

## Possible Reduction of Hepatoma Formation by Smmu 7721 Cells in SCID Mice and Metastasis Formation by B16F10 Melanoma Cells in C57BL/6 Mice by *Agaricus blazei* Murill Extract

MING-FANG WU<sup>1,\*</sup>, HSU-FENG LU<sup>2,4,\*</sup>, YU-MING HSU<sup>1</sup>, MING-CHU TANG<sup>1</sup>, HSUEH-CHIN CHEN<sup>1</sup>, CHING-SUNG LEE<sup>4</sup>, YI-YUAN YANG<sup>5</sup>, MING-YANG YEH<sup>3</sup>, HSIUNG-KWANG CHUNG<sup>6,7</sup>, YI-PING HUANG<sup>8</sup>, CHIH-CHUNG WU<sup>9</sup> and JING-GUNG CHUNG<sup>10,11</sup>

<sup>1</sup>Animal Medicine Center, College of Medicine, National Taiwan University, Taipei, Taiwan, R.O.C.;

<sup>2</sup>Department of Clinical Pathology, <sup>3</sup>Office of Director, Cheng-Hsin General Hospital, Taipei, Taiwan, R.O.C.;

<sup>4</sup>Department of Restaurant, Hotel and Institutional Management, Fu-Jen Catholic University, New Taipei, Taiwan, R.O.C.;

<sup>5</sup>School of Medical Laboratory Science and Biotechnology, Taipei Medical University, Taipei, Taiwan, R.O.C.;

<sup>6</sup>Graduate Institute of Clinical Medical Science, China Medical University, Taichung, Taiwan, R.O.C.;

<sup>7</sup>Department of Otorhinolaryngology-Head & Neck Surgery, China Medical University Hospital, Taichung, Taiwan, R.O.C.;

<sup>8</sup>Department of Physiology, School of Medicine, China Medical University, Taichung 404, Taiwan, R.O.C.;

<sup>9</sup>Department of Nutrition and Health Sciences, Chang Jung Christian University, Tainan, Taiwan, R.O.C.;

<sup>10</sup>Department of Biological Science and Technology, China Medical University, Taichung, Taiwan, R.O.C.;

<sup>11</sup>Department of Biotechnology, Asia University, Wufeng, Taichung, Taiwan, R.O.C.

**Abstract.** *Agaricus blazei* Murill extract (ABM) has been reported to possess antitumor effects. In this study, the role of ABM in tumor growth and metastasis in vivo was evaluated in experimental Smmu 7721 hepatoma cells in severe combined immunodeficiency (SCID) mice and B16F10 melanoma cells lung metastasis in C57BL/6 mice. For the tumor growth model, the size of the liver tumor mass was about 10 mm to 20 mm in the control group. In comparison with the control group, the tumor mass seem to grow slowly with ABM treatment, especially at the high dose. For the tumor metastasis model, after a six-week treatment, the

survival rates of B6 mice were 0%, 30%, 10% and 50% for control group, low, median and high concentration ABM treatment groups, respectively. The survival rate showed that pretreatment of C57BL/6 (B6) mice with ABM lengthened their lifespan after tumor cell inoculation, which supports the notion that ABM successfully reduced lung metastasis formation by B16F10 melanoma cells. The treatment effect was dependent on the concentration of ABM for tumor growth and metastasis in these models.

Successful cancer treatment with chemotherapeutic agents is largely dependent on their ability to trigger cell death in tumor cells; therefore, novel inducers of apoptosis provide a new therapeutic approach for anticancer drug design (1-5). Several previous studies demonstrated that certain phytochemicals present in medicinal herbs exert anticancer activity by inducing apoptosis in cancer cells (1-12).

Since ancient times, mushrooms have been used as an important nutritional food and therapeutic item throughout the world on account of their composition (13). Mushroom extracts are common sources of immunological, hypocholesterlemic, antiviral, antibacterial, anti-carcinogenic, anti-inflammatory and antiparasitic activities (14). There are many reports on mushrooms containing more than one polysaccharide with antitumor activity. An interesting example is *Agaricus blazei*

\*Both Authors contributed equally to this work.

