

# Pain Control on Demand Based on Pulsed Radio-Frequency Stimulation of the Dorsal Root Ganglion Using a Batteryless Implantable CMOS SoC

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**Abstract**—This paper presents the implementation of a batteryless CMOS SoC with low voltage pulsed radio-frequency (PRF) stimulation. This implantable SoC uses 402 MHz command signals following the medical implanted communication system (MICS) standard and a low frequency (1 MHz) for RF power transmission. A body floating type rectifier achieves 84% voltage conversion ratio. A bi-phasic pulse train of 1.4 V and 500 kHz is delivered by a PRF driver circuit. The PRF parameters include pulse duration, pulse frequency and repetition rate, which are controllable via 402 MHz RF receiver. The minimal required  $3\text{ V RF } V_{in}$  and  $2.2\text{ V } V_{DDr}$  is achieved at 18 mm gap. The SoC chip is fabricated in a  $0.35\text{ }\mu\text{m}$  CMOS process and mounted on a PCB with a flexible spiral antenna. The packaged PRF SoC was implanted into rats for the animal study. Von Frey was applied to test the mechanical allodynia in a blinded manner. This work has successfully demonstrated that implanted CMOS SoC stimulating DRG with 1.4 V, 500 kHz PRF could significantly reduce spinal nerve ligation (SNL) induced mechanical allodynia for 3–7 days.

**Index Terms**—Batteryless, dorsal root ganglion, implantable, pain control, pulsed radio frequency.

## I. INTRODUCTION

**A**LTHOUGH pain is interpreted as the fifth vital sign, the presence of different degrees of pain significantly affects quality of life for many patients, especially the elderly [1]. Low

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back pain (LBP) is also the fifth most common reason for all physician visits in the U.S. [2], [3]. Approximately 40% of LBP sufferers have neuropathic pain [4], which may result from inflammation of the dorsal root ganglia (DRG) due to compression by herniated intervertebral disc disease or intervertebral foramen stenosis [5]–[7]. Electrical stimulation to the central or peripheral neural conduction paths has been utilized in clinics to achieve effective pain relief [8], such as electroacupuncture therapy, interferential wave therapy, peripheral electrical nerve stimulation (PENS) [9] transcutaneous electrical nerve stimulation (TENS), etc.

The conventional continuous radio-frequency (CRF) pain therapy uses thermal coagulation to permanently damage nerves by high-temperature ablation of nerve tissues. This destructive method can cause severe side effects, such as the de-aferentation pain [8]. Thus, repeated surgery is needed. In 1988, the pulsed radio frequency (PRF) was developed to replace the conventional CRF [10]. Instead of the thermal lesion, electrical stimulation was applied to minimize thermal damage. The basic principal of electrical stimulation is based on “gate theory” [11], blocking the signal of pain conduction with nondestructive spinal cord stimulation.

It is found that repetitive burst-like electrical stimulation of A-delta fibers caused depression of synaptic activation by C-fiber for several hours [12]. Pulsed radio-frequency (PRF) may inhibit C-fiber excitatory responses [13]. And the analgesic action of PRF involves the enhancement of noradrenergic and serotonergic descending pain inhibitory pathways [14]. It was suggested that radicular pain is caused by irritation of DRG. Many clinical reports have largely involved treatment of neuropathic pain condition, with treatment regimens using PRF applied close to the DRG [15]–[17]. Clinical experiments have reported pain relief sustains for weeks to months after PRF treatment. It was also reported the clinical effectiveness of PRF up to 90% [18]. Yet, the overall clinical evidence of PRF is still weak and the duration of maintaining the effectiveness is short. The LBP recurred every 3–6 months in average after PRF therapy [19]–[21], which caused the chronic LBP patient troublesome.

Thus, PRF is known for its inconvenience of short-term effectiveness on pain relief. Hence, an implantable PRF treatment is proposed to overcome this issue in this paper. The conventional implantable system requires a battery for operation, often

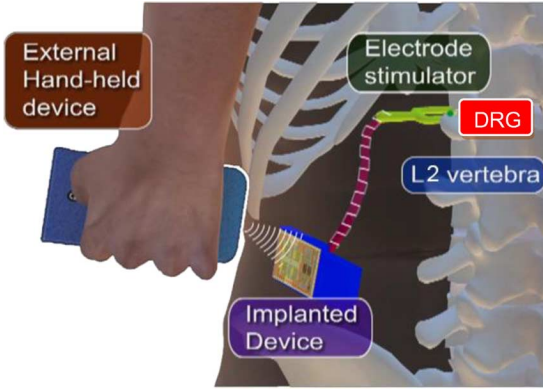


Fig. 1. DRG stimulation for pain relief.

accounting for over 2/3 of the entire device volume. Therefore, a non-destructive and batteryless method using PRF for pain control is the key for implantable systems. This work proposes a novel batteryless implantable pain control SoC that is effective in pain relief, using a low voltage stimulation which avoids causing thermal damage to dorsal root ganglion (DRG) tissue. As illustrated in Fig. 1, this system provides the self-controlled analgesia for low back pain through adjustment of PRF parameters by external handheld device. An animal study of neuropathic pain was previously designed with PRF parameters to control tissue temperature at  $< 40^\circ\text{C}$  via an external function generator [21]. Here, this work presents for the first time the implementation of such functionality on a complementary metal-oxide semiconductor (CMOS) system-in-a-chip (SoC). Its effectiveness is demonstrated by observing the behavior of rats receiving localized bipolar low-voltage stimulus to the DRG of lumbar spine.

