1	Running Title: antioxidant and anti-inflammatory properties of Cardiospermum
2	halicacabum
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4	Antioxidant and anti-inflammatory properties of Cardiospermum
5	halicacabum and its reference compounds ex vivo and in vivo
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#### 27 Abstract

Aims of the study: *Cardiospermum halicacabum* (CH) has been used in Chinese medicine for a long time. However, its fingerprint chromatogram, antioxidant, anti-inflammatory effects and mechanism are still needed to be explored. Therefore, the aims of this study investigated the antioxidant and anti-inflammatory effects of CH extracts and its reference compounds *ex vivo* and *in vivo*.

33 Materials and methods: In HPLC analysis, the fingerprint chromatogram of 34 ethanolic extract of CH (ECH) was established. The effects of ACH (aqueous extract 35 of CH) and ECH extracts were assessed for the antioxidant and LPS-induced NO 36 production in RAW264.7 cells. In vivo anti-inflammatory activities of ECH were 37 evaluated in mouse paw edema induced by  $\lambda$ -carrageenan (Carr). We investigate the anti-inflammatory mechanism of ECH via studies of the activities of catalase (CAT), 38 39 superoxide dismutase (SOD), and glutathione peroxidase (GPx) in the liver and the 40 levels of malondialdehyde (MDA) and nitrite oxide (NO) in the edema paw. Serum 41 NO and TNF- $\alpha$  were also measured.

42 **Results:** ECH had better antioxidant activity than that of ACH. In the 43 anti-inflammatory test, ECH inhibited the development of paw edema induced by 44 Carr and increased the activities of CAT, SOD and GPx in the liver tissue. ECH also 45 decreased the level of NO in edematous paw tissue and in serum level, and diminished 46 the level of serum TNF- $\alpha$  at the fifth hour after Carr injection.

47	<b>Conclusions:</b> ECH exerts anti-inflammatory effects by suppressing TNF- $\alpha$ and NO.
48	The anti-inflammatory mechanism of ECH might be related to the decrement of the
49	level of MDA in the edema paw via increasing the activities of CAT, SOD and GPx in
50	the liver. The results showed that ECH might serve as a natural antioxidant and
51	anti-inflammatory agent.
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53	Keywords: Cardiospermum halicacabum; Chinese medicine; Antioxidant;
54	Anti-inflammation; NO; TNF- $\alpha$ ;
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#### 65 **1. Introduction**

66 Cardiospermum halicacabum L. (CH) has been used in Chinese medicine for a 67 long time in the treatment of rheumatism, lumbago, nervous diseases, as a demulcent 68 in orchitis and in dropsy (Sadique et al., 1987; Chandra and Sadique, 1989; Ra et al., 2006). Various pharmacological actions of CH have been investigated in animal 69 70 models. The anti-inflammatory activity of ethanolic extract against inhibits LPS 71 induced COX-2, TNF- $\alpha$  and iNOS expression in RAW264.7 cells (Sheeba and Asha, 72 2009). Experimental pharmacological studies have shown the analgesic and vasodepressant activities (Gopalakrishnan et al., 1976), antipyretic activity against 73 74 yeast-induced pyrexia in rats (Asha and Pushpangadan, 1999), antimalarial (Waako et 75 al., 2005), antioxidant activity (Kumar and Karunakaran, 2006), suppressing the 76 production of TNF- $\alpha$  and nitric oxide in human peripheral blood mononuclear cells 77 (Venkatesh Babu, 2006; Thabrew et al., 2004) and anti-ulcer activity against ethanol 78 induced gastric ulcer in rats (Sheeba and Asha, 2006).

