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Abstract

Metastasis suppressors and associated other regulators of cell motility play a critical initial role in tumor invasion and metastases. Benzyl isothiocyanate (BITC) is a hydrolysis compound of glucotropaeolin in dietary cruciferous vegetables. BITC has been found to exhibit prevention of cancers in laboratory animals and might also be chemoprotective in humans. Here, the purpose of this study was to investigate the effects of BITC on cell proliferation, migration, invasion and mitogen-activated protein kinase (MAPK) pathways of AGS human gastric cancer cells. Wound healing and Boyden chamber (migration and invasion) assays demonstrated that BITC exhibited an inhibitory effect on the abilities of migration and invasion in AGS cancer cells. BITC suppressed cell migration and invasion of AGS cells in a dose-dependent manner. Results from Western blotting indicated that BITC exerted an inhibitory effect on the ERK1/2, Ras, GRB2, Rho A, iNOS, COX-2 for causing the inhibitions of MMP-2, -7 and -9 then followed by the inhibitions of invasion and migration of AGS cells in vitro. BITC also promoted MKK7, MEKK3, c-jun, JNK1/2, VEGF, Sos1, phosphoinositide 3-kinase (PI3K), PKC, nuclear factor-kappaB (NF-kB) p65 in AGS cells. Results from real-time polymerized chain reaction (PCR) showed that BITC inhibited the gene expressions of MMP-2,-7 -9, FAK, ROCK1 and RhoA after BITC treatment for 24 and 48 hours in AGS cells. Taken together, the finding may provide new mechanisms and functions of BITC, which inhibit migration and invasion of human gastric cancer AGS cells.

Keywords

BITC, migration, invasion, MMP-2, MMP-9, human gastric cancer AGS cells

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Introduction

Currently in the world, gastric cancer is the fourth most common cancer and the second most common cause of cancer death. The reports from the Department of Health, Executive Yuan, ROC (Taiwan), in year 2008 indicated that about 10.0 persons per 100 thousand die annually from gastric cancer. Epidemiological studies indicated that dietary intake of cruciferous vegetables may lower the risk of various types of malignancies. 2

It is well documented that metastasis of cancer cells are involving various steps and cytophysiological changes including changed adhesion ability between cells and the extracellular matrix (ECM) and damaged intercellular interaction and the ECM degradation that is associated with invasion and migration of tumor cells. Especially, the overexpression of matrix metalloproteinases (MMPs) and urokinase plasminogen activator (u-PA) are shown in the metastasis of cancer cells and MMPs, which are involved in the invasion and metastasis of various tumor cells³⁻⁵ such as MMP-2 and MMP-9. which are capable of degrading most ECM components. 6-8 The inhibition of MMP expressions or enzyme activities can be used as early targets for preventing cancer metastasis. 9-11

The anticarcinogenic effect of cruciferous vegetables is attributed to organic isothiocyanates (ITCs) and benzyl-ITC (BITC) is one such compound that has attracted a great deal of research interest because of its remarkable anticancer effects.^{2,12-14} In rodent models, BITC have been shown to be a potent inhibitor of mammary, lung and liver carcinogenesis induced by environmental and dietary carcinogens. 15-17 BITC can inhibit the proliferation of cancer cells in culture through causing cell-cycle arrest and/or apoptosis induction. 14,18-23 BITC induced cell death in the 1483 human head and neck cancer cell line was regulated by p38 mitogen-activated protein kinase (MAPK) and extracellular signal-regulated kinase. 20 Despite these evidences, however, the mechanism by which BITC-treatment triggers inhibition of cell metastasis and invasion in gastric cancer cells is not fully understood. For example, the signaling intermediates responsible for the initiation of BITCmediated migration and invasion remain to be identified. Furthermore, the precise role of MMPs in BITC-mediated cell migration and invasion is unclear. Herein, we demonstrate that BITC treatment inhibits MMP-2 and -9 in gastric cancer cells to affect cell migration and invasion.

