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### Shikonin inhibited mitogen-activated IL-4 and IL-5 production on EL-4 cells through downregulation of GATA-3 and c-Maf induction

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#### ABSTRACT

Aim: To investigate the effects of shikonin on phorbol myristate acetate (PMA) plus cyclic adenosine 24 monophosphate (cAMP)-induced T helper  $(T_H)$  2 cell cytokine production, and the underlying mechanism. 25 Main methods: We used activated EL-4 murine T-lymphoma cells, which produce interleukin (IL)-4 and IL-5, 26 but not interferon (IFN)- $\gamma$ , as T<sub>H</sub>2 cell-like cells and treated them with PMA + cAMP to investigate the effects 27 of shikonin on T<sub>H</sub>2 cytokines, transcriptional factors, and the related mitogen-activated protein kinase 28 (MAPK)/nuclear factor (NF)-KB signaling pathway. 29

Key findings: The data show that shikonin inhibited the PMA + cAMP-induced mRNA and protein expression 30 of IL-4 and IL-5 via the downregulation of GATA-binding protein-3 (GATA-3) and c-musculoaponeurotic 31 fibrosarcoma (Maf) but not T-box expressed in T cells (T-bet). Moreover, shikonin suppressed the 32 phosphorylation of p38, inhibitor of  $\kappa B$  (I $\kappa B$ ) kinase (IKK)- $\beta$  and I $\kappa B$ - $\alpha$ , and the subsequent I $\kappa B$ - $\alpha$  33 degradation induced by PMA + cAMP; however, the PMA + cAMP-induced phosphorylation of extracellular 34 signal-related kinase (ERK), which resulted in minor inhibition and phosphorylation of c-lun N-terminal 35 kinase (JNK), seemed to be unaffected by shikonin treatment. 36

Significance: This study suggests that downregulation of GATA-3 and c-Maf via the suppression of p38, IKK-B 37 and  $I \ltimes B - \alpha$  phosphorylation might contribute to the inhibitory effect of shikonin on mitogen-induced IL-4 and 38 IL-5 production in EL-4T cells. Furthermore, shikonin is a potential drug for treating allergic diseases. 39

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#### 44 43

#### Introduction 45

Asthma is a chronic inflammatory disease affecting about 46 300 million people worldwide, with 255,000 people dving of the 47 disease in 2005 (World Health Organization). Studies on patients and 48 animal models of asthma suggest that in allergic asthma, CD4<sup>+</sup> T 49 50helper (T<sub>H</sub>) 2 lymphocytes induce an inflammatory cascade via cytokine production comprising eosinophil action, IgE production, 51and mast cell activation - all of which in turn produce the necessary 5253 mediators causing airway hyperresponsiveness (Chung and Barnes, 1999; Wills-Karp, 1999; Umetsu and DeKruyff, 2006). The pathologic 54 role of T<sub>H</sub>2 cells is mediated through the release of T<sub>H</sub>2 cytokines such 5556as interleukin (IL)-4, IL-5, and IL-13. IL-4 induces IgE isotype 57switching and is implicated in stimulating VCAM-1 expression (Schnyder et al., 1996) and enhancing eosinophil recruitment to the 58lungs (Venkayya et al., 2002). IL-5 is the key cytokine involved in 59

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eosinophil growth and differentiation in bone marrow (Sanderson, 60 1988, 1992; Yamaguchi et al., 1988) and the subsequent release of 61 eosinophils into peripheral circulation (Wiktor-Jedrzejczak, 1993; 62 Collins et al., 1995).

Shikonin and its derivatives are analogs of naphthoquinone 64 pigments, the major components of root extracts of a Chinese 65 medicinal herb, Lithospermum erythrorhizon (Chen et al., 2002). 66 Treatment indications claimed for L. erythrorhizon roots include 67 burns, anal ulcers, hemorrhoids, infected crusts, bedsores, external 68 wounds, and oozing dermatitis (Papageorgiou et al., 1999). Multiple 69 pharmacological actions of these compounds have been documented, 70 including (1) the inhibition of vascular permeability and acute edema 71 induced by histamine upon topical application of shikonin (Hayashi, 72 1977) and (2) the inhibition of cyclooxygenase-2 transcription 73 through the downregulation of extracellular signal-regulated kinase-74 1/2 (ERK1 and ERK2) and activation protein-1 (AP-1) activities 75 (Subbaramaiah et al., 2001). Other pharmacological actions include 76 the suppression of mast cell degranulation (Wang et al., 1995), 77 protection of vasculature, inhibition of the neutrophil respiratory burst 78 (Kawakami et al., 1996), and blocking CCL5 (RANTES) and CCL4 (MIP-79  $1\alpha$ ) binding to human monocytes (Das et al., 2001). In addition, 80