A number of compounds have been isolated and identified in CH, such as arachidic acid, apigenin, apigenin-7-O-glucuronide, chrysoeriol-7-O-glucuronide and luteolin-7-O-glucuronide (Khan et al., 1990; Subramanyam et al., 2007). Many studies have indicated that the reactive oxygen species scavenging inhibition and anti-inflammatory activities seen in herbs may be attributed to the various natural

04	phenolic components with antioxidant effects and anti-inflammatory present in it,
85	such as apigenin (Sharififar et al., 2009), apigenin-7-glucoside and
86	luteolin-7-glucoside (Miceli et al., 2005). Thus, it was necessary to explore the
87	phenolic compounds present in CH.
88	In the present study, the antioxidant and anti-inflammatory effects of ACH and
89	ECH extracts were examined ex vivo. We also evaluated the anti-inflammatory effects
90	of ECH extract on paw edema induced by Carr in mice and investigated the
91	underlying mechanisms in vivo.
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93	2. Materials and methods
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93 94 95 96 97 98 99	2. Materials and methods         2.1. Materials         Glutathione (GSH), 1, 1-diphenyl-2-picrylhydrazyl radicals (DPPH),         lipopolysaccharide (LPS; endotoxin from <i>Escherichia coli</i> , serotype 0127:B8), 2,         2'-azinobis-(3-ethylbenzothiazoline)-6- sulphonic acid (ABTS), butylated         hydroxytoluene (BHT), 3-[4,5-dimethylthiazol-2-y1]-2,5-diphenyltetrazolium bromide         (MTT), apigenin-7-glucoside, apigenin, luteolin-7-glucoside, λ-Carrageenan(Carr),
<ul> <li>93</li> <li>94</li> <li>95</li> <li>96</li> <li>97</li> <li>98</li> <li>99</li> <li>100</li> </ul>	<ul> <li>2. Materials and methods</li> <li>2.1. Materials</li> <li>Glutathione (GSH), 1, 1-diphenyl-2-picrylhydrazyl radicals (DPPH),</li> <li>lipopolysaccharide (LPS; endotoxin from <i>Escherichia coli</i>, serotype 0127:B8), 2,</li> <li>2'-azinobis-(3-ethylbenzothiazoline)-6- sulphonic acid (ABTS), butylated</li> <li>hydroxytoluene (BHT), 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide</li> <li>(MTT), apigenin-7-glucoside, apigenin, luteolin-7-glucoside, λ-Carrageenan(Carr),</li> <li>indomethacin (Indo) and other chemicals were purchased from Sigma Chemical Co.</li> </ul>

102	Co. (Santa Ana, CA, USA). Plant materials were collected from Taichung country in
103	Taiwan. Also, they were identified and authenticated by Dr. Chao-Lin Kuo, Associate
104	professor and Chairman, Department of Chinese Medicine Recourses, China Medical
105	University, Taichung, Taiwan.

# **2.2. Preparation of the extracts of plant materials**

108	A 100 g sample of CH was extracted with water (1 L) at 100 °C for 60 min and
109	then centrifuged at $10,000 \times g$ for 20 min. The extraction was repeated three times.
110	The extracts were then combined and filtered through a No. 1 filer-paper. The filtrates
111	were collected, concentrated with a vacuum evaporator until the volume was below
112	10 mL and then freeze-dried. The yield obtained was 6.3% (w/w). Dried sample of
113	CH (100 g) was macerated with 1L ethanol for 24 h at room temperature. Filtration
114	and collection of the extract was done three times. The filtrates were collected,
115	concentrated with a vacuum evaporator until the volume was below 10 mL and then
116	freeze-dried. The yield obtained was 8.2% (w/w).

# **2.3. Fingerprint chromatogram of CH extracts by HPLC**

119	HPLC was performed with a Hitachi Liquid Chromatograph (Hitachi Ltd., Tokyo,
120	Japan), consisting of two model L-7100 pumps, and one model L-7455 photodiode
121	array detector (254 nm). Samples (10 mg/mL) were filtered through a 0.45 $\mu m$
122	PVDF-filter and injected into the HPLC column. The injection volume was 10 $\mu$ L and
123	the separation temperature was 25 °C. The column was a Mightysil RP-18 GP (5 $\mu m_{\star}$
124	250 mm $\times$ 4.6 mm I.D.). The method involved the use of a binary gradient with
125	mobile phases containing: (A) phosphoric acid in water (0.1%, $v/v$ ) and (B)
126	H <sub>2</sub> O/CH <sub>3</sub> OH/CH <sub>3</sub> CN : 20/40/40 ( $\nu/\nu$ ). The solvent gradient elution program was as
127	follows: 0-10 min, 100-75% A, 0-25% B; 10-15 min, 75-80% A, 25-20% B;
128	15-25 min, 80-80% A, 20-20% B; 25-40 min, 80-50% A, 20-50% B; 40-50 min,
129	50-30% A, 50-70% B; and finally 50-60 min, 30-0% A, 70-100% B. The flow-rate
130	was kept constant at 0.8 mL/min. A precolumn of $\mu$ -Bondapak <sup>TM</sup> C <sub>18</sub> (Millipore,
131	Milford, MA, USA) was attached to protect the analytical column.

