

1 **YCLNU-D-11-00269R2**

2

3 **Ferulic Acid Is Nephrodamaging While Gallic Acid Is Renal Protective**

4 **In Long Term Treatment of Chronic Kidney Disease**

5

6 **Chiung-Chi Peng^{a,b,c,g}, Chiu-Lan Hsieh^d, Hui-Er Wang^e, Jin-Yuan Chung^a,**

7 **Kuan-Chou Chen^{f,g*}, Robert Y. Peng^h**

8 ^aDepartment of Physical Therapy, ^bGraduate Institute of Rehabilitation Science,

9 ^cDepartment of Nutrition, College of Health Care, China Medical University, 91
10 Hsueh-Shih Rd., Taichung, Taiwan 40202

11 ^dGraduate Institute of Biotechnology, National Changhua University of Education, 1,
12 Jin-De Rd., Changhua, Taiwan 500

13 ^eDepartment of Food and Applied Biotechnology, ^hResearch Institute of Biotechnology,
14 Hungkuang University, 34 Chung-Chi Rd., Shalu County, Taichung Hsien, Taiwan 43302

15 ^fDepartment of Urology, Taipei Medical University-Shuang Ho Hospital, ^gTaipei Medical
16 University, 250, Wu-Xin St., Xin-Yi District, Taipei, Taiwan 110

17 *Corresponding authors: Dr. Kuan-Chou Chen

18 Department of Urology, Taipei Medical University-Shuang Ho Hospital, Taipei Medical
19 University, 250, Wu-Xin St., Xin-Yi District, Taipei, Taiwan 110

20 E-mail: kc.chen416@msa.hinet.net; Mobile: +886-958-828-839; Tel: +886-2-27299723.

21 ***Running title: Ferulic Acid Worsened Chronic Kidney Disease***

22

23

24 **Abstract**

25 Backgrounds & aims: The long term therapeutic effect of ferulic (FA) and gallic (GA) in
26 treatment of chronic kidney disease (CKD) has been lacking.

27 Methods: Doxorubicin (DR, Adriamycin)-induced CKD rat model was established for
28 this study.

29 Results: DR significantly reduced levels of serum albumin, GOT, GPT, RBC, TNF- α , and
30 urinary creatinine and elevated serum cholesterol, TG, BUN, creatinine, uric acid, WBC,
31 platelet count, and IL-6. In DRCKD rats, FA and GA significantly increased kidney
32 weight and glomerular volume. FA reduced glomerular filtration rate but GA did not. FA
33 enhanced more collagen deposition than GA in renal cortex and glomeruli. Both FA and
34 GA showed crucial hyperlipidemic activity. The inhibitory effects of FA and GA on
35 MMP-2 were very comparable. GA suppressed MMP-2 more effectively than FA in
36 DRCKD rats. Both FA and GA induced SOD elevation and MDA elimination. In
37 DRCKD rats, Western blot analysis indicated that FA further up-regulated CD34, α -SMA,
38 tissue pDGFR, p-PDGFR, and TGF- β ; and down-regulated p-PI3K, and p-Akt. Since
39 both PDGF-BB and TGF- β are considered to induce kidney prefibrosis stage, GA was
40 proved to be more beneficial in this regard.

41 Conclusions: GA tends to protect the CKD while FA is not recommended for the long
42 term CKD therapy.

43 **Keywords:** gallic acid; ferulic acid; chronic kidney disease; PDGF; α -SMA

44

45

46

47 **1. Introduction**

48 Flavonoids comprise the most common group of plant polyphenols and provide much of
49 the flavor and color to fruits and vegetables¹. Most of the flavonoids present in plants
50 occur in glycosidic forms, although occasionally as aglycones. Interest in the role of
51 flavonoids to act as health benefits is emerging owing to their potential antioxidative and
52 free-radical scavenging activities. However, up to present, epidemiologic studies
53 exploring the role of flavonoids in human health have been inconclusive^{1,2}. Some studies
54 support a protective effect of flavonoid consumption in cardiovascular disease and cancer,
55 others demonstrate no effect, and conversely a few suggest potential harm¹.

56 Gallic acid (3,4,5-trihydroxybenzoic acid) (GA) widely occurs in plants including
57 gallnuts, grapes, tea, hops and oak bark³. GA yields numerous esters and salts including
58 digallic acid. GA seems to have anti-fungal and anti-viral properties. More recently, GA
59 was found to show cytotoxicity against cancer cells, without harming healthy cells⁴. GA
60 is also used to treat albuminuria and diabetes. Some ointments for treatment of psoriasis
61 and external haemorrhoids contain mainly gallic acid³.

62 Ferulic acid (4-hydroxy-3-methoxycinnamic acid) (FA), an effective component of
63 Chinese medicine herbs such as *Angelica sinensis*, *Cimicifuga heracleifolia* and
64 *Lignsticum chuangxiong*, is a ubiquitous phenolic acid in the plant kingdom⁵. FA exhibits
65 many physiological functions, including antioxidant, antimicrobial, anti-inflammatory,
66 anti-thrombosis, and anti-cancer activities. It protects against coronary disease by
67 lowering serum cholesterol. Moreover, it enhances the viability of spermatozoa⁵.

68 Doxorubicin (DR, commercial name Adriamycin) has been used as an anticancer
69 (antineoplastic) medication. It interferes with cancer cell growth and slows their

70 migration in body⁶. DR had been used to induce nephropathy as a model of chronic
71 progressive glomerular disease⁷, generally named “The Chronic Kidney Disease (CKD)”.
72 DR produced chronic, progressive glomerular changes in rats, which led to terminal renal
73 failure. The segmental glomerular sclerosis and IgM-dominant glomerular deposition in
74 these animals are similar to the pathological characteristics of focal and segmental
75 glomerular sclerosis seen clinically⁷. Referring to the recent report², we suspect that some
76 flavonoid antioxidants may be safe for use while some may damage the kidney in a CKD
77 status. In this work, we adopted DR to create the CKD model in rats and investigated
78 whether the potentially used phytoantioxidants (PAO) like gallic and ferulic acids can
79 improve CKD to some extent.

80

81

82

83

84

85

86

87

88

89

90

91

92 **2. Materials and methods**

93 ***2.1 Animals***

94 Thirty six male Sprague Dawley (SD) rats, age 4 weeks, having mean body weight 155 g
95 (range of 150–164 g), were purchased from the Biolasco Animal Centre, Taiwan. Rats
96 were individually housed in animal room maintained at 22±1°C and a relative humidity of
97 65% on a 12h/12 h light-dark cycle. The access of distilled water was ad libitum, but the
98 maximum amount of feed was restricted at 10% of body weight per day. The body weight
99 change and the amount of food intake were recorded daily. All the protocols had been
100 previously approved before experimentation by the Institutional Animal Care and Use
101 Committee of the China Medical University.

102 ***2.2 CKD induction and animal grouping***

103 The DR-CKD rat modeling was performed according to Okuda et al.⁷. Briefly, in the first
104 week, CKD was induced by subcutaneous injection of 8.5 mg/kg of DR (Pfizer, Milano,
105 Italia) under ether anesthesia. The DR-induced rats were divided into six groups, 6 rats in
106 each. Group 1 served as the diet control was fed normal diet only (Normal group). Group
107 2 was DR-induced and fed normal diet (DRCKD group). **Commercially, the
108 pharmaceutical preparation for human use is fabricated into tablets, containing 182 mg
109 FA per tablet⁸. When prescribed with the order 2-3 tablets tid, a total of 1092-1638
110 mg/day will be administered. Assuming a 60 kg male is to receive this dosage, a single**

111 dosage will correspond to 18.2-27.3mg FA/kg-day. Alternatively, pure GA at 50 mg/dose
 112 had been tried for testing its bioavailability in human⁹, while the dosage of GA reported
 113 to be safe for rats in doses ranging within 119-128 mg/kg/day (Niho et al.,
 114 2001)¹⁰. Obviously rats are able to endure at least 2-3 folds human dosage. Consequently,
 115 Group 3 received FA (Sigma-Aldrich, USA)-containing diet at FA 70mg/kg-day (FA
 116 group)¹¹. Group 4, the DR-induced rats, received FA-containing diet at FA 70mg/kg-day
 117 (DRCKD+FA group)¹¹. Group 5 rats were fed GA (Sigma-Aldrich, MO, USA)-diet
 118 containing only GA 70mg/kg/day (GA group). Group 6, the DR-induced rats, was given
 119 GA-containing diet at GA 70mg/kg/day (DRCKD+GA group). The two compositions
 120 were correctly weighed and thoroughly blended with normal diet before feeding.

121 **2.3 Glomerular volume**

122 The glomerular volume was determined by the formula¹².

$$123 \quad \mathbf{GV} = (\beta/k) (\mathbf{G}_A)^{3/2} \dots\dots\dots 1$$

124 Where **GV** = glomerular volume (mm³)

125 **G_A** =cross-sectional tuft area (mm²)

126 $\square\beta$ is the shape coefficient (1.38 in this case, for a sphere $\beta= 1.38$)

127 **k** is the size distribution coefficient (= 1.1 in this case)

128 **2.4 Glomerular filtration rate (GFR)**

129 The glomerular clearance rate (GRF) is defined by Eq. 2¹³

$$130 \quad \mathbf{GFR} = (\mathbf{CR}_c \times \mathbf{BN}_c)^{1/2} \dots\dots\dots 2$$

131 Where

132 **CR_c** is the creatinine clearance, and **BN_c** is BUN clearance.

133 And

134 $CR_c = 1000C_{Cr,u}/C_{Cr,s}$ 3

135 Here $C_{Cr,u}$ is the volume concentration of creatinine in urine, and $C_{Cr,s}$ is the volume
 136 concentration of creatinine in serum. And

137 $BN_c = C_{BN,u}/CB_{N,s}$ 4

138 Here $C_{BN,u}$ denotes the volume concentration of BUN in urine; and $CB_{N,s}$ means the
 139 volume concentration of BUN in serum.

140 ***2.5 Histopathological examination***

141 The animals were ether-euthanized at the end of week 12, the kidneys were immediately
 142 picked up and fixed in 10% formalin and embedded in paraffin. The embedded tissues
 143 were stained with hematoxylin and eosin reagent (H&E stain). Renal histology was
 144 examined with Olympus- CKX41 Microscope. Glomerular areas were measured using an
 145 image analyzer. The collagen content was estimated by Sirius Red stain. For Sirius Red
 146 staining, the paraffin embedded sections were first dewaxed, hydrateds, and sliced. The
 147 nuclei in the tissue slices were stained with Weigert's Haematoxylin and then stained in
 148 Saturated aqueous picric acid with Sirius Red (Sigma-Aldrich, USA) for one hour. The
 149 treated slides were rapidly dehydrated by a concentration gradient alcohols (starting with
 150 70% to absolute alcohol), then to xylene and finally the slices were covered in Permount.

151 ***2.6 Biochemical analysis***

152 The blood was collected for the measurement of serum albumin, blood urea nitrogen
 153 (BUN), creatinine, cholesterol, triglyceride, calcium, phosphorus, uric acid. At week 1, 2,
 154 3, 4, 5, 6, 7, 8, 9, 10 and 11, the blood was collected via the tail artery and was collected
 155 by arteria coeliaca at week 12. It was measured by reagent (Siemens, Bakersfield, CA,
 156 USA) and automatic analyzer (Ciba-Corning Express Plus) (Ciba-Corning, USA). All the

157 rats were weighed and placed in metabolic cages week 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 and 11,
158 to determine BUN, creatinine and protein excretion in 12 h urine. Urine BUN and
159 creatinine were measured by reagent (Siemens, Bakersfield, CA, USA) and automatic
160 analyzer (Ciba-Corning Express Plus) (Ciba-Corning, USA). Urine protein was measured
161 by ELISA reader.

162 ***2.7 ELISA of superoxide dismutase and malondialdehyde***

163 All ELISA protocols were performed by following the manufacturer's instruction. The
164 serum superoxide dismutase (SOD) and malondialdehyde (MDA, or generally termed the
165 thiobarbituric acid reactive substance, TBARs) were assayed with the commercial ELISA
166 kits provided by Cayman Chemical Co. (MI, USA). The optical density was read using
167 the SYSMEX K-1000 Reader (San-Tong Instrument Co., Taipei, Taiwan).

168 ***2.8 Western blot analysis***

169 One hundred mg of frozen renal cortex was homogenized with 1 mL of protein extraction
170 solution (EDTA free) (Intron Biotechnology, Korea). After incubated on ice for 40 min,
171 the homogenate was centrifuged at 12000×g for 20 min at 4°C. The supernatant (tissue
172 lysate) was collected. Lysates containing approximately an amount of protein (50 µg)
173 were boiled for 10 min in PBS. The boiled sample solutions were loaded onto a 7.5 %
174 polyacrylamide SDS gel. Proteins were transferred to a PVDF membrane and rinsed with
175 TBS-Tween buffer (TBST), and blocked at 4°C overnight in TBST containing 5% w/v
176 non-fat powdered milk. The PVDF membranes were incubated with the primary
177 antibodies, which contains Akt (1:1000), phospho-Akt (1:1000) , PDGF receptor β
178 (1:1000), phospho-PDGF receptor β (1:1000), and PI3-kinase (1:1000) (Cell Signaling,
179 USA) ; phospho-PI3K (1:500), CD34 (Santa Cruz, USA); and α- smooth muscle actin

180 (1:1000) (Sigma-Aldrich, USA) etc. in TBST at 4°C overnight. The PVDF membrane
181 was then rinsed three times with TBST and incubated with the secondary antibodies
182 containing anti-mouse, anti-rabbit and anti-goat (each at 1:5000 dilution in TBST with
183 5% w/v non-fat powdered milk). After incubated at room temperature for 1 h, the PVDF
184 membranes were rinsed three times with TBST. The secondary antibodies bound were
185 detected using the chemiluminescent HRP substrate (Minipore, USA).

186 ***2.9 Statistical analyses***

187 Data obtained in the same group were analyzed by Student's *t* test with computer
188 statistical software SPSS 10.0 (SPSS, Chicago, IL). ANOVA statistical analysis system
189 software with Tukey test was used to analyze the variances and significances of
190 difference between paired means. Significance level was judged by a confidence level $p <$
191 0.05.

192

193

194

195

196

197

198

199

200

201

202

203

204

205

206

207 **3. Results**

208 ***3.1. Both ferulic and gallic acids did not harm normal kidney, but FA aggravated CKD***

209 DR caused significant body weight loss, the body weight was significantly decreased
210 from 516 g of the normal to 304 g. Although FA control group showed normal body as
211 the control, GA alone seemed to have a moderate body weight reducing effect (Table 1).
212 Conversely, in DRCKD+FA rats, FA reduced body weight more significantly than
213 DRCKD+GA, giving rise to 239 g and 357 g, respectively (Table 1). Anatomically, DR
214 caused renal tubular and glomerular damages with formation of a number of vacuoles,
215 glomerular sclerosis and tubulointerstitial degeneration at week 28 (Figure 1), but slighter
216 extent with CKD+GA group, although all DR-induced rats revealed renal inflammation
217 accompanied with apparent swelling and edema. Figure 1 exhibits the status of
218 nephroedema (Figure 1B: DRCKD; D: DRCKD+FA; F: DRCKD+GA). Nonetheless, GA
219 more efficiently secured the DR injury (Figure 1F) in this regard. The average kidney
220 weight of the DRCKD, DRCKD+FA and DRCKD+GA groups was 5.0, 4.7, and 3.9 g
221 respectively, comparing to 3.1 g of the normal, a significantly larger extent of recovery
222 was seen in DRCKD+GA rats (Table 1). Similar results were found in the ratio
223 kidney/body weight, glomerular volume (GV) and the glomerular filtration rate (GFR)
224 (Table 1). Surprisingly, in DRCKD rats FA reduced the GFR to 120 mL/h. Contrary to
225 this, GA increased GFR to a value 515 mL/h (Table 1).

226 **3.2 Histopathological examination**

227 In the renal cortex of DRCKD rats, a huge amount of collagen deposition wa observed
228 occurred (Figure 1B; Figure 2B). Contrast with this, a much larger amount of collagen
229 deposit was found in the DRCKD+FA group (Figure 2D), less deposit in DRCKD+GA
230 group (Figure 2F).

231 **3.3 Biochemical parameters affected in doxorubicin induced CKD**

232 DR severely down-regulated the serum albumin, GOT, GPT, and RBC clearance, but
233 up-regulated levels of serum cholesterol, triglyceride (TG), BUN, creatinine, calcium,
234 phosphate, uric acid, WBC, platelets, and levels of urinary BUN and protein (Table 2).

235 **3.3.1. Serum creatinine level was significantly raised**

236 DRCKD rats exhibited higher serum creatinine levels (1.4 mg/dL) comparing with the
237 normal 0.7 mg/dL, and FA further increased the level to 2.9 mg/dL (Table 2). Apparently,
238 the DRCKD+FA rats were suffering from a moderate renal failure (2-4 mg/dL).