Correspondence to: Jing-Gung Chung, Department of Biological Science and Technology, China Medical University, No. 91, Hsueh-Shih Rd., Taichung 404, Taiwan, R.O.C. Tel: +886 422053366 ext. 2161, Fax: +886 422053764, e-mail: jgchung@mail.cmu.edu.tw and Ming-Yang Yeh, Office of Director, Cheng-Hsin General Hospital, No.45 Cheng Hsin St., Taipei 112, Taiwan, R.O.C. Tel: +886 228264400 ext 8009, Fax: +886 228214255, e-mail: ch1009@chgh.org.tw

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Murill (ABM), which is an edible mushroom, native to Brazil and cultivated in other areas including Taiwan, Japan, Korea, China and Indonesia. ABM possesses antitumor activity as shown by some reports (14-16), but there are only few reports regarding Smmu 7721 hepatoma cells in SCID mice and B16F10 melanoma cell lung metastasis in B6 mice. The aim of the present study was to examine whether ABM extract was effective against tumor-bearing mice and to determine whether the treatment effect was dependent on the concentration of ABM extract.

## Materials and Methods

*Experimental animals and housing conditions.* Both C.B-17 SCID and C57BL/6 male mice, specific pathogen-free and 5 weeks old, were obtained from the National Taiwan University College of Medicine Animal Medicine Center (our own breeding colony). Animals were kept in polypropylene cages (5 animals/cage) covered with metallic grids in a room maintained under constant environmental conditions, with air filter tops in a filtered laminar air flow, with an ambient temperature of  $20\pm 2^\circ\text{C}$ , relative humidity  $75\pm 15\%$ , and with a 12-h light-dark cycle. Mice were raised and cared for, given autoclaved water and fed laboratory pellet chow *ad libitum* following the animal procedures approved by the National Science Council of the Republic of China. Experiments were performed according to law, regulations and guidelines for animal experiments in Taiwan, which are in agreement with the Helsinki declaration.

*ABM extracts and administration dose levels.* ABM powder, obtained from S. Canaan Biotechnology Development Co. (Taipei, Taiwan, R.O.C.), at 22.5, 90 and 900 mg was separately suspended in 6 ml distilled water at  $60^\circ\text{C}$  for 10 min, then cooled to room temperature and left for 5 h with 200 rpm stirring to form solutions of low, medium and high concentration. The ABM solution was filtered before use (17, 18).

*Experimental design and treatment for hepatoma formation by Smmu 7721 cells in SCID mice.* The mice were subcutaneously (*s.c.*) inoculated with Smmu 7721 cells ( $3\times 10^7$  cells/mouse) in the dorsal area, while growing to 8 weeks old. After around 2-3 weeks (week 0) of inoculation, the mice with tumors of 1-3 mm in diameter were divided into 4 groups, each of 10 mice. Mice were fed with regular diet and double-distilled water. All four groups of mice were orally administered ABM extract daily as follows: 0 mg, 1.125 mg, 4.5 mg and 45 mg for control, low, medium and high concentration treatment groups, respectively. After 6 weeks' treatment, all the survivors were sacrificed under anesthesia by  $\text{CO}_2$ , and the liver tumor scored under gross examination. Tumor status was categorized into 4 scales: +, <5 mm; ++, 5- <10 mm; +++, 10 - <15 mm; +++++, >15 mm.