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shikonin exhibits anti-cancer effects (Guo et al., 1991; Hisa et al., 1998). 81 82 Although shikonin exhibits a broad range of biological and pharmacological activities, there is little information regarding its effects on 83 84 allergic diseases. In the present study, we explored the possible effects of shikonin on T cells. T-cell activation in vitro can be mimicked by 85 phorbol myristate acetate (PMA) and calcium ionophores, or by anti-86 CD3 antibodies and lectins (Boonyaratanakornkit et al., 2005; Hughes-87 88 Fulford et al., 2005); however, this mimicking effect induces T cells to produce more IFN- $\gamma$  than IL-4 or IL-5, which drives the T cells to 89 90 develop into T<sub>H</sub>1 cells rather than T<sub>H</sub>2 cells. Therefore, we used PMA combined with dibutyryl-cyclic adenosine monophosphate (cAMP)-91 activated EL-4 murine T-lymphoma cells, which produce IL-4 and IL-5 92(Lee et al., 1993) but not IFN- $\gamma$ , as T<sub>H</sub>2-like cells, to investigate the 93 effects of shikonin on T<sub>H</sub>2 cytokines, transcriptional factors, and the 94 related mitogen-activated protein kinase (MAPK)/nuclear factor 95 96 (NF)- $\kappa B$  signaling pathway.

### 97 Materials and methods

### 98 Drugs and chemicals

99 Shikonin was purchased from EMD Chemical Inc. (Darmstadt, 100 Germany); its chemical structure is shown in Fig. 1A. PMA and cAMP were purchased from Sigma-Aldrich (St. Louis, MO, USA). DMEM, 101 Hank's balanced salt solution (HBSS), penicillin, streptomycin, L- 102 glutamine, and fetal bovine serum (FBS) were purchased from 103 Invitrogen (Carlsbad, CA, USA). 104

### Cell culture

EL-4 murine T-lymphoma cells were purchased from the ATCC 106 (Manassas, VA, USA). EL-4 cells were cultured in DMEM supplemen- 107 ted with 10% heat-inactivated FBS. Confluent cells were subcultured at 108 a ratio of 1:3, and media were changed twice a week. 109

### Cytotoxicity assay

EL-4 T cells were pretreated with various concentrations of 111 shikonin for 10 min and cultured with or without PMA (5 ng mL<sup>-1</sup>) 112 plus cAMP ( $250 \mu$ M) for 24 h. At this point, the number of viable cells 113 was determined using trypan blue staining (Sugiura et al. 2007). 114 **Q1** 

#### Quantitative real-time PCR

Cells were collected 24 h after different drug treatments, and RNA 116 was isolated using RNA TRIzol reagent was purchased from Invitrogen 117



**Fig. 1.** Shikonin inhibited PMA + cAMP-induced IL-4 and IL-5 expression in EL-4 T cells. (A) Chemical structure of shikonin. (B) IL-4 and IL-5 production detected by ELISA, and mRNA expression detected by real-time PCR. Data are expressed as mean  $\pm$  SEM (n = 6). \*p<0.001, compared to the control group without PMA + cAMP treatment. \*p<0.05; \*\*p<0.01; \*\*\*p<0.001, compared to the control group with PMA + cAMP treatment.

