



**Isochaihulactone protects PC12 cell against hydrogen peroxide induced oxidative stress and attenuates the aging effect in D-galactose aging mouse model.**

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1 Isochaihulactone protects PC12 cell against hydrogen peroxide induced oxidative stress and  
2 attenuates the aging effect in D-galactose aging mouse model.

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4 21 **Abstract**

5  
6 22 **Aim:** We investigated the effect of isochaihulactone (also known as K8), a lignan compound  
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9 23 of *Bupleurum scorzonerifolium*, on cytotoxicity induced by exposure of neuronally  
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11 24 differentiated PC12 cells (nPC12) to H<sub>2</sub>O<sub>2</sub>.

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13 25 **Methods:** Viability of neuronal PC12 cells was measured by MTT assay. Protein expression  
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15 26 was determined by Western blot. Apoptotic cells was determined by TUNEL assay.  
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18 27 D-galactose aging animal treatment were used as a model system to study the anti-oxidant  
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20 28 effects of isochaihulactone in vivo.

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23 29 **Results:** Pretreatment with isochaihulactone increased cell viability and decreased membrane  
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25 30 damage, generation of reactive oxygen species and degradation of poly (ADP-ribose)  
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27 31 polymerase in H<sub>2</sub>O<sub>2</sub>-treated nPC12 cells and also decreased the expression of  
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29 32 cyclooxygenase-2, via downregulation of NF-kappaB, resulting in a decrease in lipid  
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31 33 peroxidation. These results suggest that isochaihulactone is a potential antioxidant agent. In  
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33 34 another set of experiments, we evaluated the effect of isochaihulactone in a murine aging  
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35 35 model, in which chronic systemic exposure to D-galactose (D-gal) causes the acceleration of  
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37 36 senescence. Administration of isochaihulactone (10 mg/kg/d, subcutaneously) for 6 weeks  
38  
39 37 concomitant with D-gal injection significantly increased superoxide dismutase and glutathione  
40  
41 38 peroxidase activities and decreased the MDA level in plasma. Furthermore, we used H&E  
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43 39 staining to quantify cell death within hippocampus: counting of pyknotic nuclei in H&E  
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45 40 section. The result showed that percentage of pyknotic nuclei in the D-gal-treated mice were  
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47 41 much higher than in control.  
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53 42 **Conclusion:** These results suggest that isochaihulactone exerts potent antiaging effects against  
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55 43 D-gal in mice via antioxidative mechanisms.

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57  
58 44 **Keywords:** Lignan; Isochaihulactone; Neuroprotection; Cyclooxygenase-2; Anti-aging;  
59  
60 45 pyknotic nuclei

## 46 Introduction

47 Oxidative stress is believed to be a primary factor in neurodegenerative diseases as well as  
48 in the normal process of aging<sup>[1-3]</sup>. Oxygen-derived free radicals exert detrimental effects  
49 including peroxidation of membrane lipids, enzyme inactivation, DNA fragmentation and  
50 activation of apoptosis<sup>[4-6]</sup>. Superoxide dismutase (SOD), catalase (CAT) and glutathione  
51 peroxidase (GPx) act by scavenging the superoxide anion and H<sub>2</sub>O<sub>2</sub> to prevent reactive oxygen  
52 species (ROS)-induced damage<sup>[7]</sup>. Exogenous H<sub>2</sub>O<sub>2</sub> can increase oxidative stress and apoptotic  
53 cell death by causing mitochondrial dysfunction and activation of caspases. Therefore, H<sub>2</sub>O<sub>2</sub>  
54 has been used extensively as an inducer of oxidative stress in *in vitro* models.

55 Reactive oxygen species themselves can increase and/or induce cellular  
56 cyclooxygenase-2 (COX-2) expression<sup>[8-10]</sup>. In addition, apoptotic cell death induced by  
57 exposure to cyanide can be inhibited by selective COX-2 inhibition<sup>[11,12]</sup>. Oxidative  
58 stress-induced COX-2 expression can be prevented in numerous cell types, including neurons,  
59 by free radical scavengers. Thus, oxidant stressors are specific and important inducers of  
60 COX-2 gene expression.

61 The free radical theory of aging was conceived by Harman in 1956. Increasing evidence has  
62 convinced many researchers that oxidants play an important role in aging. Chronic  
63 administration of a low dose of D-galactose (D-gal) induces changes that resemble natural  
64 aging in animals<sup>[13-20]</sup>. **D-galactose is a physiological nutrient obtains from lactose in milk.**  
65 **The hydrolysis of lactose in the intestine results monosaccharide glucose and galactose. In**  
66 **animals, galactose is normally metabolized by D-galactokinase and galactose-1-phosphate**  
67 **uridyltransferase but over- supply of D-galactose results its abnormal metabolism (Kaplan and**  
68 **Pesce, 1996). D-galactose converts into galactitol, which is not metabolize by above enzymes**  
69 **but accumulate in the cell, that leads to osmotic stress and ROS production<sup>[40]</sup>.** In addition,  
70 supplementation with antioxidants has been reported to be beneficial with respect to slowing

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4 71 the aging process<sup>[21,22]</sup>.  
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6 72 Nan-Chai-Hu (Chai Hu of the South), the root of *Bupleurum scorzonerifolium*, is an  
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8 9 73 important Chinese herb<sup>[23]</sup>. Isochaihulactone (also known as K8) is a lignan compound that  
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11 74 was identified in acetone extracts of Nan-Chai-Hu and shows antitumor activity against A549  
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13 75 cells *in vitro* and *in vivo*<sup>[24,25]</sup>. Lignan compounds (e.g., sesamin, sesamol) have been  
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15 76 reported to act as neuroprotective agents against oxidative injury and excitotoxicity<sup>[26-29]</sup>.  
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17 77 Lignans can also inhibit lipopolysaccharide-inducible COX-2 expression in macrophages<sup>[30]</sup>.  
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19 78 The aim of the present study was to investigate the effects of isochaihulactone on  
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21 79 H<sub>2</sub>O<sub>2</sub>-induced injury in neuronal PC12 cells (nPC12) and in a murine D-gal-induced aging  
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23 80 model.  
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## 81 **Materials and methods**