## II. SYSTEM ARCHITECTURE

### A. Circuit Blocks

Fig. 2 shows a system block diagram of the proposed CMOS SoC consisting of a radio frequency to direct current (RF-dc) circuit, a voltage limiter, regulators, an RF receiver, a clock regenerator, a logic controller and a PRF driver. This implantable SoC uses 402 MHz command signals following the medical-implanted communication system (MICS) standard and a low frequency (1 MHz) spiral antenna size for easy user alignment and increased penetration depth. The RF-dc circuit receives power from an external 1 MHz RF power source located outside the skin. This circuit converts the RF signal into a dc voltage  $V_{\text{DDr}}$ . The following voltage limiter limits the dc voltage to a maximum of 5 V, which can be regulated by two regulators. One regulates  $DV_{\text{DD}}$  for the digital circuit, which is adjusted by an external resistor. One regulates  $AV_{\text{DD}}$  to 1.8 V for the analog circuit. The clock regenerator, which is a Schmitt trigger circuit, regenerates the 1 MHz as system clock. It extracts the clock signal from the RF source for the logic controller. The PRF generator of logic controller makes default biphasic PRF waveforms for the PRF drivers. In addition to the default parameters

(a pulse train with a period of 50 ms modulated by a 500-kHz carrier), users can specify a custom stimulation protocol in the logic controller via a handheld device. To generate the biphasic PRF waveform, the output of the PRF generator is split into two paths. One signal of the paths is delayed by one clock cycle. The PRF drivers, each consisting of three cascaded inverters that increase driving capability, can generate output voltages in the range of 1.4 V to 3.3 V. Both electrodes are placed into the surgically exposed L5 nerve of the lumbar region for stimulus in the animal studies. Furthermore, the RF on-off keying (OOK) receiver receives external commands from a personal computer (PC) or personal data assistant (PDA) and directs the logic controller to output the specified PRF waveform.

### B. RF-DC

The RF-DC is a conventional two-way rectifier circuit composed of 2 nMOS and 2 pMOS [23]. The nMOS transistors ( $10000 \mu\text{m}/0.5 \mu\text{m}$ ) perform current switching function, which achieve low power loss due to the low  $r_{\text{ds}}$  of nMOS, when rectifying. However, an nMOS switching network can't coexist with a pMOS switching network. Because a switch conducts current in both directions, it would generate an unwanted reverse current when switching. By using the diode connected pMOS transistors to pass current directionally as shown in Fig. 3, the reverse current is stopped. Note that the nMOS transistors are tied to ground via substrate resistor  $R_{\text{sub}}$ . The bodies of the 2 pMOS transistors are weakly tied to  $V_{\text{DDr}}$  by the additional resistor  $R_{\text{bp}}$ .

If the body of the diode connected pMOS transistor is directly connected to the  $V_{\text{DDr}}$  without  $R_{\text{bp}}$ , the MOS diode is in the same direction parallel with the intrinsic body diode. By proper connections as shown in Fig. 4, the individual IV characteristics of the MOS diode and the body diode were measured. It shows that the MOS diode has lower cut-in voltage than the body diode. Although the body diode has a better conductivity for larger current, it also suffers from severe reverse recovery current when switching. The reverse recovery current not only degrades the efficiency but also generates power supply noise at  $V_{\text{DDr}}$ . Besides, the needed operating current for the following circuit is less than 5 mA. The MOS diode will dominate the conducting current. Hence,  $M_{\text{P1}}$  and  $M_{\text{P2}}$  are connected to  $V_{\text{DDr}}$  by  $R_{\text{bp}}$  (10 k $\Omega$ ) to avoid body diodes. 1 MHz sine wave with 5 V amplitude was rectified to be 4.2-V dc output with  $C_L = 1 \text{ nF}$  and  $R_L = 1 \text{ k}\Omega$ . The voltage conversion ratio  $V_{\text{DD}}/|V_{\text{in}}|$  of the individual RF-dc circuit is about 84% [24].

### C. Voltage Limiter and Regulator

As shown in Fig. 5(a),  $Z_{\text{P}}$  is a virtual resistor representing the load from the implanted device via the coupling spiral antenna. If the resistive load in the secondary side is  $R_{\text{C}}$ , the feedback input impedance from the primary side is derived

$$Z_{\text{P}} = \frac{sL_{\text{P}}R_{\text{C}} + s^2L_{\text{P}}L_{\text{S}}(1 - K^2) + s^3L_{\text{P}}L_{\text{S}}C_{\text{S}}R_{\text{C}}(1 - K^2)}{R_{\text{C}} + sL_{\text{S}} + s^2L_{\text{S}}C_{\text{S}}R_{\text{C}}} \quad (1)$$

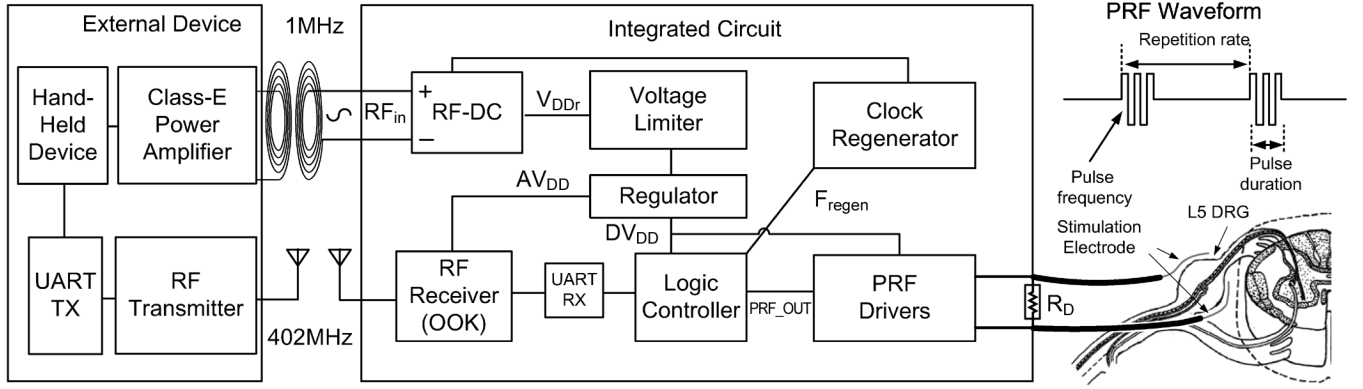


Fig. 2. System block diagram of the implantable DRG stimulator for pain control.