239 **3.3.2. Effect of FA and GA on serum uric acid level**

240 Interestingly, FA alone activated, conversely GA alone inhibited uric acid synthesis
241 (Table 2). Controversially in CKD victims, FA completely recovered the uric acid level to
242 1.5 mg/dL (in DRCKD+FA), comparing to the control (1.7 mg/dL) and the DRCKD+GA
243 (3.0 mg/dL) (Table 2). Otherwise, the activity of SOD was activated in FA and GA groups,
244 which may be correlated with the enhancement of TNF- α expression in these groups
245 (Table 2), a phenomenon consistent with Wong and Goeddel¹⁴.

246 **3.3.3. Effect on SOD induction**

247 The activity of superoxide anion dismutase (SOD) was elevated in all groups comparing
248 to the normal control (Figure 3a). DR activated SOD, FA failed to suppress such

249 activation of SOD. As contrast, GA promisingly inhibited the elevation of SOD (Fig. 3a).

250 **3.3.4. Effect on MDA suppression**

251 Comparing with the MDA data, the serum MDA level in DRCKD group once having
252 reached 86 μM was totally abolished by FA and GA (Figure 3b). Results indicate FA to
253 be a better antioxidant than GA with respect to MDA suppression.

254 **3.3.5. Effect on the hyperlipidemic status in CKD**

255 DR induced hypercholesterolemia and triglyceridemia in CKD victims (Table 2). By
256 comparison of the pharmacological action between the FA-alone or GA-alone diet, some
257 amazing phenomena were observed. FA-alone and GA-alone diets did not show any
258 apparent different effect on serum cholesterol and triglyceride levels. However in
259 DRCKD rats, both the serum levels were significantly suppressed by FA and GA (Table
260 2).

261 **3.3.6. Hepatoprotective effect**

262 Similar trend was seen for serum BUN, GOT, and GPT, implicating the hepatoprotective
263 effect of both FA and GA, consistent with Balasubashini et al.¹⁵. The anatomical and
264 histological examination also confirmed such a result (unpublished).

265 **3.3.7. Effect on leukopoiesis and erythrocytopenia induced by DRCKD**

266 FA and GA exhibited moderate leukopoiesis effect (Table 2). FA even enhanced it to a
267 greater extent in the DRCKD rats (1.8×10^4 count/ μL). Whereas GA suppressed it to the
268 normal level (8×10^3 count/ μL). As a contrast, DR destroyed RBC in CKD rats to a level
269 of 5.8×10^6 counts/ μL . FA further reduced it to 4.5×10^6 counts/ μL . In this regard, GA did
270 not improve the CKD to any extent (Table 2).

271 **3.3.8. Effect on the platelet count**

272 Based on the platelet count of normal control (6.3×10^5 count/ μ L), FA-alone diet seemed
273 to be a platelet proliferation inhibitor though the effect is not statistically significant.
274 FA-alone diet suppressed the platelets to a number of 4.9×10^5 count/ μ L, but GA totally
275 did not show any effect. Astonishingly, FA conversely increased the platelet count in
276 DRCKD+FA rats to 1.52×10^6 count/ μ L, comparing to the DRCKD control (Table 2).

277 **3.3.9. Effect on IL-6 and TNF- α in DRCKD victims**

278 After 28 weeks, DR had moderately up-regulated the inflammatory cytokine IL-6 but
279 significantly down-regulated TNF- α in DRCKD group. FA or GA when used alone was
280 able to up-regulate IL-6 to a level 4.5 or 3.5 ng/mL and TNF- α to 1476.1 or 1099.65
281 pg/mL, pointing to the moderate inflammatory effect of FA and GA (Table 2). However,
282 in DRCKD rats level of TNF- α was greatly suppressed to 370.2, 97.6, and 563.1 pg/mL
283 respectively, comparing to the normal 936.1 pg/mL (Table 2). Whereas IL-6 still
284 remained at a level higher than the normal.

285 **3.3.10. Effect on level of urinary BUN in DRCKD victims**

286 The urinary BUN level was significantly raised by DR to 547 mg/dL, comparing with the
287 normal control level 108 mg/dL, which was cured by FA and GA to only 385 and 457
288 mg/dL, respectively. And interestingly, FA-alone and GA-alone-diets respectively raised
289 the levels to 484 and 188 mg/dL (Table 2).

290 **3.3.11. Doxorubicin upregulated PDGF-BB, and TGF- β caused profibrosis in** 291 **kidney**

292 DR up-regulated the platelet derived growth factor-BB (PDGF-BB) in the renal tissue of
293 DRCKD rats to 4739.3 pg/mL (normal value, 693.9 pg/mL) and simultaneously the

294 TGF- β to 2118 pg/mL (normal level, 1788 pg/mL) (Figure 4a,b). When administered
295 with FA or GA in DRCKD rats, FA showed a lower level of PDGF-BB than GA in the
296 DRCKD rat renal tissues (2747.8 pg/mL vs. 4238.2 pg/mL in Figure 4a), indicating FA
297 could be more damaging to the renal cells than GA (Figure 1D and 1F), which was
298 evidenced by the up-regulation of PDGFR, p-PDGFR and tissue TGF- β in DRCKD+FA
299 and DRCKD+GA rats (Fig. 4b). While the slightly increased level of FA- (842.8 pg/mL)
300 and GA-controls (1240.2 pg/mL) may be crucially the concentration of FA or GA
301 required for cell growth promotion (Figure 4a).

302 **3.3.12. DR downregulated p-PI3K and p-Akt, but upregulated levels of CD34 and** 303 **α -SMA in DRCKD**

304 Western blotting revealed that FA when used alone did not affect the levels of PI3K,
305 p-Akt, CD34, and α -SMA. Likewise, GA alone did not show any effect on PI3K, p-Akt,
306 and α -SMA (Figure 5). On application of DR, DR down-regulated PI3K, p-PI3K and
307 p-Akt, but up-regulated levels of, Akt, CD34 and α -SMA. In DRCKD rats, FA
308 down-regulated levels of PI3K, p-PI3K, p-Akt and up-regulated Akt, CD34, and
309 α -SMA. Conversely, GA slightly had restored levels of PI3K and p-Akt to normal levels,
310 and to lesser extent, the down-regulation of Akt and up-regulation of α -SMA (Figure 5).

311 **3.4. Zymography of MMP-2 and MMP-9**

312 Zymography of whole-kidney extracts showed very prominent two bands, 72 and 92-kDa
313 bands for MMP-2 and MMP-9, respectively (Figure 6), consistent with Rankin et al.¹⁶.
314 High levels of MMP-2 seemed to result from increased expression by DR treatment. GA

315 down-regulated MMP-2 in DRCKD+GA rats, but FA did not show any recovery effect
316 (Figure 6). A similar but less intense response was found for MMP-9.

317

318

319

320

321

322 **4. Discussion**

323 *4.1. Why FA tends to aggravate CKD?*

324 As evidenced by the body weight gain, the glomerular volume, the glomerular filtration
325 rate (GFR), the ratio kidney/body weight (Table 1), and pathological changes (Figure 1),
326 FA at dosage 70mg/kg was detrimental to kidneys in CKD patients, conversely GA can be
327 protective. Histological examination revealing much more severe pre-fibrotic collagen
328 deposition in the renal cortex of DRCKD rats treated with FA (Figure 2D) than GA
329 (Figure 2F) has strongly supported this result. Both FA and GA are potentially potent
330 prooxidants^{17,18}. Much of the literature has indicated FA is more potent in view of
331 pro-oxidative bioactivity. Overproduction of superoxide anions and prooxidants can elicit
332 cytotoxicity and induce apoptosis¹⁸. Pascale et al.¹⁹ reported the order for scavenging
333 superoxide anions ($\bullet\text{O}_2^-$) is GA (76×10^{-4} M) > FA (10×10^{-4} M); and for scavenging
334 hydroxyl free radicals ($\bullet\text{OH}$) is FA (29×10^{-4} M) > GA (7×10^{-4} M)¹⁹, indicating GA to be a
335 better superoxide anion scavenger; conversely, FA a better hydroxyl free radical
336 scavenger. With respect to prevention of the upstream overproduction of superoxide
337 anion, GA would be a better protective agent, an elucidation well supports our

338 speculation. Comparing with the MDA data, the serum MDA level in DRCKD group
339 once having reached 86 μM was totally abolished by FA and GA (Figure 3b). Results
340 indicates FA is a better antioxidant than GA with respect to MDA suppression.

341 ***4.2. Increased serum creatinine level can be ascribed to the inhibition of creatine***
342 ***phosphate kinase, and decreased urinary level of creatinine can be caused by energy***
343 ***deficiency***

344 Since an increase in serum creatinine from 0.6 to 1.2 mg/dL represents a 50% decline in
345 renal function, accompanied with the GFR 120 mL/h (normal 435 mL/h)²⁰. In the early
346 stages of renal failure, major decreases in GFR are often associated with what appear to
347 be minor changes in serum creatinine²⁰. However, worth noting, serum creatinine levels
348 correlate with GFR only in the steady state. Therefore, significant errors in the estimation
349 of GFR may occur if the serum creatinine level is rapidly changing²⁰. Alternatively, the
350 feature of creatinine clearance was severely impaired in groups DRCKD, DRCKD+FA,
351 and DRCKD+GA (Table 2), similar to the findings of Yokozawa et al.²¹. The effects of
352 doxorubicin on the energy metabolism had been reported by Bachmann et al.²². DR not
353 only reduced oxygen consumption in heart mitochondria ex vivo, but also uncoupled
354 oxidative phosphorylation, inhibited creatinine phosphate kinase (CPK), and damaged the
355 semipermeability of the inner mitochondrial membrane (measured as creatine influx)²².
356 Until recently, the only site of the transamidinating enzyme in mammals has been thought
357 to be the kidney²³. The reduced activity of CPK would lead to the accumulation of serum
358 creatine, which in the absence of further phosphorylation to create CP will be
359 spontaneously converted to creatinine by nonenzymatic reaction²³. As a consequence, the
360 serum creatinine level was increased (Table 2). In addition, renal clearance is responsible

361 for 80% of kidney's total energy requirement²⁴. Under malnutrition status (Table 1) and
362 lacking high energy creatine phosphate formation, the renal clearance may be retarded,
363 resulting in reduced urinary creatinine excretion (Table 2).

364 ***4.3. FA and GA acted differently on serum uric acid level***

365 The reason why FA alone activated, conversely GA alone inhibited, uric acid synthesis
366 (Table 2) can be explained by their effect on xanthine oxidase²⁵ and the status of
367 glomerular clearance²⁶. FA might inhibit, but GA might activate, the enzyme xanthine
368 oxidase in CKD victims. Literature elsewhere indicated accumulation of a broad
369 spectrum of toxins due to failure of the kidney to eliminate these substances. Under
370 normal conditions, the glomerular filter clears molecules with a molecular weight up to
371 58,000 Da. All these substances are supposed to be retained in renal failure and are
372 candidate uremic toxins. Ninety compounds are known as uremic toxins; 68 of them have
373 a molecular weight <500 Da (small water-soluble compounds), 22 have a molecular
374 weight >500 Da (middle molecules), and 25 solutes (27.8%) are protein bound²⁶.

375 ***4.4. FA may enhance platelet aggregation***

376 As mentioned, FA increased the platelet count in DRCKD+FA rats to 1.52×10^6 count/ μ L,
377 comparing to the DRCKD control (Table 2). In patients on hemodialysis (HD), platelet
378 aggregation was impaired before as well as after the HD session²⁷, an implication in the
379 possible feature of FA to affect the cell growth, proliferation and blood coagulation.

380 ***4.5. Effect on IL-6 and TNF- α in DRCKD victims***

381 In DRCKD rats, level of TNF- α was greatly suppressed, whereas IL-6 still remained at a
382 level higher than the normal (Table 2), a phenomena being very similar to polymyalgia
383 rheumatica (PMR). Active PMR is characterized by increased serum levels of IL-6, but

384 not those of other pro-inflammatory cytokines. Worth noting, all the DR, FA alone,
385 DRCKD+FA, and DRCKD+GA groups exhibited significantly elevated WBC counts,
386 indicating in parallel significantly increased monocytes. As circulating monocytes do not
387 show increased production of proinflammatory cytokines, IL-6 might be mainly produced
388 in the inflamed tissue²⁸.

389 Tumor necrosis factor TNF- α and TNF- α are soluble ligands binding to TNF receptors
390 with similar activities. TNF is a multifunctional cytokine that plays important roles in
391 diverse cellular events. In regard to cancer, TNF is a double dealer, acting as either a
392 promoter or a killer²⁹. Soluble TNF receptor in inflammatory bowel disease (IBD)
393 mucosa inhibited TNF activity. Type 2 soluble receptor release from IBD mucosa was
394 increased in active inflammation; release from lamina cells was not increased³⁰. Mucosal
395 TNF- α production correlated with severity of disease. In some diseases, soluble TNF- α
396 receptors neutralize TNF- α activity by acting as inhibitors³⁰. Conversely, DR suppressed
397 level of TNF- α . To enhance TNF- α level to induce MnSOD has been reported to be a
398 possible protective mechanism of ghrelin for DR-induced cardiomyopathy and heart
399 failure^{14,31}. In our case, both FA and GA when used alone increased the levels of TNF- α
400 to 1476.1 pg/mL and 1099.7 pg/mL respectively, comparing to the normal 936.1 pg/mL
401 (Table 2). On induction with DR, the DRCKD rats might first down-regulated TNF- α ,
402 which was further suppressed by FA to a much lower level (97.6 pg/mL). Conversely,
403 level of TNF- α in DRCKD+GA was enhanced by GA to a higher level (563.1 pg/mL)
404 (Table 2), evidencing the possible imbalance between the TNF- α and the TNF- α
405 receptor in the DRCKD+FA as mentioned by Noguchi et al.³⁰.

406 ***4.6. Why level of urinary BUN was intensely increased by FA and GA?***

407 FA-alone and GA-alone-diets respectively raised the levels to 484 and 188 mg/dL (Table
408 2), indicating that FA and GA were not sufficiently effective for suppressing the level of
409 urinary protein, consistent with Okuda et al.⁷. On administration of DR, massive
410 proteinuria, hypoalbuminemia, and hyperlipidemia were observed (Table 2). Both BUN
411 and serum creatinine increased at week 16 and reached the uremic level at week 28⁷.
412 Comparing with the serum BUN levels, the high level of urinary BUN can be ascribed to
413 more rapid renal excretion of urea when affected by DR, FA, and GA (Table 2).

414 ***4.7. Doxorubicin up-regulated PDGF-BB, and TGF- β caused profibrosis, and FA***
415 ***may potentiate the pathological status due its pro-oxidant bioactivity***

416 As indicated in Figure 1, profibrosis of kidney occurred as a consequence of DR therapy.
417 (Figure 1), and similarly the level of PDGF-BB (Figure 4a). Okuda et al. reported that
418 IgM with a small amount of IgG and C₃ appeared in the sclerosing glomeruli from week
419 16 on treatment with DR⁷. As mentioned, FA acts as a strong pro-oxidant, and previously,
420 we also had found a certain degree of cardiac injury in rats when treated with DR (data
421 not shown). FA thus may enhanced the severity of fibrotic status. As well cited,
422 PDGF-BB activates all combinations of PDGF receptor subunits³², serving to potentiate
423 autocrine stimulation of growth³³. PDGF-BB is associated with excessive cell migration,
424 proliferation and many growth-related diseases³⁴. PDGF-BB plays an important role in
425 the cellular metabolism of vascular wall by regulating the rate of macrophage-colony
426 stimulating factor (MCSF) production in vascular smooth muscle cells³⁵. PDGF-BB is
427 also a potent wound-healing hormone accelerating incisional repair³⁶.

428 Transforming growth factor (TGF)- β is strongly implicated in the progression of renal
429 fibrosis. TGF- β 1 is reported to cause epithelial-mesenchymal transition, inhibition of

430 epithelial cell proliferation, increased apoptosis, auto-induction of TGF- β 1 production
431 and induction of secondary mediators of tissue fibrosis such as connective tissue growth
432 factor (CTGF, CCN2)³⁷. Ras/MAP kinase pathway, specifically through N-Ras, mediates
433 TGF- β 1 auto-induction and TGF- β 1 induced CTGF expression in human renal tubule
434 epithelial cells³⁷.

435 Rats received N-nitro-L-arginine methyl ester (L-NAME) developed severe hypertensive
436 nephrosclerosis. Levels of TGF- β 1 mRNA in the renal tissue was also significantly
437 increased compared with control spontaneously hypertensive rats³⁸. By inhibiting both
438 TGF- β 1 production and apoptosis induction, glomerular and arteriolar damages can be
439 prevented and renal functions can be secured³⁸.

440 In its normal state, the TGF- β pathway restricts cell growth, differentiation and cell
441 death³⁹. When a normal cell becomes cancerous, various components of the TGF- β
442 signaling pathway become mutated, which makes the newly cancerous cell resistant to
443 the effects of normally functioning TGF- β . These resistant cells then grow without
444 regulation³⁹.