### 82 **Fraction purification of isochaihulactone and structure determination**

83 *B. scorzonerifolium* roots were supplied from Chung-Yuan Co., Taipei, and the plant was  
84 identified by Professor Lin of the National Defense Medicinal Center, where a voucher  
85 specimen was deposited (NDMCP No. 900801). The acetone extract AE-BS was prepared as  
86 described previously<sup>[24,31]</sup>. The AE-BS was dissolved in 95% MeOH solution and then  
87 partitioned [1:1] with n-hexane to give the n-hexane-soluble fraction (BS-HE). The aqueous  
88 95% MeOH layer was evaporated to remove residual MeOH, and then distilled water was  
89 added. This aqueous solution was further partitioned with CHCl<sub>3</sub> to get the CHCl<sub>3</sub>-soluble  
90 fraction (BS-CE) and H<sub>2</sub>O-soluble fraction (BS-WE). The BS-CE was subjected to  
91 chromatography over silica gel and eluted with CH<sub>2</sub>Cl<sub>2</sub>, CH<sub>2</sub>Cl<sub>2</sub>-MeOH (95:5),  
92 CH<sub>2</sub>Cl<sub>2</sub>-MeOH (9:1), CH<sub>2</sub>Cl<sub>2</sub>-MeOH (8:2) and MeOH, successively. The bioactive  
93 component, BS-CE-E02, was applied to silica gel and eluted with CH<sub>2</sub>Cl<sub>2</sub>-MeOH (99:1) to  
94 obtain isochaihulactone. The pure compound, isochaihulactone forms white needle crystals  
95 with a physical properties of mp 137–138 8C; [α]<sub>D</sub><sup>25</sup> -29.08 (ca. 0.5, CHCl<sub>3</sub>); IR (KBr)  
96 ν<sub>max</sub> cm<sup>-1</sup>: 1745, 1635, 1581, 1335, 1153; UV (CHCl<sub>3</sub>) λ<sub>max</sub> nm (log ε): 247 (4.08), 298  
97 (4.17), 327 (4.08); <sup>1</sup>H NMR (CDCl<sub>3</sub>) δ: 3.29 (1H, m, H-3), 4.10 (1H, dd, J = 9.0, 3.8 Hz,  
98 H-4a), 4.31 (1H, dd, J = 9.0, 7.3 Hz, H-4b), 6.60 (1H, d, J = 1.5 Hz, H-5), 2.78 (1H, dd, J =  
99 13.7, 9.0 Hz, H-6a), 2.92 (1H, dd, J = 13.7, 6.7 Hz, H-6b), 7.24s (2H, s, H-20, 60), 6.67 (1H, d,  
100 J = 1.4 Hz, H-200), 6.74 (1H, d, J = 7.8 Hz, H-500), 6.61 (1H, dd, J = 7.8, 1.4 Hz, H-600),  
101 3.87 (9H, s, OMe), 5.93 (1H, d, J = 1.3 Hz, OCH<sub>2</sub>O), 5.94 (1H, d, J = 1.3 Hz, OCH<sub>2</sub>O); <sup>13</sup>C  
102 NMR (CDCl<sub>3</sub>) δ: 169.29s (C-1), 126.36s (C-2), 44.43d (C-3), 69.82t (C-4), 140.60d (C-5),  
103 40.72t (C-6), 128.83s (C-10), 108.65d (C-20), 152.62s (C-30), 139.61s (C-40), 152.62s (C-50),  
104 108.65d (C-60), 131.31s (C-100), 109.29d (C-200), 147.94s (C-300), 146.49s (C-400),  
105 108.39d (C-500), 122.29d (C-600), 56.18q (20-OMe), 60.90q (30-OMe), 56.18q (40-OMe),

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4 106 101.03t (OCH<sub>2</sub>O); EIMS, 70 eV, m/z (rel. int.): 398 ([M]<sup>+</sup>, 18), 263 (100), 207 (16), 135 (35).

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9 108 **Chemicals and reagents**

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11 109 Isochaihulactone was dissolved in DMSO to a concentration of 100 mM and stored in -20°C  
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13 110 as a stock solution. Dimethyl sulfoxide (DMSO), 3-(4,5-dimethyl thiazol-2-yl)-2,5-diphenyl  
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15 111 tetrazolium bromide (MTT), 2',7'-dichlorofluorescein diacetate (H<sub>2</sub>DCF-DA), Hoechst 33342,  
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17 112 Thiobarbituric Acid (TBA), Hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), Trichloroacetic Acid,(TCA),  
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19 113 Malondialdehyde (MDA), Propidium Iodine (PI) and actin antibody were purchased from  
20  
21 114 Sigma Chemical Co. (St. Louis, MO, USA). F-12 medium, horse serum, fetal bovine serum  
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23 115 (FBS), penicillin, streptomycin, trypsin/EDTA and NuPAGE Bis-Tris Electrophoresis System  
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25 116 (pre-cast polyacrylamide mini-gel) were purchased from Invitrogen (Carlsbad, CA, USA).  
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27 117 CellBIND surface dishes and mouse 2.5S nerve growth factor (NGF) were purchased from  
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29 118 Millipore (Bedford, MA). COX-2 antibody was purchased from Thermo scientific (Waltham,  
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31 119 MA, USA). PARP antibodies and horseradish peroxidase - conjugated anti-mouse or anti-rabbit  
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33 120 IgG secondary antibodies were purchased from Cell signaling (MA, USA).  
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35 121 Polyvinylidene fluoride (PVDF) membranes, BSA protein assay kit and Western blot  
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37 122 chemiluminescence reagent were purchased from Amersham Biosciences (Arlington Heights,  
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39 123 IL). Superoxide dismutase activity assay kit was purchased from **BioVision** (Mountain View,  
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41 124 CA). Glutathione peroxidase assay kit was purchased from Cayman Chemical (MI, USA). DNA  
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43 125 Fragmentation Assay Kit was purchased from Clontech Laboratories (Mountain View, CA).  
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45 126 Non-Radioactive Cytotoxicity Assay was purchased from promega (Madison, WI, USA)  
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56 128 **Cell culture and differentiation of neuronal PC12 cells.**

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58 129 Undifferentiated rat phenchromocytoma cells (PC12 cells) were obtained from the  
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60 130 Bioresources Collection and Research Center (BCRC, Hsin Chu, Taiwan) and maintained in

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4 131 F-12 medium supplemented with 2.5% fetal bovine serum and 12.5% horse serum in a CO<sub>2</sub>  
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6 132 incubator at 37°C. To induce neuronal differentiation, PC12 cells grown on CellBIND surface  
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8 133 dishes were incubated in the presence of 50 ng/ml of mouse 2.5S nerve growth factor (NGF).  
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10 134 Experiments were carried out 72 h after NGF incubation while the percentage of  
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12 135 neurite-bearing cells was added up to 80%-90%.  
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### 18 137 **D-galactose aging animal Treatment**