Materials and methods

Reagents

Benzyl isothiocyanates (BITC), dimethyl sulfoxide (DMSO) and Tris-HCl were purchased from Sigma Chemical Co. (St. Louis, Missouri, USA). RPMI-1640 medium, fetal bovine serum, L-glutamine, penicillin-streptomycin and trypsin-EDTA were obtained from Invitrogen (Carlsbad, California, USA). Primary antibodies used for Western blotting analysis were obtained as follows: antibodies for MMP-2, MMP-7, MMP-9, GRB2, COX-2, ERK1/2, FAK, RhoA, phosphoinositide 3-kinase (PI3K), p-ERK, PKC, Ras, Sos1, iNOS and nuclear factor-kappaB (NF-κB) and second antibody were purchased from Santa Cruz Biotechnology, (Santa Cruz, California) and diluted in phosphate buffered saline (PBS) Tween-20 before use.

Cell cultureThe AGS human gastric cancer cell line was purchased from the Food Industry Research and Development Institute (Hsinchu, Taiwan). Cells were cultured in RPMI-1640 medium supplement with 10% fetal bovine serum, 2 mM L-glutamine adjusted to contain 100 Units/mL penicillin and $100~\mu g/mL$ streptomycin (Invitrogen) and were incubated at $37^{\circ}C$ in a humidified atmosphere of $5\%~CO_{2}$ and 95% air.

Wound healing assay

AGS cells (1 \times 10 5 cells/well) were placed in six-well plates for 24 hours and at confluence a wound was made with a pipette tip followed by washing with serum-free medium to remove cell debris as described previously. Then, they were photographed under phase-contrast microscope (time = 0), incubated in media with or without BITC (0, 0.25 and 0.5 μM) at 37 °C and 5% CO2 and allowed to migrate into the wound area for up to 24 hours and 48 hours. Then they were photographed under phase-contrast microscope. Experiments were performed in triplicate.

In vitro migration and invasion assays

The examination of AGS cells migration was performed through the chemotactic directional migration by using a 24-well Transwell insert.^{25,26} The 8-μm pore filters (Millipore, Massachusetts, USA) were

coated with 30 μg type I collagen (Millipore) for 1 hour and AGS cells (10^4 cells/0.4 mL RPMI 1640) were placed in the upper chamber with or without BITC (0.25 or 0.5 μM) then to undergo migration for 24/48 hours. A cotton swab was used to remove the non-migrated cells in the upper chamber, then the filters were stained with 2% crystal violet and the migrated cells adherent to the underside of the filter were counted and photographed under a light microscope at $\times 200$. Each treatment including control was assayed twice and three independent experiments were performed.²⁷

The examination of AGS cells invasion was performed by using Matrigel-coated transwell cell culture chambers (8 µm pore size) as described previously.^{25,26} AGS cells were cultured for 24 hours in serum-free-RPMI1640 medium, collected and resuspended in serum-free medium, placed in the upper chamber of the transwell insert (5 \times 10⁴ cells/well) and treated with 0.5% DMSO (as a control) or BITC (0.25 and 0.5 µM). However, the RPMI1640 medium containing 10% fetal bovine serum (FBS) was placed in the lower chamber. All cells in each treatment were incubated for 24 or 48 hours at 37°C in a humidified atmosphere with 95% air and 5% CO₂. A cotton swab was used to remove the non-invasive cells maintained in the upper chamber and the invasive cells were fixed with 4% formaldehyde in PBS and stained with 2% crystal violet in 2% ethanol. The invasive cells in the lower surface of the filter which penetrated through the matrigel were counted and photographed under a light microscope at $\times 200.^{27}$

Western blotting analysis

The cell migration and invasion association protein expression was performed previously. 27,28 AGS cells $(1 \times 10^6 \text{ cells/well})$ were cultured in 6-well plates for 24 hours. BITC was added to cells (each well) at a final concentration of 0.5 µM, while DMSO (solvent) alone was added to control cells. All cells were incubated at 37°C for 0, 6, 12, 24 and 48 hours. Cells were collected and resuspended in ice-cold 50 mM potassium phosphate buffer (pH 7.4) containing 2 mM EDTA and 0.1% Triton X-100 for sonication. The homogenate was centrifuged at 13,000g for 10 min at 4°C to remove cell debris. The supernatant was collected and total protein was determined using a Bio-Rad protein assay kit (Hercules, California, USA) with bovine serum albumin (BSA) as the standard. Sodium dodecvl sulfate (SDS) gel

electrophoresis and Western blotting were conducted to determine the effects of BITC on protein levels as described previously.^{27,28}