## **2.4.** *In vitro* antioxidant activities of the crude extracts

## **2.4.1.** Determination of antioxidant activity by DPPH radical scavenging ability

The effects of crude extracts and positive controls (GSH and BHT) on DPPH
radicals were estimated according to the method of Huang et al., (2006). Aliquot (20
μL) of crude extracts at various concentrations were each mixed with 100 mM

138	Tris-HCl buffer (80 $\mu$ L, pH 7.4) and then with 100 $\mu$ L of DPPH in ethanol to a final
139	concentration of 250 $\mu$ M. The mixture was shaken vigorously and left to stand at
140	room temperature for 20 min in the dark. The absorbance of the reaction solution was
141	measured spectrophotometrically at 517 nm. The percentages of DPPH decolorization
142	of the samples were calculated according to the equation: % decolorization = [1-
143	(ABS $_{sample}$ /ABS $_{control}$ )] ×100. EC $_{50}$ value was the effective concentration at which
144	DPPH radicals were scavenged by 50% and was obtained by interpolation from linear
145	regression analysis.
146	
147	2.4.2. Determination of antioxidant activity by ABTS <sup>.+</sup> scavenging ability

The ABTS<sup>++</sup> scavenging ability was determined according to the method of 148 149 Huang et al., (2006). Aqueous solution of ABTS (7 mM) was oxidized with potassium peroxodisulfate (2.45 mM) for 16 hours in the dark at room temperature. The ABTS<sup>++</sup> 150 151 solution was diluted with 95% ethanol to an absorbance of 0.75  $\pm$  0.05 at 734 nm 152 (Beckman UV-Vis spectrophotometer, Model DU640B). An aliquot (20 µL) of each sample (125  $\mu$ g/mL) was mixed with 180  $\mu$ L ABTS<sup>++</sup> solution and the absorbance was 153 read at 734 nm after 1 min. Trolox was used as a reference standard. 154

155

#### **2.5. Determination of total polyphenol content** 156

157	The total polyphenol contents of the crude extracts were determined according to
158	the method of Huang (2008). 20 $\mu L$ of each extract (125 $\mu g/mL)$ was added to 200 $\mu L$
159	distilled water and 40 $\mu L$ of Folin-Ciocalteu reagent. The mixture was allowed to
160	stand at room temperature for 5 min, and then 40 $\mu L$ of 20 % sodium carbonate was
161	added to the mixture. The resulting blue complex was then measured at 680 nm.
162	Catechin was used as a standard for the calibration curve. The polyphenol content was
163	calibrated using the linear equation based on the calibration curve. The total
164	polyphenol content was expressed as mg catechin equivalence (CE)/g dry weight.
165	
166	2.6.1. Cell culture.
167	A murine macrophage cell line RAW 264.7 (BCRC No. 60001) was purchased
168	from the Bioresources Collection and Research Center (BCRC) of the Food Industry
169	Research and Development Institute (Hsinchu, Taiwan). Cells were cultivated in
170	plastic dishes containing Dulbecco's Modified Eagle Medium (DMEM, Sigma, St.
171	Louis, MO, USA) supplemented with 10% fetal bovine serum (FBS, Sigma, USA) in

172 a  $CO_2$  incubator (5%  $CO_2$  in air) at 37°C and subcultured every 3 day at a dilution of

173 1:5 using 0.05% trypsin–0.02% EDTA in  $Ca^{2+}$ -,  $Mg^{2+}$ - free phosphate-buffered saline

174 (DPBS).