445 ***4.8. DR down-regulated p-PI3K and p-Akt, but up-regulated levels of CD34 and α -SMA in DRCKD***

446 ***α -SMA in DRCKD***

447 As mentioned, in DRCKD rats, FA down-regulated levels of PI3K, p-PI3K, p-Akt and
448 up-regulated Akt, CD34, and α -SMA. Conversely, GA had slightly restored levels of
449 PI3K and p-Akt to normal levels, lesser extent in down-regulation of Akt and
450 up-regulation of α -SMA (Figure 5).

451 Among 30 patients with glomeronephritis (GN), CD34 is present in the extraglomerular
452 mesangium in 50% (15 patients) of the GN patients. 73% (11 patients) of the latter may

453 show concomitant intraglomerular and extraglomerular mesangial CD34 immunostaining,
454 while 26.7% (four patients) show only extraglomerular mesangial immunostaining, and
455 in 20% (3 patients) of patients, CD34 immunostaining is present only in the
456 intraglomerular mesangium⁴⁰. In fact there is a fair degree of relationship, which did not
457 reach statistical significance between CD34 in the extraglomerular mesangium and CD34
458 in the intraglomerular mesangium. In the intraglomerular mesangium, CD34 does not
459 significantly correlate with mesangial α -SMA and activity or chronicity index. In the
460 extraglomerular mesangium, CD34 does not show a significant correlation with α -SMA⁴⁰.
461 Instead, the activity index and the chronicity index may show a good correlation with
462 serum creatinine (Table 2). Mesangial cell proliferation correlates well with the
463 mesangial matrix increase, while interstitial vimentin shows a good correlation with
464 interstitial α -SMA⁴¹. In addition, the immunoreactivity of α -SMA is closely correlated
465 with and necroinflammatory activity ($p = 0.022$). The degree of α -SMA expression and
466 the scores of fibrosis (in periportal, perisinusoidal and pericentral areas) were highly
467 correlated⁴¹. Neglecting the role of CD34, we suspect that DR up-regulated TGF- β ,
468 p-PDGFR, and PDGFR to trigger the signal cascade PDGF \rightarrow PDGFR \rightarrow (CD34??)
469 \rightarrow α -SMA signaling pathway, and simultaneously down-regulated the pathway PI3K
470 (p -PI3K) \rightarrow Akt (p -Akt), resulting in severe kidney damages that FA and GA are unable
471 to inhibit.

472 **4.9. Zymography of MMP-2 and MMP-9**

473 Levels of MMP-2 was up-regulated by DR treatment. Under normal physiological
474 conditions, much of the increased MMP was present in the inactive zymogen form. In
475 pathological renal cysts, MMP-2 is abnormally localized to the interstitium and to foci

476 between cysts, suggesting that MMP-2 may regulate collagen accumulation at those sites,
477 thus allowing cyst enlargement and limiting the severity of interstitial fibrosis¹⁶. GA was
478 found effective for down-regulation of MMP-2, but FA did not show any recovery effect
479 (Figure 6). The whole experiment had been observed for a period of 28 weeks,
480 corresponding to 47 year-human life of 60 years, which seemingly was equivalent to
481 approximately 3 year-life of rats, i.e. such an experiment could be considered as a long
482 term observation. A similar result had been previously reported in our laboratory¹¹. The
483 relationship between food and disease is indeed extremely complex. It is generally
484 accepted that diet is a contributory factor in the aetiology of a large proportion of
485 diseases⁴². Furthermore, polyphenols may interact with certain pharmaceutical agents like
486 DR and enhance their biologic effects (refer to Figure 1). Considering the outcome may
487 deviate between a short term and a long term therapy with FA and GA, the possible
488 mechanism may involve i) the unique prooxidant effect of some antioxidants, ii) the
489 pathological changes altering the signaling peptides and signaling pathways, iii) the
490 optimum dosage required may vary depending on the stage of pathological event, and
491 finally iv) the individual variation in biochemical response¹⁸. As mentioned⁴³, it is
492 important to consider the doses at which these effects occur, in relation to the
493 concentrations that naturally occur in the human body. Future studies evaluating either
494 beneficial or adverse effects should therefore include relevant forms and doses of
495 polyphenols and, before the development of fortified foods or supplements with
496 pharmacologic doses, safety assessments of the applied doses should be performed⁴³.

497 ***4.10. Hypertension is another risk***

498 In DRCKD victims, severe hypertensive status is always observed. Blood pressure of

499 DRCKD, DRCKD+FA, and DRCKD+GA groups reached 160, 145, and 144 mmHg in
500 DRCKD, DRCKD+FA, and DRCKD+GA groups respectively, comparing to the normal
501 value 99 mmHg (Table 2). As often cited, hypertension is a risk factor to induce renal
502 disease, neural degeneration and a diversity of cardiovascular diseases⁴⁴.

503 To conclude, both FA and GA failed to retard the down-regulation of *p*-PI3K and *p*-Akt;
504 and the up-regulation of PI3K, Akt, CD34 and α -SMA caused by DRCKD. Although
505 both FA and GA were able to down-regulate serum PDGF-BB and up-regulate tissue
506 PDGFR, long term treatment of CKD with ferulic acid has revealed that ferulic acid tends
507 to aggravate, on the contrary, GA tends to protect the damages caused by CKD. Thus, FA
508 is not recommended to be used as a long term therapy for patients with CKD.

509

510 **Statement of Authorship**

511 We state that **Chiung-Chi Peng** is responsible for study design, monitor the progress of
512 the experiments, and data interpretation. **Chiu-Lan Hsieh** and **Jin-Yuan Chung** are
513 responsible for performing experiments. **Kuan-Chou Chen** and **Robert Y. Peng** are
514 responsible for trouble shooting and article writing.

515 **Conflict of Interest**

516 The authors do not have any conflict of interest.

517 **Acknowledgement**

518 The authors are grateful for financial support from the National Science Council
519 98-2320-B-038-024-, 99-2320-B-038-011-MY3, 97-2320-B-039-049-MY3 &
520 99-2320-B-039-034-. The authors also acknowledge financial support of CMU97-234
521 &CMU99-N1-09 from Chinese Medical University.

522
523
524
525
526
527
528
529
530
531
532
533
534

535 **References**

- 536
537 1. Ross JA, Kasum CM. Dietary flavonoids: bioactivity, metabolic effects, and safety.
538 *Annu Rev Nutr* 2002; 22:19-34. 2. Lee ER, Kang GH, Cho SG. Effect of
539 flavonoids on human health: old subjects but new challenges. *Recent Pat Biotechnol*
540 2007;1:139-50.
- 541 3 Top Cultures (<http://www.phytochemicals.info/phytochemicals/gallic-acid.php>)
- 542 4 Fiuza SM, Gomes C, Teixeira LJ, Girão da Cruz MT, Cordeiro MN, Milhazes N,
543 Borges F, Marques MP. Phenolic acid derivatives with potential anticancer
544 properties—a structure–activity relationship study. Part 1: Methyl, propyl and octyl
545 esters of caffeic and gallic acids. *Bioorg Med Chem* 2004; 12(13):3581-89.
- 546 5. Ou S, Kwok KC. Ferulic acid: pharmaceutical functions, preparation and
547 applications in foods. *J. Sci. Food Agric.* 2004; 84:1261-9. Astier A, Doat B, Ferrer
548 MJ, Benoit G, Fleury J, Rolland, A.; Leverge, R. Enhancement of adriamycin
549 antitumor activity by its binding with an Intracellular sustained-Release form,
550 polymethacrylate nanospheres, in U-937 cells. *Cancer Res* 1988; 48:1835-41. Okuda
551 S, Oh Y, Tsuruda H, Onoyama K, Fujimi S, Fujishima M. Adriamycin-induced
552 nephropathy as a model of chronic progressive glomerular disease. *Kidney Int*

- 553 1986;29: 502–10.
- 554 8. Sun XJ, Ma WF. Patent application title: Pharmaceutical composition containing
555 ferulic acid and matrine compounds, the preparation and the use thereof. Qingdao
556 Qiyuan Bio-Technologies Co., Ltd. Publication date: 06/16/2011. Patent application
557 number: 20110144143.
- 558 9. Manach C, Williamson G, Morand C, Scalbert A, Rémésy C. Bioavailability and
559 bioefficacy of polyphenols in humans. I. Review of 97 bioavailability studies. *Am J*
560 *Clin Nutr* 2005;81(1 Suppl):230S-42S.
- 561 10. Niho N, Shibutani M, Tamura T, Toyoda K, Uneyama C, Takahashi N, Hirose M.
562 Subchronic toxicity study of gallic acid by oral administration in F344 rats. *Food*
563 *Chem Toxicol* 2001;39:1063-70.
- 564 11. Hsieh CL, Peng CC, Cheng YM, Lin LY, Ker YB, Chang CH, Chen KC, Peng RY.
565 Quercetin and ferulic acid aggravate renal carcinoma in long-term diabetic victims. *J*
566 *Agric Food Chem* 2010; 58: 9273-80.
- 567 12 Boubred F, Daniel L, Buffat C, Feuerstein JM, Tsimaratos M, Oliver C,
568 Dignat-George F, Lelièvre-Pégorier M, Simeoni U. Early postnatal overfeeding
569 induces early chronic renal dysfunction in adult male rats. *Am J Physiol Renal*
570 *Physiol* 2009; 297:F943-51.
- 571 13. Pestel S, Krzykalla V, Weckesser G. Measurement of glomerular filtration rate in the
572 conscious rat. *J Pharmacol Toxicol Methods* 2007;56:277-89.
- 573 14. Wong GH, Goeddel DV. Induction of manganous superoxide dismutase by tumor
574 necrosis factor: possible protective mechanism. *Science* 1988;242:941–4.
- 575 15. Balasubashini MS, Rukkumani R, Menon VP. Protective effects of ferulic acid on

- 576 hyperlipidemic diabetic rats. *Acta Diabetol* 2003; 40:118–22.
- 577 16. Rankin CA, Itoh Y, Tian C, Ziemer DM, Calvet J, Gattoneii VH. Matrix
578 metalloproteinase-2 in a murine model of infantile-type polycystic kidney disease. *J*
579 *Am Soc Nephrol* 1999;10:210–7.
- 580 17. Scott BC, Butler J, Halliwell B, Aruoma OI. Evaluation of the antioxidant actions of
581 ferulic acid and catechins. *Free Radic Res Commun* 1993;19:241-53.
- 582 18. Nemeikaitė-Čėnienė A, Marozienė A, Vidžiūnaitė R, Čėnas N. Prooxidant
583 cytotoxicity, apoptosis induction, and protective effects of polyphenolic antioxidants.
584 *CHEMINĖ TECHNOLOGIJA* 2009; 3 (52):12-5.
- 585 19. Pascale U, Jean-Pierre S, Marrie-Carmen M, Nicolas F, Isabelle F, Françoise N.
586 ESR antioxidative activity of phenolic acids and esters. *2nd International Electronic*
587 *Conference on Synthetic Organic Chemistry (ECSOC-2)*, <http://www.mdpi.org/ecsoc/>,
588 *September 1-30, 1998*.
- 589 20. Kobrin S, Araghye S. Preventing Progression and Complications of Renal Disease.
590 *Hosp Med* 1997; 33:11-12, 17-18, 20, 29-31, 35-36, 39-40.
- 591 21. Yokozawa T, Chung HY, He LQ, Oura H. Effectiveness of green tea tannin on rats
592 with chronic renal failure. *Biosci Biotechnol Biochem* 1996;60:1000-5.
- 593 22. Bachmann E, Weber E, Zbinden G. Effects of mitoxantrone and doxorubicin on
594 energy metabolism of the rat heart. *Cancer Treat Rep* 1987; 71: 361-6.
- 595 23. Harper HA, Rodwell VW, Mayes PA. *Review of Physiological Chemistry*. 16th ed.
596 1977. Lange Medical Publications, Los Altos, California 94022, USA.
- 597 24. Widmaier (Ed): Renal Physiology pp.486-487. BIO 3520 notes, 4/06/09.
- 598 25. Scott BC, Butler J, Halliwell B, Aruoma OI. Evaluation of the antioxidant actions of

- 599 ferulic acid and catechins. *Free Radic Res Commun* 1993;19:241-53.
- 600 26. Bordoni V, Piroddi M, Galli F, de Cal M, Bonello M, Dimitri P, Salvatori G,
601 Ranishita R, Levin N, Tetta C, Ronco C. Oxidant and Carbonyl Stress-Related
602 Apoptosis in End-Stage Kidney Disease: Impact of Membrane Flux. *Blood Purif*
603 2006; 24:149–56. DOI: 10.1159/000089452.
- 604 27. Eleftheriadis T, Antoniadi G, Liakopoulos V, Tsiandoulas A, Barboutis K, Stefanidis I.
605 Propyl gallate-induced platelet aggregation in patients with end-stage renal disease:
606 the influence of the haemodialysis procedure. *Nephrology (Carlton)*. 2006;11:3-8.
- 607 28. Greenmedinfo. Active polymyalgia rheumatica is characterized by increased serum
608 levels of interleukin-6 probably originating in inflamed tissue. (Greenmedinfo,
609 created 2009-10-03 07:33). *Ann Rheum Dis* 2009 Mar 1. PMID: 19254903.
- 610 29. Wang X, Lin Y. Tumor necrosis factor and cancer, buddies or foes? *Acta*
611 *Pharmacologica Sinica* 2008; 29:1275-1288. doi:10.1111/j.1745-7254.2008.00889.x
- 612 30. Noguchi M, Hiwatashi N, Liu Z, Toyota T. Secretion imbalance between tumour
613 necrosis factor and its inhibitor in inflammatory bowel disease. *Gut* 1998; 43:203-9.
- 614 31. Xu Z, Lin S, Wu W, Tan H, Wang Z. Ghrelin prevents doxorubicin-induced
615 cardiotoxicity through TNF-alpha/NF-kappaB pathways and mitochondrial protective
616 mechanisms. *Toxicology* 2008;247(2-3):133-8.
- 617 32. Pfeilschifter J. Role of cytokines in postmenopausal bone loss. *Curr Osteoporos Rep*
618 2003;1: 53-8.
- 619 33. Claesson-Welsh L, Eriksson A, Westermark B, Heldin CH. Cloning and expression of
620 human platelet-derived growth factor alpha and beta receptors. *Methods Enzymol*.
621 1991;198:72-7.

- 622 34. Bayraktutan U, Jones P. Expression of the human gene encoding urokinase
623 plasminogen activator receptor is activated by disruption of the cytoskeleton. *Exp*
624 *Cell Res* 199;221:486-95.
- 625 35. Shimada M, Inaba T, Shimano H, Gotoda T, Watanabe Y, Yamamoto K, Motoyoshi
626 K, Yazaki Y, Yamada N. Platelet-derived growth factor BB-dimer suppresses the
627 expression of macrophage colony-stimulating factor in human vascular smooth
628 muscle cells. *J Biol Chem* 1992;267:15455-8.
- 629 36. Mustoe TA, Pierce GF, Morishima C, Deuel TF. Growth factor-induced acceleration
630 of tissue repair through direct and inductive activities in a rabbit dermal ulcer model.
631 *J Clin Invest* 1991;87:694-703.
- 632 37. Dockrell ME, Phanish MK, Hendry BM. TGF-beta auto-induction and connective
633 tissue growth factor expression in human renal tubule epithelial cells requires N-ras.
634 *Nephron Exp Nephrol* 2009;112:e71-9.
- 635 38. Ono H, Saitoh M, Ono Y, Ishimitu T, Matsuoka H. Imidapril improves
636 L-NAME-exacerbated nephrosclerosis with TGF-beta 1 inhibition in spontaneously
637 hypertensive rats. *J Hypertens* 2004; 22:1389-95.
- 638 39. Wang SE, Yu Y, Criswell TL, Debusk LM, Lin PC, Zent R, Johnson DH, Ren X,
639 Arteaga CL. Oncogenic mutations regulate tumor microenvironment through
640 induction of growth factors and angiogenic mediators. *Oncogene*. 2010, 29,3335-48.
- 641 40. Gluhovschi C, Gluhovschi G, Potencz E, Herman D, Trandafirescu V, Petrica L,
642 Velciov S, Bozdog G, Bob F, Vernic C, Cioca D. What is the significance of CD34
643 immunostaining in the extraglomerular and intraglomerular mesangium? CIN '2009 -
644 5 CONGRESSO DE NEFROLOGIA NA INTERNET

- 645 41. Akpolat N, Yahsi S, Godekmerdan A, Yalniz M, Demirbag K. The value of
646 alpha-SMA in the evaluation of hepatic fibrosis severity in hepatitis B infection and
647 cirrhosis development: a histopathological and immunohistochemical study.
648 *Histopathology* 2005; 47(3):276-80.
- 649 42. Manson MM, Benford DJ. Factors influencing the carcinogenicity of food chemicals.
650 *Toxicology* 1999;134(2-3):93-108.
- 651 43. Mennen LI, Walker R, Bennetau-Pelissero C, Scalbert A. Risks and safety of
652 polyphenol consumption. Dietary polyphenols and health: Proceedings of the first
653 international conference on polyphenols and health (held in Vichy, France, November
654 2003). *Am J Clin Nutri* 2005; 81:326S-9S.
- 655 44. Cerasola G, Nardi E, Palermo A, Mulè G, Cottone S. Epidemiology and
656 pathophysiology of left ventricular abnormalities in chronic kidney disease: a review.
657 *J Nephrol* 2010; May 2. pii: 989CA00C-2F12-46BF-9EA7-43A40EC55A4B. (Epub
658 ahead of print).
- 659
- 660
- 661
- 662
- 663
- 664
- 665
- 666
- 667

668

669

670

671

672

673 **Figure Legends**

674 **Figure 1. The histopathological findings of renal tubules and glomeruli in all groups.**

675 A: normal control. B: DRCKD control. C: ferulic acid control (FA). D:
676 DRCKD+ ferulic acid (DRCKD+FA). E: GA control (GA). F: DRCKD+ gallic
677 acid (DRCKD+GA) (magnification \square 400).