Real-time PCR of MMP-2, -7, and -9, FAK and RhoA

About 1×10^6 cells/well of AGS cells were cultured in 6-well plates and grown for 24 hours. BITC was added to cells for a final concentration of 2.5 µM for 24 and 48 hours. Cells were collected and total RNA was extracted using the Qiagen RNeasy Mini Kit as described previously.^{24,27} RNA samples were reverse-transcribed at 42°C with High Capacity complementary DNA (cDNA) Reverse Transcription Kit for 30 min according to the protocol of the supplier (Applied Biosystems TM, Foster City, CA 94404, USA). Ouantitative PCR conditions were: 2 min at 50°C, 10 min at 95°C and 40 cycles of 15 sec at 95°C; 1 min at 60°C using 1 μL of the cDNA reverse-transcribed as described above, 2X SYBR Green PCR Master Mix (Applied Biosystems) and 200 nM of forward and reverse primers as shown in Table 1. Applied Biosystems 7300 Real-Time PCR system was used for each assay in triplicate and expression fold-changes were derived using the comparative C_T method.^{24,27}

Statistical analysis

Statistical differences were performed by using the Student's t test and considered significant at the *p < 0.05. All data are presented as means \pm SD of three experiments.

Results

BITC inhibited the migration of AGS cells

To investigate BITC affected cell migration, AGS cells were incubated with 0.25 and 0.5 μ M of BITC and wound healing assay was induced for physical wounding of the cells plated, which was performed and results are shown in Figure 1A and B. The results indicated that an apparent and gradual increase of cells in the denude zone was observed under a light microscopy. The quantitative data in Figure 1B indicated that a significant inhibition of cell migration was noted and it was also a time-dependent effect.

BITC inhibited the migration and invasion of AGS cells

To further investigate BITC affect cell migration, AGS cells were incubated with 0, 0.25 and 0.5 μ M BITC for 24 and 48 hours, AGS cells have an ability

Table I	I. The	DNA	sequence	was	evaluated	using	the	primer	expression

Primer name	Primer sequence
Homo MMP-2-F	CCCCAGACAGGTGATCTTGAC
Homo MMP-2-R	GCTTGCGAGGGAAGAAGTTG
Homo MMP-7-F	GGATGGTAGCAGTCTAGGGATTAACT
Homo MMP-7-R	AGGTTGGATACATCACTGCATTAGG
Homo FAK-F	TGAATGGAACCTCGCAGTCA
Homo FAK-R	TCCGCATGCCTTTT
Homo RhoA-F	TCAAGCCGGAGGTCAACAAC
Homo RhoA-R	ACGAGCTGCCCATAGCAGAA
Homo ROCKI-F	ATGAGTTTATTCCTACACTCTACCACTTTC
Homo ROCKI-R	TAACATGGCATCTTCGACACTCTAG
Homo GAPDH-F	ACACCCACTCCACCTTT
Homo GAPDH-R	TAGCCAAATTCGTTGTCATACC

MMP, matrix metalloproteinase; FAK, focal adhesion kinase; RhoA, RAS homologue gene family member A; ROCK1, Rho-associated coiled coil-containing kinase; GAPDH, glyceraldehydes-3-phosphate dehydrogenase. Each assay was conducted at least twice to ensure reproducibility.

to migrate through filters. Results are shown in Figure 2A and B, which indicate that BITC had a significant inhibitory effect on cell migration at concentrations between 0.25 and 0.5 µM and the percent inhibition was at 42%–43% and 37%–44% when cells were incubated with BITC for 24 and 48 hours treatment, respectively. AGS cells have an ability to invade through the filter were coated with Matrigel, and BITC exhibited the significant inhibition of cell invasion at 35%–36% and 33%–50%; this effect in a dose-dependent manner, which is shown in Figure 2C and D. However, the penetration of the Matrigel-coated filter by AGS cells was inhibited in the presence of BITC

BITC affected levels of proteins associated with cell migration and invasion in AGS cells

To determine the effects of BITC on the protein levels associated with migration and invasion in AGS cells, Western blotting was performed and results are shown in Figure 3A–D, which indicate that BITC reduced levels of ERK1/2 (Figure 3A), Ras, GRB2, Rho A (Figure 3B), iNOS, COX-2, uPA (Figure 3C) and MMP-2, MMP-7, MMP-9 (Figure 3D) but increased protein levels of MKK7, MEKK3, c-jun, JNK1/2 (Figure 3A), VEGF, Sos1, PI3K, PKC (Figure 3B), NF-κB p65 (Figure 3C) in examined AGS cells. These effects may lead to the inhibition of migration and invasion of AGS cells.

