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Baicalein inhibits the migration and invasive properties of human hepatoma cells

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ABSTRACT

Flavonoids have been demonstrated to exert health benefits in humans. We investigated whether the 40 flavonoid baicalein would inhibit the adhesion, migration, invasion, and growth of human hepatoma cell lines, 41 and we also investigated its mechanism of action. The separate effects of baicalein and baicalin on the viability 42 of HA22T/VGH and SK-Hep1 cells were investigated for 24 h. To evaluate their invasive properties, cells were 43 incubated on matrigel-coated transwell membranes in the presence or absence of baicalein. We examined the 44 effect of baicalein on the adhesion of cells, on the activation of matrix metalloproteinases (MMPs), protein 45 kinase C (PKC), and p38 mitogen-activated protein kinase (MAPK), and on tumor growth in vivo. We 46 observed that baicalein suppresses hepatoma cell growth by 55%, baicalein-treated cells showed lower levels 47 of migration than untreated cells, and cell invasion was significantly reduced to 28%. Incubation of hepatoma 48 cells with baicalein also significantly inhibited cell adhesion to matrigel, collagen I, and gelatin-coated 49 substrate. Baicalein also decreased the gelatinolytic activities of the matrix metalloproteinases MMP-2. MMP- 50 9, and uPA, decreased p50 and p65 nuclear translocation, and decreased phosphorylated I-kappa-B (IKB)-B. In 51 addition, baicalein reduced the phosphorylation levels of PKC α and p38 proteins, which regulate invasion in 52 poorly differentiated hepatoma cells. Finally, when SK-Hep1 cells were grown as xenografts in nude mice, 53 intraperitoneal (i.p.) injection of baicalein induced a significant dose-dependent decrease in tumor growth. 54 These results demonstrate the anticancer properties of baicalein, which include the inhibition of adhesion, 55 invasion, migration, and proliferation of human hepatoma cells in vivo. 56

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Introduction

- Abbreviations: MAPK, mitogen-activated protein kinase; MMP, matrix metalloproteinase; PKC, protein kinase C; (IKB)- β , phosphorylated I-kappa-B.
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Metastasis, the major cause of death among cancer patients (Mehlen 63 and Puisieux, 2005), involves a distinct sequence of events that are not 64 yet fully elucidated. These events include changes in cell–extracellular 65 matrix (ECM) interactions, disruption of intercellular adhesions, 66 separation of single cells from solid tumor tissue, degradation of the 67 ECM, and transit of tumor cells into this structure (Weigelt et al., 2005). 68

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69 A fundamental role in tumor metastasis has been attributed to matrix 70 metalloproteinases (MMPs), which display altered expression in different human cancers (López-Otín and Hunter, 2010). Generally, 7172 elevated expression of MMPs in primary tumors and metastases is associated with cancer progression, poor prognosis, and hence shorter 73 74survival times. Proteinases involved in the degradation of the ECM 75(MMP-2, MMP-9, uPA, uPAR, PAI) are regarded as biomarkers of 76malignant hepatocellular carcinoma (HCC), and are thus related to the 77 prognosis and therapeutic outcomes of HCC (Tretiakova et al., 2009).

78 HCC is the fifth most frequent neoplasm worldwide and the third most common cause of tumor-related death (Parkin et al., 2002). Although 79 surgery remains the only truly effective therapeutic approach to the 80 treatment of HCC, most patients with HCC are ineligible for surgical 81 intervention. Protein kinase C α (PKC α) is associated with cell migration 82 and invasion and is highly expressed in the poorly differentiated human 83 HCC cell lines, HA22T/VGH and SK-Hep1 (Hsieh et al., 2007). Thus, it has 84 been speculated that p38 mitogen-activated protein kinase (MAPK) may 85 86 directly affect the invasiveness of SK-Hep1 and HA22T/VGH cells mediated via activation of PKC α , which contributes to the development 87 of HCC (Hsieh et al., 2006). There is, therefore, an urgent need to gain 88 further insight into the molecular mechanisms underlying the biology of 89 90 HCC and, thereby, identify potential new molecular targets for developing 91 novel treatments that are more effective and less toxic than existing therapies and surgical approaches. 92