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20 138 Male adult C57BL/6 mice were purchased from National Sciences Council (Taipei, Taiwan)  
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22 139 weighing 28-30 g at the beginning of the experiment were used. Animals were randomly  
23  
24 140 divided into three groups (control, D-gal-administration, and D-gal-administration plus  
25  
26 141 isochaihulactone 10 mg/kg treatment) and maintained at 20°C , 12 h light/12 h dark cycle with  
27  
28 142 free access to food and water. D-Gal (100 mg/kg) was injected subcutaneously (s.c.) daily into  
29  
30 143 mice for 7 weeks. isochaihulactone (10 mg/kg body weight) was injected subcutaneously (s.c.)  
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32 144 3 h prior to D-Gal injection. All control animals were given saline. The plasma of each group  
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34 145 were collected for MDA content, antioxidative enzyme activity analysis.  
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### 42 147 **Growth inhibition assay**

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44 148 Cell viability was assessed by measuring formazan produced by the reduction of MTT.  
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46 149 Neuronal PC12 cells in 96-well plates were treated with H<sub>2</sub>O<sub>2</sub> and incubated for 24 h at 37 °C.  
47  
48 150 Isochaihulactone was added 3 hr to the culture prior to H<sub>2</sub>O<sub>2</sub> addition. The cells in each well  
49  
50 151 were then incubated in culture medium with 500 mg/ml MTT for 2 h. Absorbance at 570 nm of  
51  
52 152 the maximum was detected by a Spectramax Microplate ELISA Reader (Molecular Devices  
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54 153 Corp, Sunnyvale, CA).  
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### 155 **Cytotoxicity analysis**

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4 156 Lactate Dehydrogenase (LDH) Release Assay is used to measure cell membrane damage as  
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6 157 a function of the amount of cytoplasmic LDH released into the medium. The LDH assay is  
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8 158 based on the reduction of  $\text{NAD}^+$  by the action of LDH. The generated NADH is utilized for  
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10 159 stoichiometric conversion of tetrazolium dye. LDH activity can be used as an indicator of  
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12 160 cytotoxicity. Neuronal PC12 cells in 96-well plates were treated with  $\text{H}_2\text{O}_2$  and incubated for  
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14 161 24 h at 37 °C. The 100  $\mu\text{M}$   $\alpha$ -tocopherol was used as a positive control (PC). Isochaihulactone  
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16 162 or 100  $\mu\text{M}$   $\alpha$ -tocopherol was added 3 hr to the culture prior to  $\text{H}_2\text{O}_2$  addition, and LDH  
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18 163 content was determined using the Non-Radioactive Cytotoxicity Assay (Promega). The test was  
19  
20 164 performed according to the manufacturer's protocol. Briefly, at the end of the incubation, an  
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22 165 aliquot of the medium (50  $\mu\text{l}$ ) was added to the kit reagent and incubated for 30 min, and then  
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24 166 the reaction was stopped and the absorbance was measured at 490 nm using a microplate  
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26 167 reader.  
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#### 34 169 **In situ TdT-mediated dUTP nick end labeling (TUNEL) assay**

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38 170 Apoptotic cells were confirmed with the DNA Fragmentation Assay Kit (clontech), in  
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40 171 accordance with the manufacturer's instructions. Neuronal PC12 cells in 96-well plates were  
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42 172 treated with  $\text{H}_2\text{O}_2$  and incubated for 24 h at 37 °C. Isochaihulactone was added 3 hr to the  
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44 173 culture prior to  $\text{H}_2\text{O}_2$  addition, then cells were fixed in 4% paraformaldehyde for 25 min at 4°C,  
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46 174 and then permeabilized with 0.2% Triton X-100 for 5 min at room temperature. Free 3' ends of  
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48 175 fragmented DNA were enzymatically labeled with the TdT-mediated dUTP nick end labeling  
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50 176 (TUNEL) reaction mixture for 60 min at 37 C in a humidified chamber. Monitor cell nuclear by  
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52 177 Propidium Iodine (PI) staining. Labeled DNA fragments were monitored by fluorescence  
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54 178 microscopy (Zeiss)  
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### 180 **Hoechst 33342 staining**

181 After a 24 h treatment of the cells with H<sub>2</sub>O<sub>2</sub> (200 μM), Hoechst 33248 staining was  
182 performed. Isochaihulactone was added 3 h prior to H<sub>2</sub>O<sub>2</sub> stimulation. Neuronal PC12 cells  
183 were stained with Hoechst 33248 dye to evaluate apoptosis. The cells were fixed with 4%  
184 paraformaldehyde at room temperature and stained with Hoechst 33342 working solution (5 μM)  
185 for 30 min, then washed with PBS. Fluorescence was visualized using a fluorescent microscope  
186 (Zeiss) under 200X magnification.

### 188 **Intracellular Reactive Oxygen Species detection**

189 The production of intracellular reactive oxygen species was estimated by using a fluorescent  
190 probe, 2',7'-dichlorofluorescein diacetate (DCFH-DA). DCFH-DA is transported across the cell  
191 membrane and hydrolyzed by intracellular esterases to form non-fluorescent  
192 2',7'-dichlorofluorescein (DCFH), which is then rapidly converted to highly fluorescent  
193 2',7'-dichlorofluorescein (DCF) in the presence of reactive oxygen species. The DCF  
194 fluorescence intensity is believed to be parallel to the amount of reactive oxygen species formed  
195 intracellularly. After 24 h treatment with 200 μM H<sub>2</sub>O<sub>2</sub>, collected cell and added CH<sub>2</sub> DCFDA  
196 (final concentration 10 μM) for 60 min at 37°C. Cells were washed by PBS for at least three  
197 times. The production of reactive oxygen species was measured immediately by Cell lab  
198 Quanta™ SC Flow cytometer (Beckman coulter).

### 200 **Measurement of MDA content and antioxidant enzyme activities**

201 The content of MDA was determined using the thiobarbituric acid method. Equal volumes of  
202 0.67 % thiobarbituric acid reagent was added to the sample supernatant and boiled for 10 min at  
203 100 °C, and cooled, the absorbance of each supernatant was measured at 532 nm. MDA content  
204 was calculated by MDA standard. Antioxidant enzyme activities were assayed with Superoxide

205 dismutase activity assay kit (BioVision) and Glutathione peroxidase assay kit (Cayman). The  
206 assay was in accordance with the manufacturer's instructions.

