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38	Abstract	<p>In this study, we developed a novel microwave-assisted protein preparation and digestion method for matrix-assisted laser desorption/ionization (MALDI) time-of-flight mass spectrometry analysis and identification of proteins that involves using conductive carbon tape as a sample platform for sample preparation (reduction and alkylation) and digestion under microwave heating and as a plate for MALDI analysis. This method allows for the enzymatic digestion products of proteins to be directly analyzed by MALDI mass spectrometry and results in a marked reduction in sample loss. Our protocol requires only a small volume (1 <math>\mu</math>L) of reaction solvent, which increases the frequency of enzyme-to-protein contact, thereby resulting in more efficient digestion of sample than conventional in-solution digestion methods. To test this protocol, we used magnetic iron (II, III) oxide nanoparticles as concentrating probes to enrich phosphopeptides from a mixture of peptides in enzymatically digested protein samples. We found that the one-pot on-tape-based protein preparation and digestion under microwave heating combined with the on-tape-based enrichment method not only dramatically reduced the time required for phosphopeptides analysis but also allowed for the simultaneous identification of phosphoproteins. The advantages of our protocol include ease of use, high digestion efficiency, high specificity, and rapid (15 min) identification of proteins and enrichment of phosphopeptides in a mixture of enzymatically digested protein samples.</p>
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## Electronic supplementary material

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# Conductive carbon tape as a sample platform for microwave-based MALDI MS detection of proteins and phosphoproteins

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**Abstract** In this study, we developed a novel microwave-assisted protein preparation and digestion method for matrix-assisted laser desorption/ionization (MALDI) time-of-flight mass spectrometry analysis and identification of proteins that involves using conductive carbon tape as a sample platform for sample preparation (reduction and alkylation) and digestion under microwave heating and as a plate for MALDI analysis. This method allows for the enzymatic digestion products of proteins to be directly analyzed by MALDI mass spectrometry and results in a marked reduction in sample loss. Our protocol requires only a small volume (1  $\mu$ L) of reaction solvent, which increases the frequency of enzyme-to-protein contact, thereby resulting in more efficient digestion of sample than conventional in-solution digestion methods. To test this

protocol, we used magnetic iron (II, III) oxide nanoparticles as concentrating probes to enrich phosphopeptides from a mixture of peptides in enzymatically digested protein samples. We found that the one-pot on-tape-based protein preparation and digestion under microwave heating combined with the on-tape-based enrichment method not only dramatically reduced the time required for phosphopeptides analysis but also allowed for the simultaneous identification of phosphoproteins. The advantages of our protocol include ease of use, high digestion efficiency, high specificity, and rapid (15 min) identification of proteins and enrichment of phosphopeptides in a mixture of enzymatically digested protein samples.

**Keywords** Carbon tape · Microwave-assisted protein preparation and digestion · Protein identification · Phosphopeptide · MALDI · Enrichment

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## Introduction

Reversible phosphorylation is one of the most common post-translational modifications. It is a ubiquitous mechanism for the regulation of many important biological processes in eukaryote cells, including signal transduction, cell proliferation, differentiation, metabolism, and communication [1–3]. Although matrix-assisted laser desorption/ionization mass spectrometry (MALDI MS) can be used to characterize the proteolytic products of phosphoproteins, the presence of nonphosphopeptides often suppresses the signal intensity generated by phosphopeptides. Thus, isolation and enrichment of phosphorylated peptides from proteolytic peptide mixtures is the first step in phosphoproteomic analysis. Several affinity methods are widely used to enrich phosphorylated peptides from a peptide complex, including immobilized metal ion affinity chroma-

57 tography [4, 5], metal oxide affinity chromatography [6],  
58 and metal oxide-coated magnetic nanoparticles ( $\text{Fe}_3\text{O}_4/\text{TiO}_2$   
59 core/shell,  $\text{Fe}_3\text{O}_4/\text{ZrO}_2$  core/shell,  $\text{Fe}_3\text{O}_4/\text{Al}_2\text{O}_3$  core/shell,  
60 and  $\text{Fe}_3\text{O}_4/\text{Ga}_2\text{O}_3$  core/shell) [7–11]. Notably, magnetic iron  
61 (II, III) oxide ( $\text{Fe}_3\text{O}_4$ ) nanoparticles not only permit an easy  
62 and speedy enrichment process but can also be used to  
63 enrich phosphorylated peptides [12].

64 Mass spectrometry-based bottom-up approaches have been  
65 widely used to characterize proteins on a proteomic scale [13].  
66 Efficient protein degradation or digestion is the key for the  
67 success of that approach for protein identification. Conventional  
68 chemical hydrolysis or enzymatic digestion for  
69 bottom-up experiments takes several hours to perform,  
70 thereby limiting the speed of large-scale protein identification.  
71 Therefore, several protocols have been developed to  
72 speed up the protein digestion process. One such protocol is  
73 on-particle enzymatic digestion which can be performed in  
74 less than 30 min [9, 10, 14]. Another approach involving the  
75 use of enzyme-immobilized magnetic nanospheres for on-  
76 plate digestion can reduce the digestion time to 5 min and  
77 facilitate the process of protein digestion [15, 16]. Other  
78 promising approaches include microwave-assisted protein  
79 enzymatic digestion and acid hydrolysis [9, 10, 15, 17–19].  
80 Sun and coworkers recently employed microwave-assisted  
81 protein preparation and enzymatic digestion and found that  
82 the time required for protein in-solution processes was only  
83 6 min and that for in-gel processes was only 25 min [19].  
84 However, the traditional reduction and alkylation steps used  
85 in these studies were somewhat time-consuming.

86 In general, a matrix-assisted laser desorption/ionization  
87 (MALDI) sample plate cannot be placed in a microwave  
88 oven because the electric current induced by microwave  
89 radiation on the surface of the plate will readily produce  
90 sparks. Nevertheless, we hypothesized that the processes  
91 for microwave-assisted protein preparation and digestion  
92 might be made more efficient if an appropriate substance  
93 capable of electric conductivity and withstanding micro-  
94 wave irradiation could be found. Carbon tape is widely  
95 used as electrode material [20–23]. Furthermore, carbon  
96 tape can be used directly in a microwave oven. We,  
97 therefore, investigated the feasibility of using carbon tape  
98 as a one-pot digestion method. To test this protocol, we  
99 used magnetic iron (II, III) oxide nanoparticles as concen-  
100 trating probes to enrich phosphopeptides from a mixture of  
101 peptides in enzymatically digested protein samples.