Epidemiological studies now indicate that an increased intake of 93 dietary flavonoids is associated with a decreased risk of inflammation, 94hypertension, cardiovascular disease, and bacterial and viral infections 9596 (Arts and Hollman, 2005; Knekt et al., 2002). Flavonoids are secondary 97 products of plants and are thus ingested daily from fruits, vegetables and 98 other foods. Studies of dietary flavonoids have revealed a broad spectrum 99 of biological activities for these molecules, including the inhibition of cell proliferation in cell culture, induction of apoptosis, alterations in the 100101 activity of certain intracellular enzymes, and antioxidant properties (Havsteen, 2002). Most importantly, flavonoids show almost no toxic 102effects on normal peripheral blood and myeloid cells, or on normal 103 hepatocytes (Chen et al., 2009; Hwang et al., 2006). Baicalein, a bioactive 104 105 flavonoid extracted from the roots of Scutellaria baicalensis or Scutellaria radix, has been shown to exert antitumor activity (Li-Weber, 2009). In 106 addition, this compound causes cell cycle arrest and suppresses the 107 proliferation of cancer cells. Moreover, baicalein induces apoptosis in a 108 variety of human cancer cell lines (Chen et al., 2000; Po et al., 2002; Kuo et 109 110 al., 2009). However, the precise mechanisms underlying the antimetastatic abilities of baicalein remain unclear. 111

In our current study, we characterized two flavonoids that are 112 structurally similar, baicalein and baicalin, in that they contain a 7-113 hydroxyl or 7-glycoside substitution in their A-ring. We hypothesized that 114 115baicalein would function as a chemopreventive agent in a comparable manner to baicalin. We evaluated the in vivo antitumor potential of this 116 agent by investigating whether baicalein would attenuate the invasive-117 ness of HCC cells via the inhibition of cell-ECM interactions, the 118 suppression of MMPs, uPA and NF-KB translocation. 119

120 Materials and methods

Chemical reagents and antibodies. Baicalein, baicalin, gelatin, and 3-121 (4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) 122were purchased from Sigma (St. Louis, MO, USA). Anti-phospho-123 $p44/42\,$ MAPK or anti-p44/42 MAPK, anti-phospho-PKC , anti-124 phospho-p38 and anti-phospho-IkB_β (Thr19/Ser23) antibodies were 125purchased from Cell Signaling Technology, Inc. (Beverly, MA, USA). 126Anti-MMP2, MMP-9, NF-KB-p50, p65/RelA, Histone H1 and IKBB 127antibodies were purchased from Santa Cruz Biotechnology (Santa 128Cruz, CA, USA). 129

Cell culture. The HA22T/VGH (BCRC No. 60168) cell line waspurchased from the Bioresources Collection and Research Center,

Food Industry Research and Development Institute (Hsinchu, Tai- 132 wan). SK-Hep1 cell line was purchased from the American Type 133 Culture Collection (Rockville, MD, USA). Cells were cultured with 134 Dulbecco's modified Eagle's medium (DMEM) (Gibco-BRL) sup- 135 plemented with 10% fetal bovine serum (FBS), penicillin G, and 136 streptomycin (Sigma Chemicals, St. Louis, MO, USA) in a humidified 137 atmosphere containing 5% CO_2 at 37 °C. All experiments were 138 performed using plastic tissue culture flasks, dishes, or microplates 139 (Nunc, Naperville, Denmark).

Cell growth and proliferation assay. Cell viability was determined 141 using the MTT quantitative colorimetric assay as previously described 142 (Kuo et al., 2006a). Cells were seeded and incubated with the various 143 agents. Thereafter, the medium was changed and cells were incubated 144 with MTT (0.5 mg/mL) for 4 h. The viable cell number is directly 145 proportional to the production of formazan, which is measured 146 spectrophotometrically ($\lambda = 563$ nm) after solubilization with iso- 147 propanol. Cell growth was determined by counting the cells at the 148 indicated time points with a Coulter counter, combined with a trypan 149 blue (0.2%) exclusion assay.

Apoptosis assays.Annexin V-FITC (Biosource International, USA) was151used to quantify the percentage of cells undergoing apoptosis (Kuo et al.,1522006a).Flow cytometric analysis was performed with a FACSCaliber153using CellQuest software.Data were analyzed with CellQuest and154WinMDI software.155

Cell cycle distribution analysis. Flow cytometric analysis of the 156 baicalein-treated cells was performed using a FACScan (Becton Dickinson 157 Immunocytometry Systems, UK) (Kuo et al., 2006b). The DNA content of 158 the stained nuclei was analyzed by flow cytometry. The distribution of 159 DNA content was expressed as G1, S, and G2/M phases. 160

Boyden chamber assay.A Boyden chamber, comprising an upper and161a lower compartment, was used to analyze tumor cell migration. Human162hepatoma cells were allowed to grow as discrete colonies and were163treated with baicalein or baicalin as previously described (Lin et al., 1642008).Migration assays were carried out in a 48-well chemotaxischamber (Neuro Probe, Inc.).The number of cells that migrated to thelower side of the membrane was then determined.167

Matrigel invasion assay. SK-Hep1 cells and human HA22T cells 168 were incubated with DMEM in 10% fetal calf serum and then collected 169 by trypsinization. Cells $(1 \times 10^{5}/\text{mL})$ in serum-free medium were 170 added to the inner cup of the 48-well transwell chamber that had 171 been coated with 50 µL of matrigel (1:10 dilution in serum-free 172 medium). After 24 h, cells that had migrated through the matrigel and 173 filter membrane composed of 8-µm pores were fixed, stained, and 174 counted under a light microscope (Lin et al., 2008).