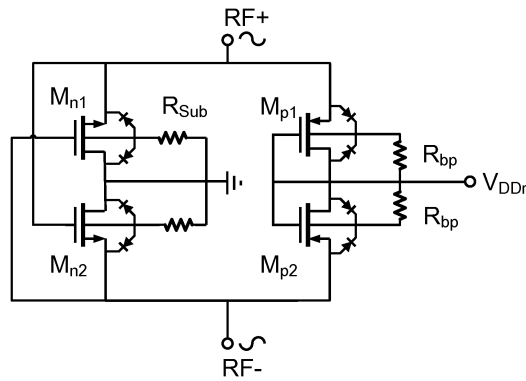


Fig. 3. Schematic of proposed full-wave rectifier.

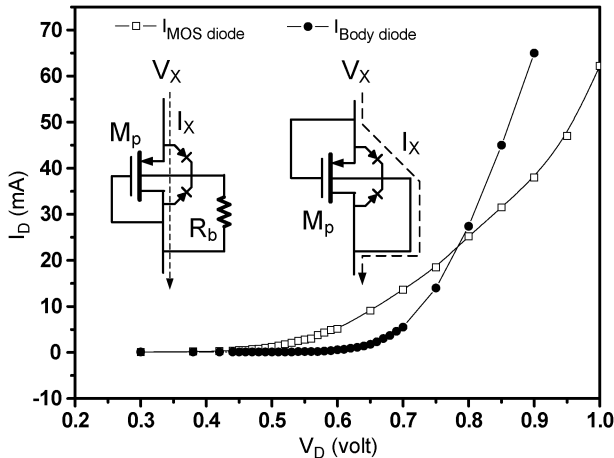


Fig. 4. IV curve comparison of MOS diode and body diode.

If resonating in the secondary part,  $sL_s + (1/sC_s) = 0$ . The  $Z_P$  is reduced as

$$Z_P = sL_P(1-K^2) + \frac{L_P}{L_S}R_C K^2 = sL_P(1-K^2) + NR_C K^2 \quad (2)$$

where  $N$  is defined as the ratio of  $L_P$  and  $L_S$ . If  $K = 1$  and  $L_P = L_S$ ,  $Z_P$  becomes equal to  $R_C$  and  $L_P$  vanishes. Note that the real part of  $Z_P$ , which is defined as  $R_P$ , is proportional to  $K^2$  value.

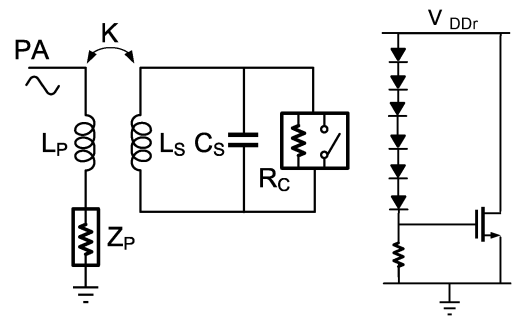


Fig. 5. (a) Inductive coupling circuit model of the voltage limiter. (b) Schematic diagram of voltage limiter.

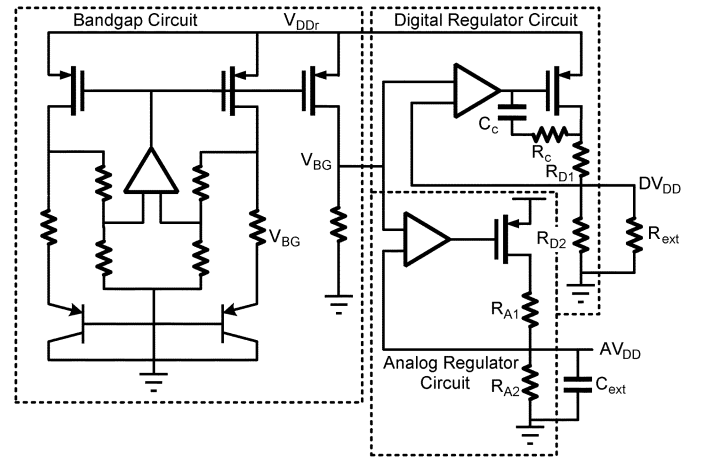


Fig. 6. Schematic diagram of the regulators which generate  $DV_{DD}$  and  $AV_{DD}$ .

The voltage sensor in the voltage limiter is composed of 5 serial connection diodes and a 200-k $\Omega$  resistor, which is plotted in Fig. 5(b). When the input voltage exceeds 5 V, it will turn on the nMOS transistor to pull down the current from the power source. Since the pulled down current could be large, the size of the MOS is up to 4000  $\mu\text{m}/0.35 \mu\text{m}$ . As shown in Fig. 5(a), it causes short-circuit load on the secondary side. With this, zero  $R_C$  is fed back,  $Z_P$  becomes zero that limits the RF power immediately and suppresses the received voltage.