BITC affected MMP-2, MMP-7, MMP-9, FAK, RhoA and ROCK I mRNA expressions in AGS cells

To further investigate whether BITC affected migration- and invasion-associated gene expression in AGS

cells, cells were treated with BITC ($2.5 \mu M$) for 0, 24 and 48 hours. Total RNA was isolated and gene expressions were performed by real-time PCR. The results shown in Figure 4 indicated that the expression levels of MMP-2, MMP-7 and MMP-9 were inhibited after BITC treatment for 24 and 48 hours (Figure 4A). Moreover, FAK, RhoA and ROCK1 mRNA also were decreased at 24 and 48 hours treatment (Figure 4B).

Discussion

Numerous studies have shown that BITC induced apoptosis in human cancer cells, ^{2,12-14} but the information regarding the effect of BITC on AGS cell migration and invasion is still not clear. Therefore, in the present study, we offered the effects of BITC on migration and invasion of BITC on human gastric AGS cancer cells and associated protein levels and gene expressions is still unclear.

Our results showed that BITC inhibited the migration and invasion based on the observation such as wound healing assay and migration and invasion assays, and these effects are in dose- and time-dependent manners. Furthermore, we found that BITC decreased the migration- and invasion-associated protein levels such as ERK1/2 (Figure 3A), Ras, GRB2, Rho A (Figure 3B), iNOS, COX-2, uPA (Figure 3C) and MMP-2, MMP-7, MMP-9 (Figure 3D).

It is well documented that cancer cell metastasis is dependent on tumor cell adhesion to the ECM, proteolytic cleavage or destruction of the ECM and cell migration through the resultant defect. MMPs (basement membrane degrading enzymes) are a large family of zinc-dependent endopeptidases and they play an

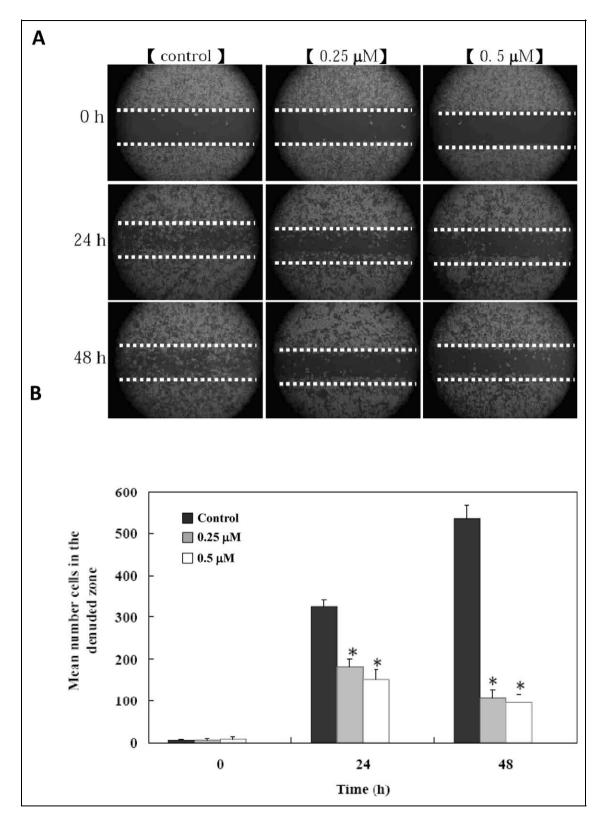


Figure 1. Benzyl isothiocyanate (BITC) affected on migration of AGS cells by wound-healing assay. AGS cells were placed on the plates and the injury line was made with a tip. The cells were then incubated with or without 0.25 and 0.5 μ M BITC for 0, 24 and 48 hours. (A) Cell migration was examined under microscopy at the indicated time points (×100). (B) The measured width of injury lines was plotted as a percentage of the width at 0 hours. Each bar represents the mean \pm SD (n=3).