Scratch assays. Scratch assays were performed as previously de- 176 scribed (Lin et al., 2008). After the attached cells had reached 177 confluence, a 4-mm scratch was made through the cell monolayer. 178 The cells were then washed twice with phosphate-buffered saline 179 (PBS; pH 7) and incubated with culture medium in the absence 180 (control) or presence of baicalein or baicalin at the appropriate 181 concentrations. Photographs of treated cells moving within the 182 scratch were taken and analyzed these digital frames. 183

Cell-matrix adhesion assay. Cells were pretreated with various 184 concentrations of the test compounds for 24 h, and single-cell 185 suspensions were then plated and cultured for 30 min on 24-well 186 dishes that had been pre-coated with matrigel, type I collagen, and 187 gelatin. Non-specific binding to pre-coated dishes was blocked by 188 preincubating with 2% BSA in PBS for 2 h at room temperature. After a 189 30 min incubation at 37 °C, non-adherent cells were removed by 190

washing with PBS and adherent cells were fixed by ethanol. After
staining with 0.1% crystal violet for 10 min, fixed cells were lysed with
0.2% Triton X-100 and their absorbance was measured at 550 nm
(Yoon et al., 2001).

Preparation of total cell extracts and immunoblotting analysis. Cel-195 lular lysates were prepared by suspending 1×10^6 cells in 200 µL of 196 lysis buffer. The protein content in the supernatant was quantified 197 198 using the BCA protein quantitation assay and immunoblotted on Immobilon-P membranes (Millipore, Bedford, MA, USA) using the 199 200 indicated secondary antibodies. Signals were detected using an enhanced chemiluminescence western blot kit as described previ-201 202ously (Kuo et al., 2011).

Preparation of nuclear extracts. Nuclear extracts were prepared as 203described previously with some modifications (Kuo et al., 2006a). 204 Briefly, the cell pellet was then resuspended in cytosolic buffer on ice 205for 15 min and, after centrifugation at 2000 g for 10 min, the 206 supernatants were collected as cytoplasmic extracts. The nuclear 207 pellet was resuspended in 50 µL of extraction buffer and incubated at 208 4 °C with occasional vortexing for 20 min. The mixture was finally 209 centrifuged at 14,000 rpm for 5 min. The supernatant was collected, 210 211 and its protein concentration was then measured.

Zymography.MMP-2 and MMP-9 enzymatic activities were assayed212and prepared as described previously with some modifications (Lin213et al., 2008). The area of the photo images in the gel was determined214by measuring the numbers of pixels using ImageGauge 3.46 software215(Fujifilm, Inc.).216

In vivo treatments with baicalein. BALB/c-nu mice were purchased 217 from the National Laboratory Animal Center Taiwan. BALB/c-nu 218 female nude mice at 4-6 weeks old (18-20 g), were maintained 219 under specific pathogen-free (SPF) conditions and were supplied with 220 sterilized food and water. Trypsinized SK-Hep1 cells $(1 \times 10^6 221)$ cells/0.2 mL) were injected subcutaneously into the flanks of female 222 athymic BALB/c-nu mice (4-6 weeks old). After tumor inoculation, 223 mice were divided randomly into four groups of eight mice each. The 224 control animals were treated daily with 0.1 mL DMSO (0.25%; i.p.), 225 and the test animals were treated with baicalein (5, 10, 20 mg/kg/day; 226 i.p.) for five days. Tumor volumes were monitored on the fourth day, and 227 then measured at four-day intervals using calipers; calculation was based 228 on the following formula: length \times width² $\times \pi/6$ (Kuo et al., 2006b). To 229 monitor drug toxicity levels, the body weights of the mice were measured 230 every week. After 32 days, the mice were sacrificed, and the tumors were 231 removed and weighed. In addition, a pathologist examined the organs of 232 each mouse, including their liver, lungs, and kidneys. 233