678 **Figure 2. The Sirius Red Staining of collagen deposition in kidney tissues of**

679 **different groups.** Ferulic acid accelerates the collagen deposition (stained red)
680 in DRCKD tissue (figure D) when compared with the gallic acid treated
681 DRCKD tissue (figure F). [A: normal control. B: DRCKD control. C: FA
682 control. D: DRCKD+ FA. E: GA control. F: DRCKD+ GA (magnification \times
683 400).

684 **Figure 3. Serum superoxide dismutas (SOD) (3A), and MDA levels (3B) in different**

685 **experimental groups.** Values in each bar with different superscripts (a to b)
686 indicate significantly different with each other at confidence level of $p < 0.05$.

687 **Figure 4. The serum PDGF-BB level (4A) and protein expression of**

688 **PDGFR ,p-PDGFR, TGF- β (4B) in different experimental groups.** Values

689 in each bar with different superscripts (a to d) indicate significantly different

690 with each other at confidence level of $p < 0.05$ (4A). The amount of protein
691 expressed is expressed in fold(s) of control (β -actin) (4B).

692 **Figure 5. The expression of signaling proteins in kidney tissues of different**
693 **experimental group.**

694 The experimental groups comprise normal (normal control), DRCKD
695 (DR-induced CKD), FA (ferulic acid control), DRCKD+FA (DRCKD+ferulic
696 acid), GA (gallic acid control), and DR-GA (DRCKD + gallic acid). The amount
697 of protein expressed is expressed in fold of control (β -actin).

698 **Figure 6. The expression of matrix metalloproteinases MMP-2 and MMP-9 in**
699 **kidney tissues of different experimental groups.** Data are expressed in
700 inhibition percent of MMP-2 when comparing to the normal group.

701 .

702

703

704

705

706

707

708

709

710

711

712

713

714

715

716

717

718

719

720

721

722 **Table Caption**

723

724 **Table 1. Effect of gallic and ferulic acids on the physiological parameters of rats**
725 **having chronic kidney disease.[§]**

726 **Table 2. Effect of gallic and ferulic acids on the serum and urinary biochemical**
727 **parameters in rats having chronic kidney disease.[§]**

728

1 **YCLNU-D-11-00269R2**

2

3 **Ferulic Acid Is Nephrodamaging While Gallic Acid Is Renal Protective**
4 **In Long Term Treatment of Chronic Kidney Disease**

5

6 **Chiung-Chi Peng^{a,b,c,g}, Chiu-Lan Hsieh^d, Hui-Er Wang^e, Jin-Yuan Chung^a,**
7 **Kuan-Chou Chen^{f,g*}, Robert Y. Peng^h**

8 ^aDepartment of Physical Therapy, ^bGraduate Institute of Rehabilitation Science,

9 ^cDepartment of Nutrition, College of Health Care, China Medical University, 91
10 Hsueh-Shih Rd., Taichung, Taiwan 40202

11 ^dGraduate Institute of Biotechnology, National Changhua University of Education, 1,
12 Jin-De Rd., Changhua, Taiwan 500

13 ^eDepartment of Food and Applied Biotechnology, ^hResearch Institute of Biotechnology,
14 Hungkuang University, 34 Chung-Chi Rd., Shalu County, Taichung Hsien, Taiwan 43302

15 ^fDepartment of Urology, Taipei Medical University-Shuang Ho Hospital, ^gTaipei Medical
16 University, 250, Wu-Xin St., Xin-Yi District, Taipei, Taiwan 110

17 *Corresponding authors: Dr. Kuan-Chou Chen

18 Department of Urology, Taipei Medical University-Shuang Ho Hospital, Taipei Medical
19 University, 250, Wu-Xin St., Xin-Yi District, Taipei, Taiwan 110

20 E-mail: kc.chen416@msa.hinet.net; Mobile: +886-958-828-839; Tel: +886-2-27299723.

21 ***Running title: Ferulic Acid Worsened Chronic Kidney Disease***

22

23

24 **Abstract**

25 Backgrounds & aims: The long term therapeutic effect of ferulic (FA) and gallic (GA) in
26 treatment of chronic kidney disease (CKD) has been lacking.

27 Methods: Doxorubicin (DR, Adriamycin)-induced CKD rat model was established for
28 this study.

29 Results: DR significantly reduced levels of serum albumin, GOT, GPT, RBC, TNF- α , and
30 urinary creatinine and elevated serum cholesterol, TG, BUN, creatinine, uric acid, WBC,
31 platelet count, and IL-6. In DRCKD rats, FA and GA significantly increased kidney
32 weight and glomerular volume. FA reduced glomerular filtration rate but GA did not. FA
33 enhanced more collagen deposition than GA in renal cortex and glomeruli. Both FA and
34 GA showed crucial hyperlipidemic activity. The inhibitory effects of FA and GA on
35 MMP-2 were very comparable. GA suppressed MMP-2 more effectively than FA in
36 DRCKD rats. Both FA and GA induced SOD elevation and MDA elimination. In
37 DRCKD rats, Western blot analysis indicated that FA further up-regulated CD34, α -SMA,
38 tissue pDGFR, p-PDGFR, and TGF- β ; and down-regulated p-PI3K, and p-Akt. Since
39 both PDGF-BB and TGF- β are considered to induce kidney prefibrosis stage, GA was
40 proved to be more beneficial in this regard.

41 Conclusions: GA tends to protect the CKD while FA is not recommended for the long
42 term CKD therapy.

43 **Keywords:** gallic acid; ferulic acid; chronic kidney disease; PDGF; α -SMA

44

45

46

47 **1. Introduction**

48 Flavonoids comprise the most common group of plant polyphenols and provide much of
49 the flavor and color to fruits and vegetables¹. Most of the flavonoids present in plants
50 occur in glycosidic forms, although occasionally as aglycones. Interest in the role of
51 flavonoids to act as health benefits is emerging owing to their potential antioxidative and
52 free-radical scavenging activities. However, up to present, epidemiologic studies
53 exploring the role of flavonoids in human health have been inconclusive^{1,2}. Some studies
54 support a protective effect of flavonoid consumption in cardiovascular disease and cancer,
55 others demonstrate no effect, and conversely a few suggest potential harm¹.

56 Gallic acid (3,4,5-trihydroxybenzoic acid) (GA) widely occurs in plants including
57 gallnuts, grapes, tea, hops and oak bark³. GA yields numerous esters and salts including
58 digallic acid. GA seems to have anti-fungal and anti-viral properties. More recently, GA
59 was found to show cytotoxicity against cancer cells, without harming healthy cells⁴. GA
60 is also used to treat albuminuria and diabetes. Some ointments for treatment of psoriasis
61 and external haemorrhoids contain mainly gallic acid³.

62 Ferulic acid (4-hydroxy-3-methoxycinnamic acid) (FA), an effective component of
63 Chinese medicine herbs such as *Angelica sinensis*, *Cimicifuga heracleifolia* and
64 *Lignsticum chuangxiong*, is a ubiquitous phenolic acid in the plant kingdom⁵. FA exhibits
65 many physiological functions, including antioxidant, antimicrobial, anti-inflammatory,
66 anti-thrombosis, and anti-cancer activities. It protects against coronary disease by
67 lowering serum cholesterol. Moreover, it enhances the viability of spermatozoa⁵.

68 Doxorubicin (DR, commercial name Adriamycin) has been used as an anticancer
69 (antineoplastic) medication. It interferes with cancer cell growth and slows their

70 migration in body⁶. DR had been used to induce nephropathy as a model of chronic
71 progressive glomerular disease⁷, generally named “The Chronic Kidney Disease (CKD)”.
72 DR produced chronic, progressive glomerular changes in rats, which led to terminal renal
73 failure. The segmental glomerular sclerosis and IgM-dominant glomerular deposition in
74 these animals are similar to the pathological characteristics of focal and segmental
75 glomerular sclerosis seen clinically⁷. Referring to the recent report², we suspect that some
76 flavonoid antioxidants may be safe for use while some may damage the kidney in a CKD
77 status. In this work, we adopted DR to create the CKD model in rats and investigated
78 whether the potentially used phytoantioxidants (PAO) like gallic and ferulic acids can
79 improve CKD to some extent.

80

81

82

83

84

85

86

87

88

89

90

91

92 **2. Materials and methods**

93 ***2.1 Animals***

94 Thirty six male Sprague Dawley (SD) rats, age 4 weeks, having mean body weight 155 g
95 (range of 150–164 g), were purchased from the Biolasco Animal Centre, Taiwan. Rats
96 were individually housed in animal room maintained at 22±1°C and a relative humidity of
97 65% on a 12h/12 h light-dark cycle. The access of distilled water was ad libitum, but the
98 maximum amount of feed was restricted at 10% of body weight per day. The body weight
99 change and the amount of food intake were recorded daily. All the protocols had been
100 previously approved before experimentation by the Institutional Animal Care and Use
101 Committee of the China Medical University.

102 ***2.2 CKD induction and animal grouping***

103 The DR-CKD rat modeling was performed according to Okuda et al.⁷. Briefly, in the first
104 week, CKD was induced by subcutaneous injection of 8.5 mg/kg of DR (Pfizer, Milano,
105 Italia) under ether anesthesia. The DR-induced rats were divided into six groups, 6 rats in
106 each. Group 1 served as the diet control was fed normal diet only (Normal group). Group
107 2 was DR-induced and fed normal diet (DRCKD group). Commercially, the
108 pharmaceutical preparation for human use is fabricated into tablets, containing 182 mg
109 FA per tablet⁸. When prescribed with the order 2-3 tablets tid, a total of 1092-1638
110 mg/day will be administered. Assuming a 60 kg male is to receive this dosage, a single

111 dosage will correspond to 18.2-27.3mg FA/kg-day. Alternatively, pure GA at 50 mg/dose
 112 had been tried for testing its bioavailability in human⁹, while the dosage of GA reported
 113 to be safe for rats in doses ranging within 119-128 mg/kg/day (Niho et al.,
 114 2001)¹⁰. Obviously rats are able to endure at least 2-3 folds human dosage. Consequently,
 115 Group 3 received FA (Sigma-Aldrich, USA)-containing diet at FA 70mg/kg-day (FA
 116 group)¹¹. Group 4, the DR-induced rats, received FA-containing diet at FA 70mg/kg-day
 117 (DRCKD+FA group)¹¹. Group 5 rats were fed GA (Sigma-Aldrich, MO, USA)-diet
 118 containing only GA 70mg/kg/day (GA group). Group 6, the DR-induced rats, was given
 119 GA-containing diet at GA 70mg/kg/day (DRCKD+GA group). The two compositions
 120 were correctly weighed and thoroughly blended with normal diet before feeding.

121 **2.3 Glomerular volume**

122 The glomerular volume was determined by the formula¹².

$$123 \quad \mathbf{GV} = (\beta/k) (\mathbf{G}_A)^{3/2} \dots\dots\dots 1$$

124 Where **GV** = glomerular volume (mm³)

125 \mathbf{G}_A =cross-sectional tuft area (mm²)

126 $\square\beta$ is the shape coefficient (1.38 in this case, for a sphere $\beta= 1.38$)

127 k is the size distribution coefficient (= 1.1 in this case)

128 **2.4 Glomerular filtration rate (GFR)**

129 The glomerular clearance rate (GRF) is defined by Eq. 2¹³

$$130 \quad \mathbf{GFR} = (\mathbf{CR}_c \times \mathbf{BN}_c)^{1/2} \dots\dots\dots 2$$

131 Where

132 \mathbf{CR}_c is the creatinine clearance, and \mathbf{BN}_c is BUN clearance.

133 And

134 $CR_c = 1000C_{Cr,u}/C_{Cr,s}$ 3

135 Here $C_{Cr,u}$ is the volume concentration of creatinine in urine, and $C_{Cr,s}$ is the volume
 136 concentration of creatinine in serum. And

137 $BN_c = C_{BN,u}/CB_{N,s}$ 4

138 Here $C_{BN,u}$ denotes the volume concentration of BUN in urine; and $CB_{N,s}$ means the
 139 volume concentration of BUN in serum.

140 ***2.5 Histopathological examination***

141 The animals were ether-euthanized at the end of week 12, the kidneys were immediately
 142 picked up and fixed in 10% formalin and embedded in paraffin. The embedded tissues
 143 were stained with hematoxylin and eosin reagent (H&E stain). Renal histology was
 144 examined with Olympus- CKX41 Microscope. Glomerular areas were measured using an
 145 image analyzer. The collagen content was estimated by Sirius Red stain. For Sirius Red
 146 staining, the paraffin embedded sections were first dewaxed, hydrateds, and sliced. The
 147 nuclei in the tissue slices were stained with Weigert's Haematoxylin and then stained in
 148 Saturated aqueous picric acid with Sirius Red (Sigma-Aldrich, USA) for one hour. The
 149 treated slides were rapidly dehydrated by a concentration gradient alcohols (starting with
 150 70% to absolute alcohol), then to xylene and finally the slices were covered in Permount.

151 ***2.6 Biochemical analysis***

152 The blood was collected for the measurement of serum albumin, blood urea nitrogen
 153 (BUN), creatinine, cholesterol, triglyceride, calcium, phosphorus, uric acid. At week 1, 2,
 154 3, 4, 5, 6, 7, 8, 9, 10 and 11, the blood was collected via the tail artery and was collected
 155 by arteria coeliaca at week 12. It was measured by reagent (Siemens, Bakersfield, CA,
 156 USA) and automatic analyzer (Ciba-Corning Express Plus) (Ciba-Corning, USA). All the

157 rats were weighed and placed in metabolic cages week 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 and 11,
158 to determine BUN, creatinine and protein excretion in 12 h urine. Urine BUN and
159 creatinine were measured by reagent (Siemens, Bakersfield, CA, USA) and automatic
160 analyzer (Ciba-Corning Express Plus) (Ciba-Corning, USA). Urine protein was measured
161 by ELISA reader.

162 ***2.7 ELISA of superoxide dismutase and malondialdehyde***

163 All ELISA protocols were performed by following the manufacturer's instruction. The
164 serum superoxide dismutase (SOD) and malondialdehyde (MDA, or generally termed the
165 thiobarbituric acid reactive substance, TBARs) were assayed with the commercial ELISA
166 kits provided by Cayman Chemical Co. (MI, USA). The optical density was read using
167 the SYSMEX K-1000 Reader (San-Tong Instrument Co., Taipei, Taiwan).

168 ***2.8 Western blot analysis***

169 One hundred mg of frozen renal cortex was homogenized with 1 mL of protein extraction
170 solution (EDTA free) (Intron Biotechnology, Korea). After incubated on ice for 40 min,
171 the homogenate was centrifuged at 12000×g for 20 min at 4°C. The supernatant (tissue
172 lysate) was collected. Lysates containing approximately an amount of protein (50 µg)
173 were boiled for 10 min in PBS. The boiled sample solutions were loaded onto a 7.5 %
174 polyacrylamide SDS gel. Proteins were transferred to a PVDF membrane and rinsed with
175 TBS-Tween buffer (TBST), and blocked at 4°C overnight in TBST containing 5% w/v
176 non-fat powdered milk. The PVDF membranes were incubated with the primary
177 antibodies, which contains Akt (1:1000), phospho-Akt (1:1000) , PDGF receptor β
178 (1:1000), phospho-PDGF receptor β (1:1000), and PI3-kinase (1:1000) (Cell Signaling,
179 USA) ; phospho-PI3K (1:500), CD34 (Santa Cruz, USA); and α- smooth muscle actin

180 (1:1000) (Sigma-Aldrich, USA) etc. in TBST at 4°C overnight. The PVDF membrane
181 was then rinsed three times with TBST and incubated with the secondary antibodies
182 containing anti-mouse, anti-rabbit and anti-goat (each at 1:5000 dilution in TBST with
183 5% w/v non-fat powdered milk). After incubated at room temperature for 1 h, the PVDF
184 membranes were rinsed three times with TBST. The secondary antibodies bound were
185 detected using the chemiluminescent HRP substrate (Minipore, USA).