If the rectified  $V_{DDr}$  is lower than 5 V, the voltage limiter is quiescent and the following voltage regulator uses this voltage to generate a regulated operating voltage for analog and digital

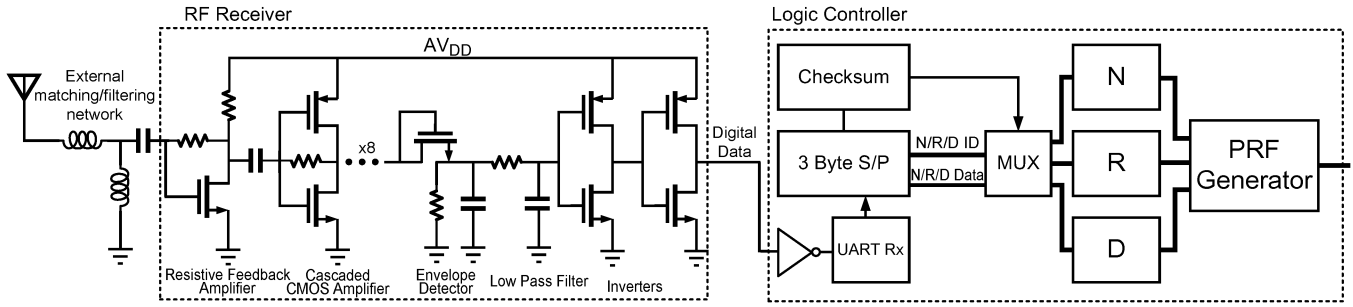


Fig. 7. Schematic diagram of the OOK receiver [25].

circuits as shown in Fig. 6. The digital and analog regulators use the same bandgap reference [19]. The analog circuit is mainly composed of a low-voltage RF receiver circuit, which operates at 1.8 V. Since the rectified  $V_{DDr}$  still carries large RF power noise, a large external 100  $\mu$ F,  $C_{ext}$  is necessary to filter out the RF power noise. Besides, this large output capacitor also helps compensating the stability of regulator. As to the digital circuit, it is not sensitive to the RF power noise, a large  $C_{ext}$  is unnecessary for the digital regulator. A default  $DV_{DD}$  is also 1.8 V without the external discrete resistor  $R_{ext}$ . In order to study the effect of the PRF operating voltage, the  $DV_{DD}$  is adjustable by adding additional  $R_{ext}$ .

**D. RF Receiver**

This system provides not only a self-controlled analgesia for the low back pain, but also the therapy of PRF parameters is also controllable. The self-therapy PRF parameters defined by the user are wirelessly transmitted at 402 MHz. Conventionally, an implantable device can use the same inductively power coupling path to carry data. In this system, we propose separate power and data path so that the data transmission distance can be longer once a battery is equipped. Fig. 8 defines the format of the self-therapy PRF parameters data packet in which the first byte is N/R/D ID and the following byte defines N/R/D data, which are responsible for pulse frequency, repetition rate and pulse duration parameters. The last byte is the sum of previous two bytes and defined as Checksum. The parameters are set in the handheld device, which UART is almost available. In general, TX is kept at high voltage when standby. In order to save power consumption, the TX output is inverted first and then sent to RF OOK transmitter. Therefore, RF transmitter is OFF when no data is sent and TX is in standby. If those parameters are not available in the implanted device, the hard-wired default N/R/D in the logic controller will activate for normal operation.

When the parameters are set and activated in the handheld device, a 3-B data packet is formed and sent via UART TX port and the following RF transmitter.

Due to the low data rate and short transmission distance, a simple OOK modulation scheme is chosen for low power consumption and small size [26]. The OOK receiver always listens to 402 MHz for the incoming packet. This RF block is fed by  $AV_{DD}$  which is regulated at 1.8 V. As shown in Fig. 7, the first stage in the integrated OOK receiver is a resistive shunt-shunt feedback amplifier with high input impedance, which is connected to an external matching/filtering network. The following

1Byte	1Byte	1Byte
N/R/D ID	N/R/D Data	Checksum

Fig. 8. Format of self-therapy PRF parameters data packet.

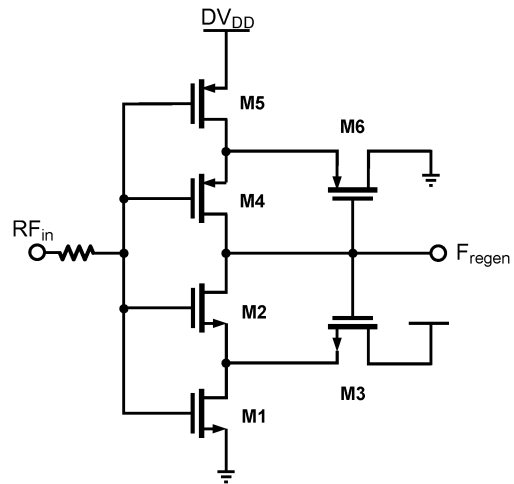


Fig. 9. Schematic diagram of clock regenerator.

gain stage is an eight-stage cascaded CMOS amplifier. These two amplifiers provide 60-dB gain in total. The data are demodulated by the envelope detector and the low-pass filter, which is composed of an integrated 1-k $\Omega$  resistor and a 10-pF capacitor. The final inverters are used to shape the modulated signal into digital output. Once the RF signal is received by the RF receiver, it is directly demodulated into the digital packet and handheld by UART RX. The serial data are then converted to parallel by the S/P circuit and is used to calculate the checksum. If the serial data are verified correct, the MUX would pass the N/R/D data to the relative N/R/D registers according to the N/R/D ID. Once these parameters are available in the registers, the PRF generator would immediately process data and change the PRF waveform.

**E. Logic Circuits for PRF Generator and PRF Drivers**

The 1-MHz system clock of a logic controller is captured from the RF power signal by the clock regenerator, which is a Schmitt trigger as shown in Fig. 9. It offers better noise immunity and noise margin. Moreover, its operating voltage can be as low as 1.7 V.