Fig. 1. Cellular viability of HA22T, SK-Hep1, and Chang liver cells treated with the flavonoids baicalein and baicalin. (A) The structures of baicalein and baicalin. (B,C) HA22T, SK-Hep1, and Chang liver cells were treated with baicalein or baicalin, and after 24 h their viability was measured using an MTT assay. Data are reported as mean \pm SD of three independent experiments, each performed in triplicate. **P*<0.05 indicates significant difference compared to an untreated group of HA22T. #*P*<0.05, compared with a control group of SK-Hep1. **P*<0.05, compared with a control group of SK-Hep1. **P*<0.05 indicates like (D) Cell clonogenic assays to assess the effect of baicalein treated in SK-Hep1 cells for 10 days. SK-Hep1 was plated out at 300 cells per dish in 100-mm dishes (10 mL medium/dish). The cells were then fixed and stained with crystal violet, and the number of survivors (i.e., colonies containing >50 cells) scored.**P*<0.05 indicates significant difference compared to an untreated group of SK-Hep1.

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Statistical analyses. Data were reported as the mean \pm standard deviation (SD) of three independent experiments and were analyzed by one-way analysis of variance (ANOVA). The data were analyzed using the SAS software statistical package "SigmaPlot," version 9.0 (SAS Institute Inc., Cary, NC, USA).

239 Results

240 Effects of baicalein and baicalin on the proliferation of hepatoma cells

Because of their structural resemblance (Fig. 1A), we hypothesized that baicalein would have chemopreventive properties comparable to that of baicalin. We used the poorly differentiated HCC cell lines HA22T/VGH and SK-Hep1, which are PKC α -positive, to test the potency of these two flavonoids as cell growth inhibitors, and we employed a cell invasiveness model to examine their antitumor properties (Hsieh et al., 2007, 2006). After seeding the cells in 24-well 247 plates and incubating with 1, 5, 10, and 25 µM baicalein or baicalin for 248 24 h, cell viability was determined using an MTT assay of logarithmi- 249 cally growing hepatoma cells (Figs. 1B and C). Cell viability increased 250 within 24 h of treatment with 1.0 µM baicalein and baicalin. However, 251 a further increase in the concentration of baicalein decreased cell 252 viability in media containing 10% FBS. Following the addition of 10 253 and 25 µM baicalein alone, the viability of HA22T/VGH and SK-Hep1 254 cells was reduced to 75% and 48%, respectively (P<0.01). Baicalin did 255 not show significant cytotoxic effects in Chang liver cells, which are 256 widely used as a model for normal human hepatocytes in studies of 257 cell signaling and apoptosis (Fernandez-Martinez et al., 2006). To 258 confirm the results of the MTT assay, we performed a trypan blue dye 259 exclusion assay and obtained similar findings (data not shown). 260 Survival ability of SK-Hep1 cells has been evaluated by the clonogenic 261 assay at 72 h after baicalein exposure. The result showed addition of 262



Fig. 2. Effects of baicalein and baicalin treatment on both cell migration and growth of SK-Hep1 cells as measured by the scratch-wound assay. (A) Cells were incubated with indicated concentrations of baicalein or baicalin for the indicated time points, and were measured by the scratch assay as described in Materials and methods. The percentage of surface area filled by the SK-Hep1 cells was subsequently quantified by densitometric analysis and compared to that of control (100%) as shown just below the gel data. Data are presented as mean \pm SD of three independent experiments. **P*<0.05, compared with control group for 12 h. **P*<0.05, compared with control group for 24 h. (B) Quantitation of the percentage of cell death was determined by annexin V/PI-FITC. One of three independent experiments is shown. (C) After treatment with baicalein and mitomycin C for 24 h, the cells were fixed and stained with propidium iodide, and the DNA content was analyzed by flow cytometry (FACS). The percentage of cells in each phase (G1, S, and G2/M) of the cell cycle was calculated and expressed. Data are presented as mean \pm SD of three independent experiments.

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Fig. 2 (continued).

10 and 25 μ M baicalein, a degree of long term survivors of SK-Hep1 cells was reduced to 80% and 70%, respectively (*P*<0.01), which is consistent with our previously MTT assay (Fig. 1D).