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(Carlsbad, CA, USA), according to the manufacturer's instructions. RNA 118 was converted into cDNA and subsequently guantified by guantitative 119 real-time PCR using an ABI PRISM 7900 Sequence Detector (Applied 120 121 Biosystems, Foster City, CA, USA). The partial cycles that resulted in statistically significant increases in IL-4, IL-5, GATA-3, c-Maf, and T-bet 122expression were determined (threshold cycle, Ct) and normalized to the 123Ct for B-actin. IL-4, IL-5, GATA-3, c-Maf, T-bet, and B-actin were amplified 124using an SYBR Green kit (Applied Biosystems). The primer sequences 125126used were as follows: IL-4, sense 5'-CTCATGGAGCTGCAGAGACTCTT-3', antisense 5'-CATTCATGGTGCAGCTTATC-GA-3'; IL-5, sense 5'-TGACCGC-127128 CAAAAAGAGAAGTG-3', antisense 5'-GAACTCTTGC-AGGTAATCCAGGAA-3'; GATA-3, sense 5'-CAGAACCGGCCCCTTATCA-3', antisense 5'-129ACAGTTCGCGCAGGATGTC-3'; c-Maf, sense 5'-AGAGGCGGACCCT-130131 GAAAAA-3', antisense 5'-GTGTCTCTGCTGCACCCTCTT-3'; T-bet, sense 5'-CTGGATGCGCCAGG-AAGT-3', antisense 5'-TGTTGGAAGCCCCCTTGTT-132 3'; and  $\beta$ -actin, sense 5'-ACTGCCGCATCCTCTT-3', antisense 5'-133 ACCGCTCGTTGCCAATAGTG-3'. 134

#### 135 Cytokine assays

Cell culture supernatants were collected 24 h after different drug treatments and stored at -20 °C before analysis by ELISA, according to the manufacturer's instructions. Standard samples were prepared from recombinant mouse IFN- $\gamma$ , IL-4, and IL-5 (R&D Systems, Minneapolis, MN, USA).

#### 141 Western blotting

Cells were collected after incubation with different drugs in 6-well 142plates for the indicated durations. Total cell lysates were separated 143using 10% SDS-PAGE gels, and electrophoresed proteins were 144 145transferred onto a polyvinylidene difluoride (PVDF) membrane. Membranes were blocked with 5% milk in Tris-buffered saline 146containing 0.1% Tween and incubated with a primary antibody. 147148 Horseradish peroxidase-labeled secondary antibody was used; bands were detected with chemiluminescence reagents, according to the 149 manufacturer's instructions (PerkinElmer Life Science, Boston, MA, 150151USA), and subsequently exposed to an X-ray film. The bands were scanned and analyzed using Image J software. Monoclonal antibodies 152against B-actin and polyclonal antibodies against phosphorylated 153IκB-α, ERK, JNK, and p38 MAPK were purchased from Cell Signaling 154Technology (Beverly, MA, USA). Polyclonal antibody against phos-155phorylated IKK- $\beta$  was purchased from Abcam plc. (Cambridge, UK). 156Monoclonal antibodies against GATA-3, c-MAf, and T-bet and 157polyclonal antibodies against ERK, JNK, and p38 MAPK were 158purchased from Santa Cruz Biotechnology Inc. (Santa Cruz, CA, USA). 159

160 Statistical analysis

All experimental data are expressed as mean  $\pm$  SEM using oneway ANOVA followed by the Newman–Keuls post-hoc test. Statistical significance was set at p < 0.05.

#### 164 Results

165 Shikonin inhibited the mitogen-induced expression of IL-4 and IL-5 in 166 EL-4 T cells

First, we evaluated the possible cytotoxic effects of shikonin on 167 EL-4 cells. After treatments with 0.003, 0.01, 0.03, 0.1, or 0.3 µM 168 shikonin for 24 h, EL-4 cells did not exhibit any cytotoxicity, as 169170shown by the trypan blue exclusion assay (data not shown). The 50% of lethal concentration (LC<sub>50</sub>) of shikonin in EL-4 cells was  $1.33 \pm$ 171 0.13 µM. Next, we investigated the production of IL-4 and IL-5. EL-4 172cells treated with different concentrations of shikonin did not exhibit 173174any apparent changes with respect to IL-4 or IL-5 production (Fig. 1B). Because PMA activates protein kinase C (PKC) and cAMP 175 activates protein kinase A (PKA) - all of which are involved in EL-4 T- 176 cell activation and the release of IL-4 and IL-5 (Lee et al., 1993) - we 177 used a mixture of 5 ng mL<sup>-1</sup> PMA and 250  $\mu$ M cAMP to drive EL-4 T 178 cells to behave like  $T_{H}2$  cells. Shikonin inhibited the PMA + cAMP- 179 induced IL-4 and IL-5 production and mRNA expression in a dose- 180 dependent manner. Compared to treatment with PMA + cAMP alone 181 in the control group, treatment with 0.03, 0.1, and 0.3 µM shikonin 182 reduced IL-4 production by 32.1%, 29.7%, and 39.6%, respectively. 183 Treatment with 0.003, 0.01, 0.03, 0.1, and 0.3 µM shikonin reduced 184 IL-5 production by 23.8%, 31.3%, 40.2%, 52%, and 75.5%, respectively. 185 The 50% of inhibitory concentration ( $IC_{50}$ ) of shikonin in IL-5 186 production was  $0.13 \pm 0.04 \,\mu\text{M}$ . The IC<sub>50</sub> values of shikonin in IL-4 187 and IL-5 mRNA expression were 0.08  $\pm$  0.04 and 0.15  $\pm$  0.07  $\mu M$ ,  $_{188}$ respectively. 189