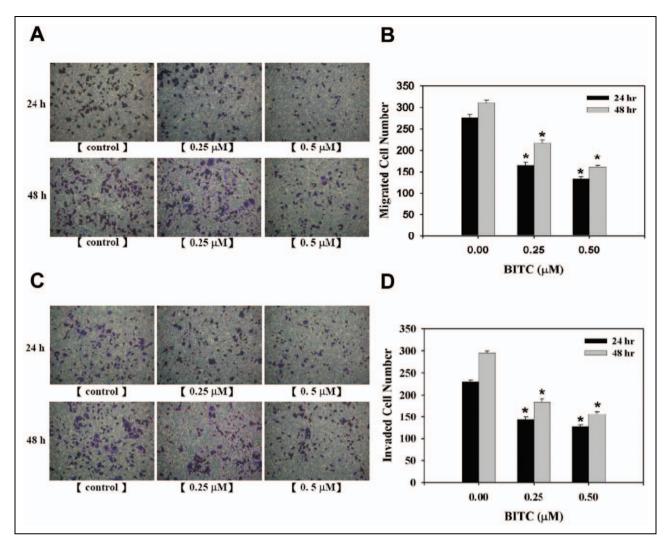


Figure 2. Benzyl isothiocyanate (BITC) affected cell migration and invasion of AGS cells. AGS cells were treated with 0, 0.25 and 0.5 μM of BITC for 24 and 48 hours. (A) Cell migration was examined in a Boyden chamber with polycarbonate filters (pore size, 8 μm). (C) Cell invasion was examined in a Boyden chamber; polycarbonate filters (pore size, 8 μm) were precoated with matrigel. Migration (B) and invasion (D) ability of AGS cells were quantified by counting the number of cells that invaded the underside of the porous polycarbonate membrane under microscopy and represent the average of three experiments. *p < 0.01 was compared with the untreated control.

important role in tumor angiogenesis, metastasis and growth factor release from the ECM.²⁹ MMP-2 and MMP-9 have been demonstrated to be associated with the invasive metastatic potential of tumor cells.⁹ Overexpression of MMP-2,^{30,31} MMP-7^{32,33} and MMP-9³⁴ has been observed in gastric cancer. Our results also showed that BITC suppressed *MMP-2* and *MMP-9* gene expression via suppressing the PKCs/MAPK and PI3K/AKT/NF-κB cascades with consequent suppression of migration and invasion by human gastric cancer AGS cells. Our result also showed that BITC inhibited the protein and mRNA levels of MMP-2 in AGS cells. This is in agreement with other reports that showed BITC was also found

to inhibit the expression of MT1-MMP mRNA. Because MT1-MMP is responsible for the activation of MMP-2,^{35,36} this inhibition by BITC may contribute to the decreased MMP-2 activity at both the protein and mRNA levels.

In the next experiment, we examined the effects of BITC on MAPK pathway including ERKs, p38 kinase and JNK levels in AGS cells. The results from Western blotting demonstrated that BITC inhibited the levels of ERK1/2. These protein kinases are MAPK family enzymes associated with MMP-9 expression in both gene and protein levels. MAPK signalling is involved in the synthesis of MMPs and their activation. The results in the present study