Baicalein-mediated reduction in hepatoma cell proliferation, migrationand invasion

A scratch-wound assay was performed to determine the effects of 268269baicalein and baicalin on SK-Hep1 cell growth. The extension of the 270cell population was quantified by estimating the percentage of recolonization of the wound surface after 24 h. A continuous rapid 271movement was observed for all cells. The resultant movement of the 272hepatoma cell migration front was clearly evident at 24 h, where a 273highly confluent (90%-100%) monolayer region gradually migrated 274into the cell-free "scratch" region. In the presence of baicalein, this 275 movement was significantly reduced after 12 and 24 h of incubation, 276 although it was not completely inhibited at 24 h (Fig. 2A). Baicalein 277and baicalin induced significant cell death as determined by annexin 278V-FITC/PI dye. The extent of apoptosis was quantified as a percentage 279of annexin V-positive cells. Twenty-four hours after the addition of 10 280or 25 µM of baicalein, the extent of apoptosis was 9% or 14%, 281respectively; however, 25 µM baicalein-induced apoptosis was abol-282283 ished in Chang liver cells (Fig. 2B) compared to untreated control. The number of cells in each cell cycle phase was determined by flow 284 cytometry. As shown in Fig. 2C, after treatment with baicalein, the 285 percentage of cells in the G0/G1 phase increased in a dose-dependent 286 manner; those in the G1 phase increased to 65%, while those in the S 287 and G2/M phase decreased to 21% and 14%, respectively. The effect of 288 mitomycin was used to examine growth inhibition as a standard 289 control in SK-Hep1 cells. The migration and invasiveness of 290 HA22T/VGH and SK-Hep1 cells were also significantly reduced by 291 treatment with baicalein (Figs. 3A and B). However, baicalin did not 292 have a significant effect on HCC cells migration and invasion (data not 293 shown).

Effects of baicalein and baicalin on the adhesion of hepatoma cells to 295 ECM proteins and cells 296

Cell-matrix interactions play a unique role in cancer cell invasion 297 as they affect protease expression, cell movement, and cell survival 298 (Giancotti and Ruoslahti, 1999; Larsen et al., 2006). Hence, we 299 examined whether baicalein and baicalin had any impact on these 300 interactions. When SK-Hep1 cells were preincubated for 6 h with 301 these compounds, baicalein markedly reduced the number of cells 302 attached to matrigel, type I collagen, and gelatin alone in a dose- 303

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Fig. 3. Effects of baicalein on in vitro migration and invasion of HA22T and SK-Hep1 cells. (A) For the migration assay, HA22T and SK-Hep1 cells were assayed. Cells preincubated with various concentrations of baicalein were plated onto the upper wells of the chamber. FBS (10%) was added to the lower wells for 24 h to induce cell migration. After 24 h, cells on the bottom side of the filter were fixed, stained, and counted. Migration was assessed by counting migrated cells in five microscopic fields per well at 200× magnification. Cell migration minus spontaneous migration in PBS was designated as control. (B) For the invasion assay, the lower and upper parts of transwells were coated with matrigel to which cells and various concentrations of baicalein were added. HA22T and SK-Hep1 cells preincubated with drug were plated onto the upper wells of the chamber. Data represent the mean \pm SD of at least three independent experiments, each performed in triplicate. **P*<0.05 indicates significant differences compared to the untreated group of HA22T. **P*<0.05, compared with control group of SK-Hep1.

dependent manner (Fig. 4). In contrast, baicalin did not significantly
 affect cell–ECM protein interactions.

306 Effects of baicalein on MMP and uPA activities

When tumor cells become detached from neighboring cells by 307 releasing their intercellular junctions during metastasis, the extracellu-308 lar matrix is proteolytically degraded to allow migration and invasion of 309 these cells (Clark et al., 2008). Hepatoma cells constitutively secrete high 310 levels of such proteinases, specifically MMP-2, MMP-9, and uPA 311 (Sakamoto et al., 2000; Zhou et al., 2000). To clarify whether baicalein 312 has an inhibitory effect on the activities of the MMPs and uPA, we 313 employed gelatin and fibrin zymography, respectively, and MMP and 314 315 uPA bands were confirmed by size markers. Incubation of SK-Hep1 cells



Fig. 4. Effect of baicalein on cell-matrix adhesion. For the cell-matrix attachment assay, SK-Hep1 cells, which were preincubated with baicalein $1-10 \,\mu$ M or baicalin 25 μ M for 6 h, were seeded onto the matrigel, type 1 collagen, or gelatin-coated wells. After 30 min, unattached and attached cells were collected and counted. Data are reported as mean \pm SD of three independent experiments, each performed in triplicate. ${}^{*}P$ <0.05, compared with control group of SK-Hep1.