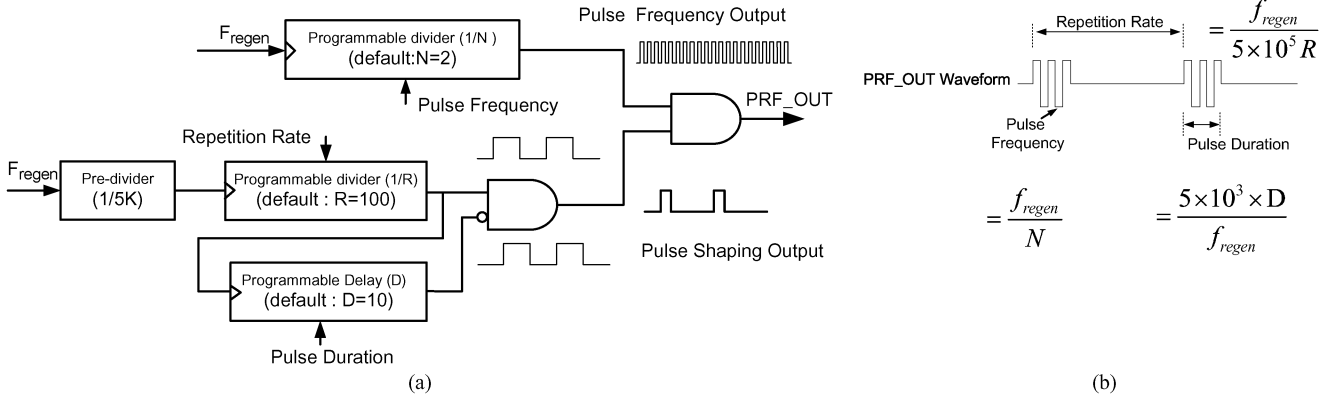


Fig. 10. (a) Block diagram of the PRF generator. (b) PRF waveform and parameters definition.

The basic PRF parameters consist of pulse frequency, repetition rate and pulse duration, which are defined in Fig. 10(b). The base frequency originates from the regenerated clock ( $F_{\text{regen}}$ ). The programmable divider circuit divides the  $F_{\text{regen}}$  by  $N$  and generates the pulse frequency output. If  $N$  is not set by the external RF signal command, the default  $N$  is 2 and the default pulse frequency is 500 kHz. As shown in Fig. 10(a), the PRF output waveform is shaped by the pulse-shaping output, which is the result of AND gate. The repetition rate of the pulse train is default 2 Hz with default  $R = 100$ . Pulse duration is controlled by programmable delay  $D$ , which delays the output of the repetition rate output by  $D$  times the predivider output clock. The default  $D = 10$  generates 50-ms delay. All three programmable parameters can be reset by the RF receiver.

The ready PRF waveform is then delivered to PRF drivers. In order to double the stimulating voltage, the differential PRF outputs can be easily produced by the 3-stage and 4-stage inverter chains as shown in Fig. 11(a). However, the nonzero dc level in the quiescent period of PRF is observed. It causes a long period of dc current passing through the nerve and may bring thermal damage. Besides, the dc level in the course of the pulse train is zero and is different from the quiescent period. Consequently, charges in the nerve become unbalanced between pulse train and quiescent time. The charge unbalance did cause the rat leg jerking. Only the operated side of the leg jerked with the frequency of 2 Hz, which is the same with the repetition rate. Although this inverting-type driver has an unsafe effect for living creatures, it helps the surgery to have a visible response for positioning.

The charge balance stimulation is achieved in Fig. 11(b). It shows that the positive node leads the negative node by one clock cycle. Thus, the dc level would be almost zero in the whole period of stimulation. This delay type driver did not cause jerking. As shown in Fig. 11(c), the inverter chain is an effective and easy circuit to drive the PRF waveform for nerve stimulation. The geometric ratio of the inverter size is 2. Unlike the analog driving circuit, the digital inverter can deliver a constant voltage of  $DV_{\text{DD}}$  but not a constant current. The voltage across the nerve would be positive or negative  $DV_{\text{DD}}$  alternatively. Hence, it is square waveform stimulation. Therefore, the most part of the current flowing through the nerve is dc current. Hence, the imaginary part of the nerve is ignored. Since

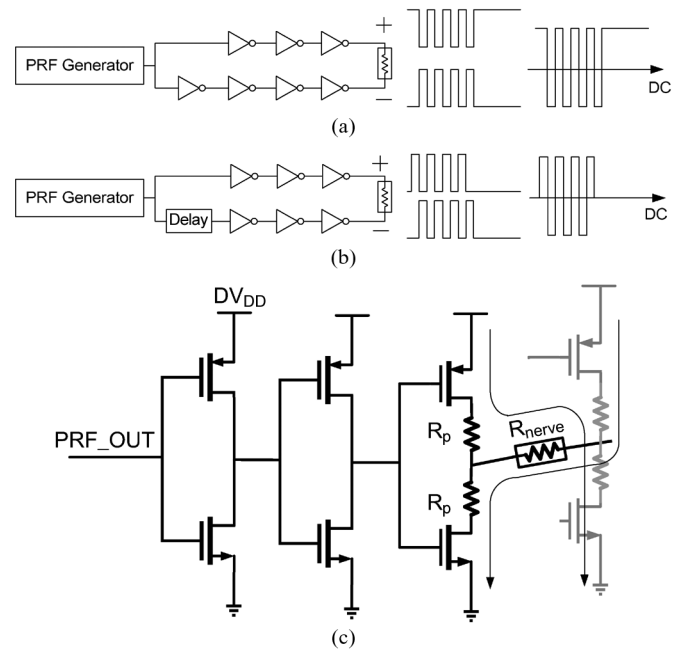


Fig. 11. (a) Inverting-type PRF driver. (b) Delayed-type PRF driver. (c) Current flow of biphasic PRF.

the impedance of the stimulated nerve is uncertain, the maximal current must be limited for safety. Two 50- $\Omega$  resistors are connected between the output node and the source of transistors. The measured the output current with respect to the  $R_{\text{nerve}}$  is plotted in Fig. 12. A common  $R_{\text{nerve}}$  is around 1 k $\Omega$ . If the  $R_{\text{nerve}}$  is 1 k $\Omega$  and  $DV_{\text{DD}}$  is regulated at 1.4 V, the measured output current is 1.22 mA. In case  $R_{\text{nerve}}$  becomes 10  $\Omega$  unexpectedly, the output current would be limited at 12.5 mA.