186 ***2.9 Statistical analyses***

187 Data obtained in the same group were analyzed by Student's *t* test with computer
188 statistical software SPSS 10.0 (SPSS, Chicago, IL). ANOVA statistical analysis system
189 software with Tukey test was used to analyze the variances and significances of
190 difference between paired means. Significance level was judged by a confidence level $p <$
191 0.05.

192

193

194

195

196

197

198

199

200

201

202

203

204

205

206

207 **3. Results**

208 ***3.1. Both ferulic and gallic acids did not harm normal kidney, but FA aggravated CKD***

209 DR caused significant body weight loss, the body weight was significantly decreased
210 from 516 g of the normal to 304 g. Although FA control group showed normal body as
211 the control, GA alone seemed to have a moderate body weight reducing effect (Table 1).
212 Conversely, in DRCKD+FA rats, FA reduced body weight more significantly than
213 DRCKD+GA, giving rise to 239 g and 357 g, respectively (Table 1). Anatomically, DR
214 caused renal tubular and glomerular damages with formation of a number of vacuoles,
215 glomerular sclerosis and tubulointerstitial degeneration at week 28 (Figure 1), but slighter
216 extent with CKD+GA group, although all DR-induced rats revealed renal inflammation
217 accompanied with apparent swelling and edema. Figure 1 exhibits the status of
218 nephroedema (Figure 1B: DRCKD; D: DRCKD+FA; F: DRCKD+GA). Nonetheless, GA
219 more efficiently secured the DR injury (Figure 1F) in this regard. The average kidney
220 weight of the DRCKD, DRCKD+FA and DRCKD+GA groups was 5.0, 4.7, and 3.9 g
221 respectively, comparing to 3.1 g of the normal, a significantly larger extent of recovery
222 was seen in DRCKD+GA rats (Table 1). Similar results were found in the ratio
223 kidney/body weight, glomerular volume (GV) and the glomerular filtration rate (GFR)
224 (Table 1). Surprisingly, in DRCKD rats FA reduced the GFR to 120 mL/h. Contrary to
225 this, GA increased GFR to a value 515 mL/h (Table 1).

226 **3.2 Histopathological examination**

227 In the renal cortex of DRCKD rats, a huge amount of collagen deposition wa observed
228 occurred (Figure 1B; Figure 2B). Contrast with this, a much larger amount of collagen
229 deposit was found in the DRCKD+FA group (Figure 2D), less deposit in DRCKD+GA
230 group (Figure 2F).

231 **3.3 Biochemical parameters affected in doxorubicin induced CKD**

232 DR severely down-regulated the serum albumin, GOT, GPT, and RBC clearance, but
233 up-regulated levels of serum cholesterol, triglyceride (TG), BUN, creatinine, calcium,
234 phosphate, uric acid, WBC, platelets, and levels of urinary BUN and protein (Table 2).

235 **3.3.1. Serum creatinine level was significantly raised**

236 DRCKD rats exhibited higher serum creatinine levels (1.4 mg/dL) comparing with the
237 normal 0.7 mg/dL, and FA further increased the level to 2.9 mg/dL (Table 2). Apparently,
238 the DRCKD+FA rats were suffering from a moderate renal failure (2-4 mg/dL).

239 **3.3.2. Effect of FA and GA on serum uric acid level**

240 Interestingly, FA alone activated, conversely GA alone inhibited uric acid synthesis
241 (Table 2). Controversially in CKD victims, FA completely recovered the uric acid level to
242 1.5 mg/dL (in DRCKD+FA), comparing to the control (1.7 mg/dL) and the DRCKD+GA
243 (3.0 mg/dL) (Table 2). Otherwise, the activity of SOD was activated in FA and GA groups,
244 which may be correlated with the enhancement of TNF- α expression in these groups
245 (Table 2), a phenomenon consistent with Wong and Goeddel¹⁴.

246 **3.3.3. Effect on SOD induction**

247 The activity of superoxide anion dismutase (SOD) was elevated in all groups comparing
248 to the normal control (Figure 3a). DR activated SOD, FA failed to suppress such

249 activation of SOD. As contrast, GA promisingly inhibited the elevation of SOD (Fig. 3a).

250 **3.3.4. Effect on MDA suppression**

251 Comparing with the MDA data, the serum MDA level in DRCKD group once having
252 reached 86 μM was totally abolished by FA and GA (Figure 3b). Results indicate FA to
253 be a better antioxidant than GA with respect to MDA suppression.

254 **3.3.5. Effect on the hyperlipidemic status in CKD**

255 DR induced hypercholesterolemia and triglyceridemia in CKD victims (Table 2). By
256 comparison of the pharmacological action between the FA-alone or GA-alone diet, some
257 amazing phenomena were observed. FA-alone and GA-alone diets did not show any
258 apparent different effect on serum cholesterol and triglyceride levels. However in
259 DRCKD rats, both the serum levels were significantly suppressed by FA and GA (Table
260 2).

261 **3.3.6. Hepatoprotective effect**

262 Similar trend was seen for serum BUN, GOT, and GPT, implicating the hepatoprotective
263 effect of both FA and GA, consistent with Balasubashini et al.¹⁵. The anatomical and
264 histological examination also confirmed such a result (unpublished).

265 **3.3.7. Effect on leukopoiesis and erythrocytopenia induced by DRCKD**

266 FA and GA exhibited moderate leukopoiesis effect (Table 2). FA even enhanced it to a
267 greater extent in the DRCKD rats (1.8×10^4 count/ μL). Whereas GA suppressed it to the
268 normal level (8×10^3 count/ μL). As a contrast, DR destroyed RBC in CKD rats to a level
269 of 5.8×10^6 counts/ μL . FA further reduced it to 4.5×10^6 counts/ μL . In this regard, GA did
270 not improve the CKD to any extent (Table 2).

271 **3.3.8. Effect on the platelet count**

272 Based on the platelet count of normal control (6.3×10^5 count/ μL), FA-alone diet seemed
273 to be a platelet proliferation inhibitor though the effect is not statistically significant.
274 FA-alone diet suppressed the platelets to a number of 4.9×10^5 count/ μL , but GA totally
275 did not show any effect. Astonishingly, FA conversely increased the platelet count in
276 DRCKD+FA rats to 1.52×10^6 count/ μL , comparing to the DRCKD control (Table 2).

277 **3.3.9. Effect on IL-6 and TNF- α in DRCKD victims**

278 After 28 weeks, DR had moderately up-regulated the inflammatory cytokine IL-6 but
279 significantly down-regulated TNF- α in DRCKD group. FA or GA when used alone was
280 able to up-regulate IL-6 to a level 4.5 or 3.5 ng/mL and TNF- α to 1476.1 or 1099.65
281 pg/mL, pointing to the moderate inflammatory effect of FA and GA (Table 2). However,
282 in DRCKD rats level of TNF- α was greatly suppressed to 370.2, 97.6, and 563.1 pg/mL
283 respectively, comparing to the normal 936.1 pg/mL (Table 2). Whereas IL-6 still
284 remained at a level higher than the normal.

285 **3.3.10. Effect on level of urinary BUN in DRCKD victims**

286 The urinary BUN level was significantly raised by DR to 547 mg/dL, comparing with the
287 normal control level 108 mg/dL, which was cured by FA and GA to only 385 and 457
288 mg/dL, respectively. And interestingly, FA-alone and GA-alone-diets respectively raised
289 the levels to 484 and 188 mg/dL (Table 2).

290 **3.3.11. Doxorubicin upregulated PDGF-BB, and TGF- β caused profibrosis in** 291 **kidney**

292 DR up-regulated the platelet derived growth factor-BB (PDGF-BB) in the renal tissue of
293 DRCKD rats to 4739.3 pg/mL (normal value, 693.9 pg/mL) and simultaneously the

294 TGF- β to 2118 pg/mL (normal level, 1788 pg/mL) (Figure 4a,b). When administered
295 with FA or GA in DRCKD rats, FA showed a lower level of PDGF-BB than GA in the
296 DRCKD rat renal tissues (2747.8 pg/mL vs. 4238.2 pg/mL in Figure 4a), indicating FA
297 could be more damaging to the renal cells than GA (Figure 1D and 1F), which was
298 evidenced by the up-regulation of PDGFR, p-PDGFR and tissue TGF- β in DRCKD+FA
299 and DRCKD+GA rats (Fig. 4b). While the slightly increased level of FA- (842.8 pg/mL)
300 and GA-controls (1240.2 pg/mL) may be crucially the concentration of FA or GA
301 required for cell growth promotion (Figure 4a).

302 **3.3.12. DR downregulated p-PI3K and p-Akt, but upregulated levels of CD34 and** 303 **α -SMA in DRCKD**

304 Western blotting revealed that FA when used alone did not affect the levels of PI3K,
305 p-Akt, CD34, and α -SMA. Likewise, GA alone did not show any effect on PI3K, p-Akt,
306 and α -SMA (Figure 5). On application of DR, DR down-regulated PI3K, p-PI3K and
307 p-Akt, but up-regulated levels of, Akt, CD34 and α -SMA. In DRCKD rats, FA
308 down-regulated levels of PI3K, p-PI3K, p-Akt and up-regulated Akt, CD34, and
309 α -SMA. Conversely, GA slightly had restored levels of PI3K and p-Akt to normal levels,
310 and to lesser extent, the down-regulation of Akt and up-regulation of α -SMA (Figure 5).

311 **3.4. Zymography of MMP-2 and MMP-9**

312 Zymography of whole-kidney extracts showed very prominent two bands, 72 and 92-kDa
313 bands for MMP-2 and MMP-9, respectively (Figure 6), consistent with Rankin et al.¹⁶.
314 High levels of MMP-2 seemed to result from increased expression by DR treatment. GA

315 down-regulated MMP-2 in DRCKD+GA rats, but FA did not show any recovery effect
316 (Figure 6). A similar but less intense response was found for MMP-9.

317

318

319

320

321

322 **4. Discussion**

323 *4.1. Why FA tends to aggravate CKD?*

324 As evidenced by the body weight gain, the glomerular volume, the glomerular filtration
325 rate (GFR), the ratio kidney/body weight (Table 1), and pathological changes (Figure 1),
326 FA at dosage 70mg/kg was detrimental to kidneys in CKD patients, conversely GA can be
327 protective. Histological examination revealing much more severe pre-fibrotic collagen
328 deposition in the renal cortex of DRCKD rats treated with FA (Figure 2D) than GA
329 (Figure 2F) has strongly supported this result. Both FA and GA are potentially potent
330 prooxidants^{17,18}. Much of the literature has indicated FA is more potent in view of
331 pro-oxidative bioactivity. Overproduction of superoxide anions and prooxidants can elicit
332 cytotoxicity and induce apoptosis¹⁸. Pascale et al.¹⁹ reported the order for scavenging
333 superoxide anions ($\bullet\text{O}_2^-$) is GA (76×10^{-4} M) > FA (10×10^{-4} M); and for scavenging
334 hydroxyl free radicals ($\bullet\text{OH}$) is FA (29×10^{-4} M) > GA (7×10^{-4} M)¹⁹, indicating GA to be a
335 better superoxide anion scavenger; conversely, FA a better hydroxyl free radical
336 scavenger. With respect to prevention of the upstream overproduction of superoxide
337 anion, GA would be a better protective agent, an elucidation well supports our

338 speculation. Comparing with the MDA data, the serum MDA level in DRCKD group
339 once having reached 86 μM was totally abolished by FA and GA (Figure 3b). Results
340 indicates FA is a better antioxidant than GA with respect to MDA suppression.

341 ***4.2. Increased serum creatinine level can be ascribed to the inhibition of creatine***
342 ***phosphate kinase, and decreased urinary level of creatinine can be caused by energy***
343 ***deficiency***

344 Since an increase in serum creatinine from 0.6 to 1.2 mg/dL represents a 50% decline in
345 renal function, accompanied with the GFR 120 mL/h (normal 435 mL/h)²⁰. In the early
346 stages of renal failure, major decreases in GFR are often associated with what appear to
347 be minor changes in serum creatinine²⁰. However, worth noting, serum creatinine levels
348 correlate with GFR only in the steady state. Therefore, significant errors in the estimation
349 of GFR may occur if the serum creatinine level is rapidly changing²⁰. Alternatively, the
350 feature of creatinine clearance was severely impaired in groups DRCKD, DRCKD+FA,
351 and DRCKD+GA (Table 2), similar to the findings of Yokozawa et al.²¹. The effects of
352 doxorubicin on the energy metabolism had been reported by Bachmann et al.²². DR not
353 only reduced oxygen consumption in heart mitochondria ex vivo, but also uncoupled
354 oxidative phosphorylation, inhibited creatinine phosphate kinase (CPK), and damaged the
355 semipermeability of the inner mitochondrial membrane (measured as creatine influx)²².
356 Until recently, the only site of the transamidinating enzyme in mammals has been thought
357 to be the kidney²³. The reduced activity of CPK would lead to the accumulation of serum
358 creatine, which in the absence of further phosphorylation to create CP will be
359 spontaneously converted to creatinine by nonenzymatic reaction²³. As a consequence, the
360 serum creatinine level was increased (Table 2). In addition, renal clearance is responsible

361 for 80% of kidney's total energy requirement²⁴. Under malnutrition status (Table 1) and
362 lacking high energy creatine phosphate formation, the renal clearance may be retarded,
363 resulting in reduced urinary creatinine excretion (Table 2).

364 ***4.3. FA and GA acted differently on serum uric acid level***

365 The reason why FA alone activated, conversely GA alone inhibited, uric acid synthesis
366 (Table 2) can be explained by their effect on xanthine oxidase²⁵ and the status of
367 glomerular clearance²⁶. FA might inhibit, but GA might activate, the enzyme xanthine
368 oxidase in CKD victims. Literature elsewhere indicated accumulation of a broad
369 spectrum of toxins due to failure of the kidney to eliminate these substances. Under
370 normal conditions, the glomerular filter clears molecules with a molecular weight up to
371 58,000 Da. All these substances are supposed to be retained in renal failure and are
372 candidate uremic toxins. Ninety compounds are known as uremic toxins; 68 of them have
373 a molecular weight <500 Da (small water-soluble compounds), 22 have a molecular
374 weight >500 Da (middle molecules), and 25 solutes (27.8%) are protein bound²⁶.

375 ***4.4. FA may enhance platelet aggregation***

376 As mentioned, FA increased the platelet count in DRCKD+FA rats to 1.52×10^6 count/ μ L,
377 comparing to the DRCKD control (Table 2). In patients on hemodialysis (HD), platelet
378 aggregation was impaired before as well as after the HD session²⁷, an implication in the
379 possible feature of FA to affect the cell growth, proliferation and blood coagulation.

380 ***4.5. Effect on IL-6 and TNF- α in DRCKD victims***

381 In DRCKD rats, level of TNF- α was greatly suppressed, whereas IL-6 still remained at a
382 level higher than the normal (Table 2), a phenomena being very similar to polymyalgia
383 rheumatica (PMR). Active PMR is characterized by increased serum levels of IL-6, but

384 not those of other pro-inflammatory cytokines. Worth noting, all the DR, FA alone,
385 DRCKD+FA, and DRCKD+GA groups exhibited significantly elevated WBC counts,
386 indicating in parallel significantly increased monocytes. As circulating monocytes do not
387 show increased production of proinflammatory cytokines, IL-6 might be mainly produced
388 in the inflamed tissue²⁸.

389 Tumor necrosis factor TNF- α and TNF- α are soluble ligands binding to TNF receptors
390 with similar activities. TNF is a multifunctional cytokine that plays important roles in
391 diverse cellular events. In regard to cancer, TNF is a double dealer, acting as either a
392 promoter or a killer²⁹. Soluble TNF receptor in inflammatory bowel disease (IBD)
393 mucosa inhibited TNF activity. Type 2 soluble receptor release from IBD mucosa was
394 increased in active inflammation; release from lamina cells was not increased³⁰. Mucosal
395 TNF- α production correlated with severity of disease. In some diseases, soluble TNF- α
396 receptors neutralize TNF- α activity by acting as inhibitors³⁰. Conversely, DR suppressed
397 level of TNF- α . To enhance TNF- α level to induce MnSOD has been reported to be a
398 possible protective mechanism of ghrelin for DR-induced cardiomyopathy and heart
399 failure^{14,31}. In our case, both FA and GA when used alone increased the levels of TNF- α
400 to 1476.1 pg/mL and 1099.7 pg/mL respectively, comparing to the normal 936.1 pg/mL
401 (Table 2). On induction with DR, the DRCKD rats might first down-regulated TNF- α ,
402 which was further suppressed by FA to a much lower level (97.6 pg/mL). Conversely,
403 level of TNF- α in DRCKD+GA was enhanced by GA to a higher level (563.1 pg/mL)
404 (Table 2), evidencing the possible imbalance between the TNF- α and the TNF- α
405 receptor in the DRCKD+FA as mentioned by Noguchi et al.³⁰.