with baicalein for 24 h markedly reduced the MMP-2 and uPA activities 316 in a concentration-dependent manner but only slightly decreased 317 MMP-9 activity (Fig. 5A). Several transcriptional factors are known to 318 regulate the expression of the MMPs, most notably NF- κ B, which 319 regulates MMP-9, MMP-2, and uPA (Yan and Boyd, 2007). Using an 320 ELISA MMP-2/MMP-9 activity assay we observed that baicalein 321 decreased MMP-2 and MMP-9 activity by 0.7 \pm 0.2 and 0.5 \pm 0.1-fold 322 compared to control (n=3, *P<0.05), indicating inactivation of the 323 MMP-2 and MMP-9 invasive signaling pathway. In addition, the p38 324 inhibitor SB203580 also decreased MMP-2 and MMP-9 activity by 0.4 325 \pm 0.1 and 0.3 \pm 0.1-fold compared to control (n=3, *P<0.05) (Fig. 5B). 326

Inhibitory effects of baicalein on the expression of NF- κ B and the MMPs, 327 in addition to the phosphorylated proteins PKC α , p38, and ERK1/2 MAPK 328

NF- κ B is a key signaling molecule that mediates the expression of 329 many genes. It has been reported that, under unstimulated conditions, 330 HCC cell lines with varying degrees of poor differentiation (including 331 SK-Hep1 cells) are involved in the activation of NF-KB (Liu et al., 332 2000). To further determine the molecular mechanisms underlying 333 the baicalein-mediated suppression of NF-KB transactivation, we 334 measured the protein levels of transcription factors regulated by 335 baicalein. We observed that treatment with baicalein significantly 336 decreased the nuclear translocation of NF-KB/P50, and total lysate 337 protein p65/RelA, and the phosphorylation of IKB- β (Fig. 6A). To 338 investigate whether NF-KB bind the promoter region in SK-Hep1, we 339 performed quantitative analysis for NF-KB p50 binding activity in vitro 340 by using TF ELISA kits from Panomics (Huang et al., 2011). The results 341 from those experiments showed that treatment of SK-Hep1 cells with 342 baicalein resulted in decreased binding activities. Treatment of SK-Hep1 343 cells with baicalein also resulted in decreased levels of MMP-9 and MMP- 344 2 (Fig. 6B). To then determine the role of p38 MAPK in PKC α -mediated 345 hepatoma malignant invasion, we evaluated the effects of baicalein and 346 baicalin on the phosphorylation of PKC α , p38, and ERK1/2 MAPK. The 347 activities of PKCa and p38 MAPK were significantly decreased by 348 baicalein (Fig. 6C), whereas baicalin had no effect. 349

In vivo inhibition of SK-Hep1 tumor growth by baicalein

To evaluate the in vivo effects of baicalein on tumor growth, SK- 351 Hep1 cells were xenografted into nude mice as described previously 352 (Kuo et al., 2006a). The results of our previous toxicity assessment 353

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Fig. 5. Effects of baicalein on NF-kB-dependent transcriptional activity and on activities of MMP-9, MMP-2, and uPA. (A) To measure activities of MMP-9, MMP-2, and uPA, SK-Hep1 cells were treated with various concentrations of baicalein 1–10 μ M. After treatment for 24 h, conditioned media were collected, and gelatin zymography was performed. Protein levels were quantified by densitometric analysis, with that of control being set at 100%. (B) SK-Hep1 cells grown to confluence were treated with 10 μ M of baicalein and 10 μ M of SB203580 for 24 h. Cell culture supernatant activity was measured as described under "Amersham Matrix Metalloproteinase-9 (MMP-9) Biotrak Activity Assay System." MMP-2 and MMP-9 activities were normalized and expressed relative to control (C=control; * versus control, n = 3, P<0.05).

experiments suggested that the in vivo dosage of baicalein should not 354 355 exceed 20 mg/kg (data not shown); therefore, concentrations of 5, 10, and 20 mg/kg were used in these experiments. The time course of SK-356 Hep1 xenograft growth with and without baicalein treatment is 357 shown in Fig. 7A. By evaluating the xenograft tumor volume, a 358 significant inhibition of tumor growth by baicalein was observed in 359 360 both a dose- and time-dependent manner. In the baicalein-treated (5, 10, 20 mg/kg/day) mice at 32 days after cell implantation, the SK-361 Hep1 xenograft volumes were inhibited to 40%, 15%, and 8%, 362 363 respectively, of those in the control group. At the end of the experiment, the xenograft tumors were removed and weighed. 364365Baicalein was found to significantly decrease the solid tumor mass when compared to the control group (Figs. 7B and C). No signs of 366 toxicity were observed in any of the transplanted nude mice as 367 assessed by body weight and microscopic examination of individual 368 organs (data not shown). In addition, another marker of HCC 369 370 differentiation, PKC α , was examined by immunohistochemistry. The results showed that baicalein treatment reduced the number of PKCa-371 positive cells (Fig. 7D). These results indicate the antitumor action of 372 baicalein on SK-Hep1 cells in vivo. 373