### 207 RNA extraction and RT-PCR assay

208 Total RNA from each sample was isolated by RNeasy (Qiagen, Valencia, CA, USA),  
209 according to the manufacturer's specifications. RNA quality was assessed using agarose gel  
210 electrophoresis. The concentration was calculated spectrophotometrically and 1 µg of total-RNA  
211 from each sample was used to generate cDNA using the Omniscript RT kit (Qiagen) according  
212 to manufacturer's protocol. One micrograms of cDNA was amplified in the presence of 1 mM  
213 primers: *cox2*: (F) 5'-ACACTCTATCACTGGCATCC-3' and (R)  
214 5'-GAAGGGACACCCTTTCACAT-3', *cox1*: (F) 5'-TTTGCACA  
215 ACACTTCACCCACCAG-3' and (R) 5'-AAACACCTCCTGGCCCACAG CCAT-3', *p50*: (F)  
216 5'-GTCTCAAACCAAACAGCCTCAC-3' and (R) 5'-CAGTGTCTTCCTCGACATGGAT-3',  
217 *rela*: (F) 5'-GTCTCAAACCAAAC AGCCTCAC-3' and (R)  
218 5'-CAGTGTCTTCCTCGACATGGAT-3', *sod1*: (F) 5'-AAGGCCGTGTGCGTGCTGAA-3'  
219 and (R) 5'-CAGGTCTCCAACATG CCTCT-3', *sod2*: (F)  
220 5'-CAGAGGCACAATGTCACCTC-3' and (R) 5'-  
221 TTTATGGCCACAGTTTCACAGAA-3' and *gapdh*: (F) 5'-TGAAGGTGC  
222 GAGTCAACGGATTTGGT-3' and (R) 5'-CATGTGGGCCATGAGGTCC ACCAC-3', with  
223 Taq DNA polymerase. The thermal cycling profile was composed of an initial denaturation step  
224 at 95°C for 10 min, 30 cycles of 30 s of denaturation at 95°C, 30 s of annealing at 58°C (*cox1*,  
225 *cox2* and *gapdh*) or 52°C (*sod1*, *sod2*, *rela* and *p50*), and 1 min of extension at 72°C, with a  
226 final 5 min extension step at 72°C. The intensity of bands was analyzed by AC Imaging System  
227 (LS Image Acquisition Software, UVP).

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## 229 Western blot analysis

230 Neuronal PC12 cells in 96-well plates were treated with H<sub>2</sub>O<sub>2</sub> and incubated for 24 h at 37  
231 °C. Isochaihulactone or 100 μM α-Tocopherol (PC) was added 3 hr to the culture prior to H<sub>2</sub>O<sub>2</sub>  
232 addition, The cells were lysed on ice with 200 ml of lysis buffer (50 mMTris–HCl, pH 7.5, 0.5  
233 MNaCl, 5mM MgCl<sub>2</sub>, 0.5% nonidet P-40, 1 mM phenylmethylsulfonyl fluoridefor, 1 mg/ml  
234 pepstatin, and 50 mg/ml leupeptin) and centrifuged at 13,000 g at 4 °C for 20 min. The protein  
235 concentrations in the supernatants were quantified using a BSA Protein Assay Kit.  
236 Electrophoresis was performed on a NuPAGE Bis–Tris Electrophoresis System using 50 mg of  
237 reduced protein extract per lane. Resolved proteins were then transferred to  
238 polyvinylidene fluoride (PVDF) membranes. Filters were blocked with 5% non-fat milk  
239 overnight and probed with appropriate dilution of primary antibodies for 1 h at room  
240 temperature. Membranes were washed with three times with 0.1% Tween 20 and incubated  
241 with HRP-conjugated secondary antibody for 1 h at room temperature. All proteins were  
242 detected using Western Lightning™ Chemiluminescence Reagent Plus and quantified using a  
243 densitometers.

## 245 Statistical analysis

246 The data represent means ± SD. Statistical differences were analyzed using the Student's t-test.  
247 For the pairwise comparisons multiple samples, statistical differences were analyzed using the  
248 *t*-test to compare the specific pairs of groups in one-way ANOVA (LSD procedure). Values of  
249 *P* < 0.05 were considered significant.

## 250 Results

### 251 Isochaihulactone protected nPC12 cells against H<sub>2</sub>O<sub>2</sub>-induced cytotoxicity and apoptosis

252 The viability of nPC12 cells in response to exposure to 200 μM H<sub>2</sub>O<sub>2</sub> for 24 h was  
253 significantly ( $p < 0.05$ ) decreased, to 71% of that of control cells. Cells were also pretreated  
254 with isochaihulactone (Fig. 1) or 100 μM α-tocopherol (a potent antioxidant) 3 h before the  
255 addition of H<sub>2</sub>O<sub>2</sub><sup>[32]</sup>. Pretreatment with isochaihulactone (5 μM or 10 μM) significantly ( $p <$   
256 0.05) inhibited this decrease (Fig. 2A), whereas 40 μM isochaihulactone did not exert any  
257 protective effect. To assess membrane damage, cells were treated with isochaihulactone (5 μM  
258 or 10 μM), and H<sub>2</sub>O<sub>2</sub>-induced cytotoxicity was determined by LDH assay. Treatment with  
259 H<sub>2</sub>O<sub>2</sub> for 24 h showed an increase in LDH release compared to the control group, to 53.2%.  
260 Pretreatment with isochaihulactone (5 μM or 10 μM) significantly decreased LDH release,  
261 from 54.1% (vehicle-treated group) to 35.5% (5 μM) and 27.6% (10 μM). Pretreatment with  
262 100 μM α-tocopherol also significantly attenuated this increase in LDH release. There was no  
263 significant difference between the effect of isochaihulactone and that of α-tocopherol (Fig.  
264 2B).