### III. MEASURED RESULTS

This pain control chip is fabricated in a 0.35- $\mu\text{m}$  CMOS process. Fig. 13 shows the die micrograph of the proposed pain control chip whose size is 2.1 mm  $\times$  2.2 mm. Over half of the size is occupied by the rectifier in order to enhance its efficiency and reduce thermal effect. This chip is mounted on a printed-circuit board (PCB), which is connected to a flexible spiral antenna. Fig. 14 shows the stimulator module, whose dimension is 1.5 cm wide  $\times$  4 cm long  $\times$  5 mm high. While the



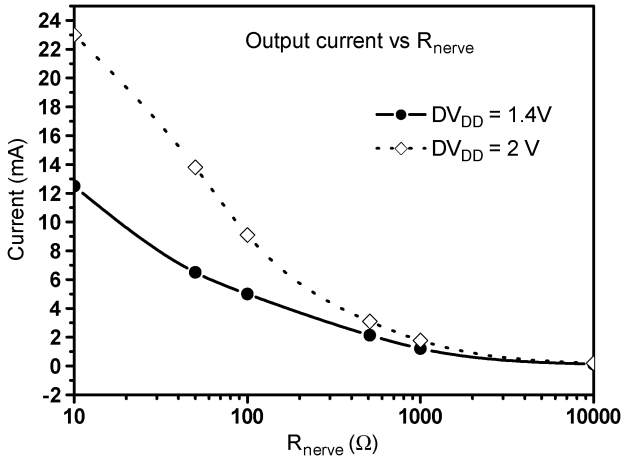


Fig. 12. PRF driving current with respect to different impedance values.

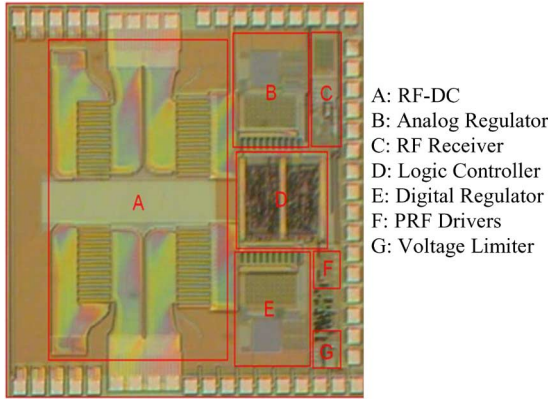


Fig. 13. Micrograph of the pain control IC.

flexible spiral antenna is folded, the module becomes half-size, which is as small as a U.S. quarter.

Before implantation, the operating temperature was measured by an infrared (IR) thermal imager to ensure the thermal biocompatibility for the *in vivo* experiment. When the thermography was taken, the DRG stimulator was placed under the coil of PA without any vertical gap and horizontal offset. The IR thermography in Fig. 14 shows that the highest temperature  $39^\circ\text{C}$  occurs in the chip. These two IR thermography and photograph with a blue light-emitting diode (LED) lightning were taken at the same time. Since this coupling is the closest condition, the operating temperature of the module should be below the maximal  $39^\circ\text{C}$  when implanted. Besides, the temperature of these two spiral antennas is also observed that heat is also generated by the antennas. It arises from the low Q spiral antennas, whose Q was also measured at about 5.5 at 1 MHz by a network analyzer.

In order to study the RF powering, rectified  $V_{\text{DDr}}$  was measured with respect to the inductive contact alignment when the VDD of Class-E PA was 6 V. Fig. 15 shows that the highest rectified  $V_{\text{DDr}}$  is 4.5 V when using the direct contact without any gap.  $V_{\text{DDr}}$  degrades with the increase of the gap distance. The minimal required  $V_{\text{DDr}}$  is 2.2 V, which corresponds to the maximal 18-mm gap distance. This distance is enough for implanting under the skin. In addition,  $V_{\text{DDr}}$  versus the horizontal