406 ***4.6. Why level of urinary BUN was intensely increased by FA and GA?***

407 FA-alone and GA-alone-diets respectively raised the levels to 484 and 188 mg/dL (Table
408 2), indicating that FA and GA were not sufficiently effective for suppressing the level of
409 urinary protein, consistent with Okuda et al.⁷. On administration of DR, massive
410 proteinuria, hypoalbuminemia, and hyperlipidemia were observed (Table 2). Both BUN
411 and serum creatinine increased at week 16 and reached the uremic level at week 28⁷.
412 Comparing with the serum BUN levels, the high level of urinary BUN can be ascribed to
413 more rapid renal excretion of urea when affected by DR, FA, and GA (Table 2).

414 ***4.7. Doxorubicin up-regulated PDGF-BB, and TGF- β caused profibrosis, and FA***
415 ***may potentiate the pathological status due its pro-oxidant bioactivity***

416 As indicated in Figure 1, profibrosis of kidney occurred as a consequence of DR therapy.
417 (Figure 1), and similarly the level of PDGF-BB (Figure 4a). Okuda et al. reported that
418 IgM with a small amount of IgG and C₃ appeared in the sclerosing glomeruli from week
419 16 on treatment with DR⁷. As mentioned, FA acts as a strong pro-oxidant, and previously,
420 we also had found a certain degree of cardiac injury in rats when treated with DR (data
421 not shown). FA thus may enhanced the severity of fibrotic status. As well cited,
422 PDGF-BB activates all combinations of PDGF receptor subunits³², serving to potentiate
423 autocrine stimulation of growth³³. PDGF-BB is associated with excessive cell migration,
424 proliferation and many growth-related diseases³⁴. PDGF-BB plays an important role in
425 the cellular metabolism of vascular wall by regulating the rate of macrophage-colony
426 stimulating factor (MCSF) production in vascular smooth muscle cells³⁵. PDGF-BB is
427 also a potent wound-healing hormone accelerating incisional repair³⁶.

428 Transforming growth factor (TGF)- β is strongly implicated in the progression of renal
429 fibrosis. TGF- β 1 is reported to cause epithelial-mesenchymal transition, inhibition of

430 epithelial cell proliferation, increased apoptosis, auto-induction of TGF- β 1 production
431 and induction of secondary mediators of tissue fibrosis such as connective tissue growth
432 factor (CTGF, CCN2)³⁷. Ras/MAP kinase pathway, specifically through N-Ras, mediates
433 TGF- β 1 auto-induction and TGF- β 1 induced CTGF expression in human renal tubule
434 epithelial cells³⁷.

435 Rats received N-nitro-L-arginine methyl ester (L-NAME) developed severe hypertensive
436 nephrosclerosis. Levels of TGF- β 1 mRNA in the renal tissue was also significantly
437 increased compared with control spontaneously hypertensive rats³⁸. By inhibiting both
438 TGF- β 1 production and apoptosis induction, glomerular and arteriolar damages can be
439 prevented and renal functions can be secured³⁸.

440 In its normal state, the TGF- β pathway restricts cell growth, differentiation and cell
441 death³⁹. When a normal cell becomes cancerous, various components of the TGF- β
442 signaling pathway become mutated, which makes the newly cancerous cell resistant to
443 the effects of normally functioning TGF- β . These resistant cells then grow without
444 regulation³⁹.

445 ***4.8. DR down-regulated p-PI3K and p-Akt, but up-regulated levels of CD34 and α -SMA in DRCKD***

446 ***α -SMA in DRCKD***

447 As mentioned, in DRCKD rats, FA down-regulated levels of PI3K, p-PI3K, p-Akt and
448 up-regulated Akt, CD34, and α -SMA. Conversely, GA had slightly restored levels of
449 PI3K and p-Akt to normal levels, lesser extent in down-regulation of Akt and
450 up-regulation of α -SMA (Figure 5).

451 Among 30 patients with glomeronephritis (GN), CD34 is present in the extraglomerular
452 mesangium in 50% (15 patients) of the GN patients. 73% (11 patients) of the latter may

453 show concomitant intraglomerular and extraglomerular mesangial CD34 immunostaining,
454 while 26.7% (four patients) show only extraglomerular mesangial immunostaining, and
455 in 20% (3 patients) of patients, CD34 immunostaining is present only in the
456 intraglomerular mesangium⁴⁰. In fact there is a fair degree of relationship, which did not
457 reach statistical significance between CD34 in the extraglomerular mesangium and CD34
458 in the intraglomerular mesangium. In the intraglomerular mesangium, CD34 does not
459 significantly correlate with mesangial α -SMA and activity or chronicity index. In the
460 extraglomerular mesangium, CD34 does not show a significant correlation with α -SMA⁴⁰.
461 Instead, the activity index and the chronicity index may show a good correlation with
462 serum creatinine (Table 2). Mesangial cell proliferation correlates well with the
463 mesangial matrix increase, while interstitial vimentin shows a good correlation with
464 interstitial α -SMA⁴¹. In addition, the immunoreactivity of α -SMA is closely correlated
465 with and necroinflammatory activity ($p = 0.022$). The degree of α -SMA expression and
466 the scores of fibrosis (in periportal, perisinusoidal and pericentral areas) were highly
467 correlated⁴¹. Neglecting the role of CD34, we suspect that DR up-regulated TGF- β ,
468 p-PDGFR, and PDGFR to trigger the signal cascade PDGF \rightarrow PDGFR \rightarrow (CD34??)
469 \rightarrow α -SMA signaling pathway, and simultaneously down-regulated the pathway PI3K
470 (p -PI3K) \rightarrow Akt (p -Akt), resulting in severe kidney damages that FA and GA are unable
471 to inhibit.

472 **4.9. Zymography of MMP-2 and MMP-9**

473 Levels of MMP-2 was up-regulated by DR treatment. Under normal physiological
474 conditions, much of the increased MMP was present in the inactive zymogen form. In
475 pathological renal cysts, MMP-2 is abnormally localized to the interstitium and to foci

476 between cysts, suggesting that MMP-2 may regulate collagen accumulation at those sites,
477 thus allowing cyst enlargement and limiting the severity of interstitial fibrosis¹⁶. GA was
478 found effective for down-regulation of MMP-2, but FA did not show any recovery effect
479 (Figure 6). The whole experiment had been observed for a period of 28 weeks,
480 corresponding to 47 year-human life of 60 years, which seemingly was equivalent to
481 approximately 3 year-life of rats, i.e. such an experiment could be considered as a long
482 term observation. A similar result had been previously reported in our laboratory¹¹. The
483 relationship between food and disease is indeed extremely complex. It is generally
484 accepted that diet is a contributory factor in the aetiology of a large proportion of
485 diseases⁴². Furthermore, polyphenols may interact with certain pharmaceutical agents like
486 DR and enhance their biologic effects (refer to Figure 1). Considering the outcome may
487 deviate between a short term and a long term therapy with FA and GA, the possible
488 mechanism may involve i) the unique prooxidant effect of some antioxidants, ii) the
489 pathological changes altering the signaling peptides and signaling pathways, iii) the
490 optimum dosage required may vary depending on the stage of pathological event, and
491 finally iv) the individual variation in biochemical response¹⁸. As mentioned⁴³, it is
492 important to consider the doses at which these effects occur, in relation to the
493 concentrations that naturally occur in the human body. Future studies evaluating either
494 beneficial or adverse effects should therefore include relevant forms and doses of
495 polyphenols and, before the development of fortified foods or supplements with
496 pharmacologic doses, safety assessments of the applied doses should be performed⁴³.

497 ***4.10. Hypertension is another risk***

498 In DRCKD victims, severe hypertensive status is always observed. Blood pressure of

499 DRCKD, DRCKD+FA, and DRCKD+GA groups reached 160, 145, and 144 mmHg in
500 DRCKD, DRCKD+FA, and DRCKD+GA groups respectively, comparing to the normal
501 value 99 mmHg (Table 2). As often cited, hypertension is a risk factor to induce renal
502 disease, neural degeneration and a diversity of cardiovascular diseases⁴⁴.

503 To conclude, both FA and GA failed to retard the down-regulation of *p*-PI3K and *p*-Akt;
504 and the up-regulation of PI3K, Akt, CD34 and α -SMA caused by DRCKD. Although
505 both FA and GA were able to down-regulate serum PDGF-BB and up-regulate tissue
506 PDGFR, long term treatment of CKD with ferulic acid has revealed that ferulic acid tends
507 to aggravate, on the contrary, GA tends to protect the damages caused by CKD. Thus, FA
508 is not recommended to be used as a long term therapy for patients with CKD.

509

510 **Statement of Authorship**

511 We state that **Chiung-Chi Peng** is responsible for study design, monitor the progress of
512 the experiments, and data interpretation. **Chiu-Lan Hsieh** and **Jin-Yuan Chung** are
513 responsible for performing experiments. **Kuan-Chou Chen** and **Robert Y. Peng** are
514 responsible for trouble shooting and article writing.

515 **Conflict of Interest**

516 The authors do not have any conflict of interest.

517 **Acknowledgement**

518 The authors are grateful for financial support from the National Science Council
519 98-2320-B-038-024-, 99-2320-B-038-011-MY3, 97-2320-B-039-049-MY3 &
520 99-2320-B-039-034-. The authors also acknowledge financial support of CMU97-234
521 &CMU99-N1-09 from Chinese Medical University.

522
523
524
525
526
527
528
529
530
531
532
533
534

535 **References**

- 536
537 1. Ross JA, Kasum CM. Dietary flavonoids: bioactivity, metabolic effects, and safety.
538 *Annu Rev Nutr* 2002; 22:19-34. 2. Lee ER, Kang GH, Cho SG. Effect of
539 flavonoids on human health: old subjects but new challenges. *Recent Pat Biotechnol*
540 2007;1:139-50.
- 541 3 Top Cultures (<http://www.phytochemicals.info/phytochemicals/gallic-acid.php>)
- 542 4 Fiuza SM, Gomes C, Teixeira LJ, Girão da Cruz MT, Cordeiro MN, Milhazes N,
543 Borges F, Marques MP. Phenolic acid derivatives with potential anticancer
544 properties—a structure–activity relationship study. Part 1: Methyl, propyl and octyl
545 esters of caffeic and gallic acids. *Bioorg Med Chem* 2004; 12(13):3581-89.
- 546 5. Ou S, Kwok KC. Ferulic acid: pharmaceutical functions, preparation and
547 applications in foods. *J. Sci. Food Agric.* 2004; 84:1261-9. Astier A, Doat B, Ferrer
548 MJ, Benoit G, Fleury J, Rolland, A.; Leverge, R. Enhancement of adriamycin
549 antitumor activity by its binding with an Intracellular sustained-Release form,
550 polymethacrylate nanospheres, in U-937 cells. *Cancer Res* 1988; 48:1835-41. Okuda
551 S, Oh Y, Tsuruda H, Onoyama K, Fujimi S, Fujishima M. Adriamycin-induced
552 nephropathy as a model of chronic progressive glomerular disease. *Kidney Int*

- 553 1986;29: 502–10.
- 554 8. Sun XJ, Ma WF. Patent application title: Pharmaceutical composition containing
555 ferulic acid and matrine compounds, the preparation and the use thereof. Qingdao
556 Qiyuan Bio-Technologies Co., Ltd. Publication date: 06/16/2011. Patent application
557 number: 20110144143.
- 558 9. Manach C, Williamson G, Morand C, Scalbert A, Rémésy C. Bioavailability and
559 bioefficacy of polyphenols in humans. I. Review of 97 bioavailability studies. *Am J*
560 *Clin Nutr* 2005;81(1 Suppl):230S-42S.
- 561 10. Niho N, Shibutani M, Tamura T, Toyoda K, Uneyama C, Takahashi N, Hirose M.
562 Subchronic toxicity study of gallic acid by oral administration in F344 rats. *Food*
563 *Chem Toxicol* 2001;39:1063-70.
- 564 11. Hsieh CL, Peng CC, Cheng YM, Lin LY, Ker YB, Chang CH, Chen KC, Peng RY.
565 Quercetin and ferulic acid aggravate renal carcinoma in long-term diabetic victims. *J*
566 *Agric Food Chem* 2010; 58: 9273-80.
- 567 12 Boubred F, Daniel L, Buffat C, Feuerstein JM, Tsimaratos M, Oliver C,
568 Dignat-George F, Lelièvre-Pégorier M, Simeoni U. Early postnatal overfeeding
569 induces early chronic renal dysfunction in adult male rats. *Am J Physiol Renal*
570 *Physiol* 2009; 297:F943-51.
- 571 13. Pestel S, Krzykalla V, Weckesser G. Measurement of glomerular filtration rate in the
572 conscious rat. *J Pharmacol Toxicol Methods* 2007;56:277-89.
- 573 14. Wong GH, Goeddel DV. Induction of manganous superoxide dismutase by tumor
574 necrosis factor: possible protective mechanism. *Science* 1988;242:941–4.
- 575 15. Balasubashini MS, Rukkumani R, Menon VP. Protective effects of ferulic acid on

- 576 hyperlipidemic diabetic rats. *Acta Diabetol* 2003; 40:118–22.
- 577 16. Rankin CA, Itoh Y, Tian C, Ziemer DM, Calvet J, Gattoneii VH. Matrix
578 metalloproteinase-2 in a murine model of infantile-type polycystic kidney disease. *J*
579 *Am Soc Nephrol* 1999;10:210–7.
- 580 17. Scott BC, Butler J, Halliwell B, Aruoma OI. Evaluation of the antioxidant actions of
581 ferulic acid and catechins. *Free Radic Res Commun* 1993;19:241-53.
- 582 18. Nemeikaitė-Čėnienė A, Marozienė A, Vidžiūnaitė R, Čėnas N. Prooxidant
583 cytotoxicity, apoptosis induction, and protective effects of polyphenolic antioxidants.
584 *CHEMINĖ TECHNOLOGIJA* 2009; 3 (52):12-5.
- 585 19. Pascale U, Jean-Pierre S, Marrie-Carmen M, Nicolas F, Isabelle F, Françoise N.
586 ESR antioxidative activity of phenolic acids and esters. *2nd International Electronic*
587 *Conference on Synthetic Organic Chemistry (ECSOC-2)*, <http://www.mdpi.org/ecsoc/>,
588 *September 1-30, 1998*.
- 589 20. Kobrin S, Araghye S. Preventing Progression and Complications of Renal Disease.
590 *Hosp Med* 1997; 33:11-12, 17-18, 20, 29-31, 35-36, 39-40.
- 591 21. Yokozawa T, Chung HY, He LQ, Oura H. Effectiveness of green tea tannin on rats
592 with chronic renal failure. *Biosci Biotechnol Biochem* 1996;60:1000-5.
- 593 22. Bachmann E, Weber E, Zbinden G. Effects of mitoxantrone and doxorubicin on
594 energy metabolism of the rat heart. *Cancer Treat Rep* 1987; 71: 361-6.
- 595 23. Harper HA, Rodwell VW, Mayes PA. *Review of Physiological Chemistry*. 16th ed.
596 1977. Lange Medical Publications, Los Altos, California 94022, USA.
- 597 24. Widmaier (Ed): *Renal Physiology* pp.486-487. BIO 3520 notes, 4/06/09.
- 598 25. Scott BC, Butler J, Halliwell B, Aruoma OI. Evaluation of the antioxidant actions of

- 599 ferulic acid and catechins. *Free Radic Res Commun* 1993;19:241-53.
- 600 26. Bordoni V, Piroddi M, Galli F, de Cal M, Bonello M, Dimitri P, Salvatori G,
601 Ranishita R, Levin N, Tetta C, Ronco C. Oxidant and Carbonyl Stress-Related
602 Apoptosis in End-Stage Kidney Disease: Impact of Membrane Flux. *Blood Purif*
603 2006; 24:149–56. DOI: 10.1159/000089452.
- 604 27. Eleftheriadis T, Antoniadi G, Liakopoulos V, Tsiandoulas A, Barboutis K, Stefanidis I.
605 Propyl gallate-induced platelet aggregation in patients with end-stage renal disease:
606 the influence of the haemodialysis procedure. *Nephrology (Carlton)*. 2006;11:3-8.
- 607 28. Greenmedinfo. Active polymyalgia rheumatica is characterized by increased serum
608 levels of interleukin-6 probably originating in inflamed tissue. (Greenmedinfo,
609 created 2009-10-03 07:33). *Ann Rheum Dis* 2009 Mar 1. PMID: 19254903.
- 610 29. Wang X, Lin Y. Tumor necrosis factor and cancer, buddies or foes? *Acta*
611 *Pharmacologica Sinica* 2008; 29:1275-1288. doi:10.1111/j.1745-7254.2008.00889.x
- 612 30. Noguchi M, Hiwatashi N, Liu Z, Toyota T. Secretion imbalance between tumour
613 necrosis factor and its inhibitor in inflammatory bowel disease. *Gut* 1998; 43:203-9.
- 614 31. Xu Z, Lin S, Wu W, Tan H, Wang Z. Ghrelin prevents doxorubicin-induced
615 cardiotoxicity through TNF-alpha/NF-kappaB pathways and mitochondrial protective
616 mechanisms. *Toxicology* 2008;247(2-3):133-8.
- 617 32. Pfeilschifter J. Role of cytokines in postmenopausal bone loss. *Curr Osteoporos Rep*
618 2003;1: 53-8.
- 619 33. Claesson-Welsh L, Eriksson A, Westermark B, Heldin CH. Cloning and expression of
620 human platelet-derived growth factor alpha and beta receptors. *Methods Enzymol*.
621 1991;198:72-7.