*Experimental design and treatment for metastasis formation by B16F10 melanoma cells in C57BL/6 mice.* Forty-five 8-week-old, C57BL/6 mice were inoculated with  $5\times 10^4$  B16F10 cells suspended in 0.1 ml PBS into the tail vein and were then divided into 5 groups (each group consisted of 10 mice except indicator group). Five mice acted as the indicator group and were killed around the 8th to 10th day to observe whether metastasis was present or not; from experience, it took about 10 days to display lung metastasis. Like

normal control and indicator groups, all mice were fed with regular diet and double distilled water. After 10-day inoculation, the indicator group was assessed for black points of needle size on the surface lesions of lungs by visual inspection. Such finding in the indicator group, allowed the experiment to proceed. ABM extract (0.3 ml) was daily administered orally for 6 weeks to another 3 experimental groups (low, median and high concentration treatment group) of mice. Lung tissues were collected and tumor lesions were scored immediately after the animals were died. At the end of the experiments (after 6 weeks' treatment), the survival rate was assessed by counting the surviving mice and all the survivors were sacrificed under anesthesia by  $\text{CO}_2$ . The number of melanotic nodules on each lung was counted and scored under gross examination. Tumor status was categorized into 4 scales: +, 1-12 tumor masses; ++, 13-24; +++, 25-36; +++++, 36 tumor masses.

## Results

*ABM extract appears to affect hepatoma formation by Smmu 7721 cells in SCID mice.* For the tumor growth model, inoculation of Smmu 7721 tumor cells into SCID mice induced tumor of 1-3 mm in diameter after around 2-3 weeks. Hepatoma was successfully induced in 40 mice in this study. After six weeks' treatment, all 40 mice had survived. Naked eye observation clearly revealed a tumor mass in the liver (Figure 1). All 10 mice of the control group survived and were scored +++ or +++++. This means that the size of the tumor mass elevated sharply and was ~10 mm to 15 mm during the 6 weeks of development, indicating that tumor mass multiplied by 10-fold. Only 3/10 mice were scored + on high treatment with ABM. Seven and two mice were scored +++ due to no or low-dose treatment with ABM (Table I). The oral administration of ABM had no effect on inhibiting tumor growth on account of the increase of tumor size. But compared with the control group, the tumor mass seemed to grow more slowly with ABM treatment. We may conclude that tumor growth may be dependent on ABM dose.

*ABM extract appears to affect metastasis formation by B16F10 melanoma cells in C57BL/6 mice.* For the tumor metastasis model, all five mice of the indicator group formed metastases at around 10 days. Inoculation of B16F10 melanoma tumor cells into C57BL/6 mice induced metastasis in all 45 mice in this study and much more rapid tumor growth was shown in all the 4 groups, especially indicator and control groups. After six weeks' treatment, the survival rates were 0%, 30%, 10% and 50% for the control group, low, medium and high concentration treatment groups, respectively. All mice of the control group survived less than 4 weeks and were scored +++++. The average survival of the control group was almost 3 weeks (not including 10 days' induction) and far shorter than those of the experimental groups. Five out of ten mice in the high concentration treatment group survived, but three and one mice survived in the low and medium groups, respectively. The survival rate shows that pretreatment of C57BL/6 mice