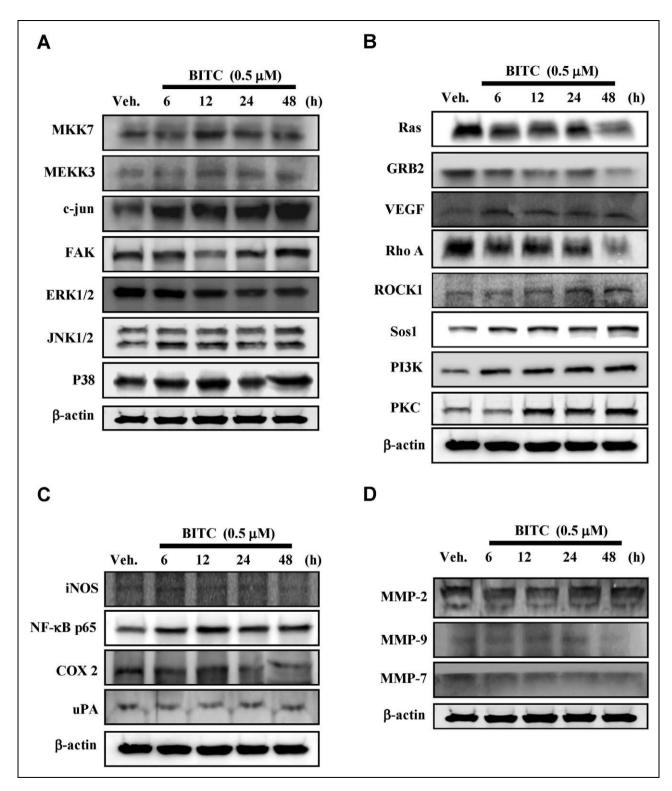


Figure 3. Benzyl isothiocyanate (BITC) affected the protein levels associated with migration and invasion in AGS cells. AGS cells were treated with 0.5 μ M of BITC for 6, 12, 24 and 48 hours. The total proteins were collected and the protein levels (A): MKK7, MEKK3, c-jun, FAK, ERK1/2, JNK1/2 and P38; (B): Ras, GRB2. VEGF, Rho A, ROCK-1, Sos1, PI3K and PKC; (C): iNOS, NF- κ B, COX-2 and u-PA; (D): MMP-2, MMP-7 and MMP-9 were examined by sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and Western blotting as described in 'Materials and methods.'

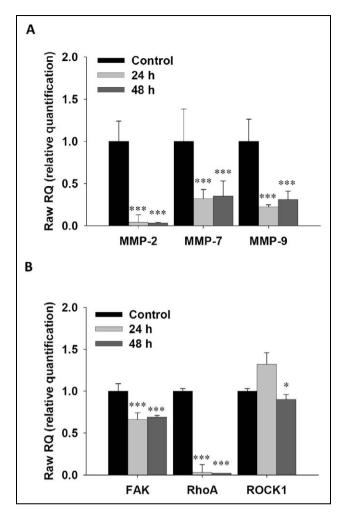


Figure 4. Benzyl isothiocyanate (BITC) affected MMP-2, MMP-7, MMP-9, FAK and RhoA mRNA expressions in AGS cells. The total RNA was extracted from BITC (2.5 μM) treatment on AGS cells for 0, 24 and 48 hours, and RNA samples were reverse-transcribed cDNA then for real-time PCR as described in 'Materials and Methods.' The ratios of (A) MMP-2, MMP-7 and MMP-9, (B) FAK, RhoA and ROCK I mRNA/GAPDH are presented in panel (A) and (B). Data represents mean \pm SD of three experiments. *p < 0.05 and ****p < 0.001 were considered significant.

also showed that the regulation of NF- κ B, and the upstream of the PI3K/Akt and MAPK (ERK1/2, p38 and JNK) pathways, might be involved in BITC-suppressed MMP-9 expression and invasion in GAS cells. Furthermore, ERK pathways have been found to regulate MMP-2 expression. The suppression of ERK activation inhibits MMP-2 promoter activity. The highly metastatic tumors present have MMP-2 overexpressed, and MMP-9 can be stimulated by TNF- α , a growth factor such as VEGF, EGF and TGF- β , across on Ras oncogene through the

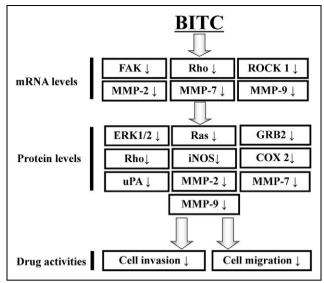


Figure 5. The proposed mechanisms of benzyl isothiocyanate (BITC)-inhibited migration and invasion of human gastric cancer AGS cells.

activation of different intracellular-signaling pathways. The activation of PKC led to translocation of the protein to membranes and for the control of MMP-9 expression via modulating the activation of transcription factors including NF-κB or Sp-1 through MAPK and PI3K signaling pathways. 42-47,49,50 The activation of NF-κB is involved in the induction of the *MMP-9* gene associated with the invasion and metastasis of tumor cells. 41,51 Our results also showed that BITC decreased the levels of uPA, which had been shown to play a major role in the decomposition of basement membranes. 52,53 Several reports indicated that ERK1/2, p38 MAPK and JNK/SAPK play a central role in regulating the expression of MMPs and u-PA. 54-57

In the present study, BITC also decreased phosphorylation of ERK. Future studies are needed to explore the relationship between the expression of MMPs and phosphorylation of ERK in BITC-treated gastric cancer cells. In summary, the present results may be relevant to the therapeutic targeting of invasion and migration of gastric cancer cells based on the molecular mechanism of BITC through blocking ERK signaling pathways, as well as uPA led to the inhibition of MMP-2 and MMP-9 (Figure 5).

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