### Shikonin suppressed the mitogen-induced expression of GATA-3 and 190 c-Maf in EL-4 T cells 191

Next, we analyzed the  $T_H2$ - and  $T_H1$ -related transcription factors 192 and found that shikonin inhibited PMA + cAMP-induced GATA-3 and 193 c-Maf mRNA (Fig. 2A) and protein (Fig. 2B) expression in a dosedependent manner. However, T-box expressed in T cells (T-bet) was 195 not induced by PMA + cAMP treatment, and shikonin treatment did not result in any obvious changes in T-bet mRNA expression. 197

#### Shikonin decreased mitogen-induced MAPK activation

To further investigate the mechanism underlying the shikonin- 199 mediated inhibition of IL-4 and IL-5 production, we focused on MAPK 200 pathways, which are known to play critical roles in the activation of 201 T cells (Boulton et al., 1991; Kyriakis et al., 1994; Lee et al., 1994; Su 202 et al., 1994). We found that PMA + cAMP induced ERK, JNK, and p38 203 activation from 5 to 60 min, peaking 30 min after treatment (Fig. 3A). 204 Thus, we investigated the effects of shikonin on MAPK after 30 min of 205 treatment with PMA + cAMP (Fig. 3B). We found that 0.03 and 0.3  $\mu$ M 206 shikonin inhibited the PMA + cAMP-induced ERK and p38 activation 207 but had no obvious effect on JNK activation.

Shikonin inhibited mitogen-induced IKK- $\beta$  and I $\kappa$ B- $\alpha$  activation 209

NF-κB activation is involved in the initiation and amplification of 210 the inflammatory response (Handel and Girgis, 2001; Andujar et al., 211 2010) and is also involved downstream of MAPK signaling (Dhawan 212 and Richmond, 2002). The nuclear translocation and DNA binding of 213 NF-κB are preceded by the phosphorylation of IKK-β, IκB-α and 214 subsequent degradation of IκB. We found that the PMA+cAMP- 215 induced phosphorylation of IKK-β and activation and degradation of 216 IκB-α were inhibited by treatment with 0.03 and 0.3  $\mu$ M shikonin 217 (Fig. 4). Expression of phosphorylated IKK-β and IκB-α proteins and 218 the level of IκB-α degradation induced by PMA+cAMP were blocked 219 after 0.3  $\mu$ M shikonin treatment. 220

#### Discussion

In a previous study, we found that shikonin impaired IL-4 and IL-5 222 production in lung cells and mediastinal lymph nodes in a murine 223 model of asthma with antigen-induced airway inflammation (Lee 224 et al., 2010); however, the mechanism underlying this impairment 225 remains unclear. In the present study, we aimed to determine 226 whether shikonin directly inhibits  $T_H2$  cell function; therefore, we 227 used PMA + cAMP-activated EL-4 T cells as  $T_H2$ -like cells, which 228 induce IL-4 and IL-5 production. We found that shikonin inhibited the 229 PMA + cAMP-induced IL-4 and IL-5 expression in a dose-dependent 230 manner. Because PMA + cAMP drastically increased IL-5 mRNA and 231 protein expression, the inhibition level of IL-5 expression was higher 232

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**Fig. 2.** Shikonin inhibited the PMA + cAMP-induced GATA-3 and c-Maf expression in EL-4 T cells. (A) GATA-3 and c-Maf mRNA expression were detected by real-time PCR. Data are expressed as mean  $\pm$  SEM (n = 6). (B) The protein expression of GATA-3, c-Maf, and T-bet was detected by western blotting. Histograms represent quantifications of protein expression by western blotting. Data are expressed as mean  $\pm$  SEM (n = 3). p < 0.001, compared to the control group without PMA + cAMP treatment. p < 0.05; \*\* p < 0.01; \*\*\* p < 0.001, compared to the control group with PMA + cAMP treatment.

than that of IL-4 expression with shikonin treatment. Since the expression of T-cell-specific transcription factors and components of MAPK pathways, which are known to play critical roles in T-cell activation (Boulton et al., 1991; Kyriakis et al., 1994; Lee et al., 1994; Su et al., 1994), affects IL-4 and IL-5 gene expression, we further investigated the possible role of shikonin on related signaling pathways.