175

176 **2.6.2. Cell viability.** 

177 Cells  $(2 \times 10^5)$  were cultivatedd in 96-well plates containing DMEM 178 supplemented with 10% FBS for 1 day to become nearly confluent. Then cells were 179 cultivated with samples in the presence of 100 ng/mL LPS (lipopolysaccharide) for 24 180 h. After that, the cells were washed twice with DPBS and incubated with 100  $\mu$ L of 181 0.5 mg/mL MTT for 2 h at 37°C testing for cell viability. The medium was then 182 discarded and 100  $\mu$ L dimethyl sulfoxide (DMSO) was added. After 30-min 183 incubation, absorbance at 570 nm was read using a microplate reader.

184

#### 185 **2.6.3. Measurement of Nitric oxide/Nitrite.**

186 Nitrite levels in the cultured media and serum, which reflect intracellular nitric 187 oxide synthase activity, were determined by Griess reaction. The cells were incubated 188 with samples in the presence of LPS (100 ng/mL) at 37°C for 24 h. And then cells were dispensed into 96-well plates, and 100 µL of each supernatant was mixed with 189 190 same volume of Griess reagent (1% sulfanilamide, 0.1% naphthyl the ethylenediamine dihydrochloride and 5% phosphoric acid) and incubated at room 191 192 temperature for 10 min. Using sodium nitrite to generate a standard curve, the 193 concentration of nitrite was measured form absorbance at 540 nm Huang et al., 194 (2007).

195

## 196 **2.7. Animals.**

Imprinting control region (ICR; 6-8 weeks male) mice were obtained from the BioLASCO Taiwan Co., Ltd. The animals were kept in plexiglass cages at a constant temperature of  $22 \pm 1$  °C, and relative humidity of  $55 \pm 5$  % with 12 h dark-light cycle 10

200	for at least 2 weeks before the experiment. They were given food and water <i>ad libitum</i> .
201	All experimental procedures were performed according to the National Institutes of
202	Health (NIH) Guide for the Care and Use of Laboratory Animals. In addition, all tests
203	were conducted under the guidelines of the International Association for the Study of
204	Pain (Zimmermann, 1983).
205	After a 2-week adaptation period, male ICR mice (18-25 g) were randomly
206	assigned to six groups (n=6) of the animals in the study. The control group received
207	normal saline (intraperitoneal; i.p.). The other five groups include a Carr-treated, a
208	positive control (Carr + Indo) and ECH administered groups (Carr + ECH: 100, 200

209 and 400 mg/kg).

210

#### 211 **2.8. 1.** λ-Carrageenan (Carr)-induced edema

The Carr-induced hind paw edema model was used for determination of anti-inflammatory activity (Chang et al., 2009). Animals were i.p. treated with ECH (100, 200 and 400 mg/kg), Indo or normal saline, 30 min prior to injection of 1% Carr (50  $\mu$ L) in the plantar side of right hind paws of the mice. The paw volume was measured immediately after Carr injection and at 1, 2, 3, 4 and 5 h intervals after the administration of the edematogenic agent using a plethysmometer (model 7159, Ugo Basile, Varese, Italy). The degree of swelling induced was evaluated by the ratio a/b, 219 where a was the volume of the right hind paw after Carr treatment, and b was the volume of the right hind paw before Carr treatment. Indo was used as a positive 220 221 control. After 5 h, the animals were sacrificed and the Carr-induced edema feet were dissected and stored at -80 °C. Also, blood were withdrawn and kept at -80 °C. 222 Therefore, the right hind paw tissue and liver tissue were taken at the 5 h. The 223 224 right hind paw tissue was rinsed in ice-cold normal saline, and immediately placed in 225 cold normal saline four times their volume and homogenized at 4 °C. Then the 226 homogenate was centrifuged at  $12,000 \times g$  for 5 min. The supernatant was obtained and stored at -20 °C refrigerator for MDA assays. The whole liver tissue was rinsed in 227 228 ice-cold normal saline, and immediately placed in cold normal saline one time their 229 volume and homogenized at 4 °C. Then the homogenate was centrifuged at 12,000g 230 for 5 min. The supernatant was obtained and stored in the refrigerator at -20 °C for 231 the antioxidant enzymes (CAT, SOD and GPx) activity assays. 232

233 **2.8.2. Total Protein Assay.** 

The protein concentrations of the sample were determined by the Bradforddye-binding assay (Bio-Rad, Hercules, CA).