## 102 Experimental

### 103 Chemicals and reagents

104 Magnetic iron (II, III) oxide ( $\text{Fe}_3\text{O}_4$ ) nanoparticles were  
105 obtained from Alfa Aesar (Ward Hill, MA). Conductive

double-sided carbon adhesive tape (8 mm wide $\times$ 20 m) was 106  
purchased from SPI Supplies (West Chester, PA, USA). 107  
Ammonium bicarbonate was purchased from J. T. Baker 108  
(Phillipsburg, NJ, USA).  $\alpha$ - and  $\beta$ -caseins (from bovine 109  
milk), 2,5-dihydroxybenzoic acid (DHB), L(+)-lactic acid 110  
(98%), and MiniTip™ C<sub>18</sub> were purchased from Sigma 111  
(St. Louis, MO, USA). Bovine serum albumin (BSA) was 112  
obtained from Thermo Fisher Scientific (Rockford, IL, 113  
USA). Cytochrome *c* was obtained from Protea Biosciences 114  
(Morgantown, WV, USA). Modified trypsin was purchased 115  
from Promega (Madison, WI). Dithiothreitol (DTT) was 116  
purchased from Amresco (Solon, OH, USA), and iodoace- 117  
tamide (IAA) was purchased from Amersham Pharmacia 118  
(Piscataway, NJ). Acetonitrile (ACN) was obtained from 119  
Merck (Darmstadt, Germany). Trifluoroacetic acid (TFA),  $\alpha$ - 120  
cayno-4-hydroxycinnamic acid (CHCA), and phosphoric acid 121  
(99.9%) were obtained from Fluka (Steinheim, Germany). 122  
Nonfat milk was purchased from a local supermarket. 123

### Procedures for conventional/microwave-assisted protein 124 preparation and digestion 125

A 20- $\mu\text{L}$  aliquot of BSA (2 mg/mL) was evaporated using a 126  
speed vacuum concentrator and then dissolved in 20  $\mu\text{L}$  of 127  
ammonium bicarbonate buffer (50 mM, pH 8.0). For conven- 128  
tional digestion, BSA was reduced with 10 mM DTT at 57 °C 129  
for 1 h, alkylated with 50 mM IAA at room temperature in the 130  
dark for 0.5 h, and then digested with trypsin (50:1, *w/w*) at 131  
37 °C for 16 h [19]. For microwave-assisted digestion, BSA 132  
was reduced with 10 mM DTT at 100 °C for 5 min but was 133  
not alkylated [19]. BSA was then digested with trypsin (50:1, 134  
*w/w*) in the presence of microwave radiation using a domestic 135  
900-Watt microwave oven at different heating times (15, 30, 136  
60, 90, and 120 s). Following that, different protein-to-trypsin 137  
ratios (20:1, 50:1, and 100:1, *w/w*) with various digestion 138  
solvents (50 mM of ammonium bicarbonate, pH 8.0, con- 139  
taining ACN (10%, 20%, and 30%)) needed for microwave- 140  
assisted digestion were compared. The incubation time was 141  
60 s, and the microwave power was 900 W for those 142  
experiments. After optimization microwave-assisted enzy- 143  
matic digestion, different sample preparation (reduced with 144  
10 mM DTT at 100 °C for 5 min and not alkylated, or reduced 145  
with 10 mM DTT at 900 W heating for 5 min and then with or 146  
without alkylated by 50 mM IAA at 900 W heating for 5 min) 147  
needed for microwave-assisted protein preparation were 148  
compared. For each measurement, the micro-centrifuge tube 149  
was placed in a plastic rack, taking care to keep the cap open 150  
during heating. As described previously [24, 25], a container 151  
with 1,000 mL of water was placed beside the sample vials 152  
to absorb the extra microwave energy. After enzymatic 153  
digestion, the tryptic peptide solvent was evaporated using a 154  
speed vacuum concentrator and then dissolved in 20  $\mu\text{L}$  of 155  
0.1% TFA. The peptide solution (1  $\mu\text{L}$ ) was directly mixed 156

157 with 1  $\mu$ L of 10 mg/mL CHCA solution in 50% ACN/water  
 158 with 0.1% TFA in a 96 $\times$ 2-well Teflon MALDI plate and  
 159 dried at room temperature. The mixture was then analyzed  
 160 by mass spectrometry.

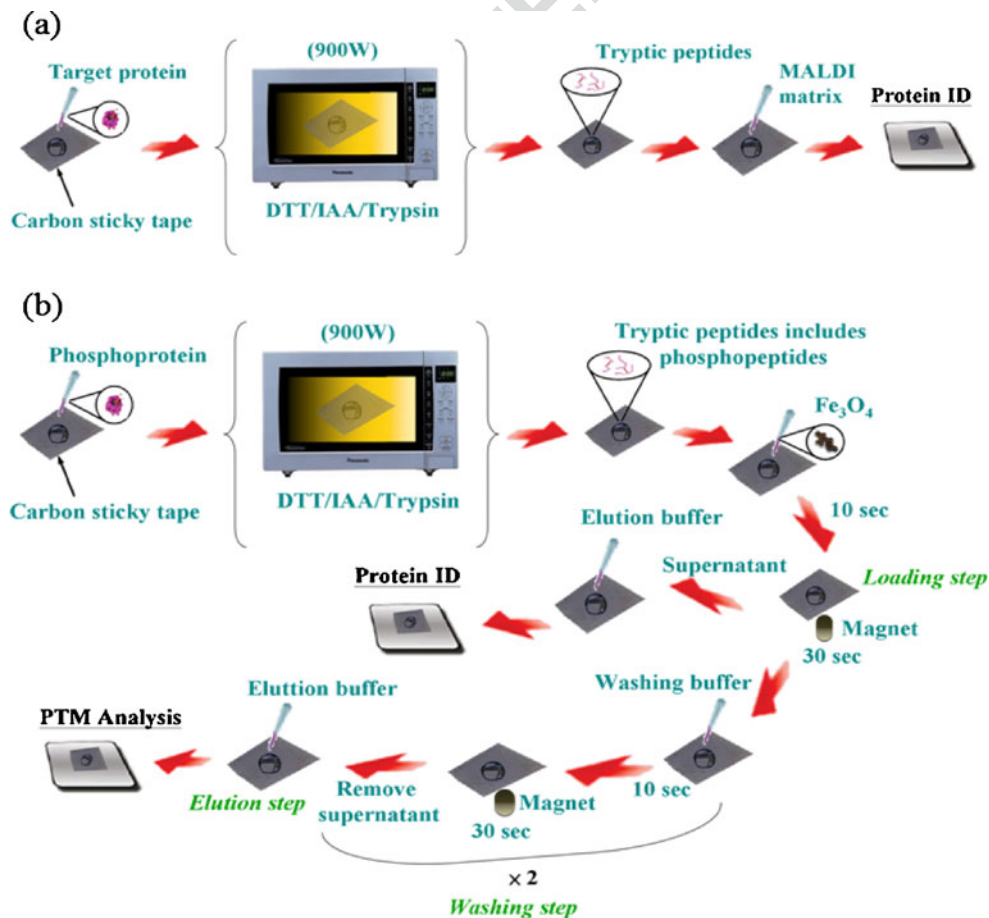
161 Procedures for direct on-tape protein preparation  
 162 and digestion under microwave heating

163 BSA or cytochrome *c* (2 mg/mL, 20  $\mu$ L each) were  
 164 evaporated using a speed vacuum concentrator and then  
 165 dissolved in 20  $\mu$ L of ammonium bicarbonate buffer  
 166 (50 mM, pH 8.0). Low-volume (1  $\mu$ L) protein solutions  
 167 were deposited on the conductive double-sided carbon  
 168 adhesive tape (4 $\times$ 4 mm), reduced by 1  $\mu$ L of 10 mM DTT  
 169 under microwave heating (900 W) for 3 min, alkylated by  
 170 1  $\mu$ L of 50 mM IAA under microwave heating (900 W) for  
 171 3 min, and digested by 1  $\mu$ L of trypsin (50:1, *w/w*) under  
 172 microwave heating (900 W) for 60 s (Scheme 1a). For each  
 173 procedure, the carbon tape was placed on a plastic rack, and  
 174 a container with 1,000 mL of water was placed beside the  
 175 carbon tape to absorb the extra microwave energy [24, 25].  
 176 After enzymatic digestion, the tryptic peptides were directly

177 mixed with 1  $\mu$ L of 10 mg/mL CHCA solution in 50% ACN  
 178 with 0.1% TFA on the carbon tape. Then, the carbon tape  
 179 was directly transferred onto a MALDI sample plate and  
 180 dried at room temperature. The mixture was then analyzed  
 181 by mass spectrometry. Besides, the BSA (2 mg/mL, 1  $\mu$ L)  
 182 was used for the sample desalting test. After microwave-  
 183 based on-tape protein preparation and digestion, the tryptic  
 184 peptides were dried at room temperature. Ten microliters of  
 185 0.1% TFA was deposited onto the carbon tape to dissolve the  
 186 tryptic peptides followed by desalting with MiniTip™ C<sub>18</sub>.