374 Discussion

We show here that baicalein suppresses HCC metastasis at doses below its toxic range and also significantly inhibits the invasive properties of SK-Hep1 HCC cells. Non-toxic levels of baicalein also markedly reduced cell-collagen attachment, whereas the structurally related flavonoid baicalin had no effect on adhesion. Many earlier 379 reports have shown the importance of cancer cell-matrix interactions 380 (Chakraborti et al., 2003) for promoting cell migration, proliferation, 381 and ECM degradation (Humphries et al., 2004). In addition, it has been 382 shown that prevention of tumor cell adhesion and migration is related 383 to the inhibition of tumor cell invasion of the basement membrane, 384 and that agents that inhibit cell attachment in vitro decrease the 385 invasiveness and/or metastatic potential of tumor cells in vivo (Lin et 386 al., 2007; Roskelley et al., 2001; Pan et al., 2009). Hence, cellular 387 interactions with the ECM, which promote adhesion and migration, 388 are thought to be required for primary tumor invasion, migration, and 389 metastasis (Huynh et al., 2009). As it has been shown previously that 390 baicalein inhibits the growth of various human cancer cell types (Li- 391 Weber, 2009), we demonstrate in our present analyses that 6 h of 392 pretreatment with 10 µM baicalein significantly decreased the 393 attachment of SK-Hep1 cells to type I collagen. In contrast, the related 394 flavonoid baicalin showed no inhibitory effects on attachment. 395

The effects of relatively low concentrations of baicalein on the 396 movement of hepatoma cells were also striking. SK-Hep1 cells treated 397 with baicalein showed significant alterations in terms of migration 398 and invasion. In previous studies, cell movements through tissue have 399 been shown to play a primary role in cancer progression (Larsen et al., 400 2006). This process requires a series of distinct but concerted 401 biological events in which the matrix-degrading proteinases plays 402 an essential role. These events include tumor cell attachment to the 403 ECM components, and the degradation of the matrix by tumor cell-404 associated proteases (Clark et al., 2008). As our present study 405 demonstrates that baicalein down-regulates MMP-9 and MMP-2, we 406 propose that these inhibitory effects are a plausible explanation for 407 the suppressive effects of baicalein on invasion.

Baicalein exerts its actions by inhibiting NF- κ B, suppressing the 409 nuclear translocation of NF- κ B-p50 and p65/RelA, and decreasing the 410 phosphorylation of IKB- β in SK-Hep1 cells. In this respect, baicalein 411 shows similar properties to those of genistein (Wan et al., 2008), 412 ursolic acid (Cha et al., 1996), and 1 α ,25-dihydroxyvitamin D₃ (Bao et 413 al., 2006). However, baicalein has properties distinct from these 414 compounds in all other cases. In addition, baicalein not only directly 415 affects NF- κ B transcription factors but also affects signaling molecules 416 such as PKC α and p38 MAPK. It is thus possible that baicalein may be a 417 novel, effective, anti-metastatic agent for the treatment of HCC by 418 inducing the downregulation of PKC α and p38 MAPK as well as 419 inhibiting the expression of MMP-9 and MMP-2, thereby blocking cell 420 migration and invasion pathways.

The key roles that p38 plays in the production of pro-inflammatory 422 cytokines and in the signal relays from cytokine receptors have led to the 423 evaluation of a large number of p38 MAPK inhibitors in clinical trials 424 (Wagner and Nebreda, 2009). In any case, chronic inflammation is a 425 potent cancer promoter and cytokines are important survival factors for 426 cancer cells (Mantovani et al., 2008), suggesting that p38 inhibition 427 might be beneficial for the treatment of inflammation-associated 428 cancers, such as colon cancer and possibly HCC. Furthermore, the 429 NF-KB signaling pathway is another potential target for the develop- 430 ment of hepatoprotective agents, including cases of human HCC (Karin, 431 2006). Accumulating evidence has shown that baicalein and baicalin are 432 the principal active components of Scutellaria and are potent inducers of 433 apoptosis in cancer cells. The anticancer constituents of Scutellaria are 434 not limited to baicalein and baicalin, however, and include a number of 435 minor flavonoids, such as wogonin, chrysin, luteolin, and apigenin, 436 which have also been reported to possess potent antitumor activities 437 (Li-Weber, 2009). In addition, very few studies have reported on the 438 mechanisms by which baicalein, with a 7-hydroxyl substitution on its A- 439 ring, inhibits the invasion of human HCC cells (Huang et al., in press). 440 Q3 The question of which targets will be clinically relevant to allow the 441 eventual treatment of HCC is also an important one. 442