- 622 34. Bayraktutan U, Jones P. Expression of the human gene encoding urokinase
623 plasminogen activator receptor is activated by disruption of the cytoskeleton. *Exp*
624 *Cell Res* 199;221:486-95.
- 625 35. Shimada M, Inaba T, Shimano H, Gotoda T, Watanabe Y, Yamamoto K, Motoyoshi
626 K, Yazaki Y, Yamada N. Platelet-derived growth factor BB-dimer suppresses the
627 expression of macrophage colony-stimulating factor in human vascular smooth
628 muscle cells. *J Biol Chem* 1992;267:15455-8.
- 629 36. Mustoe TA, Pierce GF, Morishima C, Deuel TF. Growth factor-induced acceleration
630 of tissue repair through direct and inductive activities in a rabbit dermal ulcer model.
631 *J Clin Invest* 1991;87:694-703.
- 632 37. Dockrell ME, Phanish MK, Hendry BM. TGF-beta auto-induction and connective
633 tissue growth factor expression in human renal tubule epithelial cells requires N-ras.
634 *Nephron Exp Nephrol* 2009;112:e71-9.
- 635 38. Ono H, Saitoh M, Ono Y, Ishimitu T, Matsuoka H. Imidapril improves
636 L-NAME-exacerbated nephrosclerosis with TGF-beta 1 inhibition in spontaneously
637 hypertensive rats. *J Hypertens* 2004; 22:1389-95.
- 638 39. Wang SE, Yu Y, Criswell TL, Debusk LM, Lin PC, Zent R, Johnson DH, Ren X,
639 Arteaga CL. Oncogenic mutations regulate tumor microenvironment through
640 induction of growth factors and angiogenic mediators. *Oncogene*. 2010, 29,3335-48.
- 641 40. Gluhovschi C, Gluhovschi G, Potencz E, Herman D, Trandafirescu V, Petrica L,
642 Velciov S, Bozdog G, Bob F, Vernic C, Cioca D. What is the significance of CD34
643 immunostaining in the extraglomerular and intraglomerular mesangium? CIN '2009 -
644 5 CONGRESSO DE NEFROLOGIA NA INTERNET

- 645 41. Akpolat N, Yahsi S, Godekmerdan A, Yalniz M, Demirbag K. The value of
646 alpha-SMA in the evaluation of hepatic fibrosis severity in hepatitis B infection and
647 cirrhosis development: a histopathological and immunohistochemical study.
648 *Histopathology* 2005; 47(3):276-80.
- 649 42. Manson MM, Benford DJ. Factors influencing the carcinogenicity of food chemicals.
650 *Toxicology* 1999;134(2-3):93-108.
- 651 43. Mennen LI, Walker R, Bennetau-Pelissero C, Scalbert A. Risks and safety of
652 polyphenol consumption. Dietary polyphenols and health: Proceedings of the first
653 international conference on polyphenols and health (held in Vichy, France, November
654 2003). *Am J Clin Nutri* 2005; 81:326S-9S.
- 655 44. Cerasola G, Nardi E, Palermo A, Mulè G, Cottone S. Epidemiology and
656 pathophysiology of left ventricular abnormalities in chronic kidney disease: a review.
657 *J Nephrol* 2010; May 2. pii: 989CA00C-2F12-46BF-9EA7-43A40EC55A4B. (Epub
658 ahead of print).
- 659
- 660
- 661
- 662
- 663
- 664
- 665
- 666
- 667

668

669

670

671

672

673 **Figure Legends**

674 **Figure 1. The histopathological findings of renal tubules and glomeruli in all groups.**

675 A: normal control. B: DRCKD control. C: ferulic acid control (FA). D:
676 DRCKD+ ferulic acid (DRCKD+FA). E: GA control (GA). F: DRCKD+ gallic
677 acid (DRCKD+GA) (magnification \square 400).

678 **Figure 2. The Sirius Red Staining of collagen deposition in kidney tissues of**

679 **different groups.** Ferulic acid accelerates the collagen deposition (stained red)

680 in DRCKD tissue (figure D) when compared with the gallic acid treated

681 DRCKD tissue (figure F). [A: normal control. B: DRCKD control. C: FA

682 control. D: DRCKD+ FA. E: GA control. F: DRCKD+ GA (magnification \times

683 400).

684 **Figure 3. Serum superoxide dismutas (SOD) (3A), and MDA levels (3B) in different**

685 **experimental groups.** Values in each bar with different superscripts (a to b)

686 indicate significantly different with each other at confidence level of $p < 0.05$.

687 **Figure 4. The serum PDGF-BB level (4A) and protein expression of**

688 **PDGFR ,p-PDGFR, TGF- β (4B) in different experimental groups.** Values

689 in each bar with different superscripts (a to d) indicate significantly different

690 with each other at confidence level of $p < 0.05$ (4A). The amount of protein
691 expressed is expressed in fold(s) of control (β -actin) (4B).

692 **Figure 5. The expression of signaling proteins in kidney tissues of different**
693 **experimental group.**

694 The experimental groups comprise normal (normal control), DRCKD
695 (DR-induced CKD), FA (ferulic acid control), DRCKD+FA (DRCKD+ferulic
696 acid), GA (gallic acid control), and DR-GA (DRCKD + gallic acid). The amount
697 of protein expressed is expressed in fold of control (β -actin).

698 **Figure 6. The expression of matrix metalloproteinases MMP-2 and MMP-9 in**
699 **kidney tissues of different experimental groups.** Data are expressed in
700 inhibition percent of MMP-2 when comparing to the normal group.

701 .

702

703

704

705

706

707

708

709

710

711

712

713

714

715

716

717

718

719

720

721

722 Table Caption

723

724 **Table 1. Effect of gallic and ferulic acids on the physiological parameters of rats**
725 **having chronic kidney disease.[§]**

726 **Table 2. Effect of gallic and ferulic acids on the serum and urinary biochemical**
727 **parameters in rats having chronic kidney disease.[§]**