Desalting of BSA digests with MiniTip™ C<sub>18</sub>

The 10  $\mu$ L MiniTip™ pipette tips contained a C18  
 188 spherical silica (50–60  $\mu$ m, 200 Å pore size) sorbent bed  
 189 bonded at the working end of the tip and were used for the  
 190 desalting of the peptides. Referring to the instructions  
 191 provided by the manufacturer, the tips were first wetted  
 192 with 10  $\mu$ L of 0.1% TFA in 70% ACN, and then were  
 193 equilibrated with 10  $\mu$ L of 0.1% TFA. The peptides  
 194 dissolved in 10  $\mu$ L of 0.1% TFA and then were bound to  
 195 MiniTip™ by fully depressing the pipette plunger to a dead  
 196



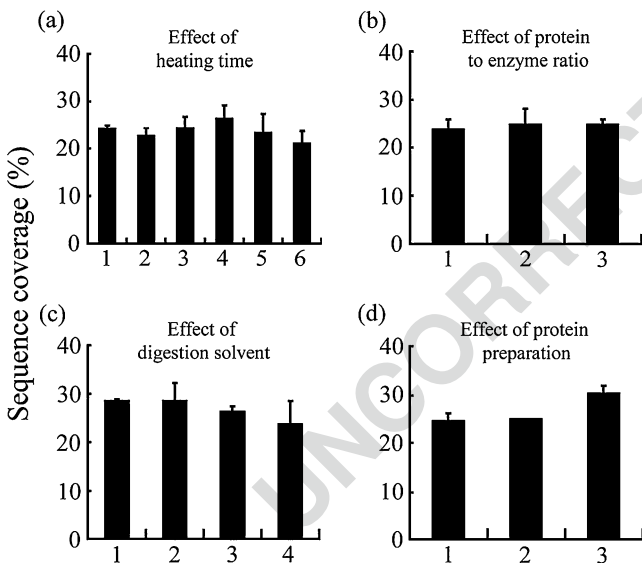
**Scheme 1** a Schematic diagram of on-tape-based protein preparation and digestion under microwave heating. b Schematic diagram of on-tape-based phosphopeptide enrichment

197	stop. Samples were aspirated and dispensed for ten cycles.	246
198	Then, the tips were washed with 10 $\mu$ L of 0.1% TFA twice.	247
199	The peptides on the tips were eluted out using 1 $\mu$ L of 0.1%	248
200	TFA in 70% ACN onto another new carbon tape (4 $\times$ 4 mm).	249
201	After desalting, the peptides were directly mixed with 1 $\mu$ L	250
202	of 10 mg/mL CHCA solution in 50% ACN with 0.1% TFA	251
203	on the carbon tape. Then, the carbon tape was directly	
204	transferred onto a MALDI sample plate and dried at room	
205	temperature. The mixture was then analyzed by mass	
206	spectrometry.	
207	Procedures for enrichment of phosphopeptides	
208	from proteolytic peptide mixture by direct on-tape	
209	preparation and digestion under microwave heating	
210	The modified phosphopeptide enrichment method for MALDI	
211	MS was performed as described previously [12]. Briefly, 1 $\mu$ L	
212	of $\alpha$ -casein (10 pmol) or protein mixture containing $\alpha$ - and	
213	$\beta$ -casein, and BSA (10 pmol each) underwent microwave-	
214	assisted on-tape-based protein preparation and digestion	
215	followed by drying at room temperature. Then, 1 $\mu$ L of	
216	0.1% TFA was deposited onto the carbon tape to dissolve the	
217	tryptic peptides and then mixed with 1 or 2 $\mu$ L (for protein	
218	mixture) solution of magnetic iron oxide nanoparticles	
219	(1.6 mg/mL in 0.1% TFA). The mixture was mixed by gently	
220	pipetting the solution up and down for 10 s. The magnetic	
221	iron oxide nanoparticles were then isolated by positioning a	
222	magnet under the carbon tape. The supernatant was then	
223	transferred to another carbon tape using a pipette (loading	
224	step) and then dried at room temperature. Elution buffer	
225	(1 $\mu$ L) was then subsequently deposited on the carbon tape	
226	for MALDI analysis of the supernatant. The isolated particles	
227	were washed twice with 1.5 $\mu$ L of 100 mg/mL lactic acid	
228	solution in 50% ACN with 0.1% TFA and were isolated again	
229	using a magnet. Elution buffer (1 $\mu$ L) was added to the	
230	retained particles to release the phosphopeptides from the	
231	magnetic iron oxide nanoparticles (elution step). All carbon	
232	tapes were then transferred to the MALDI sample plate and	
233	dried at room temperature. The mixture was then analyzed by	
234	mass spectrometry (Scheme 1b). For the analysis of non-	
235	phosphorylated or phosphorylated peptides in the loading and	
236	elution steps, 30 mg/mL DHB solution in 50% ACN with 1%	
237	phosphoric acid was used as a matrix (elution buffer).	
238	Procedures for enrichment of phosphopeptides from tryptic	
239	products of nonfat milk by direct on-tape preparation	
240	and digestion under microwave heating	
241	Prior to analyze the phosphopeptides from nonfat milk, the	
242	sample was diluted 200-fold, 500-fold, and 1,000-fold with	
243	ammonium bicarbonate buffer (50 mM, pH 8.0) to make a	
244	final volume of 100 $\mu$ L. Then, 100 $\mu$ L of ammonium	
245	bicarbonate buffer (50 mM, pH 8.0) was added to $\mu$ L of	
	sample solution followed by direct on-tape preparation and	246
	digestion under microwave heating. After enzymatic digestion,	247
	the peptide mixture underwent phosphopeptides enrichment	248
	with 3.2 $\mu$ g of magnetic iron oxide nanoparticles (1.6 mg/mL	249
	in 0.1% TFA) as described in the section preceding. The eluted	250
	peptides were analyzed by mass spectrometry (Scheme 1b).	251
	Mass spectrometry and data analysis	252
	All MALDI time-of-flight mass spectrometry (TOF MS)	253
	spectra were obtained using a Voyager DE <sup>PTO</sup> mass spectrom-	254
	eter (Applied Biosystems, Framingham, MA, USA) equipped	255
	with a nitrogen laser operated at 337 nm. Spectral data were	256
	acquired in the reflector mode with an accelerating voltage of	257
	20 kV. A total of 5,000 laser shots for each mass spectrum	258
	were accumulated in positive-ion mode. Laser power was set	259
	to optimize the signal-to-noise (S/N) ratio and the resolution	260
	of mass peaks of the analyte. Mass calibration was performed	261
	using a mixture of peptides from Applied Biosystems,	262
	including angiotensin I, ACTH (1–17), and ACTH (7–38)	263
	as external standards. All TOF MS spectra were analyzed	264
	using Data Explorer software (version 4.0, Applied Bio-	265
	systems) and reported as monoisotopic masses. A Bruker	266
	Daltonics Ultraflex III (Germany) TOF/TOF MS equipped	267
	with a Smartbean laser was employed for obtaining tandem	268
	mass spectrometry (MS/MS) spectra. The following voltage	269
	parameters were employed: ion source 1, 8.00 kV; ion source	270
	2, 7.10 kV; lens, 3.71 kV; reflector 1, 29.50 kV; reflector 2,	271
	13.70 kV; left 1, 19.00 kV; left 2, 2.75 kV. BSA and	272
	cytochrome <i>c</i> were identified by the MALDI-TOF MS	273
	spectra by searching against the NCBI database for exact	274
	matches using Mascot v2.2 (Matrix Sciences, London, UK).	275
	Fragment peaks (S/N >3) resulting from precursor ions	276
	(S/N>3) of phosphorylated peptide candidates were submitted	277
	via Biotools (v. 3.2) to Mascot v2.2 (Matrix Sciences, London,	278
	UK). An in-house database containing BSA (GI:1351907),	279
	cytochrome <i>c</i> (GI:119388048), $\alpha$ -S1-casein (GI:115646), $\alpha$ -	280
	S2-casein (GI:115654), and $\beta$ -casein (GI:115660) was used,	281
	and the MS and MS/MS tolerances were set to $\pm$ 0.5 and	282
	0.8 Da, respectively. Carbamidomethyl cysteine was set as a	283
	fixed modification, while oxidation (HW) and phosphoryla-	284
	tion (ST) modifications were set as variable modifications.	285
	The other parameters for searching were enzymes of trypsin;	286
	two missed cleavages.	287
	<b>Results and discussion</b>	288
	Optimization of microwave-assisted protein preparation	289
	and digestion	290
	Microwave irradiation is known to accelerate the chemical	291
	hydrolysis or enzymatic digestion of proteins [9, 10, 15,	292