265 We also assessed apoptosis in nPC12 cells by TUNEL assay, morphologic analysis of cell  
266 nuclei and poly (ADP-ribose) polymerase (PARP) degradation. Treatment of cells with H<sub>2</sub>O<sub>2</sub>  
267 induced apoptosis, which was inhibited by pretreatment with isochaihulactone. In  
268 vehicle-treated control groups, cells were negative for TUNEL fluorescence. After exposure to  
269 200 μM H<sub>2</sub>O<sub>2</sub> for 24 h, the percentage of TUNEL-positive cell increased. Pretreatment with  
270 isochaihulactone (10 μM) for 3 h decreased the percentage of TUNEL-positive cells and  
271 significantly reduced apoptosis level back to control. (Fig. 2C). We next evaluated apoptosis  
272 via Hoechst 33342 staining to assess changes in nuclear morphology. As shown in Fig. 2D,  
273 pretreatment with isochaihulactone (10 μM) decreased the amount of chromatin condensation  
274 induced by H<sub>2</sub>O<sub>2</sub>. In addition, pretreatment with isochaihulactone for 3 h significantly ( $p <$

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4 275 0.05) inhibited the H<sub>2</sub>O<sub>2</sub>-induced increase in Caspase-3 and PARP activation (Fig. 2E).  
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### 8 277 **Isochaihulactone increased the antioxidant response of nPC12 cells**

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11 278 We assessed the level of intracellular ROS by DCFH-DA assay. Treatment of nPC12  
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13 279 cells with 200 μM H<sub>2</sub>O<sub>2</sub> for 24 h resulted in a 1.61-fold increase in intracellular ROS  
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15 280 compared to vehicle-treated control cells. Coincubation with isochaihulactone (5 μM or 10 μM)  
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17 281 significantly decreased ROS production compared to that in the vehicle-treated group (Fig.  
18  
19 282 3A). Treatment with H<sub>2</sub>O<sub>2</sub> markedly increased the level of the lipid peroxidation product  
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21 283 MDA (Fig. 3B) and decreased the antioxidant enzymatic activities of SOD and GPx (Fig. 3C,  
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23 284 D). Pretreatment with isochaihulactone (5 μM or 10 μM) resulted in a noticeable decrease in  
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25 285 the MDA level and increased SOD and GPx activities compared to those in the vehicle-treated  
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27 286 group. In addition, SOD and GPx activities in nPC12 cells treated with isochaihulactone (5  
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29 287 μM or 10 μM) for 24 h showed no significant difference compared to control cells. Expression  
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31 288 of SOD1 and SOD2 mRNA was downregulated in nPC12 cells in response to treatment with  
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33 289 H<sub>2</sub>O<sub>2</sub>. Pretreatment with isochaihulactone inhibited this effect (Fig. 3E), indicating that  
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35 290 isochaihulactone not only elevated the activity of these antioxidant enzymes but also  
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37 291 **attenuated the decrease in expression by H<sub>2</sub>O<sub>2</sub>.**  
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### 45 293 **Isochaihulactone inhibited COX-2 expression in H<sub>2</sub>O<sub>2</sub>-treated nPC12 cells**

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48 294 Reactive oxygen species can themselves increase cellular COX-2 expression. By Western  
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50 295 blot analysis, pretreatment with isochaihulactone blocked H<sub>2</sub>O<sub>2</sub>-induced COX-2 mRNA and  
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52 296 protein expression in nPC12 cells but had no effect on COX-1 mRNA expression (Fig. 4A, B).  
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54 297 The transcription factor NF-kappa B is important in the regulation of COX-2 expression.  
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56 298 Therefore, NF-kappa B mRNA expression was assessed after incubation of nPC12 cells with  
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58 299 200 μM H<sub>2</sub>O<sub>2</sub> for 3 h. mRNA expression of the NF-kappa B subunits P50 and RELA was  
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4 300 downregulated by pretreatment with isochaihulactone (Fig. 4C), indicating that  
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6 301 isochaihulactone decreased the expression of COX-2 via downregulation of NF-kappa B.  
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### 10 303 **Antioxidant effects of isochaihulactone in the D-galactose aging model**

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13 304 We measured the activities of T-SOD and GSH-Px and the MDA level in the plasma of  
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16 305 mice. The MDA level in D-gal-treated mice was significantly increased compared to that in  
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18 306 the control group (Fig. 5A, B, C). Administration of isochaihulactone (10 mg/kg/d)  
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20 307 significantly inhibited this increase. The activities of T-SOD and GSH-Px in D-gal-treated  
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22 308 mice were significantly decreased compared to those in the control group, and administration  
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25 309 of isochaihulactone (10 mg/kg/d) significantly attenuated these decreases. Furthermore, we  
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27 310 used H&E staining to quantify cell death within hippocampus: counting of pyknotic nuclei in  
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29 311 H&E section. The result showed that percentage of pyknotic nuclei in the D-gal-treated mice  
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31 312 were much higher than in control. Animals that received isochaihulactone showed a  
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34 313 significantly decrease in the percentage of the damaged cells with respect to D-gal-receiving  
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37 314 mice (Fig. 5D).  
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## 315 Discussion

316 Results of the present study provide evidence that isochaihulactone can exert  
317 neuroprotective effects against H<sub>2</sub>O<sub>2</sub>-induced oxidative stress in nPC12 cells. Pretreatment  
318 with isochaihulactone inhibited intracellular ROS formation. Although a small proportion of  
319 H<sub>2</sub>O<sub>2</sub> may be scavenged by cellular antioxidant enzymes, it nonetheless directly induces the  
320 oxidation of various intracellular targets including the fluorescence probe DCFH-DA. When  
321 cells were exposed to exogenous H<sub>2</sub>O<sub>2</sub>, DCF fluorescence increased significantly. The  
322 formation of hydroxyl radicals mediated by intracellular heavy metal ions may also contribute  
323 to the increased DCF fluorescence in response to H<sub>2</sub>O<sub>2</sub>. Many reports indicate that lignans can  
324 access intracellular locations, owing to their benzylic structures, justifying their ability to  
325 attenuate oxidative stress induced by diverse stimuli<sup>[33,34]</sup>. The chemical structure of  
326 isochaihulactone (sugar moiety attached to the 20 position of the triterpene dammarane) may  
327 contribute to its direct antioxidant properties<sup>[35]</sup>. However, antioxidant activity was also found  
328 in other cellular models, and the concentrations of isochaihulactone required for  
329 neuroprotection were far lower than those of H<sub>2</sub>O<sub>2</sub> used in our present experiments, suggesting  
330 that it may not be a simple stoichiometric interaction.