The gene expressions of all 3  $T_H2$  cytokines are regulated by the transcriptional factor GATA-3 (Lee et al., 2008). The GATA site located upstream of the IL-4 and IL-5 promoters is important in regulating IL-4 and IL-5 expression, respectively (Ray and Cohn, 1999; Zhu et al., 2006). Shikonin inhibited PMA + cAMP-induced GATA-3 expression at both the mRNA and protein level. During  $T_H2$  cell differentiation, GATA-3 can be activated through the activation of the IL-4 receptor, notch receptor, TCR, or IL-2 receptor (Ho et al., 2009). In our study, 247 PMA + cAMP-induced GATA-3 activation mimicked the TCR activa- 248 tion pathway. Furthermore, NF-κB is reported to play a role in the 249 antigen TCR-activated GATA-3 signaling pathway. Two separate 250 research groups report the requirement of NF-κB1/p50 for optimal 251 GATA-3 induction in T cells, based on the fact that GATA-3 expression 252 and Th2 differentiation are specifically abrogated in p50<sup>-/-</sup> T cells 253 and in SAP<sup>-/-</sup> cells in which the nuclear translocation of NF-κB is 254 inhibited (Das et al., 2001; Cannons et al., 2004). The GATA-3 255 promoter region contains several consensus-potential NF-κB binding 256 sites (Das et al., 2001; Cannons et al., 2004). Direct binding of NF-κB 257 subunits may control the transcriptional activation of GATA-3 as well 258 as the subsequent development of the T<sub>H</sub>2 lineage. We found that 259 shikonin inhibited IκB-α phosphorylation and degradation, which 260

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**Fig. 3.** Effects of shikonin on the PMA + cAMP-induced phosphorylation of MAPKs in EL-4 T cells. (A) Time dependence of MAPK activation by 5 ng mL<sup>-1</sup> PMA + 250  $\mu$ M cAMP treatment. Phosphorylated (p)-ERK, p-JNK, p-38, ERK, JNK, and p38 proteins were detected by western blotting. Histograms represent quantifications of protein expression by western blotting. Data are expressed as mean  $\pm$  SEM (n = 3). \* p<0.05; \*\* p<0.001; \*\*\* p<0.001, compared to the control without the PMA + cAMP group. (B) Cells were treated with 0.03 or 0.3  $\mu$ M shikonin for 10 min followed by 5 ng mL<sup>-1</sup> PMA + 250  $\mu$ M cAMP for 30 min. Cell lysates were analyzed by western blotting using antibodies specific for p-ERK, p-JNK, p-38, ERK, JNK, and p38. Histograms represent quantifications of protein expression by western blotting. Data are expressed as mean  $\pm$  SEM (n = 3). \* p<0.001, compared to the control group without PMA + cAMP treatment. \*\*\* p<0.001, compared to the control group with PMA + cAMP treatment.

might in turn downregulate NF- $\kappa$ B activation; therefore, shikonin might suppress GATA-3 mRNA expression by inhibiting NF- $\kappa$ B activation. In addition, Andujar et al. (2010) also found that shikonin reduces phorbol ester-induced I $\kappa$ B degradation, thus inhibiting the translocation of NF- $\kappa$ B. In addition to GATA-3, the proto-oncogene c-Maf is a potent and 266 specific transactivator of the *ll4* gene (Ho et al., 1996; Tanaka et al., 267 2005). c-Maf binds to a half Maf recognition element (MARE) site and 268 transactivates the IL-4 promoter. The forced expression of c-Maf is 269 sufficient to drive endogenous IL-4 production in M12 B cells or 270

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**Fig. 4.** Shikonin suppressed the PMA + cAMP-induced activation of IKK- $\beta$  and I $\kappa$ B- $\alpha$  in EL-4 T cells. Cells were treated with 0.03 or 0.3  $\mu$ M shikonin for 10 min followed by 5 ng mL<sup>-1</sup> PMA + 250  $\mu$ M cAMP for 30 min. Cell lysates were analyzed by western blotting using antibodies specific to p-IKK- $\beta$ , I $\kappa$ B- $\alpha$ , p-I $\kappa$ B- $\alpha$ , and  $\beta$ -actin. Histograms represent quantifications of protein expression by western blotting. Data are expressed as mean  $\pm$  SEM (n = 3). <sup>#</sup>p<0.05, compared to the control group without PMA + cAMP treatment. <sup>\*</sup>p<0.05, <sup>\*\*</sup>p<0.01, <sup>\*\*\*</sup>p<0.001, compared to the control group with PMA + cAMP treatment.