293 17–19]. Although the method reduces the protein digestion  
 294 time, the protein preparation using conventional methods  
 295 takes at least 1 h. Previously, Sun and coworkers demonstrated  
 296 that protein can be reduced in the presence of DTT at 100 °C  
 297 for 5 min [19]. That observation suggests that the protein  
 298 preparation time can be accelerated if protein is exposed to a  
 299 high-energy source prior to enzymatic digestion, such as  
 300 microwave radiation. In this study, we compared how different  
 301 protein/enzyme ratios (*w/w*), various digestion solvents, and  
 302 different protein preparations affect protein digestion under  
 303 microwave irradiation. We then developed a platform for rapid  
 304 protein identification and phosphopeptide enrichment using  
 305 one-pot on-tape-based MALDI MS analysis.

306 We initially compared the efficiency of a conventional  
 307 protocol with that of a microwave-assisted protocol at  
 308 different heating times (15, 30, 60, 90, and 120 s; Fig. 1a).  
 309 The efficiency of protein digestion using a conventional  
 310 protocol was equivalent or lower to that of microwave-  
 311 assisted digestion when the microwave radiation power was  
 312 set at 900 W and incubation time was set at 30 or 60 s,

respectively. Our findings were consistent with those  
 reported by Sun et al. [19]. We then evaluated different  
 protein-to-enzyme ratios (*w/w*) 20:1, 50:1, and 100:1 to  
 assess the ratio associated with the most efficient  
 microwave-assisted digestion (Fig. 1b). The result revealed  
 that the different protein to enzyme rations (*w/w*) did not  
 affect the efficiency of protein digestion. Then, keeping the  
 protein/trypsin ratio (*w/w*) at approximately 50:1, the  
 microwave power at 900 W, and incubation time at 60 s,  
 we compared the protein digestion efficiency of various  
 digestion solvents (Fig. 1c). The sequence coverage  
 decreased significantly when the percentage of ACN was  
 increased from 10% to 30%. This observation suggests that  
 a higher percentage of ACN not only enhances the  
 degradation of protein samples but also affects the enzyme  
 activity. Using 50 mM ammonium bicarbonate (pH 8.0) as  
 digestion solvent, a protein/enzyme ratio (*w/w*) of 50:1 and  
 microwave heating for 60 s (900 W), we attempted to  
 further improve the digestion by testing different prepara-  
 tion procedures (Fig. 1d). Without alkylation, the results  
 show that the sequence coverage had no significant  
 difference when proteins prior to enzymatic digestion were  
 reduced by DTT at 100 °C for 5 min compared with that  
 reduced by DTT at 900 W heating for 5 min. The sequence  
 coverage of proteins that had been reduced by DTT and  
 then alkylated by IAA in the presence of microwave  
 radiation for 5 min was significantly greater than that of  
 non-alkylated samples described above. This observation  
 suggests that the disulfide bond rearrangement promoted by  
 strong acids (0.1% TFA) [26, 27] or under the conditions of  
 enzymatic cleavage in the presence of a slightly alkaline  
 solution (50 mM ammonium bicarbonate, pH 8.0) [27]  
 could be blocked using IAA for protein alkylation prior to  
 enzymatic digestion, thereby increasing the efficiency of  
 protein digestion. The protein preparation time was only  
 10 min and the digestion efficiency using microwave  
 radiation was better than that of conventional in-solution  
 digestion (Table 1).



**Fig. 1** Comparison of sequence coverage of identified peptide ion peaks of BSA by MALDI-TOF MS analysis: **a** samples were prepared and digested using conventional protocol (sample 1) or microwave-assisted protein preparation and digestion protocol under protein/enzyme 50:1 (*w/w*) at different microwave heating (900 W) times (15, 30, 60, 90, and 120 s) (samples 2–6); **b** samples were prepared using microwave-assisted protein preparation and digestion protocol under microwave heating (900 W) for 60 s using different protein to enzyme ratios of 20, 50, 100 (*w/w*; samples 1–3); **c** samples were dissolved in ammonium bicarbonate (50 mM, pH 8.0) without (sample 1) or with ACN (10%, 20%, and 30%; samples 2–4) and then prepared using microwave-assisted protein preparation and digestion protocol under protein/enzyme 50:1 (*w/w*) and microwave heating (900 W) for 60 s; **d** samples were prepared using microwave-assisted protein preparation and digestion protocol under protein/enzyme 50:1 (*w/w*) and microwave heating (900 W) for 60 s followed by reduction by DTT at 100 °C (5 min) (sample 1) or 900 W (5 min) without or with alkylation by IAA at 900 W (5 min) (samples 2–3)

Application of microwave-assisted protein preparation  
 and digestion on conductive carbon tape

Recently, Li and coworkers employed trypsin-immobilized  
 magnetic nanospheres to develop a rapid and effective on-  
 plate digestion method for analysis and identification of  
 proteins [16]. The proteins could be efficiently digested  
 within 5 min under 50 °C incubation. In the current study,  
 we hypothesized that protein preparation and digestion  
 could be further enhanced using an on-plate procedure  
 under microwave irradiation. In order to approach this new  
 idea, an appropriate substance capable of microwave  
 irradiation and electric conductivity was needed as a sample  
 platform. Carbon tape is widely used as an electrode



t1.1

**Table 1** Conventional and microwave-assisted protein preparation and digestion protocols

Protocol	Solution	Conventional min	Microwave-assisted protein preparation and digestion min
Reduce	10 mM DTT	60	5
Alkylate	50 mM iodoacetamide	30	5
Digest	50/1 (w/w) of sample to trypsin, 50 mM ammonium bicarbonate (pH 8.0)	960	1
Total time		1150	11

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t1.3  
t1.4  
t1.5  
t1.6  
t1.7

364 material [20–23] and can also be subjected to microwave  
365 irradiation. Considering those two unique features, we  
366 assessed the efficiency of carbon tape as a platform for  
367 microwave-assisted protein preparation and digestion prior  
368 to analysis and identification of proteins (Scheme 1a).