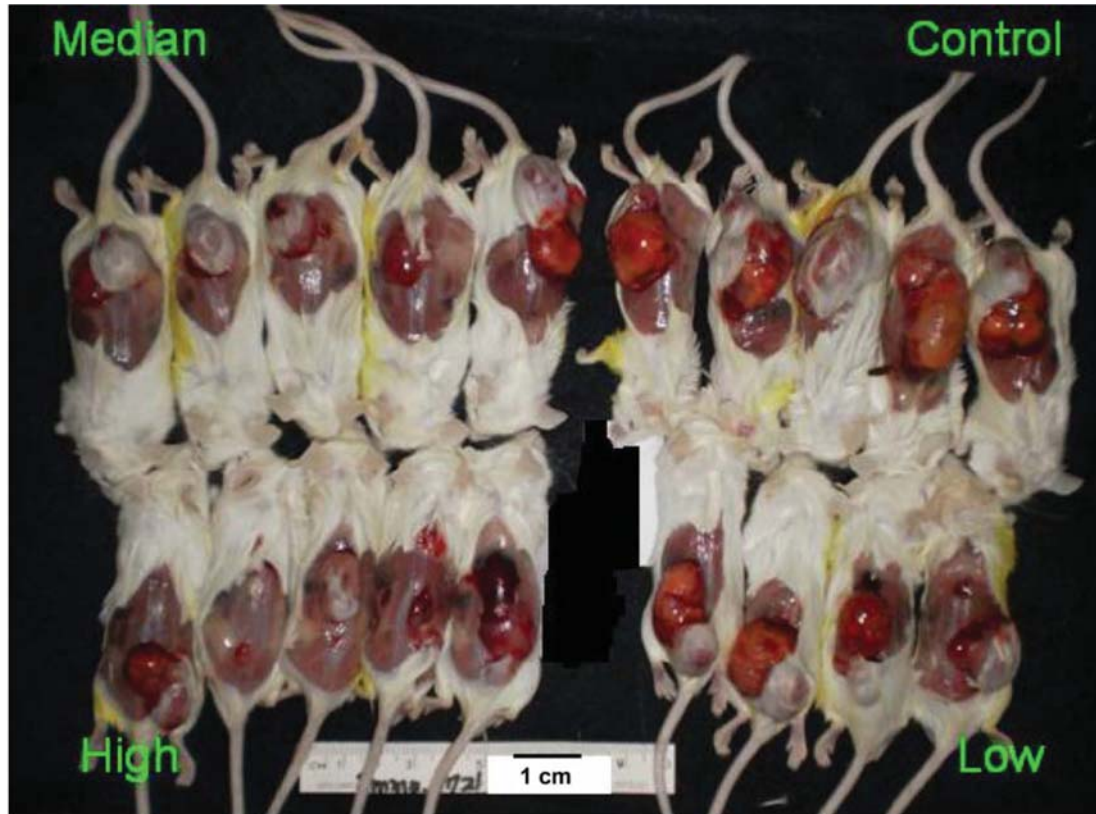


Figure 1. After inoculation by Smmu 7721 cells to initialize hepatoma, mice of experimental groups were orally administered different doses of ABM extract. After 6 weeks' treatment, all the survivors were sacrificed, and the size of liver tumor was assessed. High-dose treatment by ABM can evidently reduce the tumor growth by comparison with control group.



Figure 2. At the end of the experiments (after 6 weeks' treatment), the surviving nine mice were sacrificed to collect lung fresh samples. The size of tumor mass huge variation. The figure does not include the control group on account of all the mice of the control group were dead in 4 weeks.

Table I. Tumor mass from control and ABM-treated mice inoculated with Smmu 7721 hepatoma cells. All mice were inoculated with Smmu 7721 cells. After 2-3 weeks, mice of experimental groups were orally administered different doses of ABM. After 6 weeks' treatment, all the survivors were sacrificed, and the size of liver tumors was scored.

Treatment	Score			
	+	++	+++	++++
Control			3	7
Low		2	6	2
Medium		5	5	
High	3	5	2	

Tumor status was categorized into 4 scales: +, tumor mass <5 mm; ++, 5- <10 mm; +++, 10- <15 mm; +++++, > 15 mm.

with ABM extract significantly lengthened their lifespan after tumor cell inoculation, which supports the notion that ABM may reduce metastasis formation by B16F10 melanoma cells. At the end of the experiments (after 6 weeks' treatment), the surviving 9 mice were sacrificed to collect fresh lung samples (Figure 2). Treatment effect was dependent on the concentration of ABM. In previous research, to assess the effect of ABM extract on the growth rate, solid tumor volumes were measured every two or three days. Nevertheless it is different to evaluate treatment effect by tumor volume for this study because many metastases in the lung were only needle-point size. Hence, the score was for assessment in place of tumor volume. Table II shows the score of all 40 mice and apparently indicates that there may be significant differences between the control group and the experimental groups. The 9 surviving mice were all scored as ++ or +++. Mice with +++++ score were unable to survive although they accepted treatment by ABM. Treatment with ABM dramatically increased lifespan and appeared to inhibit tumor growth in the experimental groups.