331 Antioxidant activity of isochaihulactone was observed in the present study at concentrations  
332 of 5 μM and 10 μM, whereas 40 μM isochaihulactone showed no protective effects. In our  
333 previous study, we found isochaihulactone caused cytotoxicity in various cancer cell lines  
334 including lung, breast, ovary, colon, liver tumor cells (IC<sub>50</sub> = 10–50 μM after 48h), paclitaxel  
335 -resistant A549-T12 and P-gp-overexpression KB-TAX50 cells<sup>[24]</sup>. In this study, we found that  
336 antioxidant activity of isochaihulactone was observed at concentrations of 5 μM and 10 μM.  
337 These results revealed that isochaihulactone may activate different pathway through different  
338 concentration and cell types. Consistently, it has been reported that a major mammalian  
339 metabolite of plant-based lignans enterolactone act as antioxidants at relatively low

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4 340 concentrations with maximum protection at 100  $\mu\text{M}$ <sup>[36]</sup> and also used to induce anticancer  
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7 341 activity of prostate cancer were higher than 100  $\mu\text{M}$ <sup>[37]</sup>. In addition, the PC12 cells used in the  
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10 342 present study are clonal cells derived from rat pheochromocytoma. Treatment with nerve  
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12 343 growth factor induces the differentiation of PC12 cells into a sympathetic neuron-like  
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14 344 phenotype<sup>[38]</sup>. This cell line has been used widely as a model in neurobiologic,  
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16 345 neuropharmacologic and neurotoxicologic studies. The response of PC12 cells to  
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18 346 isochaihulactone may not be exactly the same as that observed in other cells. Therefore,  
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20 347 isochaihulactone exerts potent antiaging effects against D-gal in mice via antioxidative  
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22 348 mechanisms at low dosage but a strong anti-proliferative effect at high dosage.  
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26 349 The cyclooxygenase (COX) enzymes catalyze a key step in the conversion of arachidonate  
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28 350 to PGH<sub>2</sub>, the immediate substrate for a series of cell specific prostaglandin and thromboxane  
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30 351 synthases. There are two COX isoforms, which differ mainly in their pattern of expression.  
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32 352 COX-1 is expressed in most tissues, whereas COX-2 usually is absent, but is induced by  
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34 353 numerous physiologic stimuli. Results of the present study showed that isochaihulactone  
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36 354 inhibited the expression of COX-2 and decreased lipid peroxidation. The dual intrinsic  
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38 355 enzyme activities of COX-2 catalyze two sequential reactions in the metabolism of  
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40 356 arachidonic acid (AA). The COX-2 enzyme possesses cyclooxygenase activity that  
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42 357 metabolizes AA to hydroperoxide (PGG<sub>2</sub>; 9,11-endo-peroxy-15-hydroperoxyprostaglandin)  
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44 358 utilizing two oxygen molecules (2O<sub>2</sub>), and it also possesses a heme-containing active site that  
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46 359 provides peroxidase activity, which requires two electrons (2e<sup>-</sup>) to become active. The  
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48 360 peroxidase reaction converts PGG<sub>2</sub> to PGH<sub>2</sub> by removing oxygen(s), [O<sub>x</sub>], which may be a  
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50 361 source of oxygen radicals. Therefore, as more AA is metabolized to PG by COX-2, more  
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52 362 electron donors are depleted, and more oxygen radicals are generated. The COX-2-dependent  
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54 363 production of ROS is likely to be involved in the enhanced lipid peroxidation in H<sub>2</sub>O<sub>2</sub>-treated  
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4 364 cells. The mechanism for the induction of COX-2 in H<sub>2</sub>O<sub>2</sub>-induced apoptosis of nPC12 cells is  
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6 365 unknown. The COX-2 inhibitor U0126 blocks hypoxia-induced MAPK/ERK1/2 activity in  
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9 366 PC12 cells after 1 h of hypoxia and significantly protects against hypoxic death<sup>[39]</sup>, suggesting  
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11 367 that COX-2 activation is involved in hypoxia in PC12 cells. Results of the present study  
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13 368 showed that H<sub>2</sub>O<sub>2</sub> increased the expression of COX-2 and the transcription factor p65 in  
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15 369 nPC12 cells and that pretreatment with isochaihulactone inhibited this effect and decreased the  
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18 370 level of LDH release in response to H<sub>2</sub>O<sub>2</sub> treatment. This result indicates that isochaihulactone  
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20 371 may also regulate MAPK signaling to protect nPC12 cells against H<sub>2</sub>O<sub>2</sub>-induced injury.

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23 372 Many studies have shown that lignans possess potent antioxidant properties *in vitro* and  
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25 373 *in vivo*. There have been no previous reports on the protective effect of isochaihulactone  
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27 374 against D-gal-induced aging in mice. To protect cells against oxidative damage induced by  
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30 375 ROS, the antioxidant system in the body is activated, and endogenous antioxidant enzymes,  
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32 376 such as SOD and GPx, scavenge ROS or prevent their formation. The production of ROS can  
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34 377 also be evaluated indirectly by analyzing the level of MDA, a product of free radical-induced  
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36 378 lipid peroxidation. Analysis of the number of pyknotic nuclei cells in the hippocampus showed  
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38 379 that isochaihulactone had an important protective effect against D-gal-induced cell death.  
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41 380 Overall, our present findings suggest that isochaihulactone can protect mice against oxidative  
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43 381 stress injury induced by D-gal and improves impairments in aging mice.

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46 382 In conclusion, isochaihulactone decreased oxidative stress-induced ROS production and  
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48 383 lipid peroxidation and also maintained endogenous antioxidant enzymatic activities, stabilized  
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51 384 mitochondrial function, and subsequently attenuated nPC12 cell injury. Although more  
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53 385 detailed mechanistic studies are necessary to clarify the mechanism of neuroprotection by  
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56 386 isochaihulactone, these results should encourage further studies to explore the potential  
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58 387 neuroprotective effects of isochaihulactone in neurologic diseases.