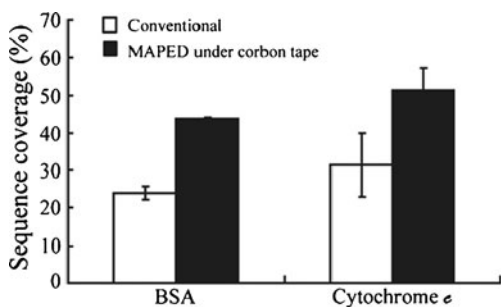
369 The reaction volume for the on-tape procedure was only 1–  
370 2  $\mu$ L. The reaction time for reduction and alkylation using our  
371 protocol was only 3 min compared with 5 min for the micro-  
372 centrifuge tube procedure described above. Figure 2 compares  
373 the sequence coverage of BSA and cytochrome *c* after  
374 conventional digestion with that after on-tape microwave-  
375 assisted protein preparation and digestion protocols. Microwave-assisted protein preparation and digestion significantly increased the digestion efficiency. We attribute the efficiency of the one-pot digestion method to the volume of reaction solvent, which increased the frequency of enzyme-to-protein contact, and to the fact that the sample did not have to be transferred, thereby minimizing the amount of loss of proteolytic peptides. Both of the microwave irradiation-based and high temperature-based processes sped up digestion efficiency [16]. However, microwave irradiation differs from high temperature on the mechanism. The microwave reactions increased polar molecular movement, and hence enhanced interactions between reactive entities more than high temperature reactions [28]. Compared with the high temperature-based enzyme digestion, the microwave irradiation-based enzyme digestion may have resulted in higher frequency of enzyme-to-protein contact. Furthermore,

we found that sequence coverage of BSA was similar for the sample with or without desalting in our study (Fig. 3). The results indicate that the on-tape microwave-assisted protein preparation and digestion protocol is rapid and efficient for protein identification.

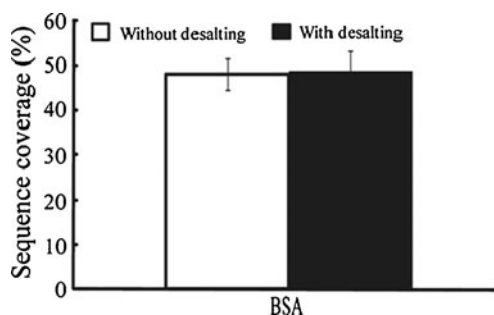
Application of on-tape-based microwave-assisted protein preparation and digestion for phosphoprotein analysis and phosphopeptide enrichment

Figure S1 (Electronic Supplementary Material) displays the procedures for on-tape-based preparation and digestion under microwave heating, the enrichment of phosphopeptides using magnetic iron (II, III) oxide nanoparticles as concentrating probes, and the co-crystallization procedure with elution buffer for subsequent MALDI MS analysis. Figure 4a displays the direct MALDI mass spectrum of  $\alpha$ -casein (10 pmol, 1  $\mu$ L) after on-tape-based preparation and digestion under microwave heating (Scheme 1a) prior to enrichment. Only one phosphopeptide peak (marked with asterisk) at *m/z* 1951.9 appeared in this mass spectrum; the remaining peaks were nonphosphopeptides (Table 3). Figure 4c displays the MALDI mass spectrum obtained using 1.6  $\mu$ g of magnetic iron (II, III) oxide nanoparticles as concentrating probes to selectively trap phosphopeptides from  $\alpha$ -casein (10 pmol, 1  $\mu$ L) after the elution step followed by on-tape-based preparation and digestion under microwave heating (Scheme 1b). Several phosphopeptide peaks (marked with asterisks) appeared in the mass spectrum from the elution

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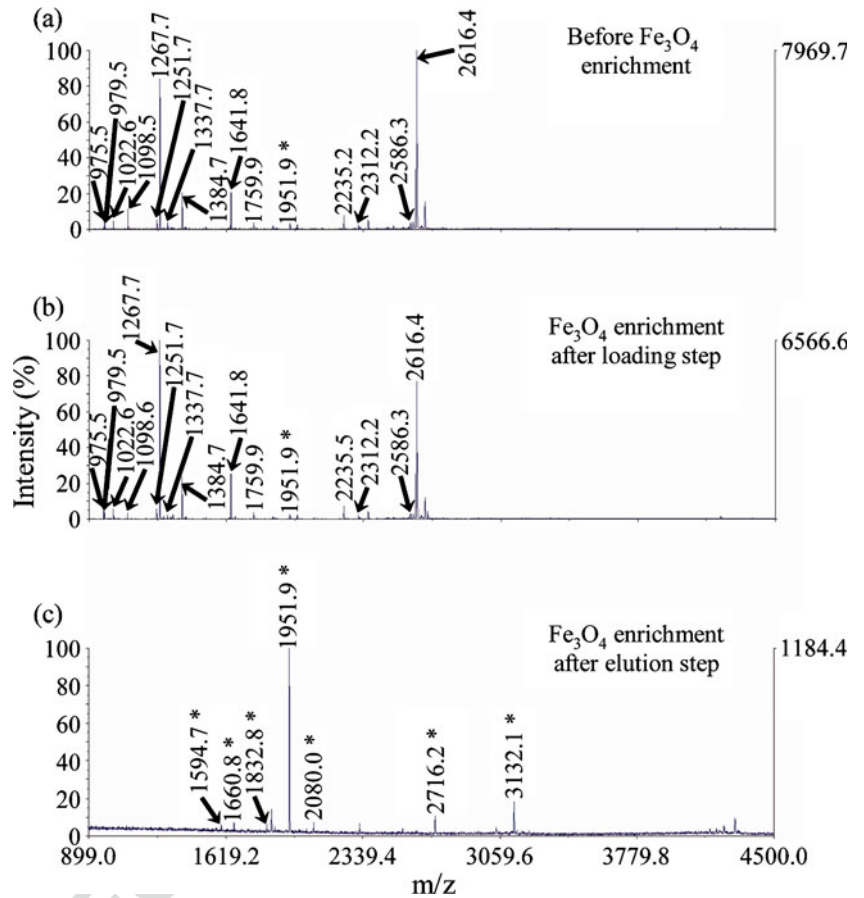


**Fig. 2** Comparison of the sequence coverage of identified peptide ion peaks for BSA and cytochrome *c* by MALDI-TOF MS analysis, respectively. *Open bars* were prepared and digested using conventional protocol and *solid bars* were prepared using on-tape-based protein preparation and digestion under microwave heating protocol