236

## 237 **2.8.3. MDA Assay.**

238	MDA from Carr-induced edema foot was evaluated by the thiobarbituric acid
239	reacting substances (TRARS) method (Chang et al., 2009). Briefly, MDA reacted
240	with thiobarbituric acid in the acidic high temperature and formed a red-complex
241	TBARS. The absorbance of TBARS was determined at 532 nm.

### 243 **2.8.4.** Antioxidant enzymes activity measurements.

244 The following biochemical parameters were analyzed to check the 245 hepatoprotective activity of ECH by the methods given below. Total superoxide 246 dismutase (SOD) activity was determined by the inhibition of cytochrome c reduction 247 (Flohe and Otting 1984). The reduction of cytochrome c was mediated by superoxide 248 anions generated by the xanthine/xanthine oxidase system and monitored at 550 nm. 249 One unit of SOD was defined as the amount of enzyme required to inhibit the rate of cytochrome c reduction by 50%. Total catalase (CAT) activity estimation was based 250 251 on that of Aebi (Aebi 1984). In brief, the reduction of 10 mM H<sub>2</sub>O<sub>2</sub> in 20 mM of 252 phosphate buffer (pH 7) was monitored by measuring the absorbance at 240 nm. The 253 activity was calculated by using a molar absorption coefficient, and the enzyme 254 activity was defined as nanomoles of dissipating hydrogen peroxide per milligram 255 protein per minute. Total GPx activity in cytosol was determined as previously 256 reported (Paglia and Valentine, 1967). The enzyme solution was added to a mixture 13 containing hydrogen peroxide and glutathione in 0.1 mM Tris buffer (pH 7.2) and the
absorbance at 340 nm was measured. Activity was evaluated from a calibration curve,
and the enzyme activity was defined as nanomoles of NADPH oxidized per milligram
protein per minute.

261

262 **2.9. Histological Examination.** 

263 For histological examination, biopsies of paws were taken 5 h following the 264 interplanetary injection of Carr. The tissue slices were fixed in (1.85% formaldehyde, 1% acetic acid) for 1 week at room temperature, dehydrated by graded ethanol and 265 266 embedded in Paraffin (Sherwood Medical). Sections (thickness 5 µm) were 267 deparaffinized with xylene and stained with hematoxylin and eosin (H&E) stain. All 268 samples were observed and photographed with Nikon microscopy. Every 3~5 tissue 269 slices were randomly chosen from Carr, Indo and ECH-treated (400 mg/kg) groups. 270 Histological examination of these tissue slices revealed an excessive inflammatory 271 response with massive infiltration of neutrophils [ploymorphonuclear leukocytes 272 (PMNs)] by microscopy. The numbers of neutrophils were counted in each scope (400 273 x) and thereafter obtain their average count from 5 scopes of every tissue slice.

274

#### 275 **2.10. Statistical analysis.**

Data are expressed as mean ± S.E.M. Statistical evaluation was carried out by
one-way analysis of variance (ANOVA followed by Scheffe's multiple range test).

278 Statistical significance is expressed as \*p < 0.05, \*\*p < 0.01 and \*\*\*p < 0.001.

279

280 **3. Results** 

#### 281 **3.1. Antioxidant Assay.**

282 Table 1 showed the DPPH radical scavenging activity of ACH and ECH. EC50 283 value of ECH and ACH were 198.26± 4.62 and 357.18± 2.58 µg/mL. This result 284 suggested that ECH had better antioxidant activity in DPPH scavenging ability. ABTS 285 assay was expressed as trolox equivalent antioxidant activity (TEAC) values. Higher TEAC value represented that the sample had a stronger antioxidant activity. TEAC 286 287 value of the ECH and ACH were also shown in Table 1. It was observed that ECH 288 (166.98 $\pm$  2.07 µg/mg extract) had higher antioxidant potentials than ACH (126.52  $\pm$ 289 1.60 µg/mg extract). Since the total polyphenol contents of natural products are 290 regular indices of their antioxidant activity, the catechin equivalence (CE) was thus 291 determined for polyphenol. The results showed that the ACH and ECH contained polyphenol amounts equal to  $108.05 \pm 2.03$  and  $131.31 \pm 0.78$  mg CE/g, respectively. 292 293

**3.2. Fingerprint chromatogram of HPLC.** 

295 To establish the fingerprint chromatogram for the quality control of ACH and
296 ECH. Apigenin, apigenin-7-glucoside and luteolin-7-glucoside were used as markers.