728

Figure 1

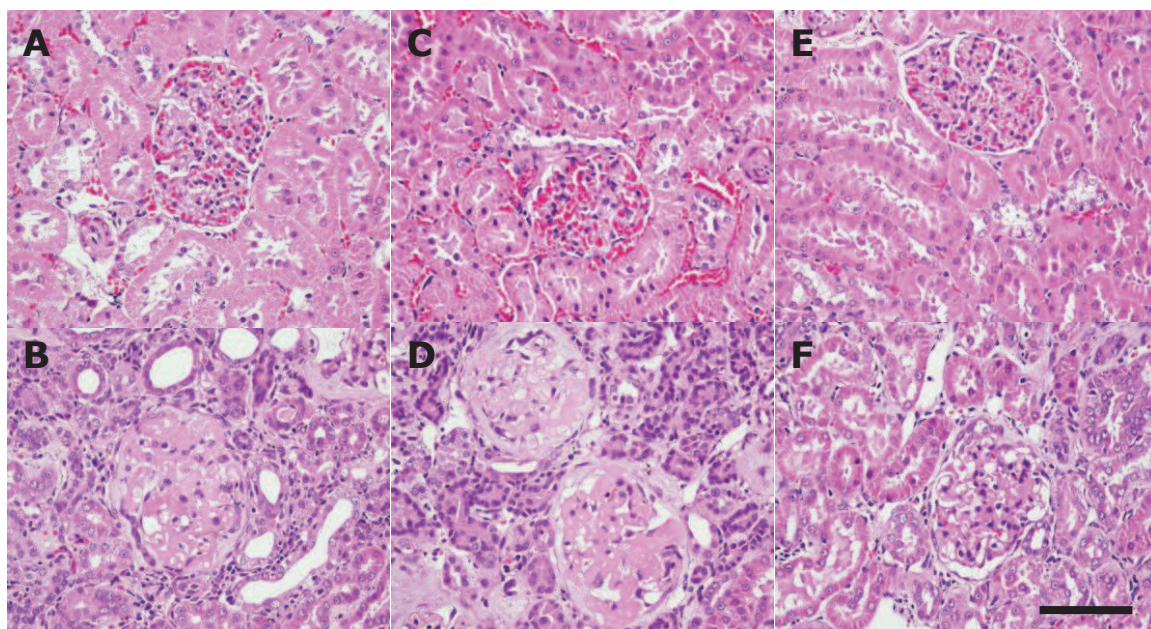


Figure 2

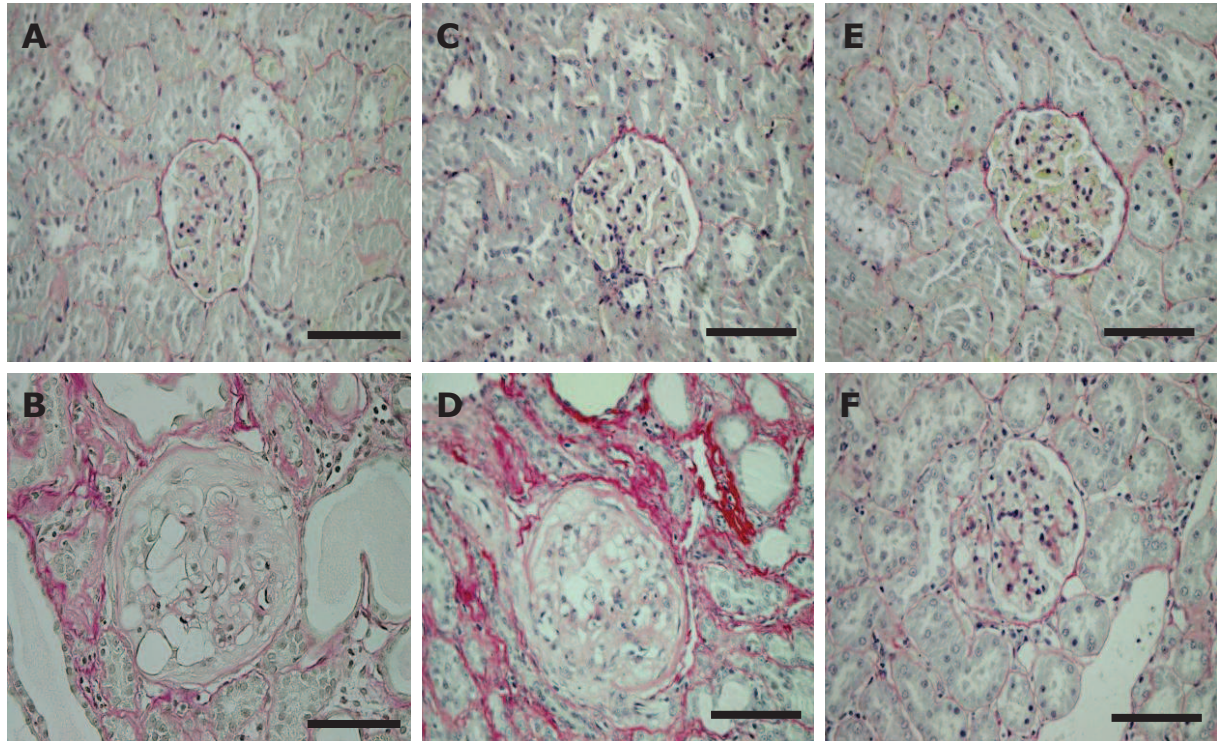


Figure 3 A

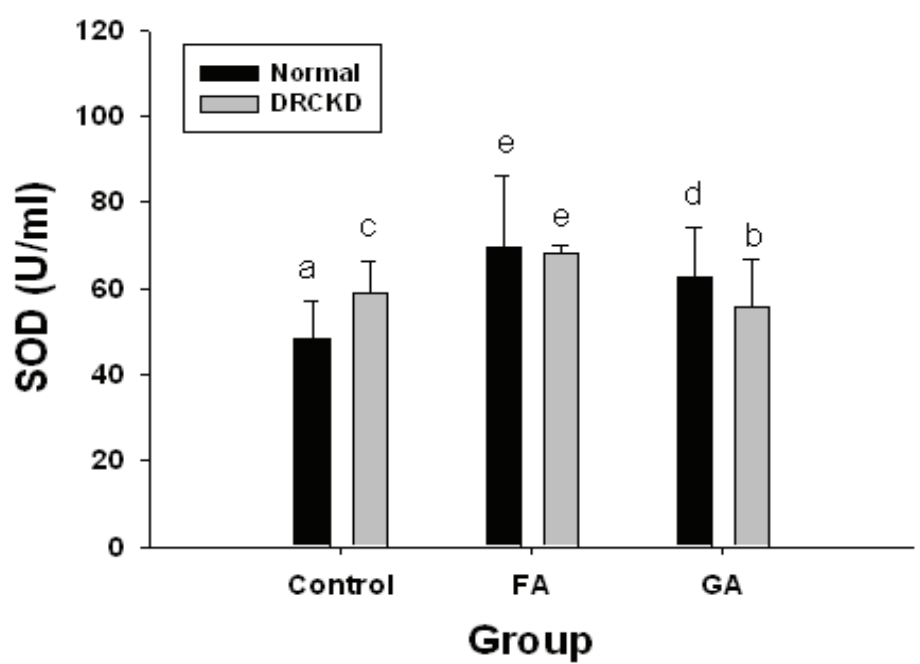


Figure 3B

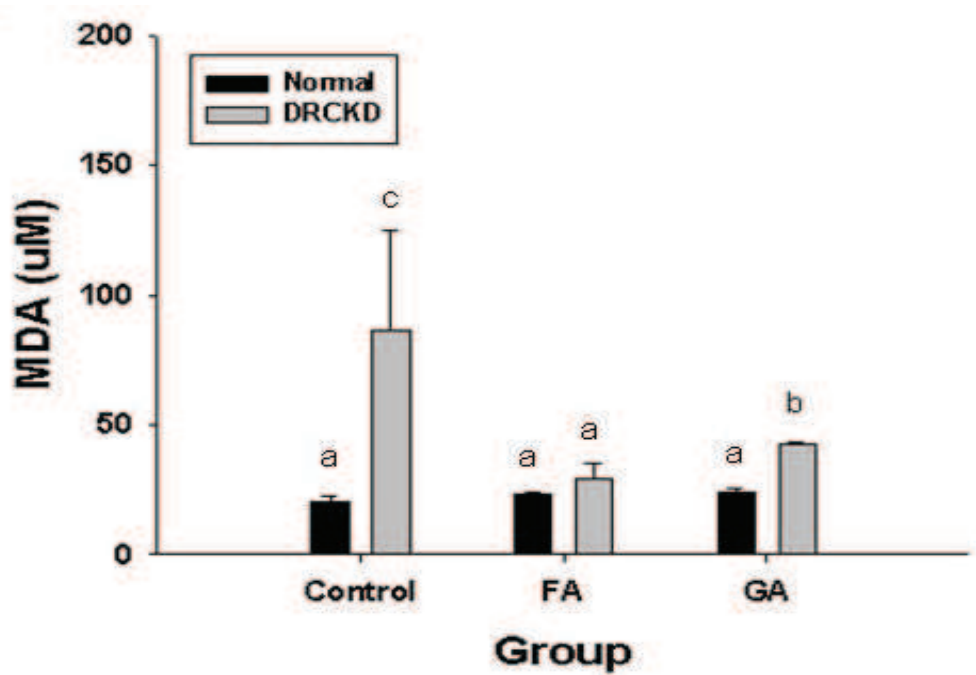
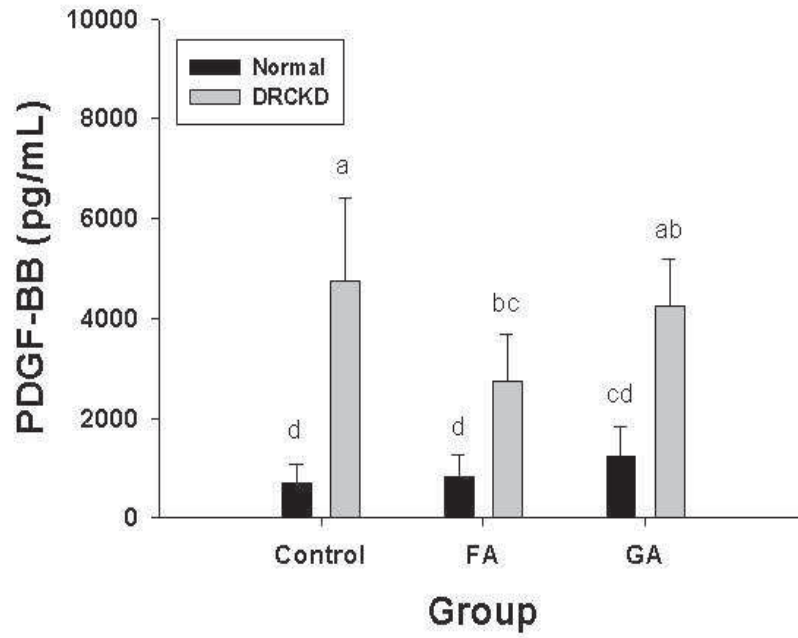
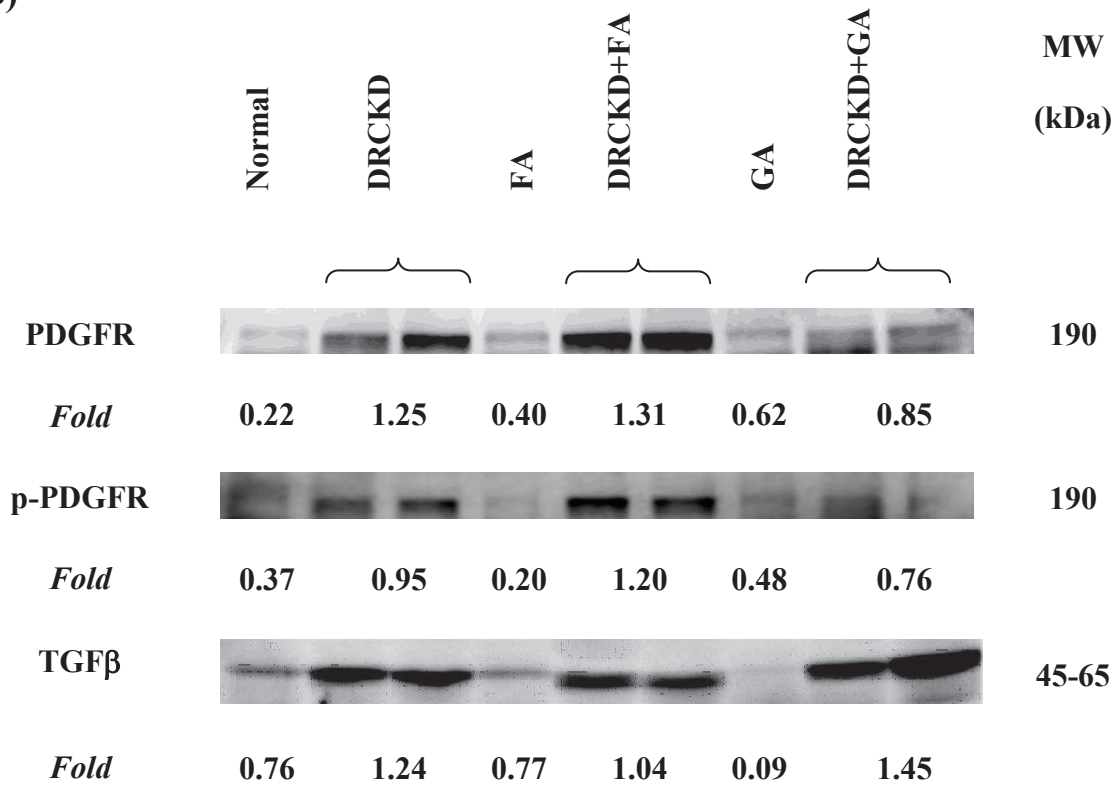


Figure 4

(A)



(B)



β -actin



42

Figure 5

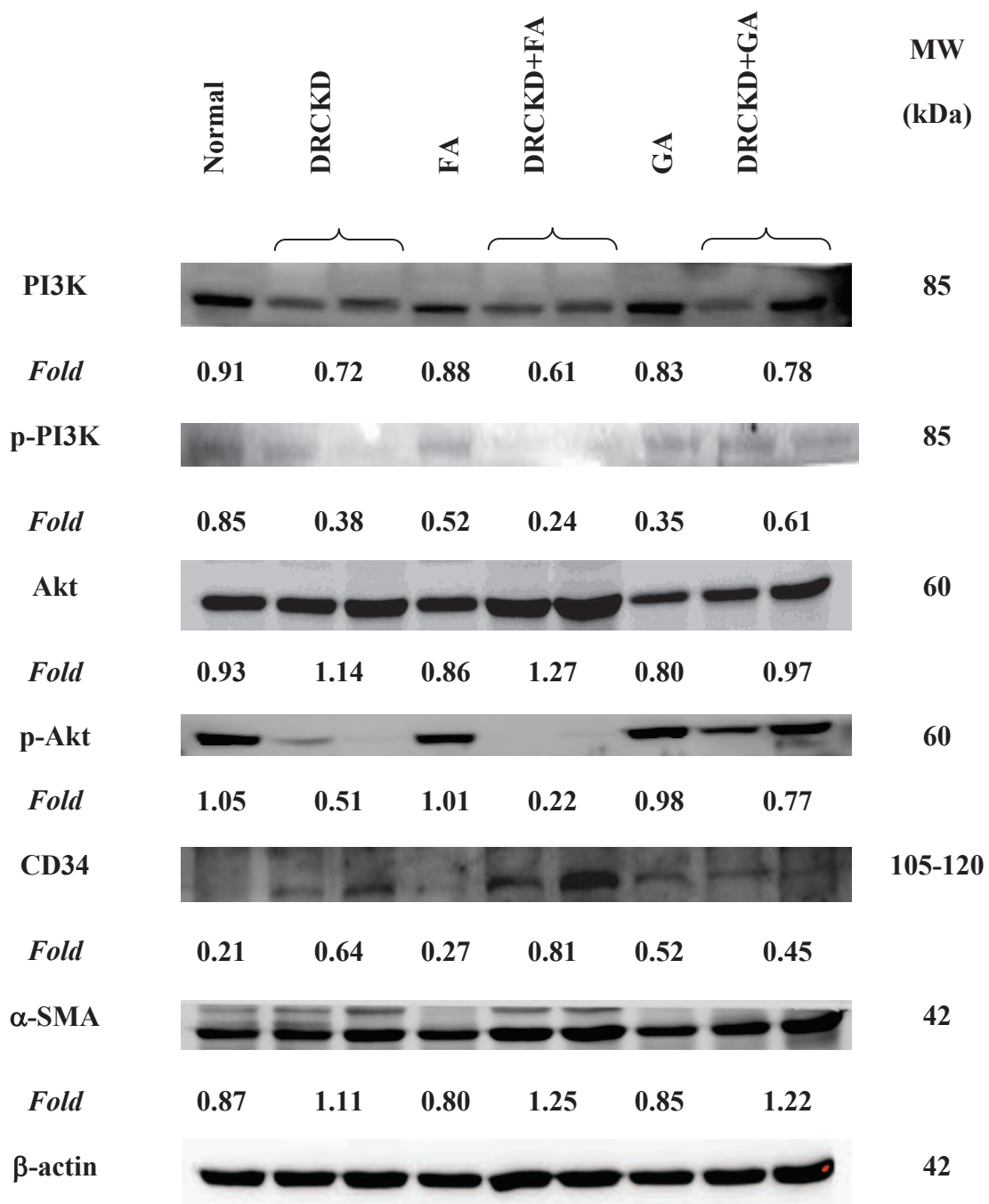


Figure 6

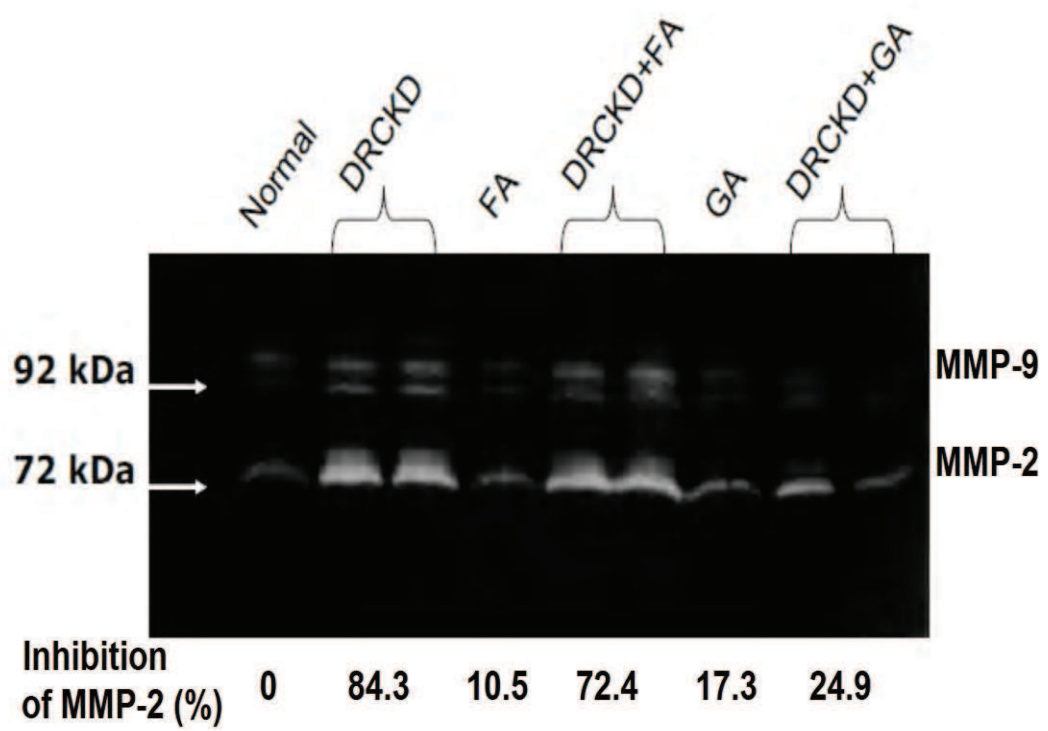


Table 1. Effect of gallic and ferulic acids on the physiological parameters of rats having chronic kidney disease.[§]

| Items | Normal | DRCKD | FA | DRCKD+FA | GA | DRCKD+GA |
|-----------------------|----------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| Bw (g) | 516±12 ^e | 304±31 ^{b,B} | 523±9 ^{e,E} | 239±34 ^{a,A} | 450±19 ^{d,D} | 357±48 ^{c,C} |
| Kw (g) | 3.1±0.3 ^b | 5.0±1.0 ^{f,E} | 3.0±0.1 ^{a,A} | 4.7±0.6 ^{e,D} | 3.3±0.3 ^{c,B} | 3.9±0.5 ^{d,C} |
| Kw/Bw(%) | 0.6±0.0 ^a | 1.7±0.4 ^{c,C} | 0.6±0.1 ^{a,A} | 2.0±0.2 ^{d,D} | 0.7±0 ^{a,A} | 1.1±0.1 ^{b,B} |
| GV (mm ³) | 1.3±0.2 ^b | 1.9±0.4 ^{d,C} | 1.1±0.1 ^{a,A} | 2.4±0.5 ^{e,D} | 1.1±0.1 ^{a,A} | 1.8±0.3 ^{c,B} |
| GFR, mL/h | 435±26 | 260±15 | 435±25 | 120±12 | 400±24 | 515±25 |

^aBw: body weight; Kw: kidney weight. GV: glomerular volume. GFR: glomerular filtration rate. The superscripts in lower case in each row indicate significant difference with level of confidence $p<0.05$ between the normal and the other tested groups (n=6). The superscripts in upper case in each row indicate significant difference with level of confidence $p<0.05$ between the DR and the other tested groups (n=6). Data are expressed in mean± S.D. from triplicate experiments.

Table 2. Effect of gallic and ferulic acids on the serum and urinary biochemical parameters in rats having chronic kidney disease. [§]

| | Normal | DRCKD | FA | DRCKD+FA | GA | DRCKD+GA |
|--------------------------------|----------------------------|--------------------------|---------------------------|------------------------|-----------------------------|---------------------------|
| <i>Serum (mg/dL)</i> | | | | | | |
| Albumin (g/dL) | 4.8±0.3 ^a | 2.8±0.4 ^c | 4.6±0.2 ^a | 3.3±0.3 ^{b,c} | 4.7±0.3 ^a | 3.4±0.4 ^b |
| Cholesterol | 74±11 ^c | 831±39 ^a | 72±11 ^c | 554±61 ^b | 68±18 ^c | 539±31 ^b |
| TG | 47±2 ^b | 548±29 ^a | 71±8 ^b | 409±16 ^a | 49±10 ^b | 493±20 ^a |
| BUN | 15±2 ^b | 70±12 ^a | 17±2 ^b | 57±10 ^a | 18±2 ^b | 37±9 ^{a,b} |
| Creatinine | 0.7±0.0 ^b | 1.4±0.6 ^b | 0.7±0.1 ^b | 2.9 ±1.4 ^a | 0.7±0.1 ^b | 0.7±0.1 ^b |
| Calcium | 9.8±2.3 ^a | 11.9±1.6 ^a | 11.3±1.9 ^a | 12.9±2.7 ^a | 10.9±2.3 ^a | 12.0±1.5 ^a |
| Phosphate | 6.3±0.4 ^b | 8.2±4.2 ^{a,b} | 5.7±0.3 ^b | 11.5±2.6 ^a | 6.8±0.0 ^b | 8.3±1.5 ^{a,b} |
| Uric Acid | 1.7±0.5 ^b | 4.1±2.3 ^a | 2.0±0.7 ^b | 1.5±0.2 ^b | 1.2±0.2 ^b | 3.0±1.3 ^{a,b} |
| GOT (U/L) | 70±13 ^a | 42±2 ^b | 57±4 ^a | 22±2 ^b | 71±11 ^a | 42±2 ^b |
| GPT (U/L) | 38±14 ^b | 30±3 ^{b,c} | 26±2 ^{b,c} | 25±2 ^c | 41±3 ^a | 28±3 ^{b,c} |
| <i>Cell count</i> | | | | | | |
| WBC (10 ³ /μL) | 8±4 ^b | 10±2 ^b | 10±3 ^b | 18±3 ^a | 10±3 ^b | 8±3 ^b |
| RBC (10 ⁶ /μL) | 7.5±2.0 ^{a,b} | 5.8±2.0 ^{a,b} | 7.8±1.9 ^a | 4.5±3 ^c | 8.0±2 ^a | 5.8±3 ^{b,c} |
| Platelet (10 ⁵ /μL) | 6.3±4.0 ^b | 14.5±5.0 ^a | 4.9±3.4 ^b | 15.2±3.1 ^a | 6.0±4.0 ^b | 14.9±2.0 ^a |
| <i>Cytokines</i> | | | | | | |
| IL-6 (ng/mL) | 2.2±0.1 ^b | 5.0±0.2 ^a | 4.5±0.1 ^a | 3.9±0.1 ^a | 3.5±0.1 ^{a,b} | 4.2±0.2 ^a |
| TNF α (pg/mL) | 936.1±174.3 ^{a,b} | 370.2±100.6 ^b | 1476.1±210.3 ^a | 97.6±6.1 ^b | 1099.7±127.6 ^{a,b} | 563.1±84.3 ^{a,b} |
| <i>Urinary (mg/dL)</i> | | | | | | |
| BUN | 108±5 ^b | 547±5 ^a | 484±28 ^a | 385±49 ^a | 188±47 ^b | 457±37 ^a |
| Creatinine | 172±48 ^a | 57±37 ^b | 178±20 ^a | 31±23 ^b | 177±18 ^a | 68±15 ^b |
| Protein | 52±5 ^d | 811±23 ^a | 41±3 ^d | 676±12 ^c | 49±4 ^d | 735±21 ^b |
| <i>Creatinine clearance</i> | | | | | | |
| | 1.85±0.2 ^a | 0.21±0.1 ^b | 2.00±0.9 ^a | 0.09±0.0 ^b | 2.14±0.7 ^a | 1.2±0.1 ^{a,b} |

| | | | | | | |
|---------------------------------|-------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| <i>Blood pressure</i> (mmHg) | 99±1 ^b | 160±2 ^a | 104±2 ^b | 145±2 ^a | 104±2 ^b | 144±9 ^a |
|---------------------------------|-------------------|--------------------|--------------------|--------------------|--------------------|--------------------|

[§]Different letters indicate significant difference ($p < 0.05$). (n=6). Data are expressed in mean± S. D. from triplicate experiments.

***Conflict of Interest 1**

[Click here to download Conflict of Interest: 1.pdf](#)

***Conflict of Interest 2**

[Click here to download Conflict of Interest: 2.pdf](#)

***Conflict of Interest 3**

[Click here to download Conflict of Interest: 3.pdf](#)

ICMJE Conflict of Interest

[Click here to download ICMJE Conflict of Interest: YCLNU_Conflict_of_Interest.pdf](#)

***Conflict of Interest 5**

[Click here to download Conflict of Interest: 5.pdf](#)