**Fig. 3** Comparison of the sequence coverage for BSA in MALDI-TOF MS analysis without (*open bar*) or with (*solid bar*) MiniTip™ C<sub>18</sub> desalting

**Fig. 4** MALDI mass spectra of tryptic digest products of  $\alpha$ -casein (10 pmol) **a** before enrichment and application of 1.6  $\mu$ g of magnetic iron (II, III) oxide nanoparticles, **b** after the loading step, and **c** after the elution step. The matrix solution contained 30 mg/ml DHB in 50% ACN/water with 1% phosphoric acid. Phosphopeptide ions are marked with an *asterisk*



419 step. Moreover, the S/N ratio of the observed phosphopeptide  
 420 ions increased significantly after magnetic iron (II, III) oxide  
 421 nanoparticle enrichment (Table 2). In addition, we compared  
 422 the peptide ion peaks observed in MALDI mass spectrums of  
 423 tryptic digest of  $\alpha$ -casein before magnetic iron (II, III) oxide  
 424 nanoparticles enrichment (Fig. 4a) with those observed after  
 425 the loading step (Fig. 4b). The number of peptide ion peaks  
 426 did not differ significantly. These phosphorylated peptide

427 candidates were further confirmed by MALDI-TOF/TOF MS  
 428 analysis (Electronic Supplementary Material Figs. S2–S8).  
 429 The results suggest that the combination of one-pot on-tape-  
 430 based protein preparation and digestion under microwave  
 431 heating combined with the enrichment method not only  
 432 dramatically reduces the time required for phosphopeptide  
 433 analysis but can also be used for protein identification  
 434 simultaneously (Table 3).

t2.1 **Table 2** Phosphopeptides observed in the MALDI-TOF mass spectra of the tryptic digest of  $\alpha$ -casein S1 ( $\alpha$ -S1) and  $\alpha$ -casein S2 ( $\alpha$ -S2)

Observed <i>m/z</i>	Theoretic <i>m/z</i>	Peptide sequences <sup>a</sup>	S/N ratio	
			Before Fe <sub>3</sub> O <sub>4</sub> enrichment	After Fe <sub>3</sub> O <sub>4</sub> enrichment
t2.4 1594.7	1594.7	TVDMepSTEVFTKK ( $\alpha$ -S2-(153–165))	–	10.7
t2.5 1660.8	1660.7	VPQLEIVNpSAEER ( $\alpha$ -S1-(121–134))	–	13.3
t2.6 1832.8	1832.8	YLGEYLIVNpSAEER ( $\alpha$ -S1-(104–119)) <sup>b</sup>	–	14.3
t2.7 1951.9	1951.9	YKVPQLEIVNpSAEER ( $\alpha$ -S1-(119–134))	74.3	247.3
t2.8 2080.0	2080.0	KYKVPQLEIVNpSAEER ( $\alpha$ -S1-(118–134))	–	18.0
t2.9 2716.2	2716.2	NAVPIPTLNREQLpSTpSEENSKK ( $\alpha$ -S2-(130–152))	–	23.3
t2.10 3132.1	3132.1	KNTMEHVpSpSpSEESIIpSQETYKQEK ( $\alpha$ -S2-(16–39))	–	34.8

pS refers to a phosphorylated serine unit, *en dash* no peptide was identified

<sup>a</sup> Searched from <http://tw.expasy.org>

<sup>b</sup> Sequences are cited from ref. [6]

**Table 3** Overview of observed peptide ion peaks in the MALDI-TOF mass spectra of the tryptic digest of  $\alpha$ -casein S1 ( $\alpha$ -S1) and  $\alpha$ -casein S2 ( $\alpha$ -S2)

Observed $m/z$	Theoretic $m/z$	Peptide sequences <sup>a</sup>	MALDI MS using Fe <sub>3</sub> O <sub>4</sub> after the loading step	MALDI MS using Fe <sub>3</sub> O <sub>4</sub> after the elution step
975.5	975.5	TKVIPYVR ( $\alpha$ -S2-(213–220))	▲	
979.5	979.5	FALPQYLK ( $\alpha$ -S2-(189–196))	▲	
1022.6	1022.6	VIPYVRYL ( $\alpha$ -S2-(215–222))	▲	
1098.6	1098.6	AMKPWIQPK ( $\alpha$ -S2-(204–212))	▲	
1251.7	1251.7	TKVIPYVRYL ( $\alpha$ -S2-(213–222))	▲	
1267.7	1267.7	YLGYLEQLLR ( $\alpha$ -S1-(106–115))	▲	
1337.7	1337.7	HIQKEDVPSEK ( $\alpha$ -S1-(95–105))	▲	
1384.7	1384.7	FFVAPFPEVFGK ( $\alpha$ -S1-(38–49))	▲	
1594.7	1594.7	TVDMEpSTEVFTKK ( $\alpha$ -S2-(153–165))		▲
1637.0	1637.9	YLGYLEQLLRLLK ( $\alpha$ -S1-(106–118))	▲	
1641.8	1641.7	FFVAPFPEVFGKEK ( $\alpha$ -S1-(38–51))	▲	
1660.8	1660.7	VPQLEIVPNpSAEER ( $\alpha$ -S1-(121–134))		▲
1759.9	1759.9	HQGLPQEVLENLLR ( $\alpha$ -S1-(23–37))	▲	
1832.8	1832.8	YLGEYLIVPNpSAEER ( $\alpha$ -S1-(104–119)) <sup>b</sup>		▲
1951.9	1951.9	YKVPQLEIVPNpSAEER ( $\alpha$ -S1-(119–134))	▲	▲
2080.0	2080.0	KYKVPQLEIVPNpSAEER ( $\alpha$ -S1-(118–134))		▲
2235.5	2235.2	HPIKHQGLPQEVLENLLR ( $\alpha$ -S1-(19–37))	▲	
2312.2	2312.2	FFVAPFPEVFGKEKVNLSKK ( $\alpha$ -S1-(38–57))	▲	
2586.3	2586.3	HIQKEDVPSERYLGYLEQLLR ( $\alpha$ -S1-(95–115))	▲	
2616.4	2616.4	RPKHPIKHQGLPQEVLENLLR ( $\alpha$ -S1-(16–37))	▲	
2716.2	2716.2	NAVPIPTLNREQLpSTpSEENSKK ( $\alpha$ -S2-(130–152))		▲
3132.1	3132.1	KNTMEHVpSpSpSEESIpSQETYKQEK ( $\alpha$ -S2-(16–39))		▲