297 An optimized HPLC-DAD technique was employed. Meanwhile, HPLC chromatograms showed two marker components present in ACH and three marker 298 299 components present in ECH. As shown in Fig. 1A and 1B, these phenolic components 300 have been identified luteolin-7-glucoside (retention time. 32.5 min), as apigenin-7-glucoside (34.5 min) and apigenin (54.6 min) by their retention time and 301 UV absorbance of purified standards. Butyl *p*-hydroxybenzoate was an internal 302 standard (IS). According to the plot of peak-area ratio (y) vs. concentration (x,  $\mu$ g/mL), 303 304 the regression equations of the three constituents and their correlation coefficients (r)were determined as follows: luteolin-7-glucoside, y = 0.0337x + 0.0239 ( $r^2 = 0.9964$ ): 305 y = 0.0403x - 0.0623 $(r^2 = 0.9976);$ 306 apigenin-7-glucoside, apigenin, y = 0.0594x - 0.1535 ( $r^2 = 0.9995$ ). The relative amounts of the three phenolic 307 308 compounds found in ECH and ACH were in the order of apigenin-7-glucoside (24.17  $\pm$  0.52 mg/g) > luteolin-7-glucoside (8.22  $\pm$  0.35 mg/g) > apigenin (0.64  $\pm$ 309 0.12 mg/g) and apigenin-7-glucoside  $(17.52 \pm 0.14 \text{ mg/g}) > \text{luteolin-7-glucoside}$ 310 311  $(14.02 \pm 0.38 \text{ mg/g}) > \text{apigenin (undetected), respectively.}$ 

312

#### 313 **3.3. Inhibition of NO production.**

The anti-inflammatory activity of ACH, ECH and its reference compounds (luteolin and apigenin) were studied *ex vivo*, analyzing their inhibitory effects on chemical

316	mediators released from macrophages. Once activated by inflammatory stimulation,
317	macrophages produce a large number of cytotoxic molecules. Treatment of RAW
318	264.7 macrophages with LPS (100 ng/mL) for 24 h induced NO production, as
319	assessed by measuring the accumulation of nitrite. As shown in Table 2, ACH, ECH,
320	luteolin and apigenin showed inhibition of LPS-induced NO production in RAW264.7
321	cells with an IC <sub>50</sub> value of 407.82 $\pm$ 3.82, 104.06 $\pm$ 2.38, 38.47 $\pm$ 1.32 and 27.36 $\pm$ 1.58
322	μg/mL, respectively.
323	
324	3.4. λ-Carrageenan (Carr)-induced edema
325	ECH (400 mg/kg) significantly inhibited the development of Carr-induced paw
326	edema after 5 h ( $P < 0.001$ ) of treatment. Indo (10 mg/kg) significantly decreased
327	the Carr-induced paw edema after 3 h ( $P < 0.01$ ), 4 h ( $P < 0.001$ ) and 5 h of treatment
328	( <i>P</i> < 0.001) (Fig. 2).
329	
330	3.4.1. Effects of ECH on NO measurement
331	ECH treatment (100, 200 and 400 mg/kg) significantly decreased the NO levels
332	in serum (Fig. 3A). Indo (10 mg/kg) significantly decreased the NO level in serum at

5 h post-Carr injection (P < 0.001). The NO levels were inhibited in ECH extract

334 group by 18.84, 38.81 and 53.85%, respectively, when compared to Carr group 335 samples.

336

#### **337 3.4.2. Effects of ECH on TNF-α level**

ECH decreased the TNF- $\alpha$  level in serum at 5 h post-Carr injection (Fig. 3B). Indo (10 mg/kg) significantly decreased the TNF- $\alpha$  level in serum at 5 h post-Carr injection (P < 0.001). ECH treatment (100, 200 and 400 mg/kg) significantly inhibited the Carr-induced TNF- $\alpha$  level in comparison with the Carr group. The TNF- $\alpha$  levels were reduced to compare with the Carr group was 7.41%, 25.88%, and 42.69%, respectively.