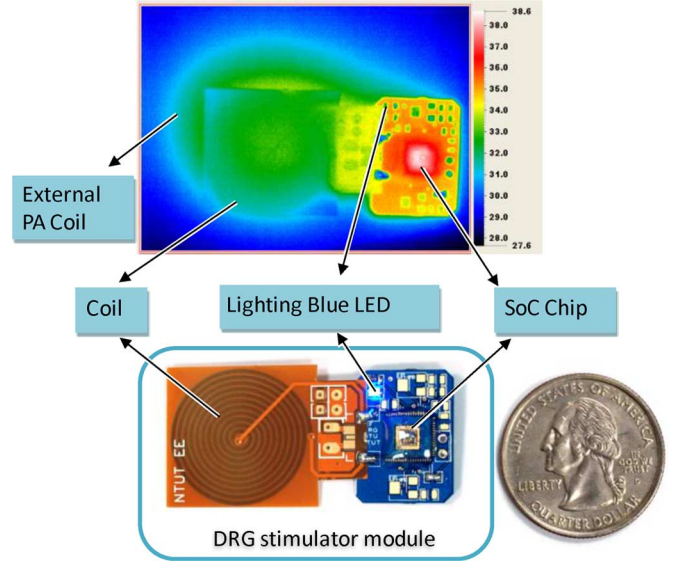
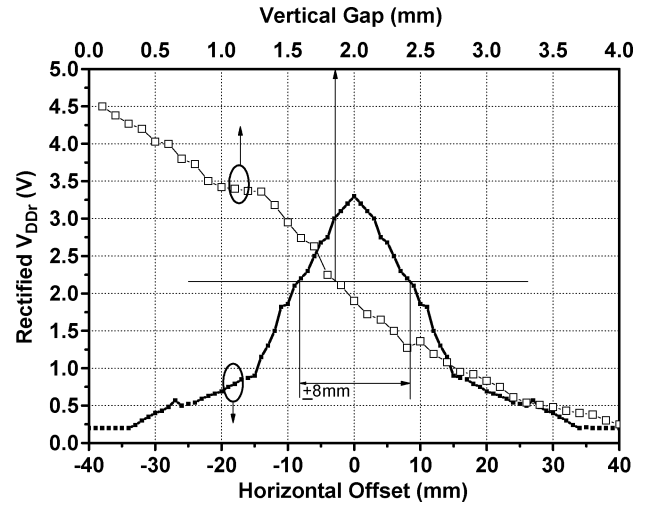


Fig. 14. DRG stimulator module and its measured IR thermography when activated.


 Fig. 15. Rectified  $V_{\text{DDr}}$  with respect to the vertical and horizontal offset.

offset was also measured with a 10-mm distance of the gap. That means when the module implantation is 10 mm deep, the maximal alignment offset of the antenna center is about  $\pm 8$  mm. To achieve the minimal operating  $DV_{\text{DD}}$  1.4 V, the minimal input  $V_{\text{RF}}$  amplitude should be larger than 3 V to deliver a rectified 2.2 V  $V_{\text{DDr}}$  with 2.7-mA operating current. When connected to a  $1.6\text{ k}\Omega$  resistive load, which was the measured DRG impedance, the PRF driver delivers an output 1.3-V PRF waveform, which is lower than 1.4 V  $DV_{\text{DD}}$  due to the current protection resistor  $R_{\text{p}}$ . PRF waveforms with different periods (0.05 to 1.25 s) and different modulation frequencies (4 kHz to 1 MHz) can be measured successfully. Table I summarizes the characteristics of the proposed SoC, along with those of other implantable electrical stimulators [27]–[30].

#### IV. ANIMAL STUDY METHOD AND RESULTS

The whole module was packaged by PDMS for water proof and humidity sealing. Besides, it was coated with biocompatible

TABLE I  
SUMMARY OF THE MEASURED PERFORMANCE

	This work	Ref[27]	Ref[28]	Ref[29]	Ref[30]
Application	Pain control (DRG)	Pain Control (Epi-dura)	FES*	BCI**	DBS <sup>+</sup>
Battery	No	Yes	No	No	Yes
Animal study	Yes	Yes	Yes	No	No
Technology	0.35 $\mu\text{m}$ CMOS	N/A	Off-chip RLC	1.5 $\mu\text{m}$ CMOS	0.18 $\mu\text{m}$ CMOS
RF-DC efficiency(max)	80%	No RF-DC	N/A	N/A	No RF-DC
Minimal $V_{\text{DDr}}$	2.4V	No RF-DC	N/A	N/A	No RF-DC
Power source frequency	1 MHz	No RF Powering	480 kHz	5/10 MHz	No RF Powering
RF receiver frequency	402 MHz	No wireless transmission	480 kHz	5/10 MHz	No wireless transmission
Transmission distance	< 1.8 cm	No wireless transmission	N/A	0.5cm	No wireless transmission
Full scale output	>2.8 V	10.5 V	30 mA	250 $\mu\text{A}$	135 $\mu\text{A}$
PRF output power ( $R_d = 1.5 \text{ k}\Omega$ )	1.12 mW	N/A	N/A	N/A	N/A
Chip temperature	< 39 $^{\circ}\text{C}$	N/A	N/A	N/A	N/A
Stimulation mode	PRF (Reconfigurable)	Continuous	Continuous	Continuous	Continuous
Pulse frequency	4 kHz ~ 1 MHz	2~1200 Hz	480 kHz	N/A	N/A
Pulse duration	0.05~ 1.25 sec	60~1000 $\mu\text{sec}$	2~512 $\mu\text{sec}$	>15 $\mu$	N/A
Chip size	2.2 mm $\times$ 2.1 mm	N/A	N/A	4.6 mm $\times$ 4.6 mm	1.8 mm $\times$ 1.5 mm
Module size	1.7 c.c.	22 c.c.	0.05 c.c.	No Module	No Module

FES\* : Functional Electrical Stimulation; BCI\*\* : Brain Computer Interface;

DBS<sup>+</sup>: Deep Brain Stimulation; N/A : Not Available

FES\*: functional electrical stimulation; BCI\*\*: brain computer interface; DBS<sup>+</sup>: deep brain stimulation; N/A: not available



Fig. 16. Demonstration during PRF treatment.