pS refers to a phosphorylated serine unit

<sup>a</sup> Searched from <http://tw.expasy.org>

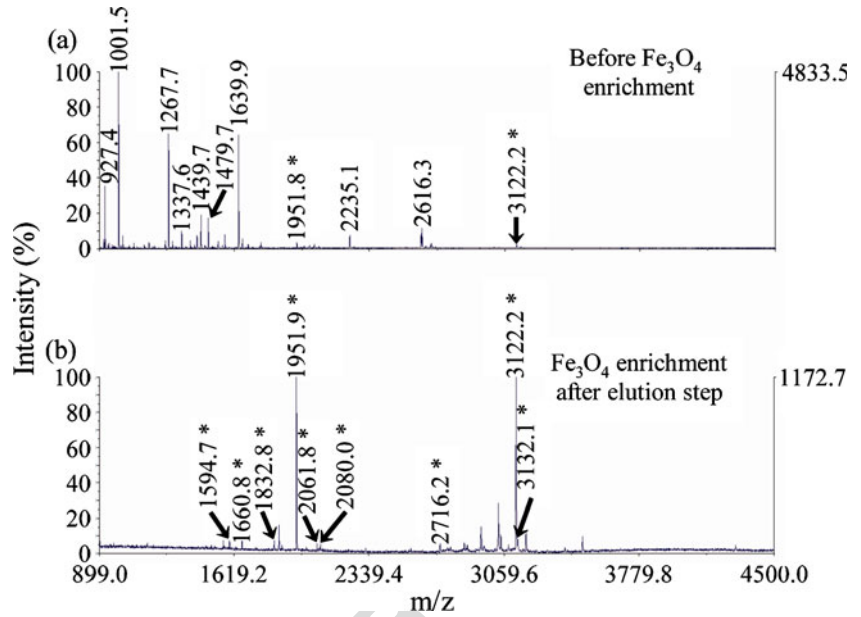
<sup>b</sup> Sequences are cited from ref. [6]

435 Application of on-tape-based microwave-assisted protein  
436 preparation and digestion for phosphopeptide enrichment  
437 from protein mixture

438 Protein mixture (1  $\mu$ L) containing  $\alpha$ - and  $\beta$ -casein, and BSA  
439 (10 pmol each) was subjected to on-tape-based preparation and  
440 digestion under microwave heating. Phosphopeptides were  
441 then enriched using 3.2  $\mu$ g of magnetic iron (II, III) oxide  
442 nanoparticles as concentrating probes (Scheme 1b). We also  
443 used 1.6  $\mu$ g of magnetic iron (II, III) oxide nanoparticles as  
444 concentrating probes for phosphopeptide enrichment, but  
445 found that 1.6  $\mu$ g was not enough to trap the phosphopeptides  
446 (data not shown). On the basis of that result, we estimated that  
447 more than 1.6  $\mu$ g of magnetic iron (II, III) oxide nanoparticles  
448 would be required for effective enrichment of 10 pmol of  
449 phosphoprotein using the on-tape-based enrichment proce-  
450 dure. Figure 5a displays the direct MALDI mass spectra of  
451 tryptic peptides in the protein mixture (containing  $\alpha$ - and  $\beta$ -  
452 casein, and BSA 10 pmol each). Only two phosphopeptide  
453 peaks (marked with asterisks) at  $m/z$  1951.8 and 3122.2  
454 appear in this mass spectrum; the remaining peaks are

nonphosphopeptides. The peak at  $m/z$  1951.8 represents  
phosphopeptide derived from  $\alpha$ -casein, and the peak at  $m/z$   
3,122.2 represents phosphopeptide derived from  $\beta$ -casein  
(Table 4). Figure 5b displays the MALDI mass spectrum  
obtained using the 3.2  $\mu$ g of magnetic iron (II, III) oxide  
nanoparticles as concentrating probes to selectively trap target  
species from the protein mixture (containing  $\alpha$ - and  $\beta$ -casein,  
and BSA 10 pmol each) that had been subjected to on-tape-  
based preparation and digestion under microwave heating  
after the elution step (Scheme 1b). Several phosphopeptide  
peaks (marked with asterisks) appeared in the mass spectrum  
from the elution step. The peaks at  $m/z$  1594.7, 1660.8,  
1832.8, 1951.9, 2080.0, 2716.2, and 3132.1 represent  
phosphopeptides derived from  $\alpha$ -casein, while the peaks at  
 $m/z$  2061.8, 3122.2, and 3477.4 represent phosphopeptides  
derived from  $\beta$ -casein (Table 4). Furthermore, the S/N  
ratio of observed phosphopeptides increased significantly  
after magnetic iron (II, III) oxide nanoparticle enrichment  
(Table 4). These phosphorylated peptide candidates were  
further confirmed by MALDI-TOF/TOF MS analysis  
(Electronic Supplementary Material Figs. S2–S11). The

**Fig. 5** MALDI mass spectra of a tryptic digest mixture containing  $\alpha$ - and  $\beta$ -casein, and BSA (10 pmol each) without (a) or with (b) enrichment step using magnetic iron (II, III) oxide nanoparticles. The matrix solution contained 30 mg/ml DHB in 50% ACN/water with 1% phosphoric acid. Phosphopeptide ions are marked with an asterisk



476 results demonstrated that the use of magnetic iron (II, III)  
 477 oxide nanoparticles as concentrating probes when applied  
 478 directly to the carbon tape is a highly selective procedure for  
 479 enrichment of phosphopeptides.

480 Application of on-tape preparation and digestion  
 481 under microwave heating for phosphopeptide  
 482 analysis in nonfat milk

483 In order to further demonstrate the feasibility of this  
 484 approach, the nonfat milk was used as the real sample.  
 485 The abundant phosphoproteins including  $\alpha$ - and  $\beta$ -caseins

in the nonfat milk were analyzed with the on-tap MALDI  
 MS. MS spectra in Fig. 6a–c display the results of direct  
 MALDI MS analysis of tryptic peptides from the nonfat  
 after 200-fold, 500-fold, and 1,000-fold dilution,  
 respectively. Only two phosphopeptide peaks (marked with  
 asterisks) at  $m/z$  1951.9 and 3122.2 were detected. The  
 phosphopeptides at  $m/z$  1951.9 and 3122.2 were generated  
 from  $\alpha$ -casein and  $\beta$ -casein, respectively (Table 4).  
 Figure 6d–f displays the results of MALDI-MS analysis  
 of enriched phosphopeptides from the nonfat milk using  
 magnetic iron (II, III) oxide nanoparticles (3.2  $\mu$ g) com-  
 bined with the on-tap MALDI-MS analysis. For the 200-

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t4.1 **Table 4** Phosphopeptides observed in the MALDI-TOF mass spectra of the tryptic digest mixture containing  $\alpha$ -casein S1 ( $\alpha$ -S1),  $\alpha$ -casein S2 ( $\alpha$ -S2),  
 t4.2  $\beta$ -casein ( $\beta$ -C), and BSA

Observed $m/z$	Theoretic $m/z$	Peptide sequences <sup>a</sup>	S/N ratio	
			Before Fe <sub>3</sub> O <sub>4</sub> enrichment	After Fe <sub>3</sub> O <sub>4</sub> enrichment
t4.4 1594.7	1594.7	TVDMEpSTEVFTKK ( $\alpha$ -S2-(153–165))	–	17.5
t4.5 1660.8	1660.8	VPQLEIVPNpSAEER ( $\alpha$ -S1-(121–134))	–	18.1
t4.6 1832.8	1832.8	YLGEYLIVPNpSAEER ( $\alpha$ -S1-(104–119)) <sup>b</sup>	–	17.5
t4.7 1951.9	1951.9	YKVPQLEIVPNpSAEER ( $\alpha$ -S1-(119–134))	67.5	248.7
t4.8 2061.8	2061.8	FQpSEEQQTEDELQDK ( $\beta$ -C-(33–48)) <sup>b</sup>	–	12.9
t4.9 2080.0	2080.0	KYKVPQLEIVPNpSAEER ( $\alpha$ -S1-(118–134))	–	10.3
t4.10 2716.2	2716.2	NAVPIPTLNREQLpSTpSEENSKK ( $\alpha$ -S2-(130–152))	–	12.1
t4.11 3122.2	3122.2	RELEELNVPGEIVEpSLpSpSpSEESITR ( $\beta$ -C-(16–40))	41.8	167.4
t4.12 3132.1	3132.1	KNTMEHVpSpSpSEESIIPSQETYKQEK ( $\alpha$ -S2-(16–39))	–	13.2
t4.13 3477.4	3477.4	RELEELNVPGEIVEpSLpSpSpSEESITRINK ( $\beta$ -C-(16–43))	–	17.6