344

#### 345 **3.4.3. Effects of ECH on MDA level measurements.**

MDA levels in the edema paw induced by Carr were significantly higher. However, MDA levels were lowered significantly upon treatment with ECH, as well as 10 mg/kg Indo (Fig. 4). ECH treatment (100, 200 and 400 mg/kg) significantly inhibited the Carr-induced MDA level in comparison with the Carr group. The MDA levels were reduced in the Carr group by 33.04, 43.05 and 54.29%, respectively.

### 351 **3.4.4. Histological examination.**

352	Paw biopsies of control animals showed marked cellular infiltration in the
353	connective tissue. The infiltrates accumulated between collagen fibers and into
354	intercellular spaces. Paw biopsies of animals treated with the ECH (400 mg/kg)
355	showed a reduction in Carr-induced inflammatory response. Actually inflammatory
356	cells were reduced in numbers and were confined to near the vascular areas.
357	Intercellular spaces did not show any cellular infiltrations. Collagen fibers were
358	regular in shape and showed a reduction of intercellular spaces. Moreover the
359	hypodermal connective tissue was not damaged (Fig. 5). Neutrophil levels were
360	significantly increased with Carr treatment ( $P < 0.001$ ). Indo and ECH (400 mg/kg)
361	could decrease the neutrophils numbers as compared to the Carr-treated group ( $P <$
362	0.001 or <i>P</i> < 0.01), significantly (Fig. 5E).

## 364 **3.4.5. Effects of ECH on the activities of antioxidant enzymes**

At the 5 h following the intrapaw injection of Carr, liver tissues were also analyzed for the biochemical parameters such as CAT, SOD and GPx activities (Table 3). CAT activity of the livers was significantly higher in ECH (400 mg/ kg) treatment group as well as in Indo (10 mg/kg) group. SOD activity in liver tissue was decreased significantly by Carr administration. SOD activity was significantly higher in ECH (200 and 400 mg/kg) treatment group as well as Indo (10 mg/kg) group. Carr

371	administration markedly lowered CAT activity in the livers. GPx activity in the liver
372	tissue was decreased significantly by Carr administration. GPx activity of the livers
373	was significantly higher in ECH (400 mg/ kg) treatment group as well as in Indo (10
374	mg/kg) group.

#### 376 **4. Discussion**

377 The DPPH or ABTS have been popular radical scavenging tests for natural 378 products. Free radicals could induce biological damage and pathological events, such 379 as inflammation, aging, and carcinogenesis (Halliwell, 1999). In this study, ECH showed significant antioxidant activities. The HPLC chromatogram of ECH 380 381 demonstrated three phenolic components identified as apigenin, apigenin-7-glucoside 382 and luteolin-7-glucoside (Fig. 1). The higher radical scavenging activity of ECH than 383 that of ACH seems to be closely correlated with its polyphenolic constituents though 384 other active components in the ECH could also play important roles in its 385 antioxidative effect. Apigenin, a flavonoid, is a potent antioxidant (Sharififar et al., 386 2009). Apigenin-7-glucoside and luteolin-7-glucoside were shown as main active 387 compounds, implicated as anti-inflammatory and antioxidative (Miceli et al., 2005). 388 Apparently, these marker compounds in ECH could contribute to its antioxidant 389 effects. They could account for the high anti-inflammatory and antioxidative of ECH.