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4 509 **Figure legends**

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6 510 **Fig 1.** Chemical structure of isochaihulactone.  
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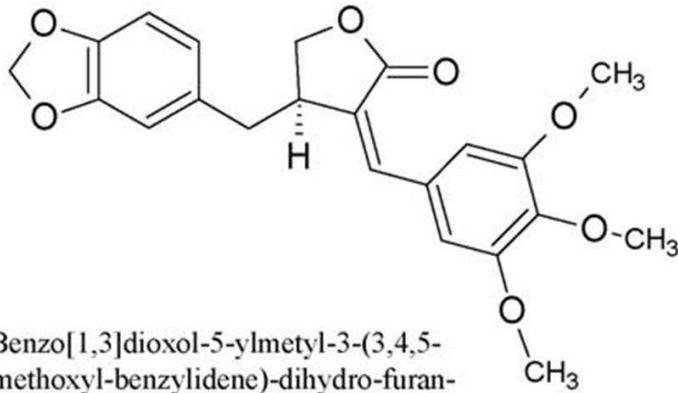
10  
11 512 **Fig 2.** Attenuation of H<sub>2</sub>O<sub>2</sub> -induced injury cell by isochaihulactone in neuronally  
12 differentiated PC12 cells (nPC12). isochaihulactone or 100 μM α-tocopherol was added to the  
13 cultures 3 h before the addition of H<sub>2</sub>O<sub>2</sub>. Cells were incubated with 200 μM H<sub>2</sub>O<sub>2</sub> for 24 h for  
14 MTT, LDH or apoptosis assay. Pretreatment with isochaihulactone protected nPC12 cells  
15 against H<sub>2</sub>O<sub>2</sub>-induced injury by increasing cell viability (A) and decreasing H<sub>2</sub>O<sub>2</sub>-induced  
16 cytotoxicity. The 100 μM α-tocopherol was used as a positive control (PC). (B). In addition,  
17 isochaihulactone (10 μM) pretreatment decreased DNA fragmentation (C), chromatin  
18 condensation (D) Caspase-3 and PARP cleavage (E), apoptotic characteristics induced by  
19 H<sub>2</sub>O<sub>2</sub>. Data are presented as mean ± standard deviation (SD) (n = 3). <sup>a</sup>P < 0.05 as compared to  
20 control group; <sup>b</sup>P < 0.05 as compared to H<sub>2</sub>O<sub>2</sub> treated group.  
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523 **Fig 3.** Effect of isochaihulactone on H<sub>2</sub>O<sub>2</sub>-induced intracellular accumulation of reactive  
524 oxygen species (ROS) and lipid peroxidation and downregulation of antioxidant enzyme  
525 (SOD and GPx) activity in neuronally differentiated PC12 cells (nPC12). Pretreatment with  
526 isochaihulactone attenuated the H<sub>2</sub>O<sub>2</sub>-induced accumulation of ROS (A) and lipid  
527 peroxidation (B). In addition, isochaihulactone (10 μM) pretreatment maintained the activity  
528 of SOD (C) and GPx (D) as controls. Isochaihulactone also rescued mRNA transcription of  
529 SOD1 and SOD2, which was inhibited by H<sub>2</sub>O<sub>2</sub> (E). Data are presented as mean ± standard  
530 deviation (SD) (n = 3). <sup>a</sup>P < 0.05 as compared to control group; <sup>b</sup>P < 0.05 as compared to H<sub>2</sub>O<sub>2</sub>  
531 treated group.  
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4 533 **Fig 4.** Modulation of the cyclooxygenase 2 (COX-2) isozyme and NF-kappa B subunits  
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6 534 (RELA and P50) by isochaihulactone pretreatment in H<sub>2</sub>O<sub>2</sub>-treated neuronal PC12 cells  
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9 535 (nPC12). Treatment with H<sub>2</sub>O<sub>2</sub> induced mRNA expression of COX-2, but not of COX-1, and  
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11 536 isochaihulactone pretreatment decreased this mRNA increase (A). Isochaihulactone  
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13 537 pretreatment also decreased COX-2 protein expression induced by H<sub>2</sub>O<sub>2</sub> (B). In addition,  
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15 538 pretreatment with isochaihulactone decreased the mRNA expression of RELA and P50 (C).  
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18 539 Data are presented as mean ± standard deviation (SD) (n = 3). **Relation to control in (A) to (C)**  
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20 540 **is relative to untreated control group.**  
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25 542 **Fig 5.** Effect of isochaihulactone on plasma MDA level and SOD and GPx activities in  
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27 543 D-galactose-treated (aged) mice. The control group received subcutaneous (s.c.) injections of  
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29 544 phosphate-buffered saline. The aged group received D-galactose (100 mg/kg, s.c.). The  
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31 545 isochaihulactone group received D-galactose (100 mg/kg/day, s.c.) plus isochaihulactone (10  
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33 546 mg/kg/day, s.c). Treatments were administered for 6 weeks. Isochaihulactone treatment  
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35 547 attenuated the aging characteristics of increased MDA level and downregulated SOD and GPx  
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37 548 activities. In addition, neuronal damage analysis. H&E staining shows that pyknotic nuclei in  
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39 549 galactose-treated group (middle) were significantly increased compared with vehicle-treated  
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41 550 group (left) and decreased in galactose + isochaihulactone treated group (right) compared with  
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43 551 galactose alone group in the CA1 subfield of hippocampus after 6 weeks of administration (D).  
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46 552 Data are presented as mean ± standard deviation (SD) (n = 3 mice). **<sup>a</sup>P < 0.05 as compared to**  
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48 553 **control group; <sup>b</sup>P < 0.05 as compared to H<sub>2</sub>O<sub>2</sub> treated group.**  
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Figure 1.

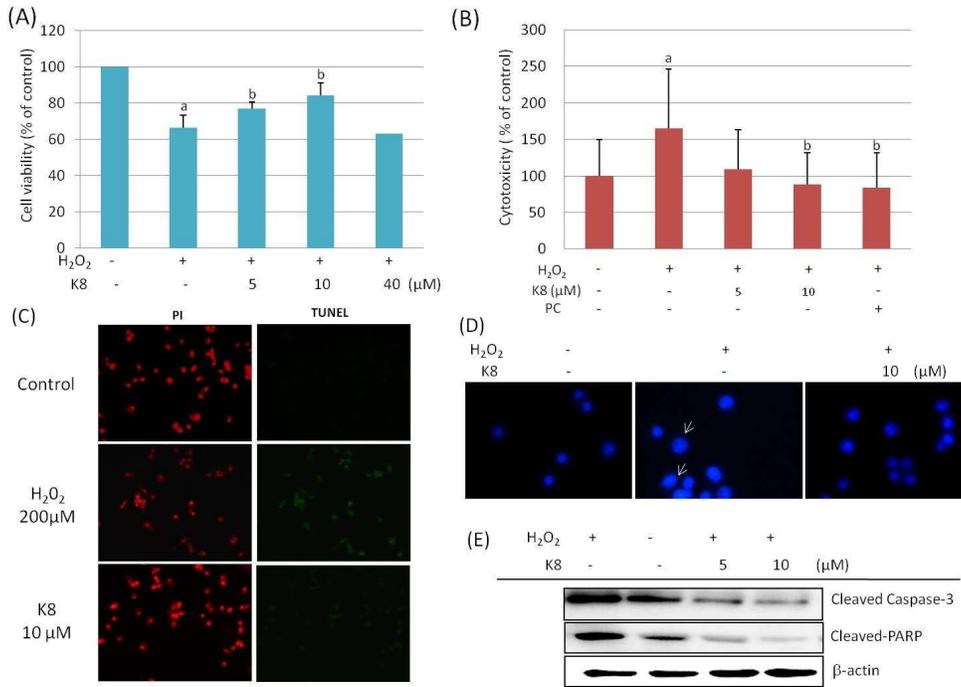


4-Benzo[1,3]dioxol-5-ylmethyl-3-(3,4,5-trimethoxybenzylidene)-dihydro-furan-2-one