Our current study also reveals that treatments with baicalein 443 compounds can prevent the incidence of HCC and further reduce its 444

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Fig. 7. In vivo growth inhibition of implanted SK-Hep1 cells by baicalein. SK-Hep1 cells were implanted subcutaneously into nude mice. Mice were treated without or with baicalein by i.p. injection (5, 10, 20 mg/kg/day). (A) Tumor volume was monitored every four days. (B) Tumors were excised and weighed on Day 34. (C) On Day 34 mice were sacrificed by local dislocation and the primary tumors were separated from the surrounding muscles and dermis. (D) A section of tumor was stained with anti-PKCα as described in the text. The positive cells were counted from 10 fields (400× magnification) of each tumor sample. The results from statistical analysis are the means of PKCα-positive cells and were calculated per microscope field from six animals per group. **P*<0.05, compared with control group.

Fig. 6. The expression levels of NF- κ B-related proteins and MMP as well as phosphorylation and protein levels of PKC α , p38, and ERK1/2 after treatment with baicalein. (A) Inhibitory effect of baicalein on the phosphorylation of I κ B β as well as on p50 and p65 nuclear translocation. Cells were pretreated with baicalein for 12 h and 24 h. Nuclear and whole cell lysate proteins were prepared and analyzed by western blot, with Histone H1 and β -actin serving as loading control. NF- κ B p50 activation was determined by a TF ELISA assay. All bar graphs represent absorbance, mean \pm SEM. **P*-0.05 versus untreated control.(B) SK-Hep1 cells were treated with the indicated concentration of baicalein for 12 h and 24 h. Total cell lysates treated with baicalein for the indicated time were analyzed by SDS-PAGE and subsequently immunoblotted with antisera against MMP-9 and MMP-2, with β -actin serving as an internal control. (C) SK-Hep1 cells were incubated for 6–24 h in the absence or presence of baicalein. Total cell lysates were prepared and subjected to western blot analysis. Protein levels of phosphorylated PKC α , p38, and ERK1/2 as well as non-phosphorylated p38, ERK1/2 and β -actin were detected with the indicated antibodies. Protein levels were quantified by densitometric analysis with the control being set at 100%.

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tumorigenic properties, most notably metastasis. This study strongly 445 indicates that the specific structural features of baicalein play a 446 significant role in its properties. Our results suggest that the hydroxyl 447448 substitutions in the A-ring (C7) of this flavonoid are necessary for its anti-metastatic properties against HCC. In contrast, the glycoside 449 substitutions of the OH groups on the A-ring of baicalin perhaps a high 450dose would have a significant effect similar to those obtained for 451baicalein. Recently it has been reported that both the C5 and C7 452453hydroxyl groups of the A-ring play a significant role in the bioactivities of the flavonoids (Lotito and Frei, 2006). Substitutions of these C5 or 454455C7 hydroxyl groups confer apoptotic properties on flavonoids by modulating their capacity to induce intracellular reactive oxygen 456species (ROS) production, coupled with the activation of the ERK 457458signaling pathway (Kim et al., 2008). Based on our current knowledge of flavonoids (Echeverry et al., 2010), we compared the anti-459metastatic properties of hydroxyl substitutions in the A-ring (C7) of 460baicalein to further examine the structure-activity relationships 461 associated with this molecule with regard to the differential 462 modulation of key signaling pathways. Consistently, when SK-Hep1 463 cells were grown as xenografts in nude mice, treatment with baicalein 464 induced a significant dose-dependent decrease in tumor growth. 465However, further studies of the anti-metastatic properties of baicalein 466 467 in vivo are still required to validate these findings.

In conclusion, we show that baicalein inhibits several essential steps 468 in the onset of metastasis. These include cell-matrix interactions and the 469 activities of invasion-associated proteases and their inhibitors. In 470 contrast, the related molecule baicalin had no marked effect on HCC 471 472 cell invasion, cell matrix interactions, or the expression of proteases, but did affect sustainable the phosphorylation levels of PKC α and p38 473 proteins. Finally, our in vivo analyses demonstrated that baicalein 474 decreases the growth of SK-Hep1 cell tumor xenografts in nude mice by 475476 inhibiting cell proliferation. Taken together, these results suggest that the suppression of invasion and metastasis in HCC by baicalein is strictly 477dependent on the hydroxyl substitution of its A-ring (C7). 478

O4 479 Uncited reference

- 480 Li et al., 2010
- **Conflict of interest** 481

482 The authors declare that there are no conflicts of interest.

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