## Discussion

The medicinal use of mushrooms has a very long tradition in Asian countries, whereas their use in the Western hemisphere has only been increasing in recent decades. Mushrooms constitute at least 14,000, and perhaps as many as 22,000, known species. The number of mushroom species on the earth is estimated to be 140,000, suggesting that only 10% are known. Assuming that the proportion of useful mushrooms among the undiscovered and unexamined mushrooms will be only 5%, this implies that 7,000 as yet undiscovered species will be of possible benefit to mankind (19). Even among the known species, the proportion of mushrooms that have been extensively investigated is very low.

Table II. The tumor mass from control and ABM treatment of mice inoculated with Smmu 7721 hepatoma cells. ABM extract (0.3 ml) was daily administered orally for 6 weeks to three experimental groups of mice. At the end of the experiments, all the survivors were sacrificed and the number of melanotic nodules on lungs was counted and scored under gross examination.

Treatment	Score			
	+	++	+++	++++
Control				10
Low			3	7
Median			1	9
High		3	2	5

Tumor status was categorized into 4 scales: +, 1-12 tumor masses; ++, 13-24; +++, 25-36; +++++, 36 tumor masses.

Mushrooms need antibacterial and antifungal compounds to survive in their natural environment. It is therefore not surprising that antimicrobial compounds with more or less activity can be isolated from many mushrooms and that they could be of benefit for human (20). Experience from Asian and Eastern Europe an countries shows that mushrooms could play an important role in prevention and treatment of cancer. Antitumor effects of several extracts and isolated compounds have been demonstrated in tumor cell systems and in animal assays (21-28). So-called 'immunomodulators' (biological response modifier, immunopotentiators and immunostimulants) are the most important medicinal drugs derived from mushrooms, used especially in Taiwan, Japan, China, Korea and other East Asian countries today. Some polysaccharides or polysaccharide-protein complexes from mushrooms are able to stimulate the non-specific immune system and to exert antitumor activity through the stimulation of the host's defense mechanism (23-26). Among so many kinds of mushrooms, ABM is interesting because it has components including polysaccharides or polysaccharide-protein complexes, which may play a pivotal role as immunomodulators (27-29).

Direct intratumoral injection of ABM can induce apoptosis and cell cycle arrest of tumor cells *in vitro* (27). Animal studies indicated that ABM had antitumor activity in tumor-bearing mice (28). ABM components appear to stimulate the host immune response by enhancement of macrophages, natural killer (NK) cells and cytolytic T lymphocyte activities, which participate in the antitumor response in the sarcoma 180 and Meth A fibrosarcoma-bearing mice systems (28). Substances occurring in the powdered ABM meal may stimulate the hepatic detoxifying enzymatic system or antioxidant free radical-scavenging activities (30). ABM fed in dry powdered form to Wistar rats at 10% of the diet exhibited significant chemopreventive influence on the promoting phase of chemical hepatocarcinogenesis (29). It

was observed that the NK cell activity was maintained at a significant level in gynecological cancer patient groups undergoing chemotherapy when ABM was orally consumed. NK cells display dramatic effects on the reduction of tumor growth, as well as on the inhibition of metastatic tumors (31).

Even though there are nearly 40 articles directly associated with ABM in animal studies, this study is the first to evaluate the reduction of hepatoma formation by Smmu 7721 cells in SCID mice and metastasis formation by B16F10 melanoma cells in C57BL/6 mice by ABM extract.

In conclusion, the present study suggests that the *Agaricus blazei* Murill solution may cause antitumor and antimetastatic effects *in vivo* in a dose-dependent manner. Further studies in order to identify the active components of ABM and their mechanism of action are warranted.

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