**Q2** 271 differentiating  $T_H1$  cells (Ho et al. 1998). We found that PMA + cAMPinduced c-Maf expression was inhibited as a result of shikonin treatment, suggesting that shikonin inhibits IL-4 production via the downregulation of c-Maf.

Since T-bet is expressed predominantly in T<sub>H</sub>1 cells and exhibits 275reciprocal inhibitory effects with GATA-3 in T-cell differentiation 276(Szabo et al., 2000), shikonin might affect T-bet activation to inhibit 277GATA-3 expression. However, we found that treatment with shikonin 278279alone did not have any obvious effect on T-bet expression in EL-4 T 280cells. Furthermore, T-bet was not activated after PMA+cAMP treatment. Thus, the effect of T-bet activation after shikonin treatment 281requires further investigation. 282

Previous studies report that p38 MAPK is involved in T-cell 283activation and development, and that the inhibition of p38 activity 284 reduces IL-2, IL-4, and IFN- $\gamma$  production (Rincon et al., 1998; Zhang et 285al., 1999). Chen et al. (2000) found that GATA-3 phosphorylation by 286 p38 may be important for the activation of IL-5 and IL-13 gene 287expression. In the present study, we found that shikonin inhibited 288mitogen-induced p38 phosphorylation and that p38 was barely 289activated with 0.3 µM shikonin treatment. This might indicate that 290p38 is involved in shikonin-inhibited GATA-3 expression. In addition 291 to the regulation of IL-4 transcription, the activation of p38 also 292293 induced IL-4 mRNA stability (Dean et al., 2004; Guo et al., 2008). However, whether shikonin regulates IL-4 mRNA stability via p38 294 activation requires further investigation. 295

We also found that PMA + cAMP induced phosphorylation of ERK 296 and JNK in EL-4 T cells. According to previous studies, both ERK and 297 JNK are involved in T-cell activation. TCR engagement activates the 298 ERK pathway, and co-stimulation through CD28 causes JNK activation, 299 which is required for the complete activation of T cells (Su et al., 1994; 300 Ho et al., 1996). The ERK pathway has been found to cause IKB 301 phosphorylation and degradation, which lead to NF-KB activation. In 302 contrast, other studies found that ERK and JNK do not have positive 303 roles in T<sub>H</sub>2 cytokine production. Dumont et al. (1998) found that the 304 ERK inhibitor PD98059 enhances T<sub>H</sub>2 cytokine production. Further- 305 more, using JNK-1-deficient mice, Dong et al. (1998) found enhanced 306 T<sub>H</sub>2 responses. However, another previous study shows that pulsed 307 human myelin-reactive T cells with different myosin basic protein 308 peptides induce  $T_{\rm H}1$  and  $T_{\rm H}2$  deviation via the activation of JNK and  $_{\rm 309}$ ERK, respectively (Singh and Zhang, 2004). Therefore, the roles of the 310 ERK and JNK pathways in T<sub>H</sub>2 cytokine production remain unclear. In 311 our study, we found that shikonin slightly inhibited PMA+cAMP- 312 induced ERK activation and had no inhibitory effects on JNK activation 313 as a result of PMA + cAMP treatment. This suggests that ERK plays a 314 minor role and that JNK has no obvious effect in shikonin-suppressed 315 IL-4 and IL-5 production induced by PMA + cAMP treatment. 316

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#### Conclusion 317

Our data show that shikonin directly inhibits T<sub>H</sub>2 responses in T 318 319 cells by reducing the expression of the cytokines IL-4 and IL-5 and the transcription factors GATA-3 and c-Maf. Suppression of the phos-320 phorylation of IKK- $\beta$  and activation of IkB- $\alpha$  and p38 might play an 321 important role in the shikonin-induced inhibition of GATA-3 322 expression in EL-4 cells. Our findings provide useful and novel 323 324mechanistic explanations for the anti-allergic inflammatory effect of 325shikonin, and highlight its pharmaceutical value.

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