Parylene C for implantation. The packaged PRF chip was then implanted into rats for the animal study. The LED inside the rat is lit once an external power source is close to the rat, demonstrating that external power is delivered to the SoC successfully as shown in Fig. 16. The animal study flowchart is shown in Fig. 17. Before the implantation, L5 nerve of the lumbar region was exposed to induce neuropathic pain by ligation. The electrode was penetrated into the transverse process and placed beside the DRG as shown in Fig. 18. Rats were grouped into a control group (2 rats) without applying PRF and an experimental group (4 rats) with a low PRF stimulation voltage of 2.8 V (biphasic), in contrast to the conventional 40 V (monophasic), for a duration of 5 min. Besides, the default 500-kHz pulse frequency, 2-Hz repetition rate, and 50-ms pulse duration were applied. Von Frey (VF) monofilaments with different bending forces were utilized to stimulate the plantar surface of the foot

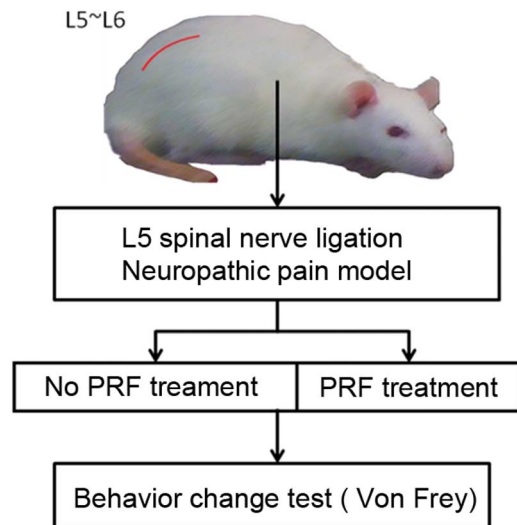


Fig. 17. Flowchart of the animal study.

to test the mechanical allodynia. Specifically, when the force was applied, the animal did not withdraw its foot until it felt pain. The VF scores are defined as the average threshold force in grams when a rat withdraws its foot. The paw was pressed with one of a series of VF hairs with logarithmically incrementing stiffness (0.6, 1, 1.4, 2, 4, 8, 10, 15 and 26 g) presented perpendicular to the plantar surface (5–6 s for each hair). The 50% withdrawal threshold was determined using Dixon's up-down method [31].

Therefore, a high VF score indicates high pain tolerance. All animals were tested before surgery to collect their baseline

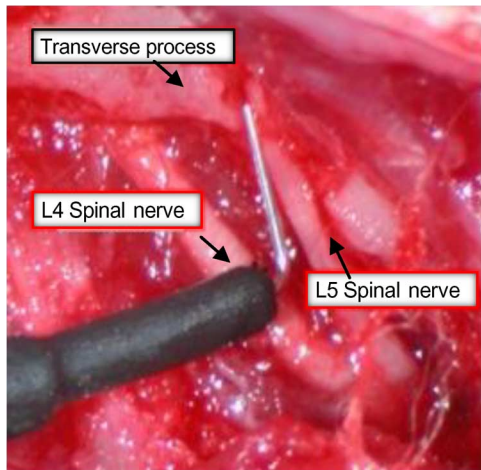


Fig. 18. Placement of stimulation electrodes on the L5.

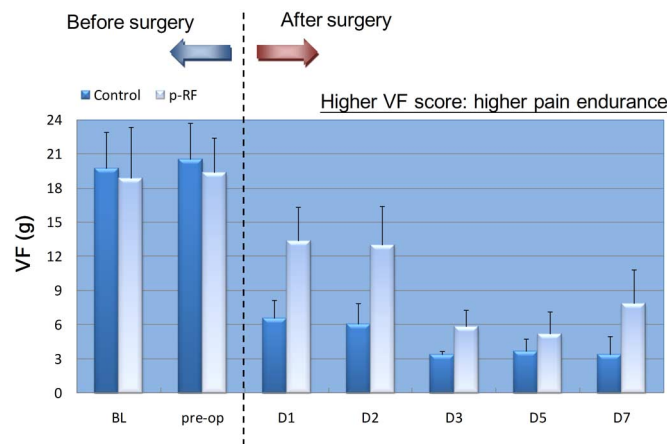


Fig. 19. Experimental results of VF score change before and after PRF stimulation to DRG.

values and were allowed to recover from surgical trauma before resuming the test on days 1, 2, 3, 5, and 7 to evaluate the threshold values of both groups. The baseline values of both groups were around 20 g before surgery and decreased after surgery (Fig. 19). Since the L5 nerve of the lumbar region was exposed to induce neuropathic pain by ligation for both groups, the baseline of VF drops after surgery. However, the experimental group with PRF stimulation consistently had higher pain tolerance than the control group without PRF stimulation. Experimental results clearly demonstrate the 3–7 days effectiveness of PRF treatment for pain relief on the DRG.

### V. CONCLUSION

This paper has successfully demonstrated that implanted CMOS SoC stimulating DRG with 1.4-V, 500-kHz PRF could significantly reduce SNL-induced mechanical allodynia for 3–7 days. To the best of our knowledge, this device is the only batteryless SoC-based implantable stimulator whose effectiveness is demonstrated by an animal study. It is assumed that the electric field rather than temperature is responsible for the pain relief observed in clinical practice. Its effectiveness is demonstrated by observing the behavior of rats receiving localized biphasic stimulus to the DRG of the lumbar nerve.

The implantation rat has lived for six months. Moreover, the direct evidence can prove the effectiveness of PRF is under study by means of immunohistochemistry.

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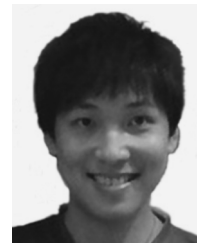
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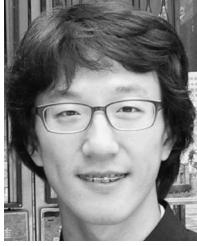
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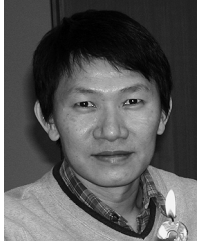
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