide 2	-28.43±0.003
Cox8b	Cytochrome c oxidase, subunit VIII b	-18.60±0.004
Eno3	Enolase 3, beta muscle	-8.17±0.009
Tnnt1	Troponin T1, skeletal, slow	-7.60±0.011
Tnnc1	Troponin C, cardiac/slow skeletal	-7.56±0.010
Cox7a1	Cytochrome c oxidase, subunit VIIa 1	-6.67±0.015
Eef1a2	Eukaryotic translation elongation factor 1 alpha 2	-4.64±0.022
EG433229	Predicted gene, EG433229, transcript variant 7	-4.06±0.016

^a Fold changes are mean ± standard error (*n*=3).

Table 3

Expression levels of Cox6a2, Cox7a1, and Cox8b genes by qPCR.

Sample	Average C _T of target	Average C _T of GAPDH	ΔC_T^a	$\Delta\Delta C_T^b$	Relative to mock
Cox6a2					
Mock	35.82 ± 0.40	19.71 ± 0.03	16.11 ± 0.40	0.00 ± 0.40	1.00
CCl ₄	25.80 ± 0.05	18.64 ± 0.05	7.16 ± 0.07	-8.96 ± 0.07	496.21
Silymarin	31.17 ± 0.09	18.36 ± 0.01	12.81 ± 0.09	-3.30 ± 0.09	9.84
Cox7a1					
Mock	29.98 ± 0.10	19.71 ± 0.03	10.27 ± 0.11	0.00 ± 0.11	1.00
CCl ₄	24.49 ± 0.04	18.64 ± 0.05	5.85 ± 0.07	-4.42 ± 0.07	21.36
Silymarin	29.10 ± 0.11	18.36 ± 0.01	10.74 ± 0.11	0.47 ± 0.11	0.72
Cox8b					
Mock	32.81 ± 0.11	19.71 ± 0.03	13.09 ± 0.12	0.00 ± 0.12	1.00
CCl ₄	23.83 ± 0.05	18.64 ± 0.05	5.18 ± 0.07	-7.91 ± 0.07	240.38
Silymarin	31.97 ± 0.29	18.36 ± 0.01	13.61 ± 0.29	0.52 ± 0.29	0.70

^a The ΔC_T value is determined by subtracting the average GAPDH C_T value from the average target gene C_T value. The standard deviation of the difference is calculated from the standard deviations of the target gene and GAPDH.

^b The calculation of $\Delta\Delta C_T$ involves subtraction by the ΔC_T calibrator value. This is a subtraction of an arbitrary constant, so the standard

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deviation of $\Delta\Delta C_T$ is the same as the standard deviation of ΔC_T value.

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3 **Identification of novel mechanisms of silymarin on the carbon**
4 **tetrachloride-induced liver fibrosis in mice by nuclear factor- κ B**
5 **bioluminescent imaging-guided transcriptomic analysis**
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45 Abbreviations: CCl₄, carbon tetrachloride; Cox, cytochrome *c* oxidase; GAPDH,
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47 glyceraldehyde-3-phosphate dehydrogenase; H&E, hematoxylin and eosin; NF- κ B,
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49 nuclear factor- κ B; α -SMA, α -smooth muscle actin; TGF- β , transforming growth
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Abstract

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In this study, we applied bioluminescent imaging-guided transcriptomic analysis to evaluate and identify the therapeutic potentials and novel mechanisms of silymarin on carbon tetrachloride (CCl₄)-induced liver fibrosis. Transgenic mice, carrying the luciferase genes driven by nuclear factor- κ B (NF- κ B), were given with CCl₄ and/or silymarin. *In vivo* NF- κ B activity was evaluated by bioluminescent imaging, liver fibrosis was judged by Sirius red staining and immunohistochemistry, and gene expression profiles of silymarin-treated livers were analyzed by DNA microarray. CCl₄ enhanced the NF- κ B-dependent hepatic luminescence and induced hepatic fibrosis, while silymarin reduced the CCl₄-induced hepatic luminescence and improved CCl₄-induced liver fibrosis. Microarray analysis showed that silymarin altered the transforming growth factor- β -mediated pathways, which play pivotal roles in the progression of liver fibrosis. Moreover, we newly identified that silymarin downregulated the expression levels of cytoskeleton organization genes and mitochondrion electron-transfer chain genes, such as cytochrome *c* oxidase Cox6a2, Cox7a1, and Cox8b genes. In conclusion, the correlation of NF- κ B-dependent luminescence and liver fibrosis suggested the feasibility of NF- κ B bioluminescent imaging for the evaluation of liver fibrosis progression and therapeutic potentials. Moreover, our findings suggested that silymarin might exhibit anti-fibrotic effects *in vivo* via altering the expression of genes involved in cytoskeleton organization and mitochondrion electron-transfer chain.

Keywords: Liver fibrosis, Silymarin, Nuclear factor- κ B, Bioluminescent imaging, DNA microarray, Cytochrome *c* oxidase

1. Introduction

Liver fibrosis is a pathological sequel of chronic inflammatory liver injury caused by various etiologies, such as hepatitis virus infection, autoimmune injury, alcohol, and toxins/drugs. Following hepatic inflammation and damage, hepatic stellate cells change to myofibroblast-like cells and produce a large amount of extracellular matrix like type I collagen. The accumulation of collagen in the hepatic parenchyma further leads to the fibrosis of liver (Bataller and Brenner, 2005; Lotersztajn et al., 2005). Production of proinflammatory cytokines, such as interleukin-1 β , tumor necrosis factor- α and interferon- γ , contribute to the progression of hepatic inflammation and sequential fibrosis (Luedde and Schwabe, 2011). The production of cytokines is further controlled by the transcription factor, nuclear factor- κ B (NF- κ B) (Baldwin, 1996). NF- κ B is an inducible nuclear transcription factor that consists of heterodimers of RelA (p65), c-Rel, RelB, p50/NF- κ B1, and p52/NF- κ B2. NF- κ B activity is activated by a large variety of stimuli, such as microbes, inflammatory cytokines, and physical and chemical stresses. When stimulated, NF- κ B binds to the NF- κ B-responsive element present in the promoters of inflammatory genes, resulting in the induction of gene expression and the inflammatory process. Accordingly, NF- κ B is a critical molecule involved in the regulation of inflammatory cytokine production and inflammation (Bonizzi and Karin, 2004; Karin and Ben-Neriah, 2000; Siebenlist et al., 1994). Moreover, controlling NF- κ B activation has become a pharmacological target, particularly in the chronic inflammatory disorders (Baeuerle and Baichwal, 1997).

Silymarin, a flavonolignan mixture of milk thistle (*Silybum marianum*), is an important herbal hepatoprotective drug (Abenavoli et al., 2010). Silymarin possesses a variety of pharmacological activities, such as anti-inflammatory, immunomodulatory,

1 anti-oxidant, and anti-viral activities (Polyak et al., 2007; Saller et al., 2001; Shaker et
2 al., 2010). Silymarin exhibits hepatoprotective effects by altering cytoplasmic
3 membrane architecture and, in turn, preventing the penetration of hepatotoxic
4 substances, such as carbon tetrachloride (CCl₄), thioacetamide and D-galactosamine,
5 into cells (Abenavoli et al., 2010; Basiglio et al., 2009). It also possesses the
6 anti-fibrotic activity by retarding the activation of hepatic stellate cells (Chandan et al.,
7 2008). Although the pharmacological mechanisms of silymarin have been reported,
8 silymarin-altered hepatic gene expression profiles remained to be elucidated for the
9 identification of novel targets and mechanisms for silymarin-mediated protection in
10 the liver.
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24 Bioluminescence imaging is a sensitive and noninvasive technique for real-time
25 reporting and quantification of therapy efficacy in living animals (Hsu et al., 2010;
26 Wu et al., 2009). This technique has been used for the assessment of host responses to
27 biomaterials (Ho et al., 2007; Xiong et al., 2005)). It has also been applied for
28 imaging disease progression and diagnosis (Dothager et al., 2009; Ottobrini et al.,
29 2005). Microarray is a popular research and screening tool for differentially expressed
30 genes. Microarray-based gene expression patterns have been used to predict the
31 candidate biomarkers, predict the therapeutic efficacies of drugs, and recognize the
32 toxic potential of drug candidate (Baur et al., 2006; Lamb et al., 2006; Suter et al.,
33 2004). We have previously applied NF- κ B bioluminescent imaging-guided
34 transcriptomic analysis to assess the host responses to biomaterials and ionizing
35 radiation *in vivo* (Ho et al., 2007; Hsiang et al., 2009). In this study, we applied
36 NF- κ B bioluminescent image to evaluate both the progression of CCl₄-induced liver
37 injury and the therapeutic effects of silymarin. Microarray analysis was further
38 applied to globally elucidate the gene expression profiles of silymarin and to find
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1 novel mechanisms of silymarin on CCl₄-induced liver injury. Our data showed the
2 feasibility of NF-κB-dependent bioluminescent image on the assessment of disease
3 progression and therapeutic efficacies. Moreover, we newly identified that silymarin
4 exhibited anti-fibrotic effects *in vivo* via regulating transforming growth factor-β
5 (TGF-β)-mediated pathways and altering the expression of genes involved in
6 cytoskeleton organization and mitochondrion electron-transfer chain.
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19 **2. Materials and methods**

20 *2.1. Induction of liver fibrosis and silymarin treatment*

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Mouse experiments were conducted under ethics approval from the China Medical University Animal Care and Use Committee. Transgenic mice, carrying the NF-κB-driven luciferase genes, were constructed previously (Ho et al., 2007). CCl₄-induced liver fibrosis was performed as described previously (Sakaida et al., 2004). Silymarin was purchased from Sigma (St. Louis, MO) and suspended in distilled water to a final concentration 20 mg/ml. A total of 24 transgenic mice was randomly divided into three groups of eight mice: (1) mock, mice were intraperitoneally administered with 0.5 ml/kg olive oil twice a week for 12 weeks, (2) CCl₄, mice were intraperitoneally administered with 0.5 ml/kg 10% CCl₄ in olive oil twice a week for 12 weeks, and (3) silymarin, mice were intraperitoneally administered with 0.5 ml/kg 10% CCl₄ in olive oil twice a week for 12 weeks, and silymarin was given orally at a dose of 200 mg/kg once a day from week 5 to 12 after CCl₄ administration.

2.2. *In vivo and ex vivo imaging of luciferase activity*

1 For *in vivo* imaging, mice were anesthetized with isoflurane and injected
2 intraperitoneally with 150 mg luciferin/kg body weight. Five minutes later, mice were
3 placed face up in the chamber and imaged for 1 min with the camera set at the highest
4 sensitivity by IVIS Imaging System[®] 200 Series (Xenogen, Hopkinton, MA). For *ex*
5 *vivo* imaging, mice were anesthetized and injected with luciferin intraperitoneally.
6 Five minutes later, mice were sacrificed, and tissues were rapidly removed, placed in
7 the IVIS system, and imaged with the same setting used for *in vivo* studies. Photons
8 emitted from tissues were quantified using Living Image[®] software (Xenogen,
9 Hopkinton, MA). Signal intensity was quantified as the sum of all detected photon
10 counts from selected tissues and presented as photon/sec.
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27 *2.3. Quantitative analysis of liver fibrosis*

28 For detecting hepatic fibrosis, liver sections were stained with 0.1% Sirius red
29 (Sigma, St Louis, MO) in a saturated aqueous solution of picric acid (Panreac,
30 Barcelona, Spain). One hour later, slides were rinsed in two changes of acidified water
31 (0.5% glacial acetic acid in water), dehydrated in three changes of 100% ethanol,
32 cleared in xylene, mounted in a resinous medium, and then observed under a light
33 microscope. Sirius red-positive areas were measured using Image-Pro Plus (Media
34 Cybernetics, Bethesda, MD). The proportions of hepatic fibrotic area (%) were
35 calculated as areas occupied with red color/area of whole tissue.
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51 *2.4. Histological and immunohistochemical examination*

52 Parafilm-embedded liver tissues were cut into 5- μ m sections and stained with
53 hematoxylin and eosin (H&E). For immunohistochemistry, sections were
54 deparaffinized in xylene and rehydrated in graded alcohol. Endogenous peroxidase
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1 was quenched with 3% hydrogen peroxide in methanol for 15 min and the nonspecific
2 binding was blocked with 1% bovine serum albumin at room temperature for 1 h.
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4 Sections were incubated with antibodies against p65 (Chemicon, Temecula, CA),
5 TGF- β 1 (Santa Cruz, Santa Cruz, CA), or α -smooth muscle actin (α -SMA) (Santa
6 Cruz, Santa Cruz, CA) at 1:50 dilution overnight at 4°C and then incubated with
7 biotinylated secondary antibody (Zymed Laboratories, Carlsbad, CA) at room
8 temperature for 20 min. Finally, slides were incubated with avidin-biotin complex
9 reagent and stained with 3,3'-diaminobenzidine according to manufacturer's protocol
10 (Histostain[®]-Plus kit, Zymed Laboratories, Carlsbad, CA). TGF- β 1, α -SMA, and
11 NF- κ B-positive areas were measured using Image-Pro Plus (Media Cybernetics,
12 Bethesda, MD) to quantify the expression levels of TGF- β 1, α -SMA, and NF- κ B. The
13 proportions of TGF- β 1, α -SMA, and NF- κ B-positive areas were calculated as areas
14 occupied with brown color/area of whole tissue.
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34 2.5. Total RNA isolation

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36 Total RNA was extracted from livers using the RNeasy Mini kit (Qiagen, Valencia,
37 CA) and further treated with RNase-free DNase I (Qiagen, Valencia, CA) to remove
38 contaminating DNA. Total RNA was quantified using the spectrophotometer
39 (Beckman Coulter, Fullerton, CA), and samples with A260/A280 ratios greater than
40 1.8 were further evaluated using Agilent 2100 bioanalyzer (Agilent Technologies,
41 Santa Clara, CA). The RNA sample with a RNA integrity number greater than 8.0 was
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56 2.6. Microarray analysis

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58 Microarray analysis was performed as described previously (Cheng et al., 2010).
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1 Briefly, fluorescent RNA targets were prepared from 5 μ g of total RNA using
2 MessageAmpTM aRNA kit (Ambion, Austin, TX) and Cy5 dye (Amersham Pharmacia,
3 Piscataway, NJ). Fluorescent targets were hybridized to the Mouse WG-6 Expression
4 Bead Chip (Immunina, San Diego, CA) and scanned by an Axon 4000 scanner
5 (Molecular Devices, Sunnyvale, CA). Number of replicates was three. The Cy5
6 fluorescent intensity of each spot was analyzed by genepix 4.1 software (Molecular
7 Devices, Sunnyvale, CA). The signal intensity of each spot was corrected by
8 subtracting background signals in the surrounding. We filtered out spots that
9 signal-to-noise ratio was less than 0 or control probes. Spots that passed these criteria
10 were normalized by the limma package of the R program using quantile normalization.
11 Normalized data were tested for differential expression using Gene Expression Pattern
12 Analysis Suite v3.1 (Montaner et al., 2006). Genes with fold changes ≥ 2.0 or ≤ -2.0
13 were further selected and tested enriched pathways on WebGestalt web site
14 (<http://bioinfo.vanderbilt.edu/webgestalt/login.php>) by hypergeometric test.
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36 2.7. *Quantitative real-time polymerase chain reaction (qPCR)*

37 The expression levels of cytochrome *c* oxidase genes (Cox6a2, Cox7a1, and Cox8b)
38 were validated by qPCR. RNA samples were reverse-transcribed for 2 h at 37°C with
39 High Capacity cDNA Reverse Transcription kit (Applied Biosystems, Foster City,
40 CA). qPCR was performed by using 1 μ l of cDNA, 2 \times SYBR Green PCR Master Mix
41 (Applied Biosystems, Foster City, CA), and 200 nM of forward and reverse primers.
42 The reaction condition was followed: 10 min at 95°C, and 40 cycles of 15 sec at 95°C,
43 1 min at 60°C. Each assay was run on an Applied Biosystems 7300 Real-Time PCR
44 system in triplicates. The efficiency of PCR was measured by the serial dilution test.
45 A 4-log dilution range was generated using 10-fold serial dilutions of the DNA with
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1 four concentration points at 10^8 , 10^7 , 10^6 , and 10^5 copies/ μ l. Fold changes were
2 calculated using the comparative C_T method. Primer sets used in this study were
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4 designed using Primer3 program (<http://frodo.wi.mit.edu/primer3/>). The specificities
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6 of primer sets were analyzed by nucleotide BLAST
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8 (<http://blast.ncbi.nlm.nih.gov/Blast.cgi>). Each primer set was able to amplify a target
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10 DNA fragment from the respective gene with specificity. The primer set for each gene
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12 is followed: Cox6a2 forward, 5'-CAGAGAAGGACAGTGCCATTC-3'; Cox6a2
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14 reverse, 5'-GAAGAGCCAGCACAAAGGTC-3'; Cox7a1 forward,
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16 5'-CAATGACCTCCCAGTACACTTG-3'; Cox7a1 reverse,
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18 5'-CCAAGCAGTATAAGCAGTAGGC-3'; Cox8b forward,
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20 5'-TCCCAAAGCCCATGTCTCTG-3'; Cox8b reverse,
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22 5'-CATCCTGCTGGAACCATGAAG-3'; glyceraldehyde-3-phosphate dehydrogenase
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24 (GAPDH) forward, 5'-TCACCCACACTGTGCCCATCTATGA-3'; GAPDH reverse,
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26 5'-GAGGAAGAGGATGCGGCAGTGG-3'. Previous study has shown that the levels
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28 of GAPDH mRNA and protein in livers are consistent in mice given with CCl_4
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30 (Hellerbrand et al., 1999). Therefore, we used GAPDH gene as the reference gene in
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32 this study.
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44 2.8. Statistic analysis

45 Data were presented as mean \pm standard error. Data were analyzed by one-way
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47 ANOVA and post hoc LSD test using PASW Statistics (SPSS) version 12. A *p* value
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49 less than 0.05 was considered as statistically significant.
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57 3. Results

58 3.1. Silymarin exhibited a steady decrease of CCl_4 -induced NF- κ B activity in the liver

1 Transgenic mice were given with CCl₄ and/or silymarin and imaged for the
2 NF-κB-driven luminescence on week 4, 6, 8, and 12. As shown in Fig. 1,
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4 administration of CCl₄ significantly induced the NF-κB-dependent bioluminescent
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6 signal in the abdominal region as compared with mock group. *Ex vivo* imaging
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8 displayed that CCl₄ specifically induced the luminescence in the liver (Fig. 2). Oral
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10 administration of silymarin significantly suppressed the CCl₄-induced luminescent
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12 intensity in the abdominal region and the suppression displayed a time-dependent
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14 manner. *Ex vivo* imaging also displayed that silymarin specifically reduced
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16 CCl₄-induced NF-κB-driven bioluminescence in the liver. These findings suggested
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18 that CCl₄ induced NF-κB activation in the liver with specificity, while silymarin
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20 displayed a steady decrease of CCl₄-induced NF-κB activity in the liver.
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29 *3.2. The decrease of NF-κB activity by silymarin in the liver was correlated with the* 30 *improvement of liver fibrosis* 31 32 33

34 To evaluate the histological changes of liver and the degree of liver fibrosis, we
35 stained the hepatic sections with H&E and Sirius red. Hepatic fibrosis is induced by
36 the accumulation of collagen in the hepatic parenchyma (Bataller and Brenner, 2005).
37
38 Sirius red is a strong anionic dye that has been used for the quantification of collagen
39 in tissue sections for many years (Jimenez et al., 1985; Lopez-De Leon and Rojkind,
40
41 1985). Therefore, Sirius red-positive area can be a direct marker for the degree of liver
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43 fibrosis. As shown in Fig. 3, no apparent pathological alternations were found in mock
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45 group. Sirius red-positive region in the mock group was appeared around the central
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47 vein but not in the hepatic parenchyma. CCl₄ damaged the lobular structure of liver,
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49 which was characterized by the infiltration of immune cells, hemorrhage, vacuolar
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51 degeneration, and necrosis of hepatocytes. Sirius red-stained areas were clearly
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appeared in the boundaries of liver lobules and the proportion of the hepatic fibrotic area was $3.86\pm 0.54\%$. In contrast, silymarin improved the histological changes induced by CCl_4 . The CCl_4 -induced hemorrhage and necrosis in livers were ameliorated by silymarin. Moreover, Sirius red-stained areas in the silymarin group were reduced as compared with CCl_4 group, and the proportion of fibrotic areas ($1.94\pm 0.29\%$) was significantly decreased by silymarin. These data suggested that silymarin improved the CCl_4 -induced liver fibrosis.

We further performed immunohistochemical staining to correlate the liver fibrosis with NF- κ B activity. Liver sections were immunostained with α -SMA antibody to detect the presence of myfibroblasts that produce collagen (Wells, 2005). Sections were also immunostained with antibody against TGF- β 1, a cytokine playing a pivotal role in the liver fibrosis (Lotersztajn et al., 2005). As shown in Fig. 4, there were many brown TGF- β 1-positive cells and α -SMA-positive myfibroblasts in the CCl_4 -treated liver. However, oral administration of silymarin decreased the number of brown cells in the liver. The proportions of TGF- β 1, α -SMA, and NF- κ B-positive areas were increased in CCl_4 group and decreased in silymarin group, suggesting that CCl_4 induced the expression of TGF- β 1, α -SMA, and NF- κ B, while silymarin inhibited the CCl_4 -induced TGF- β 1, α -SMA, and NF- κ B expression. Moreover, these findings suggested that silymarin ameliorated CCl_4 -induced liver fibrosis, which was coincident with aforementioned histological data. Immunostaining with antibody against p65 revealed that there were many brown p65-positive cells in the CCl_4 -treated liver. However, silymarin decreased the number of p65-positive cells in the liver. These data suggested that silymarin might improve CCl_4 -induced liver fibrosis via inhibition of NF- κ B, TGF- β 1, and α -SMA. Moreover, the correlation between NF- κ B activity, liver fibrosis, and bioluminescent imaging suggested the

1 feasibility of NF- κ B-dependent bioluminescent imaging for the evaluation of
2 therapeutic efficacy of drugs for hepatic fibrosis.
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4 5 6 7 *3.3. Analysis of gene expression profile of silymarin in the CCl₄-treated liver*

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9 We further analyzed the gene expression profile of silymarin-treated liver by DNA
10 microarray to identify the novel mechanisms of silymarin. In comparison with mock,
11 420 transcripts were upregulated and 439 transcripts were downregulated by 2-fold by
12 CCl₄. In comparison with CCl₄, the expressions of 67 transcripts, including 2
13 upregulated and 65 downregulated transcripts, were altered with fold changes ≥ 2.0 or
14 ≤ -2.0 by silymarin. These genes were further selected for pathway classification.
15
16 Table 1 shows that 34 pathways were significantly altered by silymarin ($p < 0.01$). The
17 half of pathways was associated with metabolism, while others were related to
18 regulation of cellular process and signal transduction. TGF- β -associated pathways,
19 including TGF- β signaling pathway, TGF- β -induced apoptosis and TGF- β -mediated
20 pathway, were significantly regulated by silymarin. Because TGF- β 1 plays a pivotal
21 role in the progression of liver fibrosis, alteration of TGF- β -related pathways might
22 contribute to the improvement of CCl₄-induced liver fibrosis by silymarin. Silymarin
23 downregulated the expression levels of 65 genes in the CCl₄-treated liver. The genes
24 with fold changes ≤ -4.0 are shown in Table 2. The half of silymarin-downregulated
25 genes was associated with cytoskeleton organization and muscle contraction, while
26 three genes, including Cox6a2, Cox7a2 and Cox8b genes, were related to
27 mitochondrion electron-transport chain. These findings suggested that silymarin might
28 improve the CCl₄-induced liver fibrosis via regulation the expression of genes
29 involved in cytoskeleton organization and electron transport.
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3.4. Verification of expression levels of novel silymarin-regulated genes by qPCR

Microarray data showed that the expression of mitochondrial respiratory chain-related genes, including Cox6a2, Cox7a1 and Cox8b genes, were downregulated by silymarin. We further applied qPCR to validate the transcriptional expression levels of these genes. As shown in Table 3, the expression levels of Cox6a2, Cox7a1, and Cox8b genes in CCl₄ group were 496.21, 21.36, and 240.38-fold higher, respectively, as compared with mock group. However, CCl₄-upregulated gene expression was downregulated by silymarin, and the expression levels of Cox6a2, Cox7a1, and Cox8b genes in silymarin group were 9.84, 0.72, and 0.7-fold, respectively, as compared with mock group. The consistent data from qPCR and microarray indicated that silymarin downregulated the CCl₄-induced expression of Cox6a2, Cox7a1, and Cox8b genes.

4. Discussion

In this study, we found that silymarin exhibited a steady decrease of CCl₄-induced NF- κ B activity in the liver, and the decrease of NF- κ B activity by silymarin in the liver was correlated with the improvement of liver fibrosis. During a steady decrease of CCl₄-induced NF- κ B-dependent luminescence by silymarin, microarray analysis of liver showed that silymarin altered the TGF- β -mediated pathways. Moreover, we newly identified that novel target genes like Cox genes were downregulated by silymarin, which was evidenced by NF- κ B bioluminescence imaging-guided transcriptomic analysis. Bioluminescence imaging is a sensitive and noninvasive technique for real-time reporting disease progression and quantifying therapy efficacies in living animals. This technique has been used for monitoring tumor cell

1 trafficking, tumor targeting, and host-biomaterial interaction (Contag and Bachmann,
2 2002; Ho et al., 2007; Ottobriini et al., 2005; Xiong et al., 2005). It has also been used
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4 to predict hepatic tumor burden in mice (Sarraf-Yazdi et al., 2004). In previous studies,
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6 we have constructed the transgenic mice carrying the NF- κ B-driven luciferase gene
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8 and demonstrated the feasibility of NF- κ B-dependent bioluminescent imaging for
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10 assessing the host-biomaterials interaction, elucidating the host response to ionizing
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12 radiation, evaluating the therapeutic effects of vanillin in inflammatory bowel diseases,
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14 and analyzing the anti-inflammatory effects of *Antrodia camphorata* (Chang et al.,
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16 2011; Ho et al., 2007; Hseu et al., 2010; Wu et al., 2009). In this study, we applied
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18 bioluminescent imaging to evaluate the progression of CCl₄-induced liver damages.
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Liver injury induced by CCl₄ is the best-characterized mechanism of xenobiotic-induced hepatotoxicity and a commonly used model for the screening of anti-hepatotoxic and/or hepatoprotective drugs (Weber et al., 2003). CCl₄ is metabolized by cytochrome p450 system and converted to trichloromethyl and trichloromethyl peroxy radicals. The free radicals of CCl₄ bind covalently to macromolecules and cause lipid peroxidation, which results in the fatty infiltration of hepatocytes and the sequential liver damage and fibrosis (Comporti et al., 2009). CCl₄ has been used extensively to induce liver injury in various animal models for decades. The experimentally induced cirrhotic response by CCl₄ in rats and mice are similar to liver cirrhosis in human (Weiler-Normann et al., 2007). Traditionally, liver injury and liver fibrosis induced by hepatotoxic substances can be evaluated by histological changes and concentrations of alanine aminotransferase, aspartate aminotransferase, alkaline phosphatase, and γ -glutamyl transpeptidase in sera (Nanji et al., 2001; Sun et al., 2010; Tacke et al., 2005)). Because the sustained hepatic inflammation induced by various etiologies leads to liver fibrosis, and NF- κ B plays a critical role in regulating

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inflammatory responses (Luedde and Schwabe, 2011), we tried to apply NF- κ B transgenic mice to report the liver fibrosis induced by CCl₄. CCl₄ induced the NF- κ B-dependent luminescence in the liver with specificity and the NF- κ B activation was correlated with liver fibrosis, judged by Sirius red staining and immunohistochemical analysis. These findings indicated the feasibility of NF- κ B bioluminescent imaging on the reporting of liver fibrosis induced by CCl₄.

Silymarin is a well-known hepatoprotective agent for the treatment of liver diseases (Abenavoli et al., 2010). It possesses antioxidative, antilipid peroxidative, antifibrotic, membrane stabilizing, immunomodulatory, and liver regenerating activities (Polyak et al., 2007; Saller et al., 2001; Shaker et al., 2010). Silymarin offers a good protection in various models of experimental liver diseases. It has also been applied clinically for alcoholic liver diseases, liver cirrhosis, Amanita mushroom poisoning, and drug-induced liver diseases (Pradhan and Girish, 2006). In this study, bioluminescent imaging showed that oral administration of silymarin reduced the CCl₄-induced NF- κ B-dependent luminescent intensity in the liver with specificity. The correlation of the decreased NF- κ B activity and the improved liver fibrosis by silymarin, suggesting the feasibility of NF- κ B-dependent bioluminescent imaging for the evaluation of therapeutic effect of silymarin *in vivo*.

NF- κ B bioluminescent imaging-guided transcriptomic analysis was further applied for the evaluation of novel targets and mechanisms of silymarin-mediated protection in the liver. Previous studies indicated that the anti-fibrotic and anti-inflammatory effects of silymarin are associated with TGF- β 1 pathway (Ai et al., 2010). Silymarin suppresses the expression of profibrotic procollagen- α and TIMP-1 via downregulation of TGF- β 1 mRNA in rats with biliary fibrosis (Jia et al., 2001). Moreover, genes associated with oxidative stress, cell cycle, cytoskeletal network,

1 cell-cell adhesion, extracellular matrix, inflammation, and apoptosis are altered by
2 silymarin in pyrogallol-exposed liver (Upadhyay et al., 2010). In this study,
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5 microarray data showed that silymarin altered the TGF- β 1-associated pathways,
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7 including TGF- β signaling pathway, TGF- β -induced apoptosis and TGF- β -mediated
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9 pathway, in CCl₄-induced liver fibrosis, which were in agreement with previous
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11 reports. Furthermore, we newly identified that silymarin downregulated the
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13 expression levels of cytoskeleton organization genes and mitochondrion
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15 electron-transfer chain genes. It has been known that CCl₄ treatment induces the
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17 reorganization of cytoskeleton and, in turn, induces the differentiation of hepatic
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19 stellate cells into myofibroblast-like cells ((De Minicis et al., 2007). Silymarin
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21 downregulated the expression of cytoskeleton component genes, suggesting that
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23 silymarin might suppress the transformation of hepatic stellate cells via inhibiting
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25 cytoskeleton reorganization and thus ameliorate the fibrosis of liver. Progression of
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27 CCl₄-induced liver fibrosis is associated with free radicals production that results in
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29 the significant alternations in functional state of mitochondrial respiratory chain
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31 (Tanaka et al., 1987). The electron transporters are combined in four complex: NADH
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33 reductase, succinate reductase, cytochrome *c* reductase, and Cox (Boyer, 1997). Cox
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35 plays a crucial role in oxidative metabolism, acting as the terminal component of the
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37 mitochondrial electron-transport chain in which electrons are passed from cytochrome
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39 *c* to molecular oxygen (Boyer, 1997). Previous studies showed that CCl₄ treatment
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41 decreases the activity of NADH reductase and increases the activity of Cox in rats
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43 with CCl₄-induced liver fibrosis (Krahenbuhl and Reichen, 1992; Shiryaeva et al.,
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45 2008; Tanaka et al., 1987). Our data also showed that the expression levels of Cox
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47 genes were elevated by CCl₄. The decrease and damage of NADH reductase results in
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49 electron leakage to $\cdot\text{O}_2^-$ oxygen and superoxide anion production, which lead to the
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1 increased oxygen consumption by the respiratory chain of pathologic mitochondria.
2 Subsequently, the elevated activity of Cox by CCl₄ promotes the transfer of electrons
3 to molecular oxygen and drive the ATP production of the mitochondria (Shiryaeva et
4 al., 2008). In contrast, previous study indicated that silymarin inhibits the oxygen
5 consumption in mitochondria isolated from rats and increases the iron-reduced NADH
6 reductase activity to the basal level (Chavez and Bravo, 1988; Pietrangelo et al., 2002).
7 Moreover, our data showed that silymarin reduced the CCl₄-induced expression levels
8 of Cox genes to the basal levels as compared to mock. These findings suggested that
9 silymarin might counteract the mitochondrion electron-transfer chain alteration by
10 CCl₄, which might be associated with the improvement of CCl₄-induced liver fibrosis
11 by silymarin.
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31 **5. Conclusions**

32 In conclusion, we applied for the first time the *in vivo* NF- κ B bioluminescent
33 imaging and microarray analysis for the evaluation and identification of the
34 therapeutic potentials and novel mechanisms of silymarin in CCl₄-induced liver
35 fibrosis. The correlation of NF- κ B bioluminescence and liver fibrosis suggested the
36 feasibility of NF- κ B bioluminescent imaging on the evaluation of therapeutic
37 potentials of drugs for the treatment of liver fibrosis. Moreover, we newly identified
38 that silymarin exhibited anti-fibrotic effects *in vivo* via regulating TGF- β -mediated
39 pathways and altering the expression of genes involved in cytoskeleton organization
40 and mitochondrion electron-transfer chain.
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Conflict of Interest

The authors declare that there are no conflicts of interest.

Acknowledgments

This work was supported by grants from National Science Council, Committee on Chinese Medicine and Pharmacy at Department of Health (CCMP100-RD-048), and China Medical University (CMU100-S-16, CMU100-S-34, and CMU100-TS-14).

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Figure captions

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3 **Fig. 1.** NF- κ B-dependent bioluminescence in living mice. Transgenic mice were
4 administered with CCl₄ and/or silymarin, and imaged at indicated periods. (A) *In vivo*
5 imaging. The color overlay on the image represents the photon/sec emitted from the
6 animal, as indicated by the color scales. Photos are representative images ($n=8$). (B)
7 Quantification of photon emission from whole animal. Values are mean \pm standard
8 error ($n=8$). ### $p<0.001$, compared with mock. * $p<0.05$, ** $p<0.01$, compared with
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22 **Fig. 2.** NF- κ B-dependent bioluminescence in individual organs. Transgenic mice
23 were administered with CCl₄ and/or silymarin. Twelve weeks later, mice were
24 sacrificed and organs were subjected to image. (A) *Ex vivo* imaging. The color
25 overlay on the image represents the photon/sec emitted from the organ, as indicated
26 by the color scales. Photos are representative images ($n=8$). (B) Quantification of
27 photon emission from organs. Values are mean \pm standard error ($n=8$). ### $p<0.001$,
28 compared with mock. *** $p<0.001$, compared with CCl₄.
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41 **Fig. 3.** Histological examination of liver by H&E and Sirius red staining. (A)
42 Histological examination. Transgenic mice were administered with CCl₄ and/or
43 silymarin. Twelve weeks later, mice were sacrificed, livers were excised, and
44 sections were stained with H&E (100 \times magnification) or Sirius red (40 \times
45 magnification). Photos are representative images ($n=8$). (B) Quantification of liver
46 fibrosis by Sirius red stain. Results are expressed as fibrotic area (%), which was
47 calculated as areas occupied with red color/area of whole tissue. Values are mean \pm
48 standard error (8 sections/group and 10 fields/section). ### $p<0.001$, compared with
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mock. *** $p < 0.001$, compared with CCl₄.

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5 **Fig. 4.** Immunohistochemical examination of liver. Transgenic mice were
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7 administered with CCl₄ and/or silymarin. Twelve weeks later, mice were sacrificed,
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9 livers were excised, and sections were immunostained with antibodies against
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11 TGF- β 1, α -SMA, and p65 (100 \times magnification). Quantification of TGF- β 1, α -SMA,
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13 and p65-positive areas (%) was shown at the bottom. Values are mean \pm standard error
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15 (8 sections/group and 3 fields/section). Photos are representative images ($n=8$).
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Table1Pathway analysis of silymarin-altered genes with fold changes ≥ 2.0 or ≤ -2.0 .

Pathway	<i>p</i> value^a
Regulation of cellular process/ cell cycle and death	
TGF- β signaling pathway	2.75×10^{-7}
p53-mediated pathway	0.00171
Tight junction	0.00014
TGF- β -induced apoptosis	0.00261
Adherens junction	0.00494
TGF- β -mediated pathway	0.00976
Metabolism	
Urea cycle and metabolism of amino groups	2.49×10^{-5}
Citrate cycle	2.45×10^{-6}
Arginine and proline metabolism	0.00016
Galactose metabolism	0.00034
Biosynthesis of steroids	0.00049
Glycine, serine and threonine metabolism	0.00070
Glycolysis / Gluconeogenesis	0.00100
Butanoate metabolism	0.00098
Folate biosynthesis	0.00218
Pyruvate metabolism	0.00223
Fatty acid metabolism	0.00273
Bile acid biosynthesis	0.00273
Alanine and aspartate metabolism	0.00442
Glutathione metabolism	0.00544
Starch and sucrose metabolism	0.00601
Glycosaminoglycan degradation	0.00799
Glutamate metabolism	0.00921
Signal transduction	
Adipocytokine signaling pathway	8.26×10^{-5}
IL6 signaling pathway	0.00016
PPAR signaling pathway	0.00039
Insulin signaling pathway	0.00047
Vitamin D3 signaling pathway	0.00067
RANKL signaling pathway	0.00548
TNF signaling pathway	0.00629
IGF signaling pathway	0.00655
Chemokine signaling pathway	0.00709
EGF signaling pathway	0.00770
PTH/PTHrP signaling pathway	0.00840

^a *p* value was calculated on WebGestalt web site by hypergeometric test.

Table 2Expression levels of silymarin-downregulated genes in CCl₄-treated liver.

Gene symbol	Description	Fold changes ^a
Acta1	Actin, alpha 1, skeletal muscle	-90.21±0.001
My11	Myosin, light polypeptide 1	-77.05±0.001
Tnni2	Troponin I, skeletal, fast 2	-49.39±0.001
Atp2a1	ATPase, Ca ⁺² transporting, cardiac muscle, fast twitch 1	-48.46±0.001
My1pf	Myosin light chain, phosphorylatable, fast skeletal muscle	-41.90±0.001
Mb	Myoglobin	-35.39±0.002
Cox6a2	Cytochrome c oxidase, subunit VI a, polypeptide 2	-28.43±0.003
Cox8b	Cytochrome c oxidase, subunit VIII b	-18.60±0.004
Eno3	Enolase 3, beta muscle	-8.17±0.009
Tnnt1	Troponin T1, skeletal, slow	-7.60±0.011
Tnnc1	Troponin C, cardiac/slow skeletal	-7.56±0.010
Cox7a1	Cytochrome c oxidase, subunit VIIa 1	-6.67±0.015
Eef1a2	Eukaryotic translation elongation factor 1 alpha 2	-4.64±0.022
EG433229	Predicted gene, EG433229, transcript variant 7	-4.06±0.016

^a Fold changes are mean ± standard error (*n*=3).

Table 3

Expression levels of Cox6a2, Cox7a1, and Cox8b genes by qPCR.

Sample	Average C _T of target	Average C _T of GAPDH	ΔC_T^a	$\Delta\Delta C_T^b$	Relative to mock
Cox6a2					
Mock	35.82 ± 0.40	19.71 ± 0.03	16.11 ± 0.40	0.00 ± 0.40	1.00
CCl ₄	25.80 ± 0.05	18.64 ± 0.05	7.16 ± 0.07	-8.96 ± 0.07	496.21
Silymarin	31.17 ± 0.09	18.36 ± 0.01	12.81 ± 0.09	-3.30 ± 0.09	9.84
Cox7a1					
Mock	29.98 ± 0.10	19.71 ± 0.03	10.27 ± 0.11	0.00 ± 0.11	1.00
CCl ₄	24.49 ± 0.04	18.64 ± 0.05	5.85 ± 0.07	-4.42 ± 0.07	21.36
Silymarin	29.10 ± 0.11	18.36 ± 0.01	10.74 ± 0.11	0.47 ± 0.11	0.72
Cox8b					
Mock	32.81 ± 0.11	19.71 ± 0.03	13.09 ± 0.12	0.00 ± 0.12	1.00
CCl ₄	23.83 ± 0.05	18.64 ± 0.05	5.18 ± 0.07	-7.91 ± 0.07	240.38
Silymarin	31.97 ± 0.29	18.36 ± 0.01	13.61 ± 0.29	0.52 ± 0.29	0.70

^a The ΔC_T value is determined by subtracting the average GAPDH C_T value from the average target gene C_T value. The standard deviation of the difference is calculated from the standard deviations of the target gene and GAPDH.

^b The calculation of $\Delta\Delta C_T$ involves subtraction by the ΔC_T calibrator value. This is a subtraction of an arbitrary constant, so the standard

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deviation of $\Delta\Delta C_T$ is the same as the standard deviation of ΔC_T value.

Figure 1
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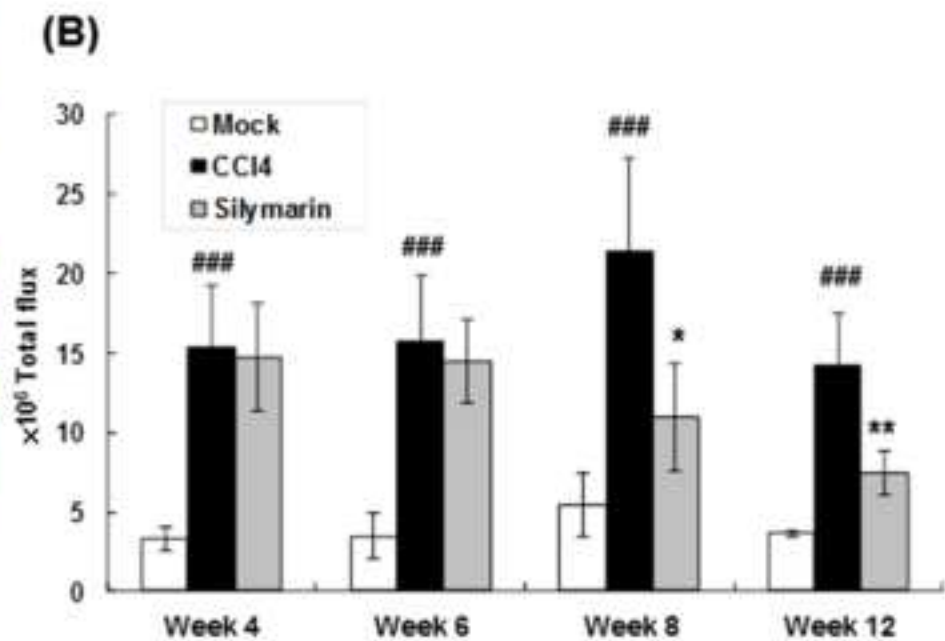
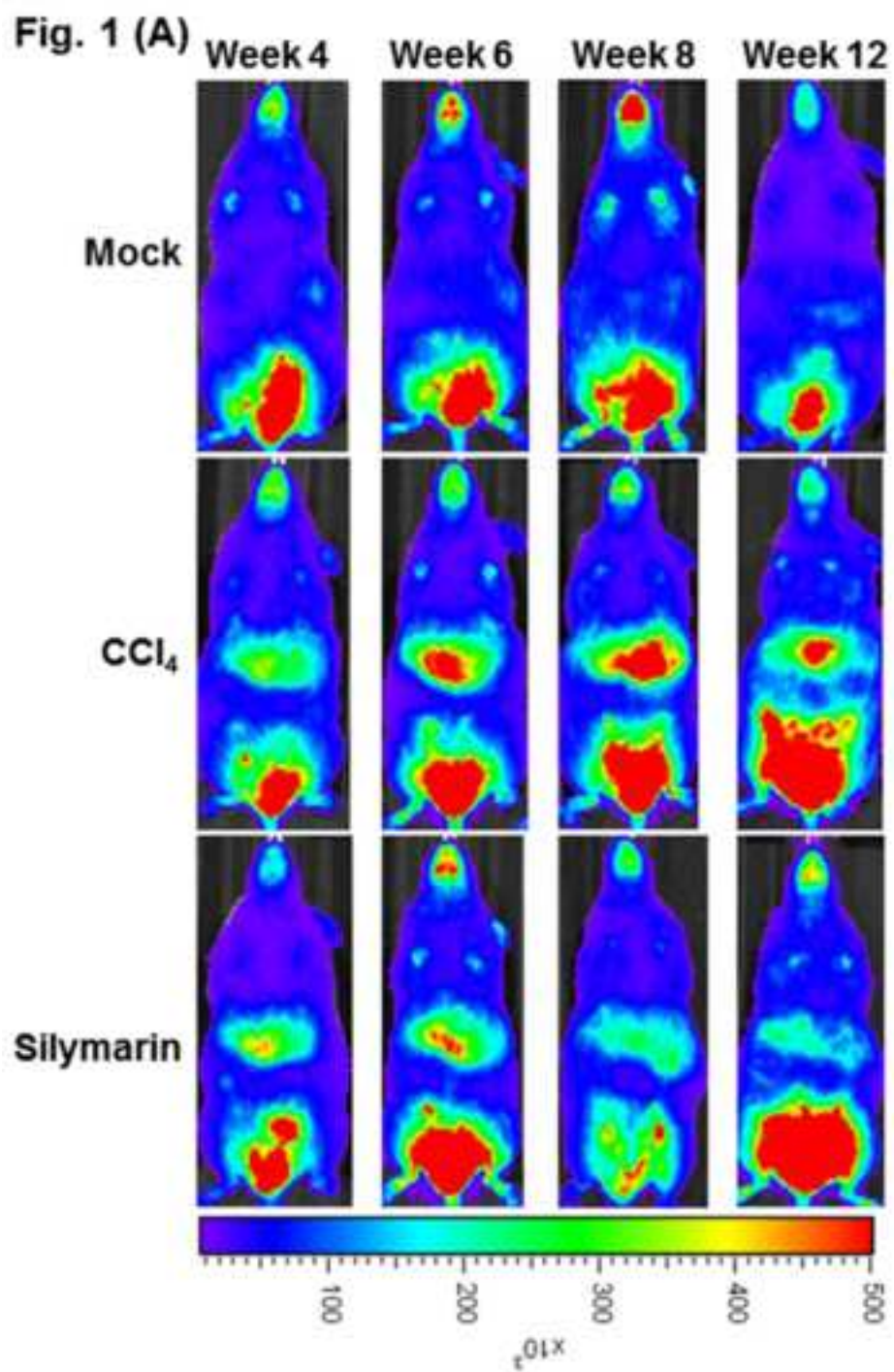
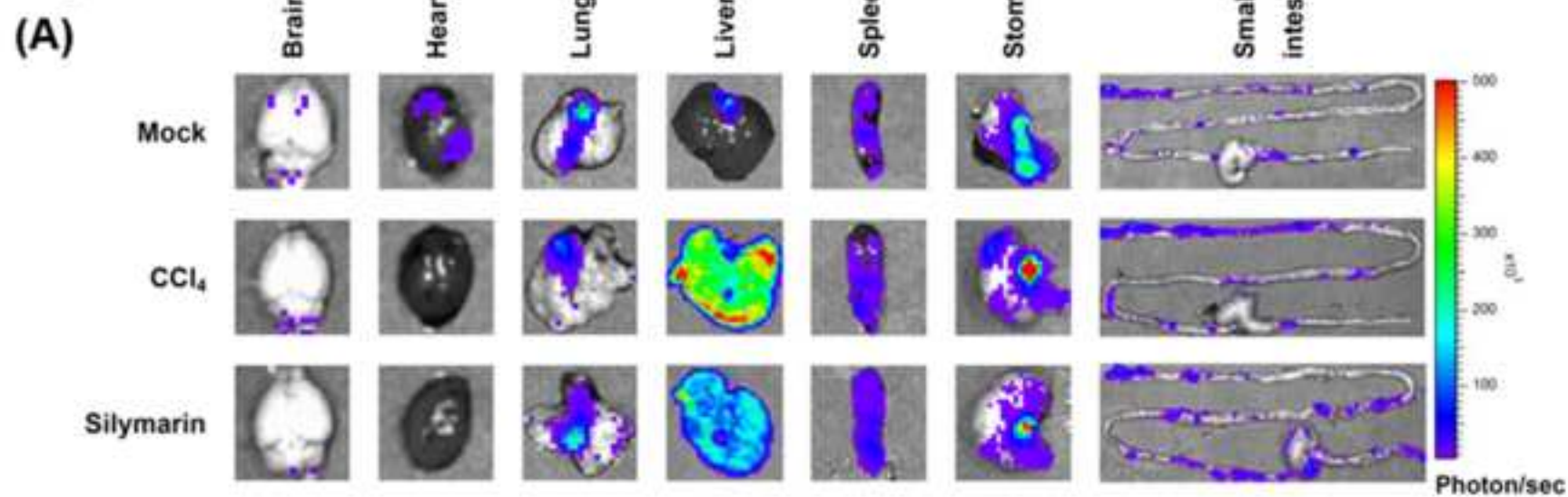


Fig. 2



(B)

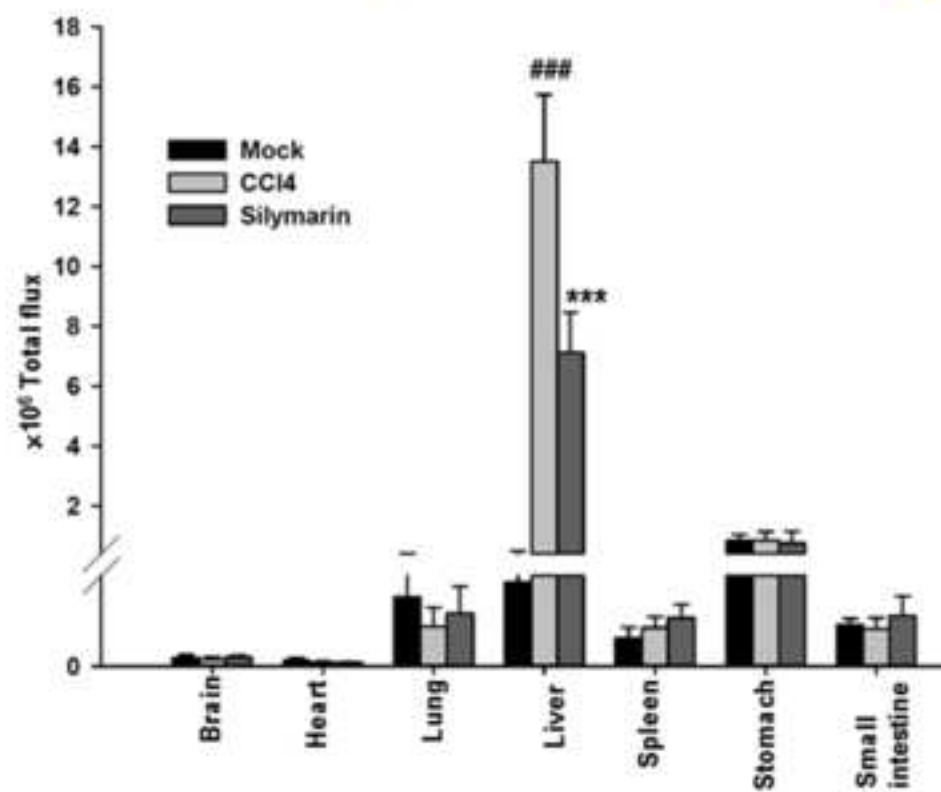


Fig. 3

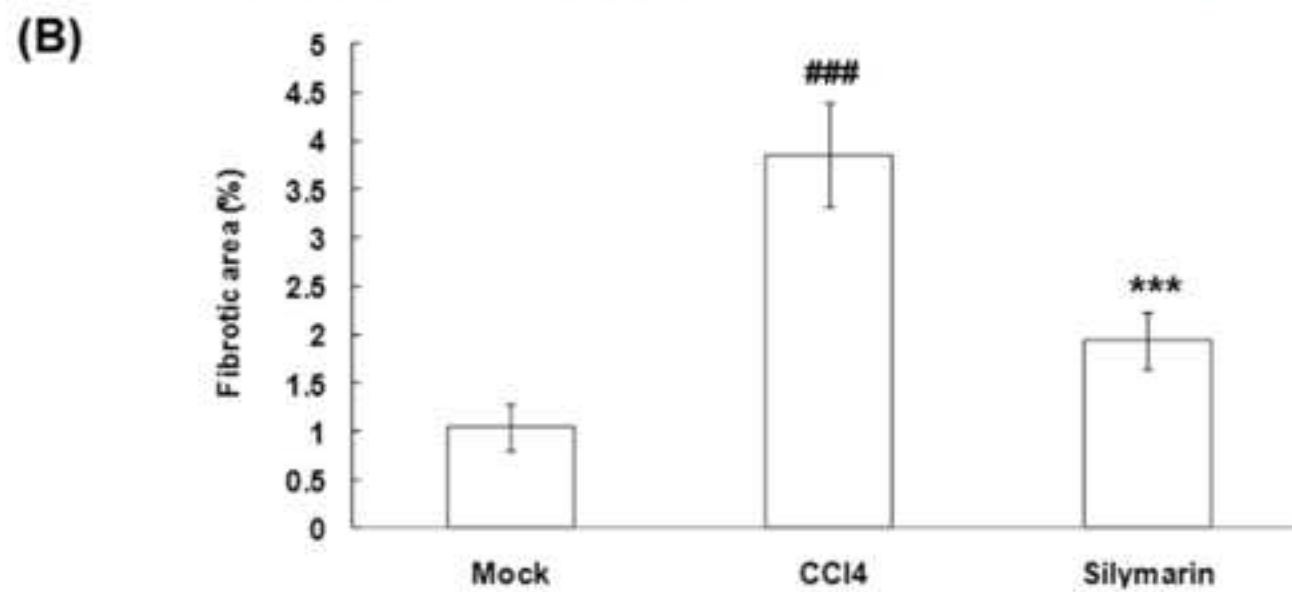
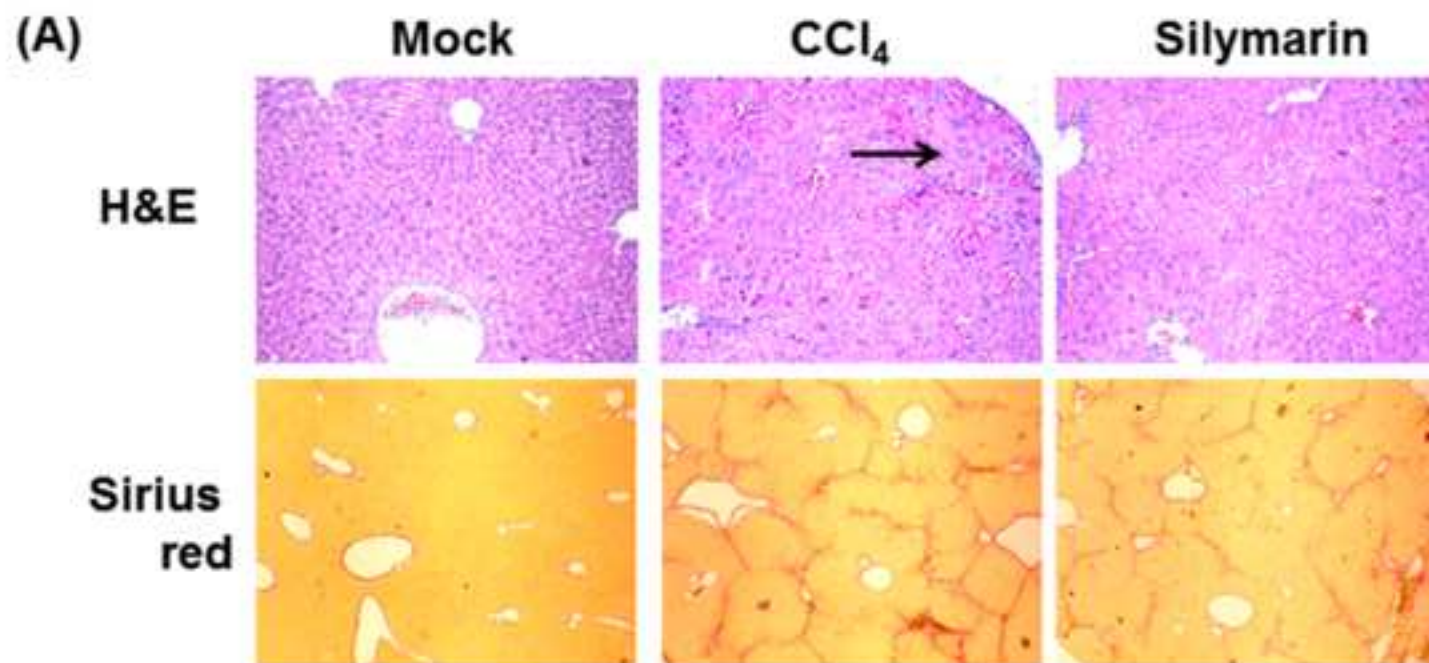
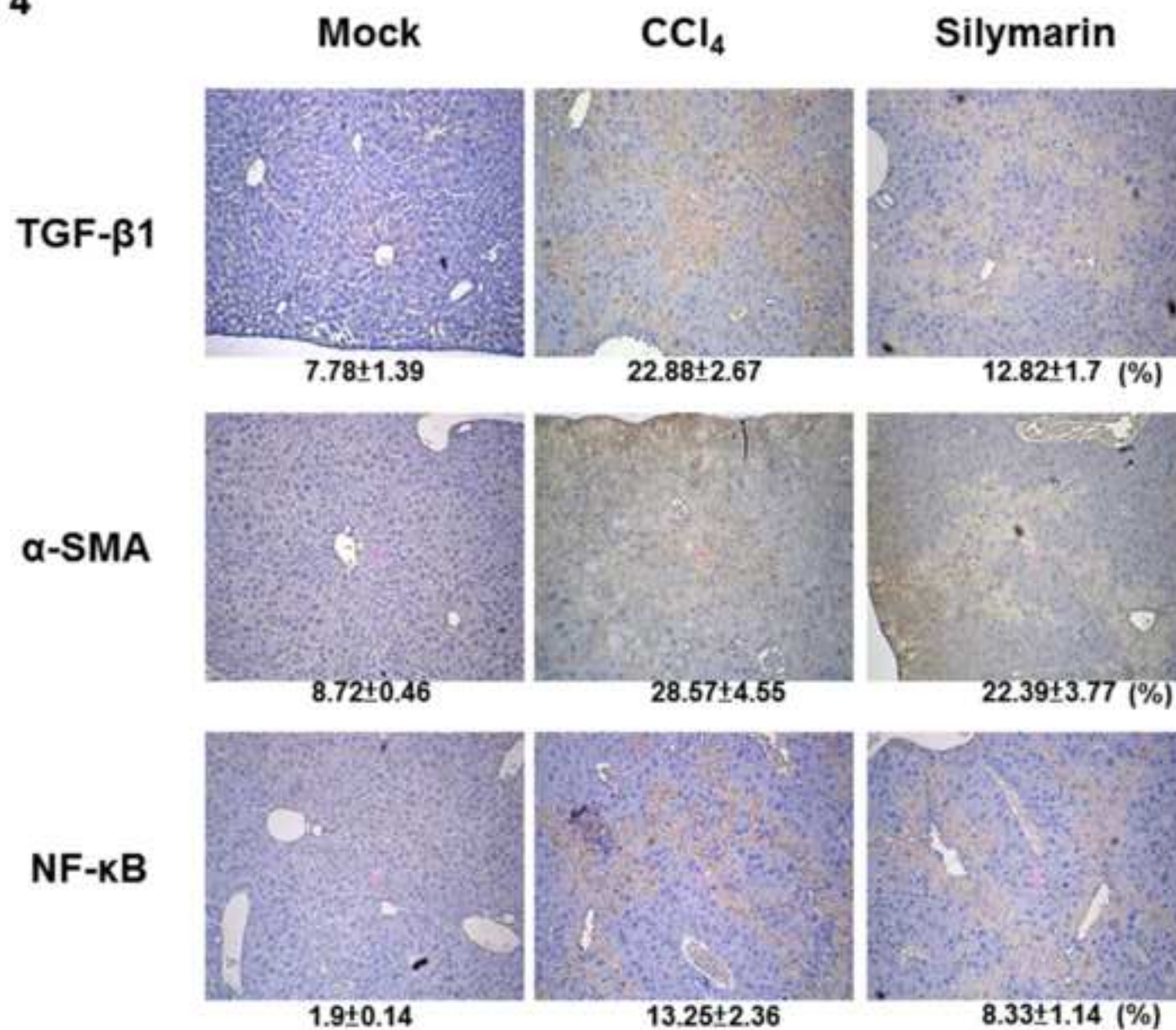


Fig. 4



Abstract

In this study, we applied bioluminescent imaging-guided transcriptomic analysis to evaluate and identify the therapeutic potentials and novel mechanisms of silymarin on carbon tetrachloride (CCl₄)-induced liver fibrosis. Transgenic mice, carrying the luciferase genes driven by nuclear factor- κ B (NF- κ B), were given with CCl₄ and/or silymarin. *In vivo* NF- κ B activity was evaluated by bioluminescent imaging, liver fibrosis was judged by Sirius red staining and immunohistochemistry, and gene expression profiles of silymarin-treated livers were analyzed by DNA microarray. CCl₄ enhanced the NF- κ B-dependent hepatic luminescence and induced hepatic fibrosis, while silymarin reduced the CCl₄-induced hepatic luminescence and improved CCl₄-induced liver fibrosis. Microarray analysis showed that silymarin altered the transforming growth factor- β -mediated pathways, which play pivotal roles in the progression of liver fibrosis. Moreover, we newly identified that silymarin downregulated the expression levels of cytoskeleton organization genes and mitochondrion electron-transfer chain genes, such as cytochrome *c* oxidase Cox6a2, Cox7a1, and Cox8b genes. In conclusion, the correlation of NF- κ B-dependent luminescence and liver fibrosis suggested the feasibility of NF- κ B bioluminescent imaging for the evaluation of liver fibrosis progression and therapeutic potentials. Moreover, our findings suggested that silymarin might exhibit anti-fibrotic effects *in vivo* via altering the expression of genes involved in cytoskeleton organization and mitochondrion electron-transfer chain.

Keywords: Liver fibrosis, Silymarin, Nuclear factor- κ B, Bioluminescent imaging, DNA microarray, Cytochrome *c* oxidase