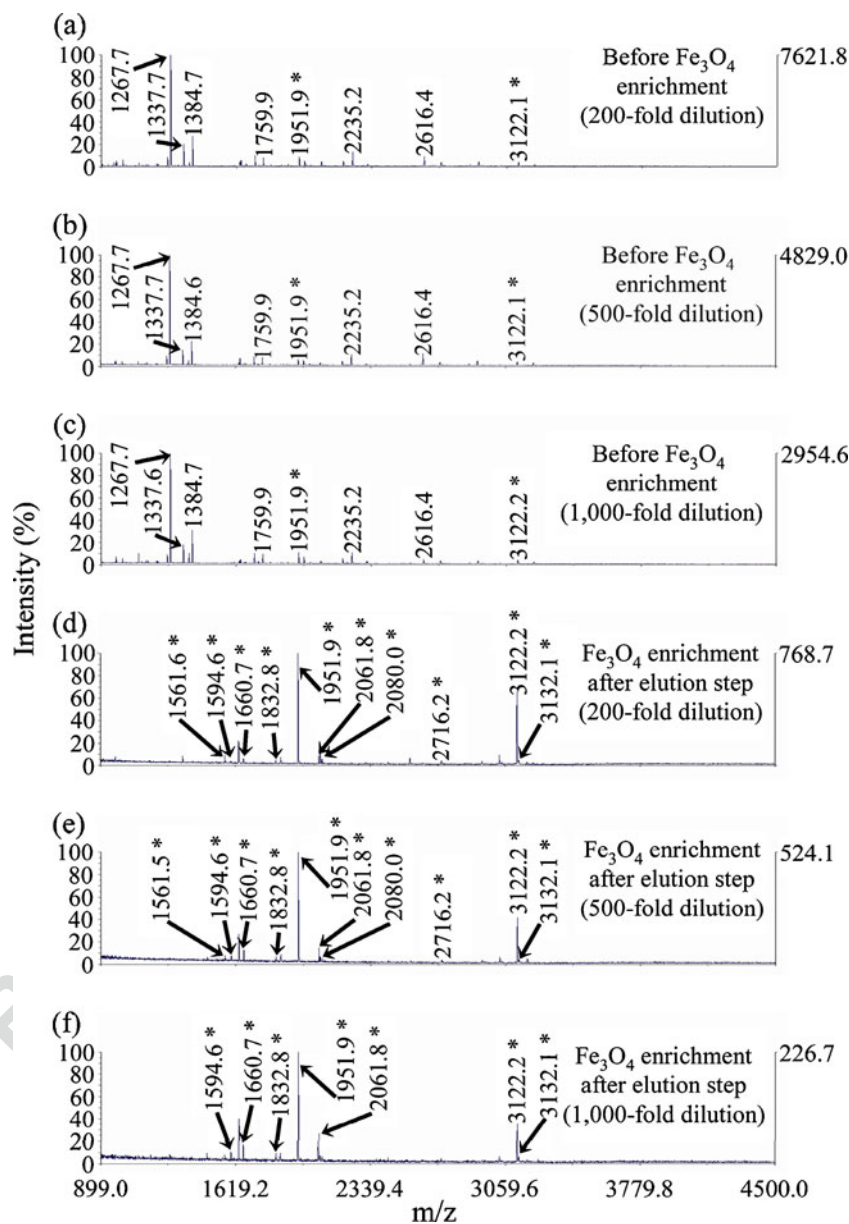
t4.3

pS refers to a phosphorylated serine unit, *en dash* no peptide was identified

<sup>a</sup> Searched from <http://tw.expasy.org>

<sup>b</sup> Sequences are cited from [6]

**Fig. 6** MALDI mass spectra of tryptic digest of nonfat milk without (a, b, c) or with (d, e, f) enrichment step using magnetic iron (II, III) oxide nanoparticles. a, d 200-fold dilution, b, e 500-fold dilution, c, f 1,000-fold dilution. The matrix solution contained 30 mg/ml DHB in 50% ACN/water with 1% phosphoric acid. Phosphopeptide ions are marked with an *asterisk*



498 fold and 500-fold dilutions, ten phosphopeptide peaks  
 499 (marked with asterisks) were detected (Fig. 6d, e). The  
 500 phosphopeptides peaks at *m/z* 1594.6, 1660.7, 1832.8,  
 501 1951.9, 2080.0, 2716.2, and 3132.1 were produced from  
 502  $\alpha$ -casein, while the peaks at *m/z* 2061.8, 3122.2, and  
 503 1561.5 (doubly charged ion) were generated from  $\beta$ -casein  
 504 (Table 4). Even for the 1,000-fold dilution sample, seven  
 505 phosphopeptide peaks (marked with asterisks) were ob-  
 506 served in the MS spectrum (Fig. 6f). These phosphorylated  
 507 peptide candidates were further confirmed by MALDI-  
 508 TOF/TOF MS analysis (Electronic Supplementary Material  
 509 Figs. S2–S11). From these results, the magnetic iron (II, III)  
 510 oxide nanoparticles combined with the carbon tape for  
 511 MALDI-MS analysis is a highly selective and rapid technique  
 512 for phosphopeptides in complex samples.

## Conclusions

514 In the current study, we demonstrated that the time for  
 515 protein preparation and digestion could be reduced to less  
 516 than 10 min and that use of carbon tape as a sample  
 517 platform results in better digestion efficiency than conven-  
 518 tional digestion protocol. The higher digestion efficiency of  
 519 on-tape-based protein preparation and digestion procedures  
 520 under microwave heating is attributable to several features  
 521 of the reaction condition. Our protocol requires only a small  
 522 volume (1  $\mu$ L) of reaction solvent, which increases the  
 523 frequency of enzyme-to-protein contact, thereby resulting  
 524 in more efficient digestion of sample than conventional in-  
 525 solution digestion methods. Furthermore, this approach can  
 526 be directly used to selectively concentrate phosphopeptides

527 from an enzymatic peptide mixture of proteins by using  
 528 magnetic iron (II, III) oxide nanoparticles as concentrating  
 529 probes. In only 15 min, the combination of one-pot on-tape-  
 530 based protein preparation and digestion under microwave  
 531 heating with the on-tape-based enrichment method not only  
 532 dramatically reduced the time required for phosphopeptide  
 533 analysis but also allowed for the simultaneous identification  
 534 of phosphoproteins. The advantages include ease of use,  
 535 high digestion efficiency, high specificity, and short analysis  
 536 time for the protein identification and enrichment of  
 537 phosphopeptides from a protein mixture. The results  
 538 suggest that this approach is useful for protein identification  
 539 and phosphopeptide characterization.

540 **Acknowledgment** The study was funded by a grant from the  
 541 National Research Council of the Republic of China.  
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