MW=398.41

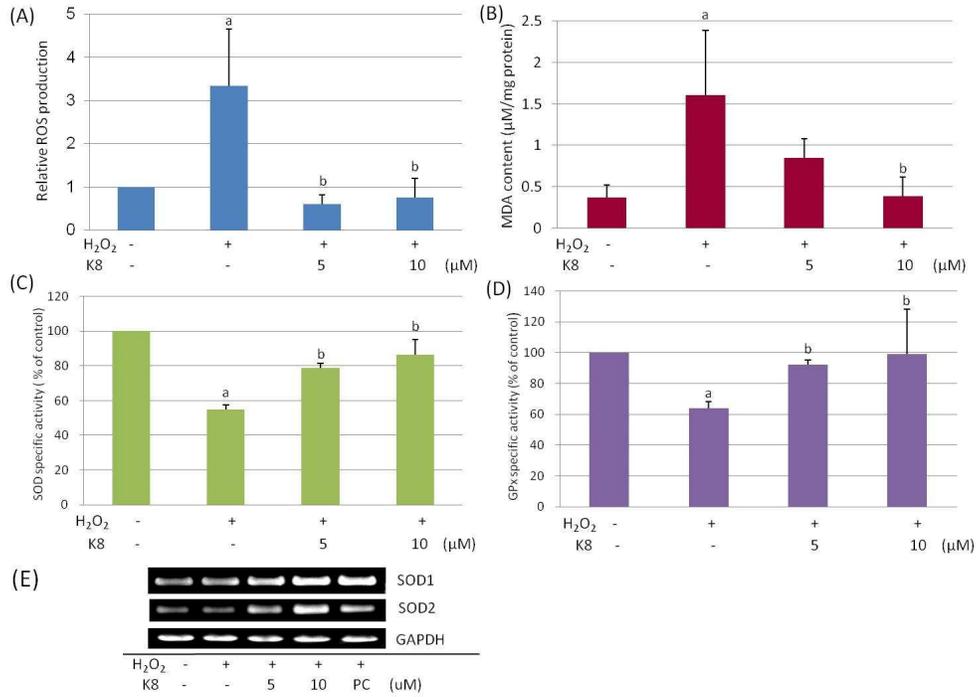
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Figure 2.



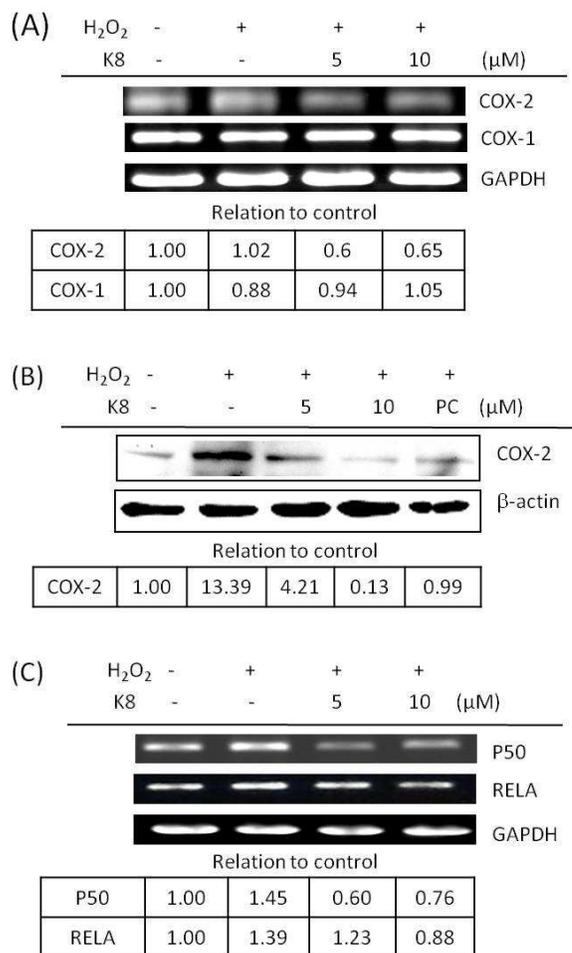
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Figure 3.



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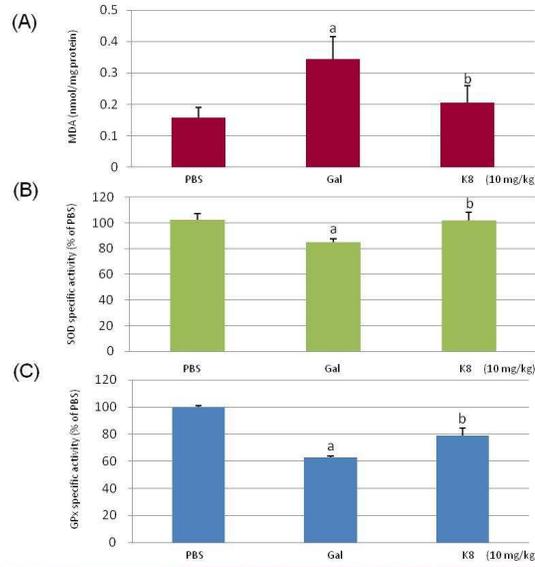
Figure 4.



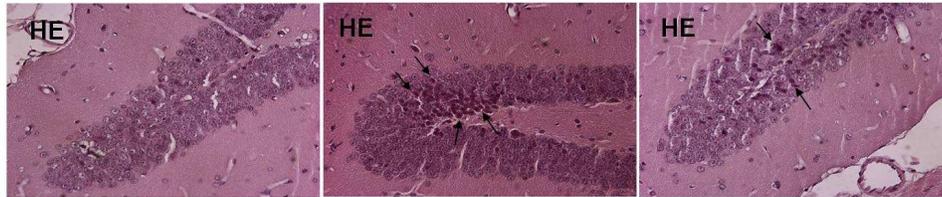
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Figure 5.



(D)



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