390 Phenolic compounds have been reported to be beneficial in the treatment of 391 chronic inflammatory diseases associated with overproduction of NO (Jiang and 392 Dusting, 2003). Anti-inflammatory activity was evaluated using LPS-stimulated

393 RAW264.7 macrophages. Stimulation of RAW 264.7 macrophages by LPS induces 394 iNOS and overproduction of NO. NO is considered to play a key role in the 395 inflammatory response, based on its occurrence at inflammatory sites and its ability to 396 induce many of the hallmarks of the inflammatory response. The beneficial effects of 397 ACH and ECH on inhibition of the production of inflammatory mediators in macrophages could be mediated through oxidative degradation of the products of 398 phagocytes, such as  $O^{2-}$  and HOCl. These results show that ECH possess better 399 400 anti-inflammatory activity than that of ACH (Table 2). The HPLC chromatogram for 401 ECH demonstrates three phenolic components identified as luteolin-7-glucoside, 402 Several apigenin-7-glucoside, and apigenin. articles have discussed the 403 anti-inflammatory activities of flavonoids, particularly that of apigenin and luteolin. 404 Few data are available for the glucopyranoside of apigenin-7-glucoside and 405 luteolin-7-glucoside; that showed significant activity on NO production inhibition. Apigenin-7-glucoside showed an IC<sub>50</sub> value of 25  $\mu$ g/mL (Conforti et al., 2010), while 406 luteolin-7-glucoside showed an IC<sub>50</sub> value of 20  $\mu$ g/mL (Hu and kitts, 2004). These 407 408 phenolic components in the ECH could also play important roles in anti-inflammatory 409 activity.

*In vivo* anti-inflammatory activity, Carr-induced edema test, is highly sensitive to
nonsteroidal anti-inflammatory drugs, and has long been accepted as a useful
phlogistic tool for investigating new anti-inflammatory drugs (Just et al., 1998).

The L-arginine–NO pathway has been proposed to play an important role in the Carr-induced inflammatory response (Salvemini et al., 1996). The expression of the inducible isoform of NO synthase has been proposed as an important mediator of inflammation (Cuzzocrea et al., 1997). In our study, ECH at 100, 200, and 400 mg/kg

417 significantly decreased the levels of NO in serum, indicating that ECH elicits an 418 anti-inflammatory response via the L-arginine-NO pathway (Fig. 3A). The 419 Carr-induced inflammatory response has been linked to neutrophil infiltration and the production of neutrophil-derived free radicals, such as hydrogen peroxide, superoxide 420 421 and hydroxyl radicals, as well as the release of other neutrophil-derived mediators 422 (Dawson et al., 1991). Researchers demonstrated that inflammatory effect induced by 423 Carr is associated with free radical. Free radical, prostaglandin and NO will be 424 released when administrating with Carr for 1–6 h. The edema effect was raised to the 425 maximum at the third hour (Dudhgaonkar et al., 2006). Janero (1990) demonstrated 426 that MDA production is due to free radical attack plasma membrane (Janero et al., 427 1990). Thus, inflammatory effect would result in the accumulation of MDA. 428 Enhances the level of glutathione conducive toward favor reduces MDA the 429 production. It was suggested that endogenous glutathione plays an important role 430 against Carr-induced local inflammation (Cuzzocrea et al., 1999). In this study, there 431 was a significant increase in CAT, SOD and GPx activities with ECH treatment. 432 Furthermore, there was a significant decrease in MDA level with ECH treatment. We 433 assume the suppression of MDA production is probably due to the increases of CAT, 434 SOD, and GPx activities.

TNF- $\alpha$  is a major mediator in inflammatory responses. It induces innate immune responses by activating T cells and macrophages, and stimulates secretion of other inflammatory cytokines (Veterichelvan et al., 2000; Yun et al., 2008). Also, TNF- $\alpha$  is a mediator of carr-induced inflammatory incapacitation, and is able to induce the further release of kinins and leukotrienes, which are suggested to play an important role in the maintenance of long-lasting nociceptive response (Dawson, 1991; Kumar et al., 2010). In this study, we found ECH lowered TNF-α level in serum after Carr
injection (Fig. 3B).

443	. In summary, this study shows that ECH possesses antioxidant and
444	anti-inflammatory activities, which supports its ethnopharmacological use. Moreover,
445	ECH and its reference compounds (luteolin-7-glucoside, apigenin-7-glucoside, and
446	apigenin) could contribute to the antioxidant and anti-inflammatory activities. We
447	suggest that the mechanisms of ECH may be associated with the inhibition of
448	inflammatory mediator overproduction, including NO and TNF- $\alpha$ . These findings
449	suggest that ECH may be therapeutically useful for mitigating inflammatory pain.

450

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