

# Abstract Submission for Concurrent Session/Poster Presentation in English

*Clinical care, patient safety and quality*

## THE ESSENCE OF BEAUTY IN NURSING FROM THE NURSING STAFFS' PERSPECTIVES

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**Abstract Content:** The purpose of this study is to understand the essence of beauty in nursing from the nursing staffs' perspectives. The results can be used as a reference in raising the appreciation of beauty in nursing, and in advancing the quality of patient care. A descriptive phenomenological method was used to explore the essence of beauty in nursing. Unstructured one-to-one in-depth interviews were utilized for the data collection. Each interview lasted approximately 1-2 hours. Participants were selected by purposive sampling. The participants were those people who had worked for more than three months in the hospital and they also considered that there was esthetic meaning in nursing. The interviews were focused on the nursing staffs' perception of the essence of beauty in nursing. Narratives were analyzed through Colaizzi's (1978) seven steps method. Data saturation was achieved after interviewing 17 nursing staffs. Six themes and thirteen sub-themes were identified. These included: attentive beauty (the beauty of attention and interaction), caring beauty (the beauty of caring, mental supporting and defending for patients), art beauty (to beautify patients' appearance and environment), united beauty (the beauty of cooperation and leadership), professional image beauty (the beauty of professional physical image and professional behavior image), professional dedication (the beauty of selfless and incessant). The results could be used as a teaching and reference tool to raise the standard of nursing care and eventually the quality of patient care.

**Disclosure of Interest:** None Declared

**Keywords:** beauty in nursing, essence, nursing